

Pasamwak



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ROTARY CLUB OF CALBAYOG District 3860

NOVEMBER 2022

Rotary
Club of Calbayog



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IN PARTNERSHIP WITH



Kalinga: Mental Health Family Day

Theme: Mental Health & Well being for All

**OCTOBER 14, 2022 | 9:00 AM
BAHAY SILANGAN, CALBAYOG CITY**

ANG ROTARY CLUB OF CALBAYOG AY NAKIPAGUGNAYAN SA CDAPRO PARA IPAGDIWANG ANG LINGGO PARA SA KALUSUGANG MENTAL.

BINIGYANG DIIN NI DR. RICHARD ALOVERA II , PSYCHIATRIST AT ROTARY CALBAYOG PRESIDENT na mahalagang mabigyang diin ang importansiya, hindi lang ng ating pisikal na kalusugan, kundi pati na rin ang ating mental health. Importante lang na mapalakas natin ang kaalaman tungkol sa mental health at paano natin ito aalagaan nang tama.

Huwag nating kalimutang kumustahin at alalayan ang ating mga mahal sa buhay at mga kaibigan.

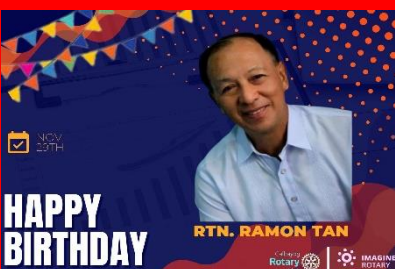
Tiyakin natin na palaging nariryan tayo para mag bigay ng KALINGA sa isa't isa.

KALINGA: Mental Health Family Day





NOVEMBER Meetings and Fellowship





We're still living with COVID-19. It is not over. The vaccine remains the best way to defeat the virus. We have to take our vaccination drive to the next level.

Hence, the Rotary Club of Calbayog continue their part as they conducted COVID-19 Vaccination Awareness Campaign which aims to rise the vaccine rates of elderly citizens of Calbayog City.

Let us receive all of your recommended vaccine doses, let's not wait until cases resume their upward trend. Your well-being is priceless





Rotary Club of Calbayog Service Partners for November 2022



Alex Gelera Law Office

Faj's Liquor Shop

Mr Fernando Mancol, Jr.

Mr & Mrs Raul & Belle Isidro

MJJB Cement Trading





Social issues are problems that affect large groups of people and can affect how well a society functions. Teens can face social problems just like adults can. They may even be more susceptible to these challenges because their brains are still developing and their bodies are changing quickly. Social issues and what we might think of as "teenage problems" can affect emotional and physical health.

Hence this symposium was conceptualized and received a tremendous response from the audience comprising of students and teachers of Northwestern University.

Professionals from different fields, including mental health experts, lawyers, and health experts provided the students and teachers with a comfortable space to discuss their concerns and gave them tangible solutions to battle through the issues faced during the adolescent phase of life.

The symposium focused on the need to address mental health-related issues faced by adolescents, HIV AIDS Awareness and Sexual Harassment as well as Laws of Gender Equality. Bringing up this difficult subject with them can feel uncomfortable. Having a conversation with them about social issues and other teenage troubles is not something we should shy away from.

Concerns that adolescents are faced with today are multifarious but interrelated in many cases. Parents, teachers, and other guardians should be well aware of the concerns that today's teenagers are facing and be prepared to mitigate them to their best abilities. Even when it seems like they are not listening. It is important to lay a strong foundation before the window of opportunity closes. One of the best options is to approach these concerns with empathy and love.





Rotary Club of Calbayog Service Partners for November 2022



Barangay Dawo, Calbayog City – Barangay Council Of Barangay Dawo in collaboration with the Army's 43rd Infantry "WE SEARCH" Battalion and Puno ng Buhay Group initiated the conduct of Barangay Symposium entitled "OPLAN KAMURAYAW" to the residents of the Barangay Dawo at Barangay Covered Court last, November 5., 2022.

The Rotary Club of Calbayog supports the unit's sustainment efforts in the implementation of maintaining peace and order in the area, one of its objectives is to empower and strengthen the people as peace-builders and peace-advocates of the area. This activity aims to educate them about the current issues and give them a wider perspective between the truth and lies of Youth Infiltration and Communist Terrorist Groups' recruitment. One of the highlights of the said activity was the testimony of a young former rebel; his experiences inside the terrorist group and the reasons why he chose to return to the real Government and live peacefully together with his family and loved ones.

Further, the activity was steered thru a series of lectures/discussions and open forums on how to increase the awareness of the different programs of the government as well as the NGO specially the Rotary Club such as Sustainable Livelihood projects, assisting them in organizing a cooperative. Disaster preparedness and Basic education assistance

Likewise, Psychosocial debriefing was conducted for those affected by the recent terrorist attacks in the area, and medical and dental assistance was also rendered to the people. The children in the community had fun with the several games and nourishment was served to them.

It is a Rotarian role to identify conflicts and their root causes in our communities and develop action steps toward creating peace, including strategies in the communities and connecting with others interested towards peace



The Rotary Foundation Recognition Night 2022 Cebu Country Club, Cebu City



As a way of honoring the National Children’s Month Celebration, the Rotary Club of Calbayog together with St Camillus Hospital organized the Medical Mission and Children’s Party for the children of SOS Calbayog, last November 20, 2022.

The activity started with a mass and was followed by a medical examination. Children beneficiaries were given gifts and participated in learning sessions about children’s rights and several recreational activities while waiting for their turn for medical consultation.

This activity aims to advocate and give children access to a healthy environment, good education, healthcare and to promote children’s rights. No child should be left behind as we advance towards growth and development, regardless of the various circumstances and scenarios that exist today which can hinder children’s ability to have a brighter future.





Rotary Club of Calbayog | IMAGINE ROTARY

IN COORDINATION WITH COMMISSION OF HUMAN RIGHTS

women empowerment

NOVEMBER 24, 2022 8-5PM
VENUE: MDM FUNCTION HALL
STA. MARGARITA

