



August 29, 2019



Dear fellow Rotarians

Maayong hapon sa tanan!

We are again on GREEN signal with our Gift of Life VTT2 this coming September 7-21. That will be one week from now and all preparations are ramping up so please confirm your assignments not later than this week. I would like to thank again PP Joe Soberano who had set up the meeting with Congressman Raul del Mar with VSMMC Medical Chief - Dr. Aquino last Friday. After that meeting, our next step shall be a StratPlan together with the hospital representatives to iron out issues and concerns to assure the smooth implementations in the coming missions. Again, special appreciation goes to PAG Dr. Baba Panopio, PP Bernard Sia, PP Bing Martinez, PE Edward Gaisano, Dir. Edward Tan Ting, Rotarian Bobong Castillo and most especially our Chair for this mission - Sec. Walter Cang.

Congratulations to our Membership committee Chair - Dir. Charles Ong who successfully organized Orientation and Protocol Seminar last Saturday, August 25, at Casino Español. There were more than 20 Rotarians who attended not just from our club but three other clubs - RC Banilad Metro; RC Cebu Metro and RC Mandaue East. Thanks to PDG Ed Chiongbian and PP Bing as well as Rotarian Jiaan Gesalem who conducted the seminar.

Last but not the least, I'm extremely happy to announce that our club has achieved US\$ 100k in the TRF Contributions. Thank you for all your contributions. Let us continue to do good to the world!

Cheers!

Michael P. Torres
PRESIDENT, RY 2019-2020

9th Weekly Meeting & Fellowship



Albert Christian Co

Head Coach & Program Director of Crossfit
Subtero

PP Bing Martinez

EMCEE

I. Call to Order

Pres Mike Torres

II. Invocation, Nasudnong Awit & The Four-Way Test

Dir Ken Ngo

III. Introduction of Visiting Rotarians and Guests

Rtn Joey Ontanillas

IV. Fellowship Singing

Anna by "Apo Hiking Society"

V. President's Time

Pres Mike Torres

VI. Charging of New Member

PP Bing Martinez

VII. Induction of New

PAG Robin Ong

VIII. Introduction of Speaker

Rtn George Paraoan

IX. Speaker's Talk

"Lifting Weights as You Get Older"

X. Open Forum

XI. Adjournment

SUGBUANON

August 29, 2019

Issue No. 09

RY 2019 - 2020

INVOCATION

In times of sorrow, we turn to you, our Creator. Let us bring comfort to those we remember in your service in Rotary. Bless the families in mourning and help us continue to do the work we must continue doing in their loving memory. Amen.

NASUDNONG AWIT

Yutang tabunon, mutya nga masilakon. Putling bahandi, amo kang gimahal. Mithing gisimba, yuta's mga bayani; Sa manlulupig, pagdapigan ka. Ang mga buntod mo ug lapyahan, sa langit mong bughaw. Nagahulad sa awit, lamdag sa kaliwat tang gawas. Silaw sa adlaw ug bituon sa nasudnong bandila. Nagatima-an nga buhion ta ang atong pagka-usa. Yutang maanyag, duyan ka sa pagmahal, landong sa langit ang dughan mo. Pakatam-ison namo nga nagatukaw kung mamatay man sa ngalan mo!

WHAT HAPPENED LAST WEEK...

BUSINESS MEETING

By: **Walter Cang**

This week's meeting started off on a high as Pres. Mike announced the total collection for TRF has breached the \$100k mark! Well done RCC. We still have many months ahead of us so let's keep the ball rolling. He also reminded everyone that the club sponsored New Members and Club Protocols seminar is happening on Saturday the 24th. He encouraged all new members to join as it gives greater insight into how Rotary works, and the hows and whys our meetings are undertaken the way they are.

Our speaker last week, Ed Hitosis is from EduChild, where together with his wife he co-chairs the "Married Love" course. Ed first spoke about their program designed to teach parents how to deal with their growing kids, called NPEP, New Parent Education Program. I had taken that course and indeed it provides greater insight into understanding the minds of our kids and what makes them tick. He also stressed how one child can be very different from others so what works on one may not necessarily work with another.



Ed spoke of modules covered under the course for married couples and the first module they share is Marriage is a Lifetime Commitment. He described the difference between a contract and a covenant, the latter being made with God rather than man. And that one cannot ascribe an expiry date to a covenant. One of the biggest take away from his talk was Men and Women are Different. Our minds are wired different from women. The

often used phrase of “Men are from Mars and women are from Venus” had greater meaning when he cited examples of how men and women deal with stress. Polar opposites! And this often sets up a perfect setting for how we dig ourselves into a deeper hole.

He spoke of Marital Communication, a rather innocuous phrase that is often the source of marital strife. For a man’s way of saying something innocent can be sound waves that enter a woman’s ear and by the time it reaches her brain, has turned into a completely different message. One interesting fact in marital communication is that only 30% are verbal, 70% are non-verbal. And of that 30% verbal communication, only 7% are actual words that are spoken, the rest being the tone of the voice, temperament, etc. And it works both ways to boot!

Work Life Balance was another module and as the name implies, it is one’s ability to maintain a good balance of the two. This reminds me of my cardiologist’s advice when it came to food. Everything in moderation is always good. And the last module covers Family Life, Ed reminded us of our priorities in married life which involves the children, our spouse and parents/relatives. We must always prioritize our spouses because one day, our kids will leave and our parents will pass on. We will only have our spouse so we should always give them our priority. In doing so, our children will follow next and our parents to follow them. While this often makes sense, he pointed out that in some cultures and countries, the sequence can go the opposite way.

Their method of teaching involves case studies, couple discussion, small group discussions with a facilitator and a plenary discussion with a moderator. One interesting information is that often the parties go through the course without even realizing they have a problem. But through their process of discussion and deliberation, they can begin to identify the problem and recognize the cause, and finally what to do about it. It may be as simple as setting “alone” time for the couple each week, or even just to set a time for an honest talk with their kids, or even just a vacation.

As I looked across the room, it was interesting to see the facial expressions of our members, young and old. Some smiled as they recalled previous skirmishes as a result of such an example. Others nodded in agreement while some snickered like one who’s hand had been caught in a cookie jar.

In closing, he reminded us all to invest time in our family. Parenting is a task that should not be left to chance and for the forces of the environment take over. For no amount of success can compensate for failure in the home.



ROTARY CLUB OF CEBU PAST PRESIDENTS 1932 - 2019

CJ MARTIN RY 1932-1933	JAMES JACOBI RY 1958-1959	FRANCISCO BENEDICTO RY 1980-1981	ANGEL OCUBILLO, JR. RY 2000-2001
HM POWER RY 1933-1934	VICENTE LOZADA RY 1959-1960	CATALINO CHAN, JR. RY 1981-1982	RONALD DUTERTE RY 2001-2002
ROBERT LANDON RY 1934-1935	DOMINGO VELOSO RY 1960-1961	MICHEL LHUILLIER RY 1982-1983	SERGIO E. ROMERO RY 2002-2003
HENRY GASSER RY 1935-1936	RAMON DUTERTE RY 1961-1962	RAMON CENIZA RY 1983-1984	ANTONIO J P. LOZADA RY 2003-2004
VELOSO BUENAVENTURA RY 1936-1937	BENJAMIN ALEJANDRE RY 1962-1963	DOMINGO ANTIGUA RY 1984-1985	PERICLES P. DAKAY RY 2004-2005
LEO SCHMIDT RY 1937-1938	OSCAR JEREZA RY 1963-1964	JOSE HO RY 1985-1986	EDGAR R. CHIONGBIAN RY 2005-2006
ISABELO BINAMIRA RY 1938-1939	JOSE RODRIGUEZ RY 1964-1965	TERESO BALANKIG RY 1986-1987	OSCAR P. JEREZA, JR. RY 2006-2007
JOSE CASTILLO RY 1940-1941	MANUEL DE VEYRA RY 1965-1966	ANTONIO MIRA RY 1987-1988	JOHN F. DOMINGO RY 2007-2008
FITZ REED RY 1941-1942	JOSE ESCANO RY 1966-1967	JOSE SALA RY 1988-1989	TEODORO K. GONZALES RY 2008-2009
HENRY GASSER RY 1945	NESTOR CANOY RY 1968-1969	RENATO KINTANAR RY 1989-1990	BONIFACIO BELEN RY 2009-2010
ALFREDO DEEN RY 1945-1946	PRISCILIANO BORROMEO RY 1969-1970	MARIO ORTIZ RY 1990-1991	JOSE SOBERANO, III RY 2010-2011
DART WILLIAM RY 1946	SILVIO SANTOS RY 1970-1971	ORLANDO ISRAEL RY 1991-1992	ROY LOTZOF RY 2011-2012
SIMEON MIRANDA RY 1946-1947	CLARO CINCO RY 1971-1972	GLENN LOOP RY 1992-1993	JONATHAN GESALEM RY 2012-2013
VICENTE FAELNAR RY 1947-1950	CANUTO BORROMEO RY 1972-1974	SHEWAKRAM MANGHARAM RY 1993-1994	ROBIN S. ONG RY 2013-2014
JOAQUIN PANIS RY 1950-1952	FERNANDO JAKOSALEM RY 1974-1975	JOHN DOMINGO RY 1994-1995	PEDRO H. DELANTAR RY 2014-2015
ANTONIO SUACO RY 1952-1953	ANTONIO CUI RY 1975-1976	JOSE TAN YAOTIN RY 1995-1996	BERNARD VONN SIA RY 2015-2016
SALVADOR SALA RY 1953-1955	MARIANO PADILLA RY 1976-1977	JOSE SUACO RY 1996-1997	WILLIAM CHAVEZ RY 2016-2017
JOSE MORAN RY 1954, 1955-1956	LOUIE BATONGMALAQUE RY 1977-1978	GUNTHER HALLER RY 1997-1998	A. RUBEN MARTINEZ RY 2017-2018
EUGENIO ALONSO RY 1956-1957	VICENTE PELAEZ, JR. RY 1978-1979	JOSE GAPAS RY 1998-1999	STEPHEN P. CHIAN RY 2018-2019
FEDERICO REYES RY 1957-1958	IBARRA PANOPIO RY 1979-1980	MANUEL DE VEYRA, JR. RY 1999-2000	



WHAT KIND OF ROTARY SERVICE AWARDS ARE THERE?

District Service Award recognizes Rotarians at the District level who serve humanity through Rotary Foundation programs and are awarded by the District Governor.

Citation for Meritorious Service recognizes one Rotarian from each District during each Rotary year for demonstrated active service to the Rotary Foundation.

Distinguished Service Award is The Rotary Foundation’s highest service award and recognizes the recipients’ exemplary service to The Rotary Foundation which must extend beyond the District level and over an extended period of time.

YOU CAN HELP NOMINATE ANY WORTHY ROTARIAN FOR ANY OF THESE AWARDS.

**ROTARY CLUB OF CEBU
THE ROTARY FOUNDATION COMMITTEE**

ANNUAL FUND PROGRAM	US \$ 47,919.60
GLOBAL GRANTS	39,800.00
1. #1988018	US \$ 7,600.00
2. #1874420	2,200.00
3. #1486370	30,000.00
ENDOWMENT FUND (PERMANENT FUND)	10,000.00
POLIO PLUS PROGRAM	2,900.00
TOTAL CONTRIBUTIONS (as of 22 August, 2019)	\$ 100,619.60
Number of Members	66
Number of Contributors	13

RY 2019 -2020

CALENDAR OF ACTIVITIES

September 2019

BASIC AND LITERACY

- Sep 05 9th WEEKLY MTG: Light of Hope Project
- Sep 7 Grant Management Seminar (Visayas): Casino Espanol 8am – 4pm
- Sep 7-21 VTT Mission 5.0
- Sep 08 VTT Mission 5.0: WELCOME DINNER
- Sep 10 3rd BOD Meeting
- Sep 12 10th WEEKLY MTG: Councilor Garganera (*Environment Protection*)
- Sep 19 11th WEEKLY MTG: Kay Lugtu (*Digital Transformation*)
- Sep 21 VTT Mission 5.0: CULMINATING
- Sep 26 12th WEEKLY MTG: **Governor's Visit**

October 2019

ECONOMIC AND COMMUNITY DEVELOPMENT

- Oct 2-8 Rotary Alumni
- Oct 03 WEEKLY MTG: Jay Neri (*Future Newspaper Business-*)
- Oct 08 4th BOD Meeting
- Oct 10 WEEKLY MTG
- Oct 17 WEEKLY MTG
- Oct 24 WEEKLY MTG
- Rotary World End Polio Day
- Oct 31 WEEKLY MTG

November 2019

ROTARY FOUNDATION MONTH

- Nov 07 WEEKLY MTG
- Nov 08 TRF Night
- Nov 12 5th BOD Meeting
- Nov 14 WEEKLY MTG
- Nov 15-30 RCC Project Exhibits at Ayala Center Cebu
- Nov 21 WEEKLY MTG
- Nov 28 NO WEEKLY MTG due to Anniversary
- Nov 29 87th RCC Anniversary
- Nov 29 - Dec 01 2019 Rotary Institute (Manila)
- TBA Korea Trip: Daegu
- TBA VTT Rosas Project

December 2019

DISEASE PREVENTION

- Dec 05 WEEKLY MTG
- Dec 7-21 VTT Mission 6.0

Dec 08	VTT Mission 6.0: WELCOME DINNER
Dec 10	6th BOD Meeting
Dec 12	NO WEEKLY MTG: in lieu of CSYGC Christmas Party CSYGC Annual Christmas Party
Dec 19	NO WEEKLY MTG: in lieu of RCC Christmas Party
Dec 20	RCC Christmas Party VTT Mission 6.0: CULMINATING DINNER
Dec 26	NO WEEKLY MTG due to Christmas Holiday

January 2020 **VOCATIONAL SERVICE**

Jan 02	WEEKLY MTG
Jan 09	WEEKLY MTG
Jan 14	7th BOD Meeting
Jan 16	WEEKLY MTG
Jan 23	WEEKLY MTG
Jan 30	WEEKLY MTG

February 2020 **PEACE AND CONFLICT PREVENTION**

Feb 06	WEEKLY MTG
Feb 11	8th BOD Meeting
Feb 13	WEEKLY MTG
Feb 20	WEEKLY MTG
Feb 23	Rotary Anniversary
Feb 27	WEEKLY MTG

March 2020 **WATER AND SANITATION**

Mar 05	WEEKLY MTG
Mar 5-7	DisCon 2020: Cebu
Mar 10	9th BOD Meeting
Mar 12	WEEKLY MTG
Mar 12-18	World Rotaract Week
Mar 19	WEEKLY MTG
Mar 26	WEEKLY MTG

April 2020 **MATERNAL & CHILD HEALTH MOM**

Apr 02	WEEKLY MTG
Apr 09	WEEKLY MTG
Apr 14	10th BOD Meeting
Apr 16	WEEKLY MTG
Apr 23	WEEKLY MTG
Apr 30	WEEKLY MTG

May 2020 **YOUTH SERVICE**

May 07	WEEKLY MTG
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Rotary Club of Cebu



rotaryclubofcebu



@rotary_cebu

May 12	11th BOD Meeting
May 14	WEEKLY MTG
May 17	Run for Gift of Life Year 4
May 21	WEEKLY MTG
May 28	WEEKLY MTG
June 2020	ROTARY FELLOWSHIP
Jun 06	WEEKLY MTG
June 6-10	RI Convention: Honolulu Hawaii
Jun 09	12th Joint BOD Meeting
Jun 13	WEEKLY MTG
Jun 20	WEEKLY MTG



*August
baby!*



Membership Orientation, Protocol & Decorum Seminar hosted by Rotary Club of Cebu

(August 24, 2019)
Casino Español de Cebu, Cebu City





SISTER CLUBS - INTERNATIONAL



RC Yotsukaido Japan

RC Singapore East

RC Kasugai

RC Tawau Sabah, Malaysia

RC Kota Kinabalu, Sabah, Malaysia

RC Daegu - Taebaek

RC Pohang

BROTHER CLUB - LOCAL (Philippines)

RC Bagumbayan

RC Rizal West

RC Makati

RC North Bay

RC Manila (Mother Club)

FRIENDSHIP PACT - INTERNATIONAL

RC Osaka Urban

RC Yokosuka





Secretary's Report
August 22, 2019

WALTER CANG
Secretary
RY 2019-2020

The Life of Membership is Attendance

Total Members	65
Total Present	34
Total Absent	23
Total Make-up	8

Attendance Percentage 64.62%

VISITING ROTARIANS & GUESTS

Bobit Avila (Honorary Member); Lady Roxanne Cang (wife of Treas Walter Cang); Speaker Ed Hitosis (guest of Dir Charles Ong); Anton Baldemer & Jeff (guests of VP/PE Ed Gaisano)

WE MISS YOU VERY MUCH

Rtn. Almario, Hector; Rtn. Barnes, David; Rtn. Besañes, Glenn; Rtn. Canizares, Joe France; Rtn. Chioson, Sam; Rtn. Cubos, Mike; PP Dakay, Ricky; Rtn. Dakay, Pet; PP Gesalem, Jonie; Treas Go, Stanley; PP Gonzales, Ted; Rtn. Heredia, Manolet; Rtn. Lim, Erik; Rtn. Lopez, Patrick; Rtn. Magpale, Migz; Rtn. Moises, DJ; Rtn. Ong, James; Rtn. Onglatco, Ed; Rtn. Peña, Bronson; Rtn. Perdices, Anton; Rtn. Regottaz, Fred; Rtn. Stonebraker, Larry; Rtn. Tan, Mike; Rtn. Yu, Vincent

THANK YOU FOR MAKING UP!

Rtn. Castaño, Jun; IPP Chian, Stephen; Rtn. Edenburn, Mike; Rtn. Gonzalez, Don; PN Ong, Jacob; PAG Ong, Robin; Dir. Sala, Javi

MEMBERS	Aug-22	PAUL HARRIS	MEMBERS	Aug-22	PAUL HARRIS
1. Rtn. Alejandro, Mel	P	PHF+2	34. PP Kintanar, Rene	P	MD 1
2. Rtn. Alforque, Mitch	P	PHF+2	35. Rtn. Lim, Erik	A	PHF+1
3. Rtn. Almario, Hector	A	MD 1	36. Rtn. Lopez, Patrick	A	PHF+1
4. Rtn. Barnes, David	A	PHF+7	37. PP Lotzof, Roy	P	PHF+2
5. Rtn. Besaños, Glenn	A	PHF	38. PP Lozada, Tony	P	PHF+2
6. Rtn. Bowers, Anthony	P	PHF	39. Rtn. Magee, Tom	P	PHF+1
7. Rtn. Cañete, Noel	P	PHF+1	40. Rtn. Magpale, Migz	A	PHF
8. Sec Cang, Walter	P	PHF+2	41. PP Martinez, Bing	P	PHF+8
9. Rtn. Canizares, Joe France	A	PHF	42. Rtn. Moises, DJ	A	PHF
10. Rtn. Castaño, Jun	MU	PHF+2	43. Dir. Ngo, Ken	P	PHF
11. Rtn. Castillo, Bobong	P	MD 3	44. Rtn. Onda, Shige	P	PHF+5
12. Rtn. Cerna, Deo	P	PHF+1	45. Dir. Ong, Charles	P	PHF+2
13. Dir. Chan, George	P	PHF+2	46. PN Ong, Jacob	MU	PHF+1
14. IPP Chian, Stephen	MU	MD 1	47. Rtn. Ong, James	A	PHF
15. PDG Chiongbian, Ed	P	MD 1	48. PAG Ong, Robin	MU	MD 1
16. Rtn. Chioson, Sam	A	PHF	49. Rtn. Onglatco, Ed	A	MD 1
17. Rtn. Cubos, Mike	A	PHF	50. Rtn. Ontanillas, Joey	P	
18. PP Dakay, Ricky	A	MD 2	51. PP Panopio, Baba	P	MD 2
19. Rtn. Dakay, Pet	A	MD 1	52. Rtn. Paraoan, George	P	PHF
20. PP Delantar, Pete	P	MD 1	53. Rtn. Peña, Bronson	A	PHF
21. Rtn. Edenburn, Mike	MU	PHF+1	54. Rtn. Perdices, Anton	A	PHF+4
22. PE / VP Gaisano, Ed	P	MD 2	55. Rtn. Regottaz, Fred	A	PHF+2
23. PP Gapas, Joe	P	PHF+2	56. Dir. Sala, Javi	MU	PHF+5
24. Rtn. Garcia, Ed	P	PHF+5	57. PP Sala, Jose	P	PHF+2
25. Rtn. Gesalem, Jiaan	P	PHF	58. PP Sia, Bernard	P	PHF+5
26. PP Gesalem, Jonie	A	MD 2	59. PP Soberano, Joe	P	MD 3
27. Treas Go, Stanley	A	PHF+7	60. Rtn. Stonebraker, Larry	A	PHF+1
28. PP Gonzales, Ted	A	PHF+3	61. PP Suaco, Joe	P	PHF+1
29. Rtn. Gonzalez, Don	MU	PHF	62. Dir. Tan Ting, Ed	P	PHF+1
30. Rtn. Gonzalez, Ed	P	PHF+3	63. Rtn. Tan, Mike	A	PHF
31. Rtn. Heredia, Manolet	A	PHF+1	64. Pres Torres, Mike	P	MD 1
32. Dir. Kim, Terry	P	MD 3	65. Rtn. Yu, Vincent	A	PHF
33. Rtn. Kintanar, Aris	P	PHF+2			

LEGEND: P – Present; A – Absent; MU - Make-up;
PHF-Paul Harris Fellow; MD-Major Donor; RFSM –Rotary Foundation Sustaining Member

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Contributors : Rotaract Club of Cebu
Club Clerk: April Juarbal / Nicole Fernandez

My fellow Rotarians:



I'm pleased to share the important news that as of today, 21 August 2019, it has been three years since a child in Nigeria was paralyzed by the wild poliovirus. This means that the entire World Health Organization (WHO) African region could be certified as wild poliovirus-free as soon as mid-2020.

Along with our Global Polio Eradication Initiative partners and the Nigerian government, we've strengthened immunization and disease detection systems, and we are now reaching more children than ever in some of the hardest-to-reach places in Nigeria.

We can take pride in this progress, but it is not time to celebrate quite yet. We still have work to do and we must continue making it a priority to reach every child in Nigeria—and other polio-threatened countries—with the polio vaccine, and build strong levels of immunity to fully protect the entire population against polio.

In part because of the hard work and dedication of Rotarians in Nigeria and around the world, we will soon be able to check another country off of the polio-endemic list. Rotary members in Nigeria have been hard at work raising awareness for polio eradication, advocating with the government and addressing other basic health needs to complement polio eradication efforts, like providing clean water to vulnerable communities.

After the African region is certified wild poliovirus-free later next year, 5 out of the 6 WHO regions in the world will be considered polio-free. As the first organization to dream of – and promise to deliver – a polio-free world, Rotary is committed to fulfilling our promise. Our progress in Nigeria is a big step toward that goal, but we need to maintain momentum so that Pakistan and Afghanistan see the same level of progress.

It's crucial that Rotarians continue to support polio eradication as we overcome the final hurdles in the fight to end the disease forever. You can support PolioPlus by making a donation, or raise awareness by holding an event or fundraiser on World Polio Day on 24 October.

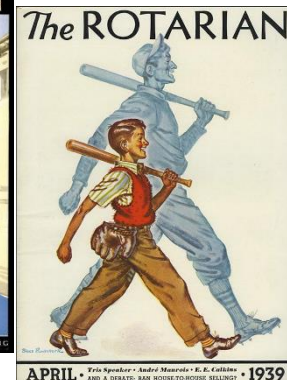
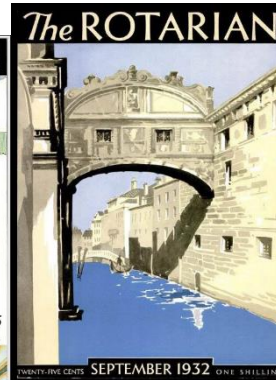
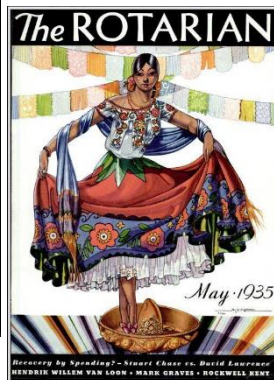
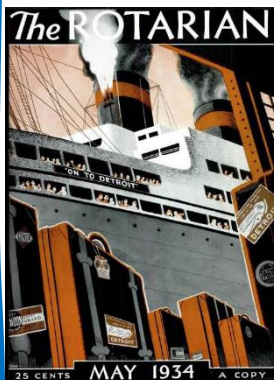
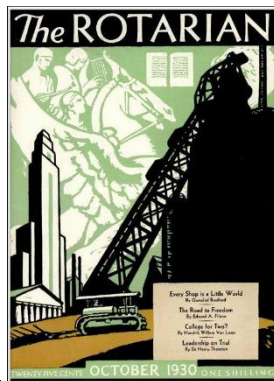
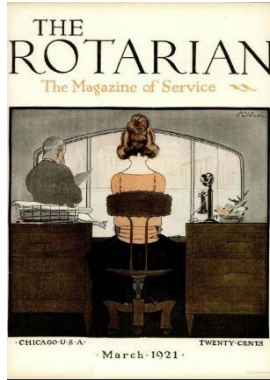
I look forward to joining with Rotarians as soon as mid-2020 to celebrate a wild poliovirus-free Africa.

Michael K. McGovern, International PolioPlus Chair

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1560 SHERMAN AVENUE
EVANSTON, ILLINOIS 60201-3698 USA
ROTARY.ORG

THE ROTARIAN MAGAZINE THROUGH THE DECADES

The Rotarian magazine was first published in January 1911. Throughout the years, its covers have included works by emerging and well-known Artists. These are a few of our favorites from the 1920s and 1930s. Find more magazine history at rotary.org/history-rotarian-magazine





Areas of Focus

Rotary has identified six areas of focus that reflect critical humanitarian issues and needs that Rotarians are addressing worldwide. Each icon to the right represents one facet of Rotary's six areas of focus:

1. Peacebuilding and Conflict Prevention (Formerly Peace and conflict prevention/resolution)
2. Disease Prevention and Treatment
3. Water, Sanitation, and Hygiene (Formerly Water and Sanitation)
4. Maternal and child health
5. Basic education and literacy
6. Community Economic Development (Formerly Economic and Community development)



Show all six icons together uniformly in one Rotary neutral color.

When discussing one specific area of focus, highlight that icon using any Rotary leadership or secondary color. All other icons should remain neutral.

When all areas are being discussed simultaneously, highlight all six icons using a single Rotary leadership or secondary color.

Use the same color to highlight the icons within a single document or communication.

Do not color code the six areas of focus, and do not alter proportions or the shape of the circle housing the symbols.

#AreasOfFocus #RotaryInternational

FELLOWSHIP SONG

Anna

I long to tell you
How much I need you
If I can find the words to say
I never have to feel this way
Not knowing just what to do
when I'm with you

My friends they tell me
That I shouldn't hurry
Everything keeps goin' strong
'Coz you keep it going on
Though I have to say how much
I love you

Oh Anna can't you tell and see
What you're doing to me
Oh Anna this feeling I just can't
hide
Keeps driving me wild
Oh Anna I need you here with
me
I wish it could be
Oh Anna won't you stay with me

Your eyes, they look through me
Your smile, baby it fools me
I never thought I'd love again

But this time I hope it never
ends

I have to let you know I love you

Oh Anna can't you tell and see
What you're doing to me
Oh Anna this feeling I just can't
hide

Keeps driving me wild
Oh Anna I need you here with
me

I wish it could be
Oh Anna won't you stay with me
[x2]

Oh Anna

Oh Anna can't you tell and see
What you're doing to me
Oh Anna this feeling I just can't
hide

Keeps driving me wild
Oh Anna I need you here with
me

I wish it could be... [fade]

MEETING SCHEDULE				AREA	ROTARY CLUB
DAY	TIME	VENUE			
Monday	07:00PM	FGU Bldg., 16th Floor, Ayala Center Cebu, Cebu City		1D	Mandaue North
	07:30PM	Cebu Country Club, Cebu City		1B	Cebu Port Centre
	07:30PM	Casino Español de Cebu, Cebu City		1D	Cebu Fuente
Tuesday	12:00NN	Manila Peninsula Hotel Cor. of Ayala & Makati Avenues, 1226 Makati, Metro Manila			Makati
	06:00PM	Bistro Alberto, East Pob., Naga, Cebu		1B	Cebu Naga Central
	07:00PM	YMCA Osmeña Blvd., Cebu City4		1A	Talisay
	07:00PM	Cebu Country Club, Cebu City		1C	Cebu West
Wednesday	12:00NN	Casino Español de Cebu, Cebu City		1B	Metro Cebu
	07:30PM	Aloha Hotel 2150 Roxas Blvd., Malate, Manila			Manuel A. Roxas Blvd
Thursday	12:00NN	New World Makati Hotel			Manila
	06:30PM	New World Manila Bay Hotel			Bagumbayan
	06:30PM	Elks Club 7th flr, Corinthian Plaza Bldg., 121 Paseo de Roxas St.			Rizal West
	06:30PM	Parklane Int'l. Hotel, 2nd Level Board Room, cor. Archbishop Reyes Ave., Escario St., Cebu City		1D	Mandaue East
	07:00PM	Casino Español de Cebu, Cebu City		1D	Cebu Fort San Pedro
	07:00PM	Casino Español de Cebu, Cebu City		1A	Cebu Gloria Maris
	07:30PM	Bogo Plaza Resto Bar, Bogo City, Cebu		1C	Metro Bogo
	07:30PM	Cebu Country Club, Cebu City		1C	Cebu Mabolo
	07:30PM	Vienna Kaffehaus, Gorrordo St., Cebu City		1E	Metro Mandaue 2006
	08:00PM	Pescadores Restaurant 4-6, P. Aquino Ave., Longos Malabon			North Bay East
Friday	11:30AM	Penong's Restaurant, Juana Osmena, Cebu City		1C	Cebu Midtown
	12:00NN	Café Laguna Restaurant, Ayala Terraces, Cebu City		1D	Cebu Guadalupe
	12:00NN	Don Mertos Casa Escani, Osmeña St., Cebu City		1D	Cebu North
	12:00NN	Casino Español de Cebu, Cebu City		1E	Mandaue
	07:00PM	Club Filipino, Ayala-FGU, Cebu Business Park		1A	Cebu South
	07:00PM	Crown Regency, Osmeña Blvd., Cebu City		1A	El Pardo de Cebu
	07:00PM	Abuhan Restaurant		1C	Banilad Metro
	07:30PM	Lighthouse Restaurant Gen. Maxilom Ave., Cebu City		1A	Cebu East
	07:30PM	RC Mactan Info & Training Center, MEPZ, Lapu-lapu City		1E	Mactan
08:00PM	Ang Tay Golf Course and Restaurant Rovira Road, Bantayan			Dumaguete	

**Rotary Club of Cebu
D-3860 Club No. 17102**

NAME: _____

CLUB: _____ DATE: _____

This serves as your make up card

President/Secretary
RY 2019-2020

REX REYES CONTRIBUTORS

1. Pres. Stephen Chian
2. Rtn. Hector Almario
3. PP Renato Kintanar
4. Rtn. Edward Onglatco
5. Dir. David Barnes
6. PP Bernard Vonn Sia
7. PP Frank Benedicto
8. Mr. Jesus Alcordo



Enclose the icons in circles only. Use one Rotary color as background in the circles and another Rotary color to highlight the appropriate icons, as shown above.



SENSE OF HUMOUR

(A joke a day keeps the doctor away)

If It Could, It Wood

"What happened to the wooden car with wooden wheels and wooden engine?" asked the curious boy.

His mother took a deep breath and then replied, "It wooden go."

Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- ① The development of acquaintance as an opportunity for service;
- ② High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- ③ The application of the ideal of service in each Rotarian's personal, business, and community life;
- ④ The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOOD WILL
AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO
ALL CONCERNED?