



PRESIDENT'S MESSAGE



September 26, 2019

Dear fellow Rotarians

Maayong hapon sa tanan!

It is an honor and privilege to have with us this afternoon in our club our District Governor, Philip Tan, District Secretary Barbette Lominoque, and District Rotary Foundation Chair Lilu Alino and our very own Assistant Governor Stephen Chian.


We just concluded our Fifth Gift of Life VTT last September 20, 2019. Thirty (30) individuals were treated (9 open-heart and 21 catheterizations) through the collaboration of foreign and local medical specialists. Thanks to our partners, the Gift of Life International and Vicente Sotto Memorial Medical Center as well as the Philippine Heart Center Manila. Let us congratulate Project Chair Sec. Walter Cang, and his assistant Dir. Edward Tan Ting for that very successful undertaking. This was possible because of collaboration and teamwork as each committees of the club who were on top of their respective responsibilities. We are now preparing for the 6th visit sometime in December.

Next month - October is Rotary International's End Polio awareness. Let's gear up and be part of the District wide activity on this endeavor sometime this October. Also, we need help in any way you can on the club's effort to raise funds and awareness for the first time – Ride to End Polio this November spearheaded by the Triathlete himself – PP Bernard Sia. We will have more details of this in the coming weeks.

Lastly, things are shaping up our Global Grant application for the WASH project for the provinces of Cebu. Rotarian DJ Moises in coordination with PP Bing are currently getting more information and community scanning and evaluations of the Public Schools as pre-requisites of our global grant application. Again let me ask your assistance so we can have these needed information and submit our application soon.

I am sure we are all excited and eager to listen to the message of our dear District Governor Philip Tan.

Have a pleasant weekend ahead! Cheers! Cheers!


Michael P. Torres
PRESIDENT, RY 2019-2020

13th Weekly Meeting & Fellowship GOVERNOR'S VISIT



District Governor Philip Tan
District 3860, RY 2019-2020

PP Bernard Sia
EMCEE

- I. Call to Order**
Pres Mike Torres
- II. Invocation, Nasudnong Awit & The Four-Way Test**
PN Jacob Ong
- III. Introduction of Dignitaries, District Officers, Visiting Rotarians and Guests**
Dir Charles Ong
- IV. Fellowship Singing**
You've Lost That Lovin' Feelin' by "The Righteous Brothers"
- V. Secretary's Report**
Sec. Walter Cang
- VI. President's Time**
Pres Mike Torres
- VII. Introduction of District Governor**
AG Stephen Chian
- VIII. Governor's Message**
DG Philip Tan
- IX. Giving of Token**
- X. Adjournment**
Pres Mike Torres
(Picture taking: Members, DG and District Officers.)

SUGBUANON
September 26, 2019
Issue No. 13
RY 2019 - 2020

INVOCATION

As we gather here today as members of Rotary, we pray that we are ever mindful of opportunities to render our service to fellow citizens and to our community. Keeping in mind always the enduring values of life, exerting our efforts in those areas and on those things upon which future generations can build with confidence. Let us continue to strive to make a better world. Amen.

NASUDNONG AWIT

Yutang tabunon, mutya nga masilakon. Putling bahandi, amo kang gimahal. Mithing gisimba, yuta's mga bayani; Sa manlulupig, pagdapigan ka. Ang mga buntod mo ug lapyahan, sa langit mong bughaw. Nagahulad sa awit, lamdag sa kaliwat tang gawas. Silaw sa adlaw ug bituon sa nasudnong bandila. Nagatima-an nga buhion ta ang atong pagka-usa. Yutang maanyag, duyan ka sa pagmahal, landong sa langit ang dughan mo. Pakatam-ison namo nga nagatukaw kung mamatay man sa ngalan mo!

WHAT HAPPENED LAST WEEK...

WEEKLY LUNCHEON MEETING

By: **Walter Cang**

With many of our members out of town, I thought we were in for a quieter meeting, but I was wrong. Goes to show when a few Rotarians gets together, it is never a dull day! Our guest speaker was a lady named Reza and she wasn't used to speaking before a crowd, more so when her audience was mostly male! But she trooped on and shared her story with us.



Reza told us that at one point in her life, she suffered from depression and an autoimmune disease that debilitated her. Modern science still has to figure out what causes autoimmune disease but one thing they know is that it causes your body's immune system to attack one's body. Normally our immune system does a pretty good job at taking care of our body. It's the reason why a cut will heal, and we recover from a bout of infection. Our immune system is responsible for identifying friend from foe and eliminates the latter. So, imagine what happens when it goes haywire and begins to attack everything that is part of our body?

She shared photos of legs at the height of her bout and told us how it got so bad she couldn't walk, only crawl. How it made her young daughter fear that she was about to lose her mother. She talked of how expensive her medication was with the use of steroids and rounds of "therapies" that had side effects that were creating more problems for her body. She cited one book, the title and author's name elude me but I'm sure some of our members took note of it. Anyway, she took inspiration from it and decided to "reboot" her system. She underwent a cleansing process to rid her body of everything that was not supposed to be in

her system. Then she embarked on a vegetarian lifestyle. I often hear of the vegetarian diet, but I think a diet is one thing and a lifestyle is another. A diet can be broken whereas a lifestyle means you really embrace it. This is more significant if you realize that she is after all, a chef, one who has worked on and enjoyed food as a passion.

So began her journey of healing and in a matter of weeks, she saw a marked change in her condition. Then she took it a step further and adopted a vegan lifestyle. I must confess that Reza is probably the first vegan I've met who did not fit the mold I have of how vegans look. Being mindful of the fact that any comment about her looks may not be appropriate, I decided against bringing this up. But it certainly begs the question. Nowadays, Reza is a plant based vegan and works closely with Toniq Juice bar, which is owned by PP Jonie's daughter, Janine. They specialize in vegetarian and non-vegetarian dishes and healthy drinks. They also offer meal plans, and all are made from plants harvested from pesticide free gardens grown in her back yard and commercial organic farms.

Although her presentation was short, the Q&A that followed lasted just as long as many members were intrigued by her story and peppered her with questions regarding her ailment, the food, her service offerings and how to avail of them. PP Jonie was kind enough to extend an invitation to our members to see Reza at the shop and get more in-depth information about how a plant-based diet can make a difference in order to meet one's health objective.



WHAT IS THE GOAL OF ROTARY FOUNDATION GRANTS?

“Doing good in the world.” This is achieved via three programs categories of The Rotary Foundation.

District Grants – allows up to 25% of funding given three years ago through Annual Fund – SHARE to do projects that fall within the mission. Almost any type of project can be done and local clubs work with their districts to figure out what projects and activities are nearest and dearest to their hearts.

Global Grants – funds sustainable and measurable scholarships, humanitarian grants and vocational training teams in the Rotary Foundation’s six areas of focus.

Packaged Grants – Fully funded projects done with strategic partners that allow Rotarians to work with experts in the six areas of focus, Multiplying the good work of our Foundation and creating relevant partnerships showing the world what Rotary can do and the power of teamwork.

AS A ROTARIAN, YOU ARE ELIGIBLE TO PARTICIPATE IN ANY ONE OF THESE PROGRAMS. WHICH ONE INTERESTS YOU



RY 2019 -2020

CALENDAR OF ACTIVITIES

October 2019

ECONOMIC AND COMMUNITY DEVELOPMENT

Oct 2-8	Rotary Alumni
Oct 03	14 th WEEKLY MTG: Jay Neri (<i>Future Newspaper Business</i>)
Oct 08	4th BOD Meeting
Oct 10	15 th WEEKLY MTG
Oct 17	16 th WEEKLY MTG
Oct 20	Rotary World End Polio Day
Oct 24	17 th WEEKLY MTG
Oct 31	18 th WEEKLY MTG

November 2019

ROTARY FOUNDATION MONTH

Nov 07	WEEKLY MTG
Nov 08	TRF Night
Nov 12	5th BOD Meeting
Nov 14	WEEKLY MTG
Nov 15-30	RCC Project Exhibits at Ayala Center Cebu
Nov 21	WEEKLY MTG
Nov 22-24	Ride to End Polio Cebu
Nov 28	NO WEEKLY MTG due to Anniversary
Nov 29	87th RCC Anniversary
Nov 29 - Dec 01	2019 Rotary Institute (Manila)
TBA	Korea Trip: Daegu
TBA	VTT Rosas Project

December 2019

DISEASE PREVENTION

Dec 05	WEEKLY MTG
Dec 7-21	VTT Mission 6.0
Dec 08	VTT Mission 6.0: WELCOME DINNER
Dec 10	6th BOD Meeting
Dec 12	NO WEEKLY MTG: in lieu of CSYGC Christmas Party
	CSYGC Annual Christmas Party
Dec 19	NO WEEKLY MTG: in lieu of RCC Christmas Party
Dec 20	RCC Christmas Party
	VTT Mission 6.0: CULMINATING DINNER
Dec 26	NO WEEKLY MTG due to Christmas Holiday

January 2020

VOCATIONAL SERVICE

Jan 02 WEEKLY MTG
Jan 09 WEEKLY MTG
Jan 14 7th BOD Meeting
Jan 16 WEEKLY MTG
Jan 23 WEEKLY MTG
Jan 30 WEEKLY MTG

February 2020 PEACE AND CONFLICT PREVENTION

Feb 06 WEEKLY MTG
Feb 11 8th BOD Meeting
Feb 13 WEEKLY MTG
Feb 20 WEEKLY MTG
Feb 23 Rotary Anniversary
Feb 27 WEEKLY MTG

March 2020 WATER AND SANITATION

Mar 05 WEEKLY MTG
Mar 5-7 DisCon 2020: Cebu
Mar 10 9th BOD Meeting
Mar 12 WEEKLY MTG
Mar 12-18 World Rotaract Week
Mar 19 WEEKLY MTG
Mar 26 WEEKLY MTG

April 2020 MATERNAL & CHILD HEALTH MOM

Apr 02 WEEKLY MTG
Apr 09 WEEKLY MTG
Apr 14 10th BOD Meeting
Apr 16 WEEKLY MTG
Apr 23 WEEKLY MTG
Apr 30 WEEKLY MTG

May 2020 YOUTH SERVICE

May 07 WEEKLY MTG
May 12 11th BOD Meeting
May 14 WEEKLY MTG
May 17 Run for Gift of Life Year 4
May 21 WEEKLY MTG
May 28 WEEKLY MTG

June 2020 ROTARY FELLOWSHIP

Jun 06 WEEKLY MTG
June 6-10 RI Convention: Honolulu Hawaii
Jun 09 12th Joint BOD Meeting

Jun 13
Jun 20

WEEKLY MTG
WEEKLY MTG

VTT Mission 5.0 Culminating Dinner

(September 20, 2019)

Granda Hall Casino Espanol de Cebu, Cebu City





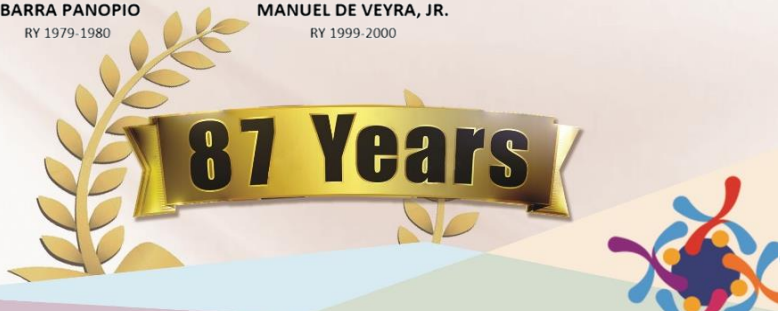
ROTARY CLUB OF CEBU PAST PRESIDENTS 1932 - 2019

CJ MARTIN
RY 1932-1933
HM POWER
RY 1933-1934
ROBERT LANDON
RY 1934-1935
HENRY GASSER
RY 1935-1936
VELOSO BUENAVENTURA
RY 1936-1937
LEO SCHMIDT
RY 1937-1938
ISABELO BINAMIRA
RY 1938-1939
JOSE CASTILLO
RY 1940-1941
FITZ REED
RY 1941-1942
HENRY GASSER
RY 1945
ALFREDO DEEN
RY 1945-1946
DART WILLIAM
RY 1946
SIMEON MIRANDA
RY 1946-1947
VICENTE FAELNAR
RY 1947-1950
JOAQUIN PANIS
RY 1950-1952
ANTONIO SUACO
RY 1952-1953
SALVADOR SALA
RY 1953-1955
JOSE MORAN
RY 1954, 1955-1956
EUGENIO ALONSO
R1956-1957
FEDERICO REYES
RY 1957-1958

JAMES JACOBI
RY 1958-1959
VICENTE LOZADA
RY 1959-1960
DOMINGO VELOSO
RY 1960-1961
RAMON DUTERTE
RY 1961-1962
BENJAMIN ALEJANDRE
RY 1962-1963
OSCAR JEREZA
RY 1963-1964
JOSE RODRIGUEZ
RY 1964-1965
MANUEL DE VEYRA
RY 1965-1966
JOSE ESCANO
RY 1966-1967
NESTOR CANOY
RY 1968-1969
PRISCILIANO BORROMELO
RY 1969-1970
SILVIO SANTOS
RY 1970-1971
CLARO CINCO
RY 1971-1972
CANUTO BORROMELO
RY 1972-1974
FERNANDO JAKOSALEM
RY 1974-1975
ANTONIO CUI
RY 1975-1976
MARIANO PADILLA
RY 1976-1977
LOUIE BATONGMALAQUE
RY 1977-1978
VICENTE PELAEZ, JR.
RY 1978-1979
IBARRA PANOPIO
RY 1979-1980

FRANCISCO BENEDICTO
RY 1980-1981
CATALINO CHAN, JR.
RY 1981-1982
MICHEL LHUILLIER
RY 1982-1983
RAMON CENIZA
RY 1983-1984
DOMINGO ANTIGUA
RY 1984-1985
JOSE HO
RY 1985-1986
TERESCO BALANKIG
RY 1986-1987
ANTONIO MIRA
RY 1987-1988
JOSE SALA
RY 1988-1989
RENATO KINTANAR
RY 1989-1990
MARIO ORTIZ
RY 1990-1991
ORLANDO ISRAEL
RY 1991-1992
GLENN LOOP
RY 1992-1993
SHEWAKRAM MANGHARAM
RY 1993-1994
JOHN DOMINGO
RY 1994-1995
JOSE TAN YAOTIN
RY 1995-1996
JOSE SUACO
RY 1996-1997
GUNTHER HALLER
RY 1997-1998
JOSE GAPAS
RY 1998-1999
MANUEL DE VEYRA, JR.
RY 1999-2000

ANGEL OCUBILLO, JR.
RY 2000-2001
RONALD DUTERTE
RY 2001-2002
SERGIO E. ROMERO
RY 2002-2003
ANTONIO J P. LOZADA
RY 2003-2004
PERICLES P. DAKAY
RY 2004-2005
EDGAR R. CHIONGBIAN
RY 2005-2006
OSCAR P. JEREZA, JR.
RY 2006-2007
JOHN F. DOMINGO
RY 2007-2008
TEODORO K. GONZALES
RY 2008-2009
BONIFACIO BELEN
RY 2009-2010
JOSE SOBERANO, III
RY 2010-2011
ROY LOTZOF
RY 2011-2012
JONATHAN GSALEM
RY 2012-2013
ROBIN S. ONG
RY 2013-2014
PEDRO H. DELANTAR
RY 2014-2015
BERNARD VONN SIA
RY 2015-2016
WILLIAM CHAVEZ
RY 2016-2017
A. RUBEN MARTINEZ
RY 2017-2018
STEPHEN P. CHIAN
RY 2018-2019



SISTER CLUBS - INTERNATIONAL



RC Yotsukaido Japan

RC Singapore East

RC Kasugai

RC Tawau Sabah, Malaysia

RC Kota Kinabalu, Sabah, Malaysia

RC Daegu - Taebaek

RC Pohang

BROTHER CLUB - LOCAL (Philippines)

RC Bagumbayan

RC Rizal West

RC Makati

RC North Bay

RC Manila (Mother Club)

FRIENDSHIP PACT - INTERNATIONAL

RC Osaka Urban

RC Yokosuka





Secretary's Report
September 19, 2019

WALTER CANG
Secretary
RY 2019-2020

The Life of Membership is Attendance

Total Members	66
Total Present	23
Total Absent	19
Total Make-up	24

Attendance Percentage 71.21%

VISITING ROTARIANS & GUESTS

Rtn Michelle Rohan (RC Moorestown, NJ); Pres Stella Siboa & Rtn Frances Mae Gatungay (RC Banilad Metro); Paul Iverson (guest of Rtn Joey Suaco); Speaker Reza Girlie G. Alix with daughter Venice Adolfo and companion Darlyn Perez.

WE MISS YOU VERY MUCH

Rtn. Almario, Hector; Rtn. Cañete, Noel; Rtn. Canizares, Joe France; Rtn. Castillo, Bobong; Dir. Chan, George; Rtn. Chioson, Sam; Rtn. Cubos, Mike; PP Dakay, Ricky; PP Delantar, Pete; Rtn. Garcia, Ed; PP Gonzales, Ted; Rtn. Gonzalez, Don; Rtn. Heredia, Manolet; Dir. Kim, Terry; Rtn. Lim, Erik; Rtn. Magpale, Migz; Rtn. Ong, James; Rtn. Perdices, Anton; PP Soberano, Joe; Rtn. Yu, Vincent

THANK YOU FOR MAKING UP!

Rtn. Alejandro, Mel; Rtn. Alforque, Mitch; Rtn. Barnes, David; Rtn. Besañes, Glenn; Rtn. Bowers, Anthony; IPP Chian, Stephen; Rtn. Dakay, Pet; PE / VP Gaisano, Ed; Rtn. Gesalem, Jiaan; Treas Go, Stanley; Rtn. Kintanar, Aris; PP Martinez, Bing; Rtn. Moises, DJ; Dir. Ngo, Ken; Rtn. Onda, Shige; Dir. Ong, Charles; Rtn. Paraoan, George; Rtn. Peña, Bronson; Dir. Sala, Javi; PP Sia, Bernard; Rtn. Stonebraker, Larry; Rtn. Suaco Joey; Rtn. Tan, Mike

MEMBERS	Sep-19	PAUL HARRIS	MEMBERS	Sep-19	PAUL HARRIS
1. Rtn. Alejandro, Mel	MU	PHF+2	34. PP Kintanar, Rene	P	MD 1
2. Rtn. Alforque, Mitch	MU	PHF+2	35. Rtn. Lim, Erik	A	PHF+1
3. Rtn. Almario, Hector	A	MD 1	36. Rtn. Lopez, Patrick	P	PHF+1
4. Rtn. Barnes, David	MU	PHF+7	37. PP Lotzof, Roy	P	PHF+2
5. Rtn. Besañes, Glenn	MU	PHF	38. PP Lozada, Tony	P	PHF+2
6. Rtn. Bowers, Anthony	MU	PHF	39. Rtn. Magee, Tom	P	PHF+1
7. Rtn. Cañete, Noel	A	PHF+1	40. Rtn. Magpale, Migz	A	PHF
8. Sec Cang, Walter	P	PHF+2	41. PP Martinez, Bing	MU	PHF+8
9. Rtn. Canizares, Joe France	A	PHF	42. Rtn. Moises, DJ	MU	PHF
10. Rtn. Castaño, Jun	P	PHF+2	43. Dir. Ngo, Ken	MU	PHF
11. Rtn. Castillo, Bobong	A	MD 3	44. Rtn. Onda, Shige	MU	PHF+5
12. Rtn. Cerna, Deo	P	PHF+1	45. Dir. Ong, Charles	MU	PHF+2
13. Dir. Chan, George	A	PHF+2	46. PN Ong, Jacob	P	PHF+1
14. IPP Chian, Stephen	MU	MD 1	47. Rtn. Ong, James	A	PHF
15. PDG Chiongbian, Ed	P	MD 1	48. PAG Ong, Robin	P	MD 1
16. Rtn. Chioson, Sam	A	PHF	49. Rtn. Onglatco, Ed	P	MD 1
17. Rtn. Cubos, Mike	A	PHF	50. Rtn. Ontanillas, Joey	P	
18. PP Dakay, Ricky	A	MD 2	51. PP Panopio, Baba	P	MD 2
19. Rtn. Dakay, Pet	MU	MD 1	52. Rtn. Paraoan, George	MU	PHF
20. PP Delantar, Pete	A	MD 1	53. Rtn. Peña, Bronson	MU	PHF
21. Rtn. Edenburn, Mike	P	PHF+1	54. Rtn. Perdices, Anton	A	PHF+4
22. PE / VP Gaisano, Ed	MU	MD 2	55. Rtn. Regottaz, Fred	P	PHF+2
23. PP Gapas, Joe	P	PHF+2	56. Dir. Sala, Javi	MU	PHF+5
24. Rtn. Garcia, Ed	A	PHF+5	57. PP Sala, Jose	P	PHF+2
25. Rtn. Gesalem, Jiaan	MU	PHF	58. PP Sia, Bernard	MU	PHF+5
26. PP Gesalem, Jonie	P	MD 2	59. PP Soberano, Joe	A	MD 3
27. Treas Go, Stanley	MU	PHF+7	60. Rtn. Stonebraker, Larry	MU	PHF+1
28. PP Gonzales, Ted	A	PHF+3	61. PP Suaco, Joe	P	PHF+1
29. Rtn. Gonzalez, Don	A	PHF	62. Rtn. Suaco Joey	MU	
30. Rtn. Gonzalez, Ed	P	PHF+3	63. Dir. Tan Ting, Ed	P	PHF+1
31. Rtn. Heredia, Manolet	A	PHF+1	64. Rtn. Tan, Mike	MU	PHF
32. Dir. Kim, Terry	A	MD 3	65. Pres Torres, Mike	P	MD 1
33. Rtn. Kintanar, Aris	MU	PHF+2	66. Rtn. Yu, Vincent	A	PHF

LEGEND: P – Present; A – Absent; MU - Make-up;
 PHF-Paul Harris Fellow; MD-Major Donor; RFSM –Rotary Foundation Sustaining Member
 Highlighted in Yellow are Paul Harris Society Members

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 Club Clerk: April Juarbal / Nicole Fernandez

FELLOWSHIP SONG

You've Lost That Lovin' Feelin'

You never close your eyes anymore
when I kiss your lips
And there's no tenderness like before in
your fingertips
You're trying hard not to show it
But baby, baby I know it

You lost that lovin' feelin'
Whoa, that lovin' feelin'
You lost that lovin' feelin'
Now it's gone, gone, gone, woh

Now there's no welcome look in your
eyes when I reach for you
And now you're starting to criticize little
things I do
It makes me just feel like crying
'Cause baby, something beautiful's dyin'

You lost that lovin' feelin'
Whoa, that lovin' feelin'
You lost that lovin' feelin'
Now it's gone, gone, gone, woh

Baby, baby, I'd get down on my knees
for you

If you would only love me like you used
to do, yeah
We had a love, a love, a love you don't
find everyday
So don't, don't, don't, don't let it slip
away

Baby, baby, baby, baby
I beg you please, please, please, please
I need your love, need your love
I need your love, I need your love
So bring it on back, so bring it on back

Bring it on back, bring it on back
Bring back that lovin' feelin'
Whoa, that lovin' feelin'
Bring back that lovin' feelin'
'Cause it's gone, gone, gone
And I can't go on, woh

Bring back that lovin' feelin'
Whoa, that lovin' feelin'
Bring back that lovin' feelin'
'Cause it's gone, gone, gone

20 REASONS TO JOIN A ROTARY CLUB

- * Friendship
- * Business Development
- * Personal Growth
- * Leadership Development
- * Citizenship in the Community
- * Continuing Education
- * Fun
- * Public Speaking Skill
- * Citizenship in the world
- * Assistance when traveling



- * Entertainment
- * Develop Social Skill
- * Family Program
- * Vocational Skills
- * The development of Ethics
- * Cultural Awareness
- * Prestige
- * Nice People
- * The absence of "Official creed"
- * The Opportunity to Serve

MEETING SCHEDULE				AREA	ROTARY CLUB
DAY	TIME	VENUE			
Monday	07:00PM	FGU Bldg., 16th Floor, Ayala Center Cebu, Cebu City		1D	Mandaue North
	07:30PM	Cebu Country Club, Cebu City		1B	Cebu Port Centre
	07:30PM	Casino Español de Cebu, Cebu City		1D	Cebu Fuente
Tuesday	12:00NN	Manila Peninsula Hotel Cor. of Ayala & Makati Avenues, 1226 Makati, Metro Manila			Makati
	06:00PM	Bistro Alberto, East Pob., Naga, Cebu		1B	Cebu Naga Central
	07:00PM	YMCA Osmeña Blvd., Cebu City4		1A	Talisay
	07:00PM	Cebu Country Club, Cebu City		1C	Cebu West
Wednesday	12:00NN	Casino Español de Cebu, Cebu City		1B	Metro Cebu
	07:30PM	Aloha Hotel 2150 Roxas Blvd., Malate, Manila			Manuel A. Roxas Blvd
Thursday	12:00NN	New World Makati Hotel			Manila
	06:30PM	New World Manila Bay Hotel			Bagumbayan
	06:30PM	Elks Club 7th flr, Corinthian Plaza Bldg., 121 Paseo de Roxas St.			Rizal West
	06:30PM	Parklane Int'l. Hotel, 2nd Level Board Room, cor. Archbishop Reyes Ave., Escario St., Cebu City		1D	Mandaue East
	07:00PM	Casino Español de Cebu, Cebu City		1D	Cebu Fort San Pedro
	07:00PM	Casino Español de Cebu, Cebu City		1A	Cebu Gloria Maris
	07:30PM	Bogo Plaza Resto Bar, Bogo City, Cebu		1C	Metro Bogo
	07:30PM	Cebu Country Club, Cebu City		1C	Cebu Mabolo
	07:30PM	Vienna Kaffehaus, Gorrordo St., Cebu City		1E	Metro Mandaue 2006
	08:00PM	Pescadores Restaurant 4-6, P. Aquino Ave., Longos Malabon			North Bay East
Friday	11:30AM	Penong's Restaurant, Juana Osmena, Cebu City		1C	Cebu Midtown
	12:00NN	Café Laguna Restaurant, Ayala Terraces, Cebu City		1D	Cebu Guadalupe
	12:00NN	Don Mertos Casa Escani, Osmeña St., Cebu City		1D	Cebu North
	12:00NN	Casino Español de Cebu, Cebu City		1E	Mandaue
	07:00PM	Club Filipino, Ayala-FGU, Cebu Business Park		1A	Cebu South
	07:00PM	Crown Regency, Osmeña Blvd., Cebu City		1A	El Pardo de Cebu
	07:00PM	Abuhan Restaurant		1C	Banilad Metro
	07:30PM	Lighthouse Restaurant Gen. Maxilom Ave., Cebu City		1A	Cebu East
	07:30PM	RC Mactan Info & Training Center, MEPZ, Lapu-lapu City		1E	Mactan
08:00PM	Ang Tay Golf Course and Restaurant Rovira Road, Bantayan			Dumaguete	

**Rotary Club of Cebu
D-3860 Club No. 17102**

NAME: _____

CLUB: _____ DATE: _____

This serves as your make up card

President/Secretary
RY 2019-2020

REX REYES CONTRIBUTORS

1. Pres. Stephen Chian
2. Rtn. Hector Almario
3. PP Renato Kintanar
4. Rtn. Edward Onglatco
5. Dir. David Barnes
6. PP Bernard Vonn Sia
7. PP Frank Benedicto
8. Mr. Jesus Alcordo



SENSE OF HUMOUR

(A joke a day keeps the doctor away)

How is Norma?

A sweet grandmother telephoned St. Joseph's Hospital. She timidly asked, 'Is it possible to speak to someone who can tell me how a patient is doing?'

The operator said, 'I'll be glad to help, dear. What's the name and room number?'

The grandmother, in her weak tremulous voice said, "Norma Findlay, Room 302."

The operator replied, 'Let me place you on hold while I check with her nurse.'

After a few minutes the operator returned to the phone and said, 'Oh, I have good news. Her nurse told me that Norma is doing very well.. Her blood pressure is fine; her blood work is normal and her physician, Dr. Cohen, has scheduled her to be discharged on Tuesday.'

The grandmother said, 'Thank you. That's wonderful! I was so worried! God bless you for the good news.'

The operator replied, 'You're more than welcome. Is Norma your daughter?'

The grandmother said, 'No, I'm Norma Findlay in 302. No one tells me s**t.'

Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- ❶ The development of acquaintance as an opportunity for service;
- ❷ High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- ❸ The application of the ideal of service in each Rotarian's personal, business, and community life;
- ❹ The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOOD WILL
AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO
ALL CONCERNED?