



September 05, 2019

Dear fellow Rotarians

Maayong hapon sa tanan!

Few days from now, we are going to start our Gift of Life VTT2. Volunteers from abroad are starting to arrive this Friday and Saturday. Please find time to welcome them this coming Sunday Sept 8, at 530pm, AIS Showroom at Axis Vibo Center, Escario Street. We will also be expecting guests, doctors and nurses, from our partner hospital - Vicente Sotto Medical Center to join us on this dinner. We want to make this September mission a big success coming from a tough and arduous climb in putting this second year on or GOL VTT approved and get supported from all stakeholders. I'm asking the help from our Fellowship Committee led by Dir. Javi Sala for the welcome and culminating activities of this Medical Mission. Needless to say, Sec. Walter and Dir Ed Tan Ting will be needing our proactive assistance in the next two weeks.



There will be two more events that will be happening for the district and our club.

First, Blood 4 Life - A Blood Letting Activity, in partnership with Mandaue Chambers and Pres. Stanley Go, our current Club Treasurer, which will be on Sept. 14, 2019, 9-5am, at the Activity Centre, Pacific Mall, Mandaue City. Please support this activity by sending your staff and workers and families as this will be one avenue where we can get blood should we run out of supplies from Sotto/Blood Bank.

The second one is the One District, One Rotary Mangrove Planting and Coastal Clean-up. Sept 15, 2019, at 6am. Venue shall be at Site Muryo-muryo, South /Población, City of Naga, Cebu. Assembly area: St. Francis Ocean Park (Naga Baywalk) at 5am. Let us show our support to this District wide activity and work for the good of our environment.

Lastly, I'm please to introduce to our club our Project Manager, Engr. Ernie Alix, founder of ALIX Consulting. He will be overseeing all our Global Grants Projects for this year. Please welcome him warmly into our club as we will be seeing him more often in the coming days!

Cheers!

Michael P. Torres  
PRESIDENT, RY 2019-2020

## 10<sup>th</sup> Weekly Meeting & Fellowship



**Jovie Gil Montajes**  
co-founder, Light of Hope PH

**PN Jacob Ong**  
EMCEE

- I. Call to Order**  
*Pres Mike Torres*
- II. Invocation, Nasudnong Awit & The Four-Way Test**
- III. Introduction of Visiting Rotarians and Guests**
- IV. Fellowship Singing**  
*September by "Earth, Wind and Fire"*
- V. President's Time**  
*Pres Mike Torres*
- VI. Introduction of Speaker**  
*Rtn DJ Moises*
- VII. Speaker's Talk**  
*"Solar Night Lamps in A Bottle"*
- VIII. Open Forum**
- IX. Adjournment**

**SUGBUANON**  
September 05, 2019  
Issue No. 10  
RY 2019 - 2020

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### INVOCATION

Almighty God, as Rotarians we have each accepted a responsibility far beyond our ability to completely fulfill. We ask for your blessing upon our club and its activities. Help us to select and engage ourselves in activities that meet the Four Way Test and may our conduct be exemplary when dealing with one another and those around us. Amen.

### NASUDNONG AWIT

Yutang tabunon, mutya nga masilakon.  
Putling bahandi, amo kang gimahal.  
Mithing gisimba, yuta's mga bayani;  
Sa manlulupig, pagdapigan ka. Ang mga  
buntod mo ug lapyahan, sa langit mong  
bughaw. Nagahulad sa awit, lamdag sa  
kaliwat tang gawas. Silaw sa adlaw ug  
bituon sa nasudnong bandila. Nagatima-  
an nga buhion ta ang atong pagka-usa.  
Yutang maanyag, duyan ka sa pagmahal,  
landong sa langit ang dughan mo.  
Pakatam-ison namo nga nagatukaw kung  
mamatay man sa ngalan mo!

# Rotary



## PRESIDENTIAL MESSAGE



Mark Daniel Maloney  
President 2019-20

### September 2019

Here in the United States, another summer is winding down. And for the Maloney family, every summer ends with a return to my hometown of Ridgway, Illinois, for the annual Popcorn Day festival, where I am honored to serve as the "Popcorn King," the master of ceremonies for the day's events.

Regardless of the season, every family has its own traditions. I would like to suggest a new one for yours: Find an opportunity to introduce your family to Rotary. One of my family's traditions is to take our daughters and grandsons to the Rotary International Convention. The 2020 convention in Honolulu will be a wonderful way to introduce your children and grandchildren to the internationality of Rotary. We are planning many family-oriented events for everyone to enjoy.

Any time is a fabulous time to bring family members on a Rotary service project or to a fundraising event. But perhaps you have not seen many family-friendly events at your club. That is precisely why one of my top priorities this year is to make most Rotary events welcoming to family members.

We must foster a culture where Rotary does not compete with family but complements it. We should never expect our members to choose between the two. That means being realistic in our expectations, considerate in our scheduling, and welcoming of children at Rotary events on every level.

Often, the young professionals that Rotary needs to attract in order to remain a dynamic 21st-century service organization are the very people who have the greatest family responsibilities. We must not keep these prospective young members away from their families by holding events on evenings and weekends at which their children are not welcome.

*.....continue next page*

For too long, we have closed the doors of many Rotary events to children and sometimes even spouses. What wasted opportunities these are! Every chance we have to pass on the gift of Rotary to young people is one we must take if we are going to grow Rotary and ensure that the next generation is fully engaged in our mission.

So let us open our doors and do it in a fun way, with opportunities that make our children and grandchildren want to learn more about Interact, Rotaract, and Rotary membership. Start small if you must — perhaps by holding some of your meetings at more family-friendly times — but think about how you can continue these kinds of events for years to come.

Bringing children to Rotary events is not just fun; it also exposes them to the world! Make this a memorable year for your family — and an unforgettable year for the ever-expanding family of Rotary as Rotary Connects the World.

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## WHAT HAPPENED LAST WEEK...

### *BUSINESS MEETING*

**By: Walter Cang**

Last week's meeting was a fortuitous one as we welcomed a new member into our ranks. Joey Suaco, son of Rtn. Joe Suaco became one of the several 3rd generation Rotarian member of RCC. Joey now stands alongside his dad as a member of RCC and with his impressive

credentials in the creative and digital media industry, I am confident he will very quickly become an active member and join the pool of talents useful for the club. Welcome aboard Joey!

Sec. Walter Cang

informed our members that one of the young patients from our June VTT, Chevanna



Eluery Narte, had passed away. She underwent cath screening in June and the doctors determined the hospital cannot handle such a complex case and was quickly referred to the Philippine Heart Center. Through the efforts of PP Bernard, Cebu Rotary Foundation approved the funding of the cost not covered by PHC for her surgery. Alas, while awaiting the hospital's advice on when they can proceed, Chevanna's heart finally gave in. She was just 11 days away from her 5th birthday.

It was a sad development, more tragic since help was just weeks, perhaps even days away. It was disheartening for many of us but certainly pales in comparison to how the parents may have felt. And it was a reminder for us that our Gift of Life program is often a race against time and the reality of losing the race is very real for each of our patients. May her loss spur us on to continue the battle and strengthen our effort to surmount challenges we face with equipment failures, personal differences, unseen delays and unexpected costs in our program.



Our guest speaker, Albert Christian Co is the Head Coach & Program Director of Crossfit Subtero. He pointed out more than any other time, technology is encouraging us to become more sedentary. Making is spend hours of inactivity, which exposes us to hypertension, diabetes and high cholesterol. He shared what resistance training is all about. Interesting to note that when one exercise, our muscles actually sustain microscopic damages and that equate to muscle pain. And as it heals, our body releases growth hormones and proteins which help the muscle heal, become stronger and bigger.

Some interesting facts Albert shared include a World Health Organization list of leading risk factors for death and Physical Inactivity ranks #4. Staying active allows us to prevent the top 5 of leading risk factors such as hypertension, obesity, cholesterol, etc. He listed the benefits of resistance training, including the prevention of early Sarcopenia, a condition whereby one begins to lose muscle tissue as they go over the age of 50. As expected, nutrition plays a major role in staying healthy and he cited ways by which one can "design" meals to fit a specific goal. He also shared types of exercise one can undertake and how each benefits certain muscles in our body. Overall in was an informative presentation and his message surely resonated to the entire audience, young and old.

**OVER THE NEXT YEAR, I WILL COME TO YOU WITH A SHORT WEEKLY MESSAGE ABOUT THE ROTARY FOUNDATION, ITS PROGRAMS AND THE NEED FOR YOUR SUPPORT. TODAY I HAVE A QUOTE FROM PAULO COSTA, PAST PRESIDENT OF ROTARY INTERNATIONAL, 1990-1991.** “Rotary International’s masterpiece is The Rotary Foundation. It transforms our dreams into splendid realities ... it is the most generous expression of Rotarian generosity – a generosity that not only brings benefits but also brings help and cooperation to solve the problems that affect mankind. The Rotary Foundation achieves the best that mankind can possibly achieve.”

**THANK YOU FOR YOUR SUPPORT OF THE ROTARY FOUNDATION AND ITS WORK.**



# RY 2019 -2020

## CALENDAR OF ACTIVITIES

<b>September 2019</b>		<b>BASIC AND LITERACY</b>
Sep 7	Grant Management Seminar (Visayas): Golden Prince Hotel 8am – 4pm	
Sep 7-21	VTT Mission 5.0	
Sep 08	VTT Mission 5.0: WELCOME DINNER	
Sep 10	3rd BOD Meeting	
Sep 12	10 <sup>th</sup> WEEKLY MTG: Councilor Garganera ( <i>Environment Protection</i> )	
Sep 19	11 <sup>th</sup> WEEKLY MTG: Kay Lugtu ( <i>Digital Transformation</i> )	
Sep 21	VTT Mission 5.0: CULMINATING	
Sep 26	12 <sup>th</sup> WEEKLY MTG: <b>Governor's Visit</b>	
<b>October 2019</b>		<b>ECONOMIC AND COMMUNITY DEVELOPMENT</b>
Oct 2-8	Rotary Alumni	
Oct 03	WEEKLY MTG: Jay Neri ( <i>Future Newspaper Business-</i> )	
Oct 08	4th BOD Meeting	
Oct 10	WEEKLY MTG	
Oct 17	WEEKLY MTG	
Oct 24	WEEKLY MTG	
	Rotary World End Polio Day	
Oct 31	WEEKLY MTG	
<b>November 2019</b>		<b>ROTARY FOUNDATION MONTH</b>
Nov 07	WEEKLY MTG	
Nov 08	TRF Night	
Nov 12	5th BOD Meeting	
Nov 14	WEEKLY MTG	
Nov 15-30	RCC Project Exhibits at Ayala Center Cebu	
Nov 21	WEEKLY MTG	
Nov 28	NO WEEKLY MTG due to Anniversary	
Nov 29	87th RCC Anniversary	
Nov 29 - Dec 01	2019 Rotary Institute (Manila)	
TBA	Korea Trip: Daegu	
TBA	VTT Rosas Project	
<b>December 2019</b>		<b>DISEASE PREVENTION</b>
Dec 05	WEEKLY MTG	

Dec 7-21	VTT Mission 6.0
Dec 08	VTT Mission 6.0: WELCOME DINNER
Dec 10	6th BOD Meeting
Dec 12	NO WEEKLY MTG: in lieu of CSYGC Christmas Party CSYGC Annual Christmas Party
Dec 19	NO WEEKLY MTG: in lieu of RCC Christmas Party
Dec 20	RCC Christmas Party VTT Mission 6.0: CULMINATING DINNER
Dec 26	NO WEEKLY MTG due to Christmas Holiday

### January 2020

### VOCATIONAL SERVICE

Jan 02	WEEKLY MTG
Jan 09	WEEKLY MTG
Jan 14	7th BOD Meeting
Jan 16	WEEKLY MTG
Jan 23	WEEKLY MTG
Jan 30	WEEKLY MTG

### February 2020

### PEACE AND CONFLICT PREVENTION

Feb 06	WEEKLY MTG
Feb 11	8th BOD Meeting
Feb 13	WEEKLY MTG
Feb 20	WEEKLY MTG
Feb 23	Rotary Anniversary
Feb 27	WEEKLY MTG

### March 2020

### WATER AND SANITATION

Mar 05	WEEKLY MTG
Mar 5-7	DisCon 2020: Cebu
Mar 10	9th BOD Meeting
Mar 12	WEEKLY MTG
Mar 12-18	World Rotaract Week
Mar 19	WEEKLY MTG
Mar 26	WEEKLY MTG

### April 2020

### MATERNAL & CHILD HEALTH MOM

Apr 02	WEEKLY MTG
Apr 09	WEEKLY MTG
Apr 14	10th BOD Meeting
Apr 16	WEEKLY MTG
Apr 23	WEEKLY MTG
Apr 30	WEEKLY MTG

### May 2020

### YOUTH SERVICE

Like and Follow us:



Rotary Club of Cebu



rotaryclubofcebu





May 07	WEEKLY MTG
May 12	11th BOD Meeting
May 14	WEEKLY MTG
May 17	Run for Gift of Life Year 4
May 21	WEEKLY MTG
May 28	WEEKLY MTG
<b>June 2020</b>	<b>ROTARY FELLOWSHIP</b>
Jun 06	WEEKLY MTG
June 6-10	RI Convention: Honolulu Hawaii
Jun 09	12th Joint BOD Meeting
Jun 13	WEEKLY MTG
Jun 20	WEEKLY MTG

*INVITING YOU TO ATTEND*



## **Grant Management Seminar (Visayas)**

**WHEN: September 7, 2019**

**TIME: 8:00 a.m. - 4:00 p.m.**

**WHERE: Golden Prince Hotel, Cebu City**

**HOST: Area One**

This workshop is designed for Assistant Governor's, Club Presidents, TRF Directors/Committee and the club-appointed primary contact of the intended District and Global Grant Project

To register, fill out the registration form (emailed to Club Presidents) and pay Php 700.00 for AM/PM snacks and lunch.

Account Name: Lilo Alino  
Account Number: 1029185588  
Bank: BPI Cebu Mango branch

Kindly email your payment slip and registration form to the following:  
DRFC Chair Lilo Alino - lilo.alino@gmail.com  
Grant Management Chair/DGN Riezi Reyes - roadwayinndvo@yahoo.com



District Rotary  
Foundation  
Committee







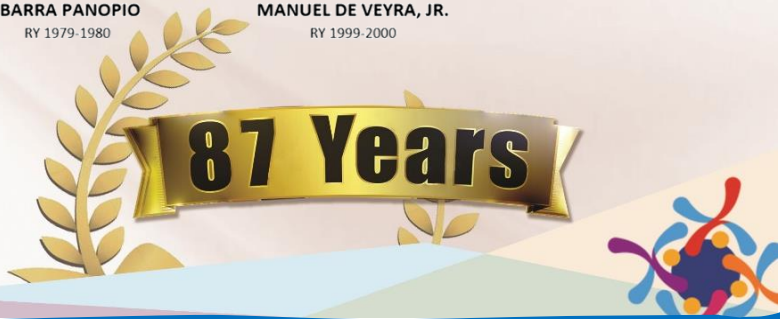
# ROTARY CLUB OF CEBU PAST PRESIDENTS 1932 - 2019

**CJ MARTIN**  
RY 1932-1933  
**HM POWER**  
RY 1933-1934  
**ROBERT LONDON**  
RY 1934-1935  
**HENRY GASSER**  
RY 1935-1936  
**VELOSO BUENAVENTURA**  
RY 1936-1937  
**LEO SCHMIDT**  
RY 1937-1938  
**ISABELO BINAMIRA**  
RY 1938-1939  
**JOSE CASTILLO**  
RY 1940-1941  
**FITZ REED**  
RY 1941-1942  
**HENRY GASSER**  
RY 1945  
**ALFREDO DEEN**  
RY 1945-1946  
**DART WILLIAM**  
RY 1946  
**SIMEON MIRANDA**  
RY 1946-1947  
**VICENTE FAELNAR**  
RY 1947-1950  
**JOAQUIN PANIS**  
RY 1950-1952  
**ANTONIO SUACO**  
RY 1952-1953  
**SALVADOR SALA**  
RY 1953-1955  
**JOSE MORAN**  
RY 1954, 1955-1956  
**EUGENIO ALONSO**  
R1956-1957  
**FEDERICO REYES**  
RY 1957-1958

**JAMES JACOBI**  
RY 1958-1959  
**VICENTE LOZADA**  
RY 1959-1960  
**DOMINGO VELOSO**  
RY 1960-1961  
**RAMON DUTERTE**  
RY 1961-1962  
**BENJAMIN ALEJANDRE**  
RY 1962-1963  
**OSCAR JEREZA**  
RY 1963-1964  
**JOSE RODRIGUEZ**  
RY 1964-1965  
**MANUEL DE VEYRA**  
RY 1965-1966  
**JOSE ESCANO**  
RY 1966-1967  
**NESTOR CANOY**  
RY 1968-1969  
**PRISCILIANO BORROMELO**  
RY 1969-1970  
**SILVIO SANTOS**  
RY 1970-1971  
**CLARO CINCO**  
RY 1971-1972  
**CANUTO BORROMELO**  
RY 1972-1974  
**FERNANDO JAKOSALEM**  
RY 1974-1975  
**ANTONIO CUI**  
RY 1975-1976  
**MARIANO PADILLA**  
RY 1976-1977  
**LOUIE BATONGMALAQUE**  
RY 1977-1978  
**VICENTE PELAEZ, JR.**  
RY 1978-1979  
**IBARRA PANOPIO**  
RY 1979-1980

**FRANCISCO BENEDICTO**  
RY 1980-1981  
**CATALINO CHAN, JR.**  
RY 1981-1982  
**MICHEL LHUILLIER**  
RY 1982-1983  
**RAMON CENIZA**  
RY 1983-1984  
**DOMINGO ANTIGUA**  
RY 1984-1985  
**JOSE HO**  
RY 1985-1986  
**TERESO BALANKIG**  
RY 1986-1987  
**ANTONIO MIRA**  
RY 1987-1988  
**JOSE SALA**  
RY 1988-1989  
**RENATO KINTANAR**  
RY 1989-1990  
**MARIO ORTIZ**  
RY 1990-1991  
**ORLANDO ISRAEL**  
RY 1991-1992  
**GLENN LOOP**  
RY 1992-1993  
**SHEWAKRAM MANGHARAM**  
RY 1993-1994  
**JOHN DOMINGO**  
RY 1994-1995  
**JOSE TAN YAOTIN**  
RY 1995-1996  
**JOSE SUACO**  
RY 1996-1997  
**GUNTHER HALLER**  
RY 1997-1998  
**JOSE GAPAS**  
RY 1998-1999  
**MANUEL DE VEYRA, JR.**  
RY 1999-2000

**ANGEL OCUBILLO, JR.**  
RY 2000-2001  
**RONALD DUTERTE**  
RY 2001-2002  
**SERGIO E. ROMERO**  
RY 2002-2003  
**ANTONIO J P. LOZADA**  
RY 2003-2004  
**PERICLES P. DAKAY**  
RY 2004-2005  
**EDGAR R. CHIONGBIAN**  
RY 2005-2006  
**OSCAR P. JEREZA, JR.**  
RY 2006-2007  
**JOHN F. DOMINGO**  
RY 2007-2008  
**TEODORO K. GONZALES**  
RY 2008-2009  
**BONIFACIO BELEN**  
RY 2009-2010  
**JOSE SOBERANO, III**  
RY 2010-2011  
**ROY LOTZOF**  
RY 2011-2012  
**JONATHAN GSALEM**  
RY 2012-2013  
**ROBIN S. ONG**  
RY 2013-2014  
**PEDRO H. DELANTAR**  
RY 2014-2015  
**BERNARD VONN SIA**  
RY 2015-2016  
**WILLIAM CHAVEZ**  
RY 2016-2017  
**A. RUBEN MARTINEZ**  
RY 2017-2018  
**STEPHEN P. CHIAN**  
RY 2018-2019



## SISTER CLUBS - INTERNATIONAL



RC Yotsukaido Japan

RC Singapore East

RC Kasugai

RC Tawau Sabah, Malaysia

RC Kota Kinabalu, Sabah, Malaysia

RC Daegu - Taebaek

RC Pohang

## BROTHER CLUB - LOCAL (Philippines)

RC Bagumbayan

RC Rizal West

RC Makati

RC North Bay

RC Manila (Mother Club)

## FRIENDSHIP PACT - INTERNATIONAL

RC Osaka Urban

RC Yokosuka





**Secretary's Report**  
**August 29, 2019**

**WALTER CANG**  
Secretary  
RY 2019-2020

**The Life of Membership is Attendance**

Total Members .....	65
Total Present .....	32
Total Absent .....	25
Total Make-up .....	8

**Attendance Percentage      61.54%**

**VISITING ROTARIANS & GUESTS**

Speaker Albert Co and wife Stejorry Co (guests of Rtn George Paraoan); Pocholo Codina (guest of Rtn Almario Hector); Joey and Jelly Suaco (Son and Daughter-in-Law of PP Joe Suaco); Ryan Yu (guest of Rtn Ed Onglatco); Laura Jade Cang (daughter of Sec Walter Cang);

**WE MISS YOU VERY MUCH**

Rtn. Alejandro, Mel; Rtn. Alforque, Mitch; Rtn. Cañete, Noel; Rtn. Canizares, Joe France; Rtn. Castillo, Bobong; Rtn. Cerna, Deo; Rtn. Chioson, Sam; Rtn. Cubos, Mike; PP Dakay, Ricky; Rtn. Dakay, Pet; PP Gonzales, Ted; Rtn. Gonzalez, Don; Rtn. Heredia, Manolet; Rtn. Kintanar, Aris; Rtn. Lim, Erik; Rtn. Magpale, Migz; Rtn. Moises, DJ; Dir. Ngo, Ken; Rtn. Ong, James; Rtn. Perdices, Anton; Rtn. Regottaz, Fred; Dir. Sala, Javi; PP Soberano, Joe; Rtn. Stonebraker, Larry; Rtn. Tan, Mike; Rtn. Yu, Vincent

**THANK YOU FOR MAKING UP!**

IPP Chian, Stephen; PP Delantar, Pete; Rtn. Edenburn, Mike; Dir. Kim, Terry; Dir. Ong, Charles; PN Ong, Jacob; PP Sia, Bernard

MEMBERS	Aug-29	PAUL HARRIS	MEMBERS	Aug-29	PAUL HARRIS
1. Rtn. Alejandro, Mel	A	PHF+2	34. PP Kintanar, Rene	P	MD 1
2. Rtn. Alforque, Mitch	A	PHF+2	35. Rtn. Lim, Erik	A	PHF+1
3. Rtn. Almario, Hector	P	MD 1	36. Rtn. Lopez, Patrick	P	PHF+1
4. Rtn. Barnes, David	P	PHF+7	37. PP Lotzof, Roy	P	PHF+2
5. Rtn. Besaños, Glenn	P	PHF	38. PP Lozada, Tony	P	PHF+2
6. Rtn. Bowers, Anthony	P	PHF	39. Rtn. Magee, Tom	P	PHF+1
7. Rtn. Cañete, Noel	A	PHF+1	40. Rtn. Magpale, Migz	A	PHF
8. Sec Cang, Walter	P	PHF+2	41. PP Martinez, Bing	P	PHF+8
9. Rtn. Canizares, Joe France	A	PHF	42. Rtn. Moises, DJ	A	PHF
10. Rtn. Castaño, Jun	P	PHF+2	43. Dir. Ngo, Ken	A	PHF
11. Rtn. Castillo, Bobong	A	MD 3	44. Rtn. Onda, Shige	P	PHF+5
12. Rtn. Cerna, Deo	A	PHF+1	45. Dir. Ong, Charles	MU	PHF+2
13. Dir. Chan, George	P	PHF+2	46. PN Ong, Jacob	MU	PHF+1
14. IPP Chan, Stephen	MU	MD 1	47. Rtn. Ong, James	A	PHF
15. PDG Chiongbian, Ed	P	MD 1	48. PAG Ong, Robin	P	MD 1
16. Rtn. Chioson, Sam	A	PHF	49. Rtn. Onglatco, Ed	P	MD 1
17. Rtn. Cubos, Mike	A	PHF	50. Rtn. Ontanillas, Joey	P	
18. PP Dakay, Ricky	A	MD 2	51. PP Panopio, Baba	P	MD 2
19. Rtn. Dakay, Pet	A	MD 1	52. Rtn. Paraoan, George	P	PHF
20. PP Delantar, Pete	MU	MD 1	53. Rtn. Peña, Bronson	P	PHF
21. Rtn. Edenburn, Mike	MU	PHF+1	54. Rtn. Perdices, Anton	A	PHF+4
22. PE / VP Gaisano, Ed	P	MD 2	55. Rtn. Regottaz, Fred	A	PHF+2
23. PP Gapas, Joe	P	PHF+2	56. Dir. Sala, Javi	A	PHF+5
24. Rtn. Garcia, Ed	P	PHF+5	57. PP Sala, Jose	P	PHF+2
25. Rtn. Gesalem, Jiaan	P	PHF	58. PP Sia, Bernard	MU	PHF+5
26. PP Gesalem, Jonie	P	MD 2	59. PP Soberano, Joe	A	MD 3
27. Treas Go, Stanley	P	PHF+7	60. Rtn. Stonebraker, Larry	A	PHF+1
28. PP Gonzales, Ted	A	PHF+3	61. PP Suaco, Joe	P	PHF+1
29. Rtn. Gonzalez, Don	A	PHF	62. Dir. Tan Ting, Ed	P	PHF+1
30. Rtn. Gonzalez, Ed	P	PHF+3	63. Rtn. Tan, Mike	A	PHF
31. Rtn. Heredia, Manolet	A	PHF+1	64. Pres Torres, Mike	P	MD 1
32. Dir. Kim, Terry	MU	MD 3	65. Rtn. Yu, Vincent	A	PHF
33. Rtn. Kintanar, Aris	A	PHF+2			

LEGEND: P – Present; A – Absent; MU - Make-up;  
PHF-Paul Harris Fellow; MD-Major Donor; RFSM –Rotary Foundation Sustaining Member

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Contributors : Rotaract Club of Cebu  
Club Clerk: April Juarbal / Nicole Fernandez



## Regular Meeting

August 25, 2019: Our Regular Meeting was conducted last Sunday, we tackled about the importance of knowing the "comfort zone" and how to eventually decide to expand voluntarily and involuntarily. Teambuilding was the highlight, for us to have unity and camaraderie.



Our soon to come Induction this September 28, 2019 was also the most important agenda during the meeting. Each of the members has provided a role for us to work together and make the event easier and successful.



Thus, we formally recognized and acquainted our newly active members as a Rotaractor through service project and fellowship with our future activities like mobile bloodletting project, ProCon and many others.

August 27, 2019: A special meeting with me and Rtr. IPP Maico in regards with our timeline of activities and some changes was resolved.

The implementation of the teambuilding was also approved.

The preparation and execution of the Solicitation Letter for the service projects with our sister clubs.



**Rotary**  
September is...



**Basic Education & Literacy Month**

# FELLOWSHIP SONG

## September

Do you remember the 21st night  
of September?

Love was changing the minds of  
pretenders

While chasing the clouds away

Our hearts were ringing

In the key that our souls were  
singing

As we danced in the night

Remember how the stars stole  
the night away

Hey hey hey

Ba de ya, say do you remember

Ba de ya, dancing in September

Ba de ya, never was a cloudy day

Ba duda, ba duda, ba duda, badu

Ba duda, badu, ba duda, badu

Ba duda, badu, ba duda

My thoughts are with you

Holding hands with your heart  
to see you

Only blue talk and love

Remember how we knew love  
was here to stay

Now December found the love  
that we shared in September

Only blue talk and love

Remember the true love we  
share today

Hey hey hey

Ba de ya, say do you remember

Ba de ya, dancing in September

Ba de...

## 20 REASONS TO JOIN A ROTARY CLUB

- \* Friendship
- \* Business Development
- \* Personal Growth
- \* Leadership Development
- \* Citizenship in the Community
- \* Continuing Education
- \* Fun
- \* Public Speaking Skill
- \* Citizenship in the world
- \* Assistance when traveling



- \* Entertainment
- \* Develop Social Skill
- \* Family Program
- \* Vocational Skills
- \* The development of Ethics
- \* Cultural Awareness
- \* Prestige
- \* Nice People
- \* The absence of "Official creed"
- \* The Opportunity to Serve

MEETING SCHEDULE				AREA	ROTARY CLUB
DAY	TIME	VENUE			
<b>Monday</b>	07:00PM	FGU Bldg., 16th Floor, Ayala Center Cebu, Cebu City		1D	Mandaue North
	07:30PM	Cebu Country Club, Cebu City		1B	Cebu Port Centre
	07:30PM	Casino Español de Cebu, Cebu City		1D	Cebu Fuente
<b>Tuesday</b>	12:00NN	Manila Peninsula Hotel Cor. of Ayala & Makati Avenues, 1226 Makati, Metro Manila			Makati
	06:00PM	Bistro Alberto, East Pob., Naga, Cebu		1B	Cebu Naga Central
	07:00PM	YMCA Osmeña Blvd., Cebu City4		1A	Talisay
	07:00PM	Cebu Country Club, Cebu City		1C	Cebu West
<b>Wednesday</b>	12:00NN	Casino Español de Cebu, Cebu City		1B	Metro Cebu
	07:30PM	Aloha Hotel 2150 Roxas Blvd., Malate, Manila			Manuel A. Roxas Blvd
<b>Thursday</b>	12:00NN	New World Makati Hotel			Manila
	06:30PM	New World Manila Bay Hotel			Bagumbayan
	06:30PM	Elks Club 7th flr, Corinthian Plaza Bldg., 121 Paseo de Roxas St.			Rizal West
	06:30PM	Parklane Int'l. Hotel, 2nd Level Board Room, cor. Archbishop Reyes Ave., Escario St., Cebu City		1D	Mandaue East
	07:00PM	Casino Español de Cebu, Cebu City		1D	Cebu Fort San Pedro
	07:00PM	Casino Español de Cebu, Cebu City		1A	Cebu Gloria Maris
	07:30PM	Bogo Plaza Resto Bar, Bogo City, Cebu		1C	Metro Bogo
	07:30PM	Cebu Country Club, Cebu City		1C	Cebu Mabolo
	07:30PM	Vienna Kaffehaus, Gorrordo St., Cebu City		1E	Metro Mandaue 2006
	08:00PM	Pescadores Restaurant 4-6, P. Aquino Ave., Longos Malabon			North Bay East
<b>Friday</b>	11:30AM	Penong's Restaurant, Juana Osmena, Cebu City		1C	Cebu Midtown
	12:00NN	Café Laguna Restaurant, Ayala Terraces, Cebu City		1D	Cebu Guadalupe
	12:00NN	Don Mertos Casa Escani, Osmeña St., Cebu City		1D	Cebu North
	12:00NN	Casino Español de Cebu, Cebu City		1E	Mandaue
	07:00PM	Club Filipino, Ayala-FGU, Cebu Business Park		1A	Cebu South
	07:00PM	Crown Regency, Osmeña Blvd., Cebu City		1A	El Pardo de Cebu
	07:00PM	Abuhan Restaurant		1C	Banilad Metro
	07:30PM	Lighthouse Restaurant Gen. Maxilom Ave., Cebu City		1A	Cebu East
	07:30PM	RC Mactan Info & Training Center, MEPZ, Lapu-lapu City		1E	Mactan
	08:00PM	Ang Tay Golf Course and Restaurant Rovira Road, Bantayan			Dumaguete

**Rotary Club of Cebu  
D-3860 Club No. 17102**

NAME: \_\_\_\_\_

CLUB: \_\_\_\_\_ DATE: \_\_\_\_\_

*This serves as your make up card*

\_\_\_\_\_  
President/Secretary  
RY 2019-2020

**REX REYES CONTRIBUTORS**

1. Pres. Stephen Chian
2. Rtn. Hector Almario
3. PP Renato Kintanar
4. Rtn. Edward Onglatco
5. Dir. David Barnes
6. PP Bernard Vonn Sia
7. PP Frank Benedicto
8. Mr. Jesus Alcordo



## SENSE OF HUMOUR

(A joke a day keeps the doctor away)

### This is the story of the poor

This is the story of the poor blonde flying in a two-seater airplane with just the pilot.

He has a heart attack and dies. She frantically calls a May Day:

"May Day! May Day! Help me! Help me! My pilot had a heart attack and is dead. And I don't know how to fly. Help me! Please help me!"

All of a sudden, she hears a voice over the radio saying:

"This is the tower. I have received your message and I will talk you through it. I've had a lot of experience with this kind of problem. Now, just relax. Everything will be fine! Now give me your height and position."

She says, "I'm 5'4" and I'm in the front seat."

"O.K." says the voice from the tower. "Repeat after me: Our Father. . . Who art in Heaven. . . ."

# Rotary



## OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- ❶ The development of acquaintance as an opportunity for service;
- ❷ High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- ❸ The application of the ideal of service in each Rotarian's personal, business, and community life;
- ❹ The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



## THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOOD WILL  
AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO  
ALL CONCERNED?