SUGBUANON

RY2022-2023 | THURSDAY, 26 JAN 2023 | ISSUE 24

24TH WEEKLY MTG









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CLUB NO. 17102 DISTRICT 3860 CHARTERED : NOVEMBER 28,1932

ROTARY CLUB OF CEBU

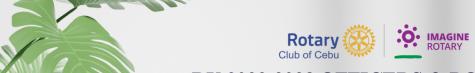
Chartered on November 28, 1932, Rotary Club of Cebu is the second oldest club in the Philippines. The club currently has 63 members and prides itself in the quality of its members and the excellent fellowship that characterizes its weekly meetings.

The club sponsored the organization of several Rotary clubs in the Visayas and has produced six district governors, including Vicente L. Faelnar,

Joaquin Panis, Vicente Lozada, Federico Reyes and Manuel de Veyra. The latest, Edgar Chiongbian, was the District Governor in RY2013-2014 and also the RY2017-2018 Chairman of the Philippine College of Rotary Governors.

Rotary International District 3860 has consistently recognized the club for its role and contribution to the District, winning the Club of the Year and President of the Year awards multiple times over the years. Our members continue to donate generously to The Rotary Foundation and consistently leads

the District in TRF Donations and Disaster relief drives. The club has long led the district with the greatest number of Major Donors (15 currently) and in RY2019-2020, three members of the club posthumously) inducted into the Arch Klumph Society, the first AKS members in our District, Likewise, RCC was the first club to establish a TRF Endowment Fund in the District. Lastly, the RCC has been very active in Global Grant projects, leading the country with almost 5% of the total approved Philippine global grant budget over the past six years.



RY 2022-2023 OFFICERS & BOARD OF





















PRESIDENT:

Hector Almario

VICE-PRESIDENT / PRESIDENT ELECT:

Walter Cang (Sugbuanon Editor)

SECRETARY:

Edward Tan Ting

TREASURER:

George Neil Paraoan

PRESIDENT NOMINEE:

Shigejiro Onda (International Service)

DIRECTORS:

Romitchell Alforque

(Club Admin)

Derrick Chua

(Service Project - GLOBAL)

Joey Ontanillas

(Service Project - LOCAL)

Darwin John Moises

(Public Image)

Stanley Go

(Membership & Vocation)

Charles Vincent Ong

(Youth Service - Rotaract / CSYGC)

ADVISERS:

AG Angel Martinez

(Protocol Officer)

PAG Ibarra Panopio

(TRF Chair)

PAG Robin Ong

(Club Trainer)

DRFC Stephen Chian

DMC Michael Torres

IPP Jacob P. Ong

(Ex-Officio)

PP Renato Kintanar

PP Edward Gaisano

GUEST SPEAKER

Dr. Scott Jahn, DC



PN Shige Onda **EMCEE**

I. Call to Order

President Hector Almario

II. Invocation & Nasudnong Awit

III. The Four-Way Test

IV. Introduction of Visiting Rotarians and Guests

V. Fellowship Singing

VI. President's Time

President Hector Almario

VII. Introduction of Speaker

VIII. Speaker's Talk

"New Year, New Lifestyle: Look good, Feel great, Function better"

IX. Q & A with the Speaker

X. Response & Adjournment
President Hector Almario

INVOCATION

Life is the greatest event we will ever be invited to. Today Lord, you are giving us another chance. Guide us to act justly in all our dealings. Help us to show kindness, knowing such actions. Help us to overcome people's fears and instill in us the importance of walking humbly through the day before us. Amen.

NASUDNONG AWIT

Yutang tabunon, mutya nga masilakon. Putling bahandi, amo kang gimahal. Mithing gisimba, yuta's mga bayani; Sa manlulupig, pagdapigan ka. Ang mga buntod mo ug lapyahan, sa langit mong bughaw.Nagahulad sa awit, lamdag sa kaliwat tang gawas. Silaw sa adlaw ug bituon sa nasudnong bandila. Nagatima-an nga buhion ta ang atong pagka-usa. Yutang maanyag, duyan ka sa pagmahal, landong sa langit ang dughan mo. Pakatam-ison namo nga nagatukaw kung mamatay man sa ngalan mo!

SISTER CLUB

GUIDING PRINCIPLES OF ROTARY

These principles have been developed over the years to provide Rotarians with a strong, common purpose and direction. They serve as a foundation for our relationships with each other and the action we take in the world.



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST: The development of acquaintance as an opportunity for service;
- SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

RC Daegu Taebaek

RC Pohang

RC Kasugai

RC Tawau

RC Manila (MOTHER CLUB)
RC Bagumbayan -Manila
RC Manuel A. Roxas
Boulevard
RC Makati
RC Makati West
RC Rizal West
RC North Bay East

PAST PRESIDENTS 1932 - 2021

CJ MARTIN

RY 1932-1933

HM POWER

RY 1933-1934

ROBERT LANDON

RY 1934-1935 **HENRY GASSER**

RY 1935-1936

VELOSO BUENAVENTURA

RY 1936-1937

LEO SCHMIDT

RY 1937-1938 **ISABELO BINAMIRA**

RY 1938-1939

JOSE CASTILLO

RY 1940-1941

FITZ REED

RY 1941-1942 **HENRY GASSER**

RY 1945

ALFREDO DEEN

RY 1945-1946

DART WILLIAM

RY 1946

SIMEON MIRANDA

RY 1946-1947

VICENTE FAELNAR RY 1947-1950

JOAQUIN PANIS

RY 1950-1952

ANTONIO SUACO RY 1952-1953

SALVADOR SALA

RY 1953-1955 **JOSE MORAN**

RY 1954, 1955-1956

EUGENIO ALONSO

RY1956-1957

RY 1957-1958

FEDERICO REYES

JAMES JACOBI

RY 1958-1959

VICENTE LOZADA RY 1959-1960

DOMINGO VELOSO

RY 1960-1961

RAMON DUTERTE

RY 1961-1962

BENJAMIN ALEJANDRE

RY 1962-1963

OSCAR JEREZA

RY 1963-1964

JOSE RODRIGUEZ

RY 1964-1965

MANUEL DE VEYRA

RY 1965-1966

JOSE ESCANO

RY 1966-1967

NESTOR CANOY

RY 1968-1969

PRISCILIANO BORROMEO

RY 1969-1970

SILVIO SANTOS

RY 1970-1971 **CLARO CINCO**

RY 1971-1972

CANUTO BORROMEO

RY 1972-1974

FERNANDO JAKOSALEM

RY 1974-1975

ANTONIO CUI

RY 1975-1976

MARIANO PADILLA

RY 1976-1977

LOUIE BATONGMALAQUE

RY 1977-1978

VICENTE PELAEZ, JR.

RY 1978-1979

IBARRA PANOPIO

RY 1979-1980

RY 1980-1981

FRANCISCO BENEDICTO

CATALINO CHAN, JR. RY 1981-1982

MICHEL LHUILLIER

RY 1982-1983

RAMON CENIZA

RY 1983-1984

DOMINGO ANTIGUA

RY 1984-1985

JOSE HO

RY 1985-1986

TERESO BALANKIG

RY 1986-1987

ANTONIO MIRA

RY 1987-1988

JOSE SALA

RY 1988-1989

RENATO KINTANAR

RY 1989-1990

MARIO ORTIZ RY 1990-1991

ORLANDO ISRAEL

RY 1991-1992

GLENN LOOP

RY 1992-1993

SHEWAKRAM

MANGHARAM RY 1993-1994

JOHN DOMINGO

RY 1994-1995

JOSE TAN YAOTIN

RY 1995-1996

JOSE SUACO

RY 1996-1997

GUNTHER HALLER

RY 1997-1998

JOSE GAPAS RY 1998-1999

MANUEL DE VEYRA, JR.

RY 1999-2000

ANGEL OCUBILLO, JR.

RY 2000-2001

RONALD DUTERTE

RY 2001-2002

SERGIO E. ROMERO RY 2002-2003

ANTONIO J P. LOZADA

RY 2003-2004

PERICLES P. DAKAY RY 2004-2005

EDGAR R. CHIONGBIAN

RY 2005-2006

OSCAR P. JEREZA, JR.

RY 2006-2007

JOHN F. DOMINGO

RY 2007-2008

TEODORO K. GONZALES RY 2008-2009

BONIFACIO BELEN

RY 2009-2010

JOSE SOBERANO, III

RY 2010-2011

ROY LOTZOF

RY 2011-2012

JONATHAN GESALEM

RY 2012-2013 **ROBIN S. ONG**

RY 2013-2014

PEDRO H. DELANTAR

RY 2014-2015

BERNARD VONN SIA

RY 2015-2016

WILLIAM CHAVEZ

RY 2016-2017

A. RUBEN MARTINEZ RY 2017-2018

STEPHEN P. CHIAN

RY 2018-2019

MICHAEL P. TORRES

RY 2019-2020

EDWARD S. GAISANO

RY 2020-2021

JACOB P. ONG RY 2021-2022



CODE OF CONDUCT



CLUB ATTENDANCE HEALTH CHECK

January 19, 2023

THE LIFE OF MEMBERSHIP I	S ATTENDANCE
TOTAL MEMBERS	65
TOTAL PRESENT	26
TOTAL ABSENT	35
TOTAL MAKE-UP	4
ATTENIDANCE DEDCENTACE	46 1E0/



VISITING ROTARIANS & GUESTS (SON OF DRFC STEPHEN CHIAN) SHAWN CHIAN AND FROM WERT PHILS.INC.: MR. MICHAEL CHARLES

ROSALES & MS. AILYN DUCOT

WE MISS YOU VERY MUCH

RTN MEL, RTN DAVID, RTN GLENN,
RTN NOEL, RTN BOBONG, RTN
GEORGE, DIR DERRICK, RTN SAM,
RTN AC, RTN BRIAN, RTN MIKE
CUBOS, PP RICKY, RTN PET, RTN
JIAAN, PP TED, RTN DON, RTN
MANOLET, RTN GORDEN, RTN
TERRY, RTN ARIS, RTN ERIK, RTN
MIGZ, DIR DJ, RTN KEN, RTN JAMES,
RTN ED O, RTN ANTON, RTN
BRONSON, RTN JAVI, RTN JOEY,
RTN MIKE TAN, RTN VINCENT AND
RTN RYAN

THANK YOU FOR MAKING UP! RTN CHRIS, DIR STANLEY, TREAS GEORGE AND DMC MIKE TORRES





Happy
Holidays!
THE MOST WONDERFUL
TIME OF THE YEAR.





Rotary Club of Cebu's Gift of Life Program

and Gift of Life International have paved the way for kids with CHD beyond Visayas to be treated through collaboration with other Rotary Clubs as well. Through the Rotary Club of Makati West, patients from Cagayan Valley — Hannah, Isabela and Ydann —got the treatment and





Mark, from Ormoc, suffered from a ventricular septal defect, a birth defect of the heart. A hole is on its wall that separates the two lower heart chambers. Thanks to Gift of Life International and the assistance of Immediate Past District Governor Anna, Mark is now free from the said ailment.



A SHOT AT HAVING AN EVEN BETTER LIFE.

Baby Ciaz, Chelsea, Divine, and Maddie, all smiles after their successful surgery in Luzon for their congenital heart defect or CHD.

Thanks to Gift of Life International these girls get to have a second lease in life. The gift of life program not only provides opportunity for kids with CHD to be treated, but also an opportunity for Rotary Clubs to collaborate and work together.







CSXGC Christmas Party with RCC 2022









Imaginative Rotary Activities





January 2023

Vocational Service

Jan 27 - Juan
 Pamplona NHS
 Turn-over of School
 Equipment and
 Materials

- Feb I5 8th BOD Mtg
- Feb17-18: DTTS/PETS/SETS1 BUTUAN
- Feb l9-26: Rotary
 Week (ALL AREAS)



February 2023

Peace & Conflict
Prevention/Resolution Month



March 2023



Water and Sanitation Month



- Mar I4 9th BOD Mtg
- Mar 25-26: RYLA/
 Interact Bootcamp

ROSTER OF MEMBERS



ALEJANDRO, MELCHOR INFORMATION AND COMMUNICATION TECHNOLOGY Member since August 2015 Spouse: Dang - Ana Paz



OPTHALMOLOGY-GENERAL PRACTICE Member since January 2008 Spouse : Chorie



GAPAS, JOSE ENVIRONMENTAL MANAGEMENT Member since February 1996 Spouse: Dolores

RETAILING-DEPARTMENT STORE Member since October 2003 Spouse : Christine

GAISANO, EDWARD



CHIAN, STEPHEN
IMPORTER AND WHOLESALESCHEMICALS
Member since June 2013
Spouse: Grace

CHAN, GEORGE

CHRISTOPHER



GARCIA, EDWARD GRIFFIN
DISTRIBUTION-CELLPHONE
AND ACCESSORIES
Member since February 2008
Spouse: Nathalie



ALFORQUE, EDVEL ROMITCHELL TELCO RETAIL SALES Member since August 2015 Spouse: Janet



CHIOSON, SAMUEL STEEL MANUFACTURING Member since November 2017 Spouse : Emily



GECHA, CHRISTOPHER
REAL ESTATE-LAND ACQUISITION
Member since August 2021
Spouse: Mirella Isabel



ALMARIO, HECTOR
FUEL DISTRIBUTION
Member since September 2009
Spouse: Angle



CHUA, DERRICK SOLAR POWER Member since February 2021 Spouse : Joni Abigail



GESALEM, JIAAN REGIS
PYROTECHNICS
Member since November 2017



ATIENZA, ROBERTO JR.
CHILDREN'S SHELTER
Member since June 2021
Spouse: Heather



CO, ALBERT CHRISTIAN TRUCK SALES Member since November 2019 Spouse: Stejorry Maelin



GESALEM, JONATHAN FOOD CHAIN OPERATION Member since November 1993 Spouse: Rissa



BARNES, DAVID SOFTWARE DEVELOPMENT Member since February 2016 Spouse: Daisy



CONNELLY, BRIAN
HOTEL MANAGEMENTINTERNATIONAL
Member since November 2021



GO, STANLEY
MANUFACTURING-MEAT
PROCESSING
Member since March 2011
Spouse: Janice



BESAÑES, MARK GLENN RICE AND CORN MILLING Member since January 2016 Spouse: SP - Ma. Esperanza



CUBOS, MICHAEL

BUSINESS PROCESS OUTSOURCING
Member since July 2017
Spouse: Sherrylyn



GONZALES, TEODORO
OPTHALMOLOGY-GLAUCOMA
Member since October 2003



CAÑETE, NOEL PETER BUSINESS SERVICES-AUDITING Member since October 2012 Spouse: Janice



DAKAY, PERICLES PROPERTY DEVELOPMENT-CONSTRUCTION Member since July 1998 Spouse: Gina



GONZALEZ, DONATO
LAW-GENERAL PRACTICE
Member since April 2017
Spouse: Chona



CANG, WALTER

MOBILE APPLICATION DEVELOPMENT
Member since January 2016
Spouse: Roxanne



DAKAY, PETRIOUS PROPERTY DEVELOPMENT-HEAVY EQUIPMENT Member since July 2010 Spouse: Blake



HEREDIA, MANUEL
MACHINERY DISTRIBUTION
Member since December 2015
Spouse: Cristina



CAÑIZARES, JOSE FRANCIS REAL ESTATE-BROKERAGE Member since July 2017 Spouse: Christabelle



DELANTAR, PEDRO
MANUFACTURING-FURNISHINGS
Member since December 2000
Spouse: Cathy



HSIEH, MENG JU EDUCATION - LANGUAGE Member since October 2021



CASTILLO, STEPHEN COLD STORAGE Member since August 2010



EDENBURN, HUGH MICHAEL

MOSQUITO CONTROL
Member since February 2016
Spouse: Fanny



KIM, TAE YUN
INFORMATION TECHNOLOGYCONSULTANCY
Member since March 2012
Spouse: Jin



KINTANAR, CESAR ARIS WATER UTILITY-BULK WATER SUPPLY Member since June 2013



ONG, CHARLES VINCENT REAL ESTATE MANAGEMENT Member since November 2016 Spouse : Nicole



SIA, BERNARD VONN DISTRIBUTOR-HARDWARE AND FURNISHINGS Member since December 2000 Spouse : Cres



KINTANAR, RENATO WATER UTILITY-PIPED WATER DISTRIBUTION Member since November 1983



ONG, JACOB NOODLE MANUFACTURING Member since August 2015



SOBERANO, JOSE III REAL ESTATE DEVELOPMENT Member since October 2003 Spouse : Marose



LIM, EUGENE ERIK PROPERTY MANAGEMENT Member since July 2014 Spouse: Yukana



ONG, JAMES DISTRIBUTION-HOME APPLIANCES Member since April 2014 Spouse : Annie



STONEBRAKER. **LAWRENCE JOSEPH** CONSTRUCTION/WATER DRILLING Member since November 2014



LOPEZ, PATRICK TRUCKING Member since September 2015 Spouse : Tweetie



ONG, ROBIN LOGISTICS Member since September 2009



SUACO, JOEY FILM & MULTIMEDIA Member since September 2019 Spouse : Rhoda Angelie



.OTZOF, ROY LESTER FINANCIAL SERVICES-MANAGEMENT Member since June 2005 Spouse: Jackie



ONGLATCO, **EDWARD VINCENT** AUTOMOBILE DEALERSHIP Member since November 2005 Spouse : Danessa



TAN TING, EDWARD MOTORCYCLE-RETAIL AND WHOLESALE Member since August 2015 Spouse: Roselle



LOZADA, ANTONIO SERVICE STATIONS-RETAIL Member since November 1985 Spouse : Grace



ONTANILLAS, JOSE JR. PLANTATION AGRICULTURE Member since July 2019 Spouse : Lorelie



TAN, MICHAEL CHARLES OFFICE EQUIPMENT SALES Member since August 2017 Spouse : Bea



MAGEE, THOMAS MANAGEMENT CONSULTING Member since March 2011 Spouse: Yuphabee-Dang



PANOPIO, IBARRA MEDICAL PRACTICE-PATHOLOGY Member since January 1974 Spouse : Olga †



TORRES, MICHAEL ARCHITECTURE-GENERAL PRACTICE Member since July 2010 Spouse : Analyn



MAGPALE, **MIGUEL ANTONIO** PUBLIC SERVICE-PROVINCIAL GOVERNMENT



PARAOAN, GEORGE NEIL EDUCATION-MARITIME Member since March 2017 Spouse : Monaliza



YU, JOSEPH VINCENT RETAIL Member since August 2018



MARTINEZ, ANGEL RUBEN REAL ESTATE-CONSULTING Member since July 2012 Spouse : Rowena



PEÑA, BRONSON SALES-WEIGHTS Member since July 2017 Spouse : Darlene Dale



YU, RYAN RAYMOND HOME AND BUILDING AUTOMATION Member since June 2020 Spouse : Shieny



MOISES, DARWIN JOHN GLOBAL SERVICE OPERATIONS Member since May 2018



PERDICES, ANTON MARI ELECTRIC UTILITY-DISTRIBUTION Member since October 2013 Spouse : Maria Paz



SALA, JAVIER FUEL-WHOLESALE Member since July 2010 Spouse : Kaye



FRANCISCO

JESUS ALCORDO



ONDA, SHIGEJIRO MANUFACTURING-GARMENT ACCESSORIES Member since July 2007 Spouse: Rumiko

HOTEL MANAGEMENT Member since August 2018

NGO, KEN



HONORARY MEMBERS

REX REYES CONTRIBUTORS

AS OF DECEMBER 20, 2022

Tae Yun Kim RRF Endowment Fund Michael Torres RRF Endowment Fund

- Renato Y. Kintanar GOLD Frank Benedicto RRF
- Stephen Chian RRF
- Hector Almario RRF
- Edward Onglatco RRF
- Eduardo Onglatco RRF
- David Barnes RRF
- Bernard Vonn Sia RRF

- Jesus N. Alcordo RRF
- Robin Ong RRF
- Sydney K. Constantino RRF
- Hendrik K. Constantino RRF
- Sing Pek King RRF
- Melchor Alejandro RRF



THE ROTARY FOUNDATION WEEKLY MESSAGE

(By Rotarians for Rotarians)

JUST WHAT ARE PACKAGE GRANTS?

Package grants are designed by Rotary and our strategic partners to help you carry out large-scale, sustainable projects. Because we've taken care of selecting partners, raising funds, and designing the project, you can focus your energy and expertise in bringing the project to life. Like global grants, packaged grants support our areas of focus and can include scholarships, humanitarian projects, and vocational training. The key difference is that the project's framework is provided for you.

We offer nursing scholarships and training for health educators which our partner Aga Khan University. With our partner UNESCO-IHE Institute for Water Education, we fund scholarships for water sanitation professionals. Vocational Training and medical service

THANK YOU FOR SUPPORTING THE ROTARY FOUNDATION'S GRANTS PROGRAM

PAUL HARRIS FELLOWS

AS OF SEPTEMBER 27

+4

i. Ktii Mei Alejanaro - PHF +5
2. Dir Mitch Alforque - PHF +3
3. Pres. Hector Almario - MD2
4. Rtn Roberto Atienza, Jr PHF
5. Rtn David Barnes - MD1
6. Rtn Mark Glenn Besañes - PHF +1
7. Rtn Noel Peter Cañete - PHF +3
8. PE Walter Cang - PHF +6
9. Rtn Jose Francis Cañizares - PHF +
10. Rtn Stephen Castillo - AKS
11. Rtn George Chan - PHF +2
12. DRFC Stephen Chian - MD3
13. Rtn Samuel Chioson - PHF +3
14. Dir Derrick Chua – PHF
15. Rtn Albert Christian Co - PHF
16. Rtn Brian Connelly - PHF
17. Rtn Michael Cubos- PHF
18. PP Pericles Dakay - MD3
19. Rtn Petrious Dakay - MD2
20. DPHSC Pedro Delantar - MD1
21. Rtn Hugh Michael Edenburn- PHF
22. PP Edward Gaisano - MD3
23. PP Jose Gapas - PHF +4
24. Rtn Edward Griffin Garcia - MD1
25. Rtn Christopher Gecha - PHF
26. Rtn Jiaan Regis Gesalem - PHF+1
27. PP Jonathan Gesalem - MD3
28. Dir Stanley Go - PHF +8
29. PP Teodoro Gonzales - PHF +3
30. Rtn Donato Gonzales - PHF
31. Rtn Manuel Heredia - PHF +1
32. Rtn Meng "Gorden" Hsieh - PHF +1
33. Rtn Tge Yun Kim- AKS

34. Rtn Cesar Aris Kintanar - PHF +4 35. PP Renato Kintanar - MD2 36. Rtn Eugene Erik Lim - PHF +2 37. Rtn Patrick Lopez - PHF +1 38. PP Roy Lester Lotzof- PHF +2 39. PP Antonio J. Lozada - PHF +3 40. Rtn Thomas Magee- PHF +1 41. Rtn Miguel Magpale - PHF 42. AG Bing Martinez - MD1 43. Dir Darwin John Moises - PHF+1 44. Rtn Ken Ngo - PHF +3 45. PN Shigejiro Onda- PHF +8 46. Dir Charles Vincent Ong-PHF +6 47. IPP Jacob Ong - PHF +5 48. Rtn James Ong - PHF +3 49. PAG Robin Ong - MD1 50. Rtn Edward Onglatco - MD1 51. Dir Jose Ontanillas - PHF+1 52. PAG Ibarra Panopio - MD2 53. Treas George Paraoan-PHF+2 54. Rtn Bronson Peña- PHF +2 55. Rtn Anton Perdices - PHF +7 56. Rtn Javier Sala - PHF +8 57. PP Bernard Vonn Sia - PHF +8 58. PP Jose Soberano, III - AKS 59. Rtn Larry Stonebraker - PHF +4 60. Rtn Joey Suaco - PHF 61. Sec Edward Tan Ting - PHF +7 62. Rtn Michael Charles Tan - PHF 63. DMC Michael Torres - MD3 64. Rtn Joseph Vincent Yu - PHF 65. Rtn Ryan Raymond Yu - PHF+3