

Rotary
Davao



ROTARY
CONNECTS
THE WORLD

*Mt. Apo
Bulletin*



81 Years
Praise God!

ROTARY CLUB OF DAVAO

The First Rotary Club in Mindanao

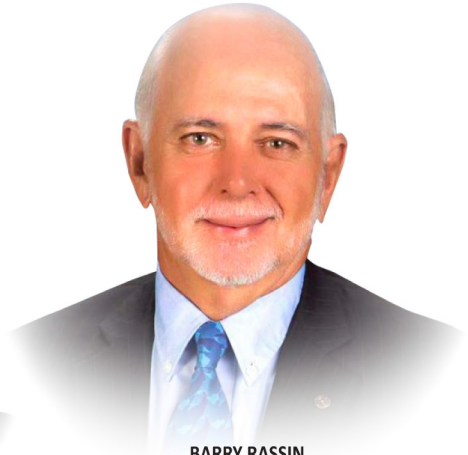
Club No. 17110 • District 3860

Chartered: October 24, 1938





BENJAMIN "BING" M. GARCIA
2018-19 District Governor
D-3860 Rotary International



BARRY RASSIN
Rotary International President, RY 2018–2019



EDGAR L. BULLECCER
President , 2018–2019



PE FILOMENO "FIL" B. DIVINO
Immediate Past President, RY 2017–2018

ROTARY CLUB OF DAVAO

RY 2018–2019

Club Officers



EDGAR L. BULLE CER
President



IRENEO "RENE" DALAYON
Vice President



RICAREDO "RIC" REYES
Secretary



OSCAR "OKA" GONZALES
Treasurer



MARIZON LORETO
Director



KRISTINE "LEMS" ELEMINO
P.I.O.



BIEN ANGELO NIÑO
Sgt. At Arms



JOSEPH BONNEMAIER
Sgt. At Arms



MADLINE GERZON
Director



WIEBE VAN RIJ
Director



MAY DIVINO
Director



KRISTINE "LEMS" ELEMINO
Director



HEINRICH MARIA "HEINRICH" HEUMANN
Director



ORANGE MAE ANGULO
Director

FOUNDATION OF THE ROTARY CLUB OF DAVAO, INC.

Officers and Directors 2015–2020



**FERDINAND "FERDIE"
Y. MARAÑON**
PRESIDENT



**OSCAR "OKA"
R. GONZALES**
VICE PRESIDENT



**DIOSDADO "DADZ"
A. MAHIPUS**
SECRETARY



**DOMINIC DEXTER
"DEXTER" T. SO**
ASST. SECRETARY



**FILOMENO "FIL"
B. DIVINO**
TREASURER



**PAG ARNOLD "ARNOLD"
D. NAVALES**
AUDITOR



**EDGAR "ED"
L. BULLECCER**
DIRECTOR



**FRANKLINE
"FRANK" BUNO**
DIRECTOR



**IRENEO "RENE"
DALAYON**
DIRECTOR



**ALEJANDRO "AL"
G. DAYOT, JR.**
DIRECTOR



**ROMULO "JUN"
C. DIANO, JR.**
DIRECTOR



**RUBEN "RUBEN"
G. ROBILLO**
DIRECTOR



**ARTEMIO "ART"
R. ROMERO**
DIRECTOR



**PP JOSE CLARO "PEP-C"
H. VELEZ**
DIRECTOR



**PP ANTONIO "TOÑING"
T. UY**
DIRECTOR

PROGRAMME

Week 03, RY 2019-20, July 18, 2019

Rotary Induction Month

- 11:30 - 12:15 Meal & Fellowship
- 12:15 - 12:17 Call to Order
- 12:17 - 12:30 Invocation, Singing of National Anthem,
The 4-Way Test and Reading of the
Rotary Code of Conduct
- 12:30 - 12:32 Introduction of Visiting Rotarians & Guests
- 12:32 - 12:35 Secretaries Report
- 12:35 - 12:40 Community Singing, Greeting's of Birthday
and Wedding Anniversary Celebrants
- 12:40 - 12:45 Introduction of Guest of Honor & Speaker
- 12:45 - 1:15 Guest of Honor & Speaker
- 1:15 - 1:29 President's Time
- 1:29 - 1:30 Adjournment

Master of Ceremony/ Program In-Charge



The **Rotary Club of Davao**
regularly meets Weekly on Thursdays
at Sarung Banggi

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2nd Flr., Rm 204, Aldevinco Shopping
Center, CM Recto, Davao City

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(082)-2246470

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rotarydavao1938@gmail.com

Website:
www.rotarydavao.org

Facebook:
<http://www.facebook.com/rotarydavao>

INVOCATION

Lord Almighty, this is our final weekly Fellowship Meeting before **President Dads** and his Dynamic Team gets Officially Inducted, on July 21, 2019. We cannot thank You enough for all your Blessings, as we anticipate a very colorful, meaningful Ceremony this coming Sunday. We also thank you for the privilege and honor of **Secretary Lorenzana's** having granted our wish for him to take the place of **President Duterte** as our Guest of Honor and Speaker, fully cognizant that the following day, July 22, is SONA Day. Praise your Holy Name, for all your Blessings to the President and his Cabinet, and again if we may, particularly the Defense Secretary. Ameen.



EDITORIAL

Dr. Ruben Robillo



*Reprinted from PP Dr. Ruben's
Editorial on November 23, 2017*

Serendipity

To a large extent, many exciting, historic and favorable events or discoveries that have played vital roles in the evolution of society and in the lives of many of us, were due to fortuitous events. Circumstances that were initially unplanned and unintended, even accidental, but later on turned out to be favorable instead. Many of these events have positively impacted society since the beginning of history.

The most famous and certainly one of the most fortuitous discoveries was the discovery of the substance called Penicillin, which opened the door to the era of antibiotics. Before penicillin, even simple infections like skin wounds, many times ended in fatality. It is said the Alexander Fleming, a bacteriologist in London, while studying the bacteria staphylococcus he was growing on a petri dish, noticed that areas of the bacterial colony on which crumbs of stale bread he was eating, accidentally fell on, had no growth of the bacteria as compared to the non contaminated areas which exhibited luxuriant growth. Fleming's natural curiosity to further investigate the reason for this unexplainable event led to the discovery of the fungus found on stale bread called Penicillium, which he discovered to inhibit the growth and multiplication of the bacteria. Thus was born the antibiotic penicillin, which started the treatment of infections and led to the discovery of more other antibiotics and gave Fleming the Nobel Prize.

Continued on page 24

PRESIDENT'S PAGE



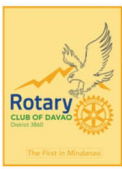
DIOSDADO ANGELO "Dadz" MAHIPUS



(NOTE: In willful compliance with the expressed wish of our dear President, Retired City Councilor Dads Mahipus, I am happy to fill in this page in the meantime, up to Induction Day on July 21, 2019, or as he so further wishes-IPP Ed Bullecer).

As they say ... FINALLY !!!

On Sunday, July 21 2019, at Marco Polo Hotel, our much awaited 81st Induction of Officers and Turn-over Ceremony. Let me spare this page from the usual Updates, except for thanking everyone for their anticipated attendance. We make this Page VERY SPECIAL, by posting the Invitation Card that was sent out to all. As you of course know, this is "Star-Studded" with no less than the Defense Secretary as our GOHS (despite the following day's being SONA day) and DG Phillip as Inducting Officer. Let us come in full force!



Cordially invites you to its

81st Annual Induction of Officers and Turnover Ceremonies

JULY 21, 2019

6:00 IN THE EVENING
JADE ROOM, MARCO POLO HOTEL
C.M. Recto Street, Davao City

ATTIRE:
Coat and Tie / Long Evening Dress
(Men) (Ladies)

RSVP: 09224088135 (Joan)

RI DIRECTOR'S MESSAGE

Dr Bharat Pandya
Director, Zones 4 and 7
Rotary International

July 2019



One-to-One

A torchbearer is one who carries a torch, someone at the forefront of the path, a person who inspires others in working towards a common, valued goal. In 2019–20 we Rotarians will be Torchbearers. Today, the world needs Rotary more than ever. The needs are greater, more diverse and so are the challenges. As Rotarians, we can Lead The Way to meet them. We can connect with the world by our Grow Rotary initiative; by growing our Rotary Fellowship, our Membership, our Leadership and our Service. And we must focus on our Family. We have to ensure that Rotary grows with and not at the expense of our family.

Our clubs are where the good work of Rotary happens. The true strength of Rotary is the Rotarians working sincerely in their clubs and communities.

I salute the Rotarians of our Zones for the good work that they do. I am certain that each of you will do your bit and do it as best as you can in 2019–20.

The power to Act is within you. Use it. Remember two things when you act;

* **Act with Love:** I remember the shout of joy from an old woman whose sight was restored by cataract surgery sponsored by Rotary, when she saw her little granddaughter for the first time. That is love in action. Make your love shine through your Rotary service.

* **Act with Integrity:** Our ancient texts say: “the only thing that walks back from the tomb and refuses to be buried is the character of a man; what a man is, his character outlives him, it can never be buried.”

I compliment outgoing RI Director C Basker for his leadership and service to Rotary in our Zones in 2017–19. And I look forward to working closely with RID Kamal Sanghvi during 2019–21.

Madhavi joins me in wishing all the Rotary families in our zones the very best and Godspeed in this new journey.

Be the Torchbearers as Rotary Connects the world.

Enjoy Rotary. Enjoy yourself.

SECRETARY'S REPORT

Arnold "Arnold" Navales



ATTENDANCE IS THE PRICE OF ROTARY MEMBERSHIP

THANK YOU FOR TAKING TIME TO JOIN US LAST JULY 11's LUNCHEON MEETING, IT WAS MEMORABLE AND FUN AS ALWAYS...



RCD Rotarians

- | | |
|------------------|--------------------|
| Bernie Al-ag | Oka Gonzales |
| Cherry Al-ag | Sonny Labao |
| Orange Angulo | Dadz Mahipus |
| Ed Bullecer | Ferdie Maraño |
| Frank Buno | Arnold Navales |
| Caesar Cabading | Merced Orchotorena |
| Rophe Cambronero | Ric Reyes |
| Fil Divino | Ruben Robillo |
| May Divino | Boy Tiongko |
| Lems Elemino | Rudy Ubaldo |
| Heinrich Heumann | Pep-C Velez |
| Mars Go | |

GUEST SPEAKER:

DG Philip Tan
(with DO's Twinkle and Eddie)

Visiting Rorarian:

Salvador Angala
(PDG/Honorary Member)
Tomoko Dodo
(Honorary Member)

Guests of Arnold Navales:

Evelyn Navales

(Please See Pages 21 & 22 for PICTURES OF LAST WEEK'S MEETING)

Who has reason to celebrate in JULY?

Happy Birthday!

- 02 - Sps. Rosalinda Lopez
- 08 - PP Jun Hernaez
- 30 - Rtn. Mayette Pavino

HAPPY Wedding ANNIVERSARY

- 06 - PP Ruben & Sps. Evelyn Robillo

TREASURER'S REPORT



Oscar "Oka" Gonzales
Thank You! Thank You!
Ambabait Ninyo!

THANK YOU VERY MUCH FOR SUPPORTING OUR LUNCHEON MEET LAST WEEK WITH YOUR DONATIONS (ASSESSMENT)

- Bernie Al-ag - P400
 - Cherry Al-ag - P400
 - Frank Buno - P400
 - Caesar Cabading - P400
 - Rophe Cambronero - P400
 - Fil Divino - P400
 - May Divino - P400
 - Mars Go - P400
 - Oka Gonzales - P400
 - Heinrich Heumann - P400
 - Ferdie Marañon - P400
 - Arnold Navales - P400
 - Bien Niño - P400
 - Ruben Robillo - P400
 - Pep-C Velez - P800
- (thanks for the extra P400)*
- } P6,400

Financial recap for the meeting

P6,400.00 - Total of Assessment, thanks to everyone

P10,021.56 - Total Sarungbanggi charge

P1,400.00 - Crew

- Miscellaneous

P5,021.56 - Balance from Secretariat contributions



COMMUNITY SERVICE

Ongoing...

- KAPWA UPLIFTMENT FOUNDATION, INC.
 - 10 OUTSTANDING STUDENTS SCHOLARSHIP
 - RCD powered by DAVAO OCEAN DIVERS
(HELP SAVE THE CORAL REEFS)
 - LITERACY DEV'T ASSISTANCE PROJECT FOR IP TRIBE
since October 2015
 - SUSTAINABLE UPLAND DEVELOPMENT PROJECT
Since January-February 2015
 - SAN ROQUE CENTRAL ELEMENTARY SCHOOL
TUBURAN INSTITUTE, INC.
 - MANGROVE PLANTING - SANIPAHAN ISLAND, IGACOS
 - BADJAO COMMUNITY
 - HAPPY FOREST KIDS
 - OBO-MANOBO
 - DAVAO PENAL COLONY
-

ROTARY PILLARS

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and profession; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The applications of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

MISSION, VISION AND PHILOSOPHY

MISSION STATEMENT

Maintaining the status of RCD as an institution in the family of Rotary International organizations and leaving a legacy of improved quality of life and livable community.

OUR VISION

To contribute our time, resources, efforts to our community and develop, share, nurture our future generations for love, friendship and world peace.

OUR PHILOSOPHY

"Service with Honor"

ROTARY WORDS OF WISDOM

"Rotary believes that the citizen who best serves his country is the one who wishes to know the truth about his neighbors, and who desires to replace hatred between nations with friendship."

— *Address to 1939 Rotary Convention, Cleveland, Ohio, USA*

"Man's instinct for making and amassing wealth...the profit motive...cannot be rooted out from human nature either by the sword or by legislation. Let us make all the legitimate profit we can, but, in doing so, let the basis of that profit be service to all concerned. Idealism in practice should be characteristic of the Rotary movement."

— *That's a Good Question, THE ROTARIAN, March 1963*

"Set high personal standards. Make others aware we expect the same. Respect the pursuit of excellence. Recognize, dignify honest work."

— *Renew the Spirit of Rotary, THE ROTARIAN, July 1974*



ROTARY PILLARS

The Four Way Test of the Things We Think Say or Do

1. Is it the **TRUTH** ?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities;
2. Use my vocational experience and talents to serve in Rotary;
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others;
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings;
5. Promote recognition and respect for all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavour or reflect adversely on Rotary or fellow Rotarians;
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Declaration of Rotarians in Business and Professions

The Declaration of rotary in Business and Profession was adopted by the Rotary International Council on legislation in 1989 to Provide more specific guidelines for the high ethical standards called for the Object of Rotary.

As a Rotarian engaged in business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve.
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country and to the moral standards of my community.
3. Do all in my power to dignity my vocation and to promote the highest ethical standards in my chosen vocation.
4. Be fair to my employers, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship.
5. Recognized the honor and respect due to all occupations which are useful to society.
6. Offer my vocational talents to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in the community.
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession.
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROSTER OF MEMBERS

MEMBERS FOR RI LIST, RY 2019-20

	NAME	CLASSIFICATION	SPOUSE	TEL #	MOBILE #
1	Al-ag, Bernard "Bernie"	Public Service	Cherry		
2	Al-ag, Cherry Faye "Cherry"	Tourism/ Wellness	Bernie		0917-7069712
3	Bonnemaijer, Joseph "Yos"	Ecology	Jane		0908-3830048 0920-8177779
4	Buno, Franklin "Frank"	Lessor (Commercial Spaces)	Nelia	227-8863	0917-7042580
5	Cabading, Caesar "Caesar"	Academe	Luz	291-1541	0933-2403645
6	Cambronero, Ralph "Rophe"	Restaurant Owner			0998-9944645
7	Dalayon, Ireneo "Rene"	Farm Management	Glenda	225-1211	0917-6334204
8	Diano, Jr., Romulo "Jun"	Agri-Chem. Distribution	Ami	296-0980	0922-2428290
9	Divino, Filomeno "Fil"	Heavy Eqpt. & Indust'l Supplies	May	224-2932	0922-8358135
10	Divino, May "May"	Heavy Equipment Part	Fil		0922-8358134
11	Elemino, Kristine "Lems"	Stock Market Trader			0932-8504883
12	Gonzales, Oscar "Oka"	Lawyer	Jane		0917-7017771
13	Heumann, Heinrich "Heinrich"	CEO Lotus Foundation	Marevic		0977-8249578 0916-4929872
14	Heumann, Marie "Marie"	Education Academe	Heinrich		0916-4929872
15	Lao, Vicente "Vic"	Contractor	Rosita	234-0501	0917-5388887
16	Lee, Jae Hee "Jae"	Entrepreneur			0942-5570250
17	Liloc, Napoleon "Nap"				
18	Mahipus, Diosdado Angelo "Dadz"	Trading/Marketing	Rose	222-0855	0922-8711744
19	Marañon, Ferdinand "Ferdie"	Castor Seeds Export	Nennette	234-0963	0917-6222587
20	Marfori, II, Simeon "Simeon"	Real Estate	Celia	226-4748	0918-9199509
21	Navales, Arnold "Arnold"	Trucking Services	Evelyn	226-4885	0932-2595509

ROSTER OF MEMBERS
MEMBERS FOR RI LIST, RY 2019-20

	NAME	CLASSIFICATION	SPOUSE	TEL #	MOBILE #
22	Ochotorena, Merced "Merced"	Contractor			0917-1132275
23	Reyes, Ricaredo "Ric"	Social Entrepreneurship	Carmelita		0915-6722865
24	Robillo, Ruben "Ruben"	Medicine: Gen. Surgery	Evelyn	299-3630	0929-7574650
25	Rodriguez, Jr., Julian "Ching"	University Education	Purita	222-4000	0917-7049612
26	Uraya, Debin "Debin"	Real Estate Dev't	Elenita	221-2111	0917-7006898
27	Valverde, Carlos Manuel "Carlos"	Banana Operation	Mary Ann	221-1131 loc212	0998-9781712
28	Van Rij, Wiebe "Wiebe"	Agricultural Dev't.	Bea	235-0874 235-1904	0915-9542464
29	Velez, Jose Claro "Pep-C"	Real Estate Renting	Gemma	233-0749 300-4316	0917-3045900
30	Yao, JiaChyi "Jesse"	Banana Trading		235-2464	0918-8003665

RCD MEMBERS GENERAL LISTING
**(Not Submitted to RI: On Leave, Inactive,
and other Valid Reasons by Arrangement)**

- | | | |
|-------------------------------------|--------------------------------|--|
| 1 Angulo, Orange Mae "Orange" | 13 Labang, Samuel | 25 Romero, Artemio "Art" |
| 2 Basiao, Reuben "Ben" | 14 Labao, Sonny | 26 Sahan, Pastor Amy |
| 3 Bullecer, Edgar "Ed" | 15 Ledesma, Serafin Jr. | <i>(First Woman Member of the Club)</i> |
| 4 Catoera, Errett Van Bryan "Bryan" | 16 Llames, Jaime "Jimmy" | 27 So, Dominic Dexter "Dexter" |
| 5 Diola, Enrique | 17 Lopez, Harry "Harry" | 28 So, PengKee "PengKee" |
| 6 Dodo, Tomoko <i>(Honorary)</i> | 18 Lorenzo, Francisco "Quitoy" | 29 Soriano, Robert |
| 7 Enofre, Felix | 19 Loreto, Marizon "Marizon" | 30 Suarez, Victor |
| 8 Enofre, Ma. Milagros | 20 Niño, Bien Angelo "Bien" | 31 Tahir, Abdulla Zawawi <i>(Honorary)</i> |
| 9 Gaisano, John | 21 Opina, Dennis | 32 Torreon, Israelito |
| 10 Gerzon, Madeline | 22 Ordenana, Gonzalo | 33 Uy, Toñing |
| 11 Go, Marcelo "Mars" | 23 Pavino, Mayette | |
| 12 Hernaez, Jr., Conrado "Jun" | 24 Pefferly, Robert "Rob" | |



COMMITTEE STRUCTURE

A. MEMBERSHIP

PP Dadz Mahipus
Dir. Orange Mae Angulo

Classification **PP Oka Gonzales**

Recruitment **PE Caesar Cabading**

Retention **PAG Frank Buno**

Training **PP Jun Hernaez**

Sports **PVP Dexter So**
PP Jun Diano

Membership Assessment

PP Ric Reyes

PP Ruben Robillo

Family Rotary/ Fellowships

VP Rene Dalayon

PP Pep-C Velez

B. PUBLIC IMAGE

Rtn. Cherry Faye Al-ag

Rotary Information

PAG Frank Buno

Public Relation Awareness

PP Jun Hernaez

Human Development/ Website

Dir Bien Niño

Media **PP Jun Hernaez**

External Affairs

Rtn. Madeline Gerzon

C. ADMINISTRATION

Pres. Ed Bullecer

Fines, Awards and Recognition

VP Rene Dalayon

Nomination

PP Dads Mahipus

Election

PP Dads Mahipus

Club Bulletin

PP Pep-C Velez

Program

PP/ Sec Ric Reyes

C. ADMINISTRATION

(continued)

Ways & Means

PP Ferdie Marañon

Solicitation

PP Ferdie Marañon

Attendance **PP Jun Diano**

Fund Raising **PP Jun Diano**

Sgt at Arms **PP Al Dayot**

Training **PP Jun Hernaez**

D. CLUB SERVICE

PP Art Romero

Rtn. Merced Ochotorena

Community Development

IPP Fil Divino

PP Ruben Robillo

Dir Bien Niño

Environmental Protection

PD Wiebe van Rij

PVP Yos Bonnemaïjjer

Street Children/

Out-of-School Youth

PVP Dexter So

PP Jun Diano

Anti-Drug Abuse/ Blood Letting

PP Tofing Uy

Livelihood

PVP Yos Bonnemaïjjer

Literacy

Dir. Heinrich Heumann

Rtn. Marie Heumann

E. VOCATIONAL

VP Rene Dalayon

Career Information & Dev't

PP Jun Hernaez

Partner in Service

VP Rene Dalayon

PE Caesar Cabading

Vocation at Work

PD Wiebe van Rij

E. VOCATIONAL

(continued)

Rotary Volunteers

PVP Yos Bonnemaïjjer

Dir. Kristine Elemino

Dir. Orange Mae Angulo

Dir. May Divino

Rtn. Merced Ochotorena

F. NEW GENERATIONS

SERVICE

PE Caesar Cabading

Interact/ Rotaract

PP Jun Diano

Rotary Youth Leadership

Project

PVP Dexter So

International Youth

IPP Fil Divino

PD Wiebe van Rij

Ways & Means

PP Ed Bullecer

PP Ferdie Marañon

G. ROTARY FOUNDATION

Dir. Heinrich Heumann

PP Ferdie Marañon

Alumni **PP Pep-C Velez**

TRF Annual Given

PAG Arnold Navales

Grants **PP Oka Gonzales**

GSE **PP Al Dayot**

World Community

Service/ Scholarship

PP Dads Mahipus

PP Ferdie Marañon

Disaster Committee

PV Rene Dalayon

PP Dadz Mahipus

IPP Fil Divino

PP Jun Diano

RCD MPHF, PHF, & RFSM CONTRIBUTORS

MAJOR DONOR

PP Alberto Soriano, *9

MPHF

01. Bullecer, Edgar +1
02. Del Rosario, Rodolfo +1
03. Dizon, Francisco +1
04. Liloc, Napoleon +1
05. Lopez, Harry +1
06. Mahipus, Dadz +1
07. Marañon, Ferdie +2
08. Navales, Arnold +4
09. Oboza Alfonso +5
10. Santiago, Ricardo +1
11. Soriano, Judith +1
12. Valverde, Carlos +1
13. vanDierendonck, Bert +1
14. Velez, Pep-C +2
15. Victorio, Felix +2

PHF

01. Alterado, Senforiano
02. Alvarez, Emiliano
03. Batallones, Orlando
04. Buno, Franklin
05. Catotal, Fortunato (+)
06. Dacanay, Ui-Lyca
07. Dalayon, Ireneo
08. Dayot, Alejandro
09. Diano, Romulo
10. Divino, Filomeno
11. Dizon, Francisco
12. Dizon, Pacifico
13. Duboulay, George
14. Echeverria, Jaime
15. Espero, Il, Carlos
16. Floirendo, Antonio
17. Gahol Sr., Vincente
18. Galvez, Ananias
19. Gantogui, Jr., Jose
20. Garcia, Antonio
21. Garcia, Jr., Leon
22. Garcia, Manuel
23. Go, Mateo
24. Gonzales, Oscar
25. Goseco, Andres (+)
26. Herrera, Severino
27. Hilario, Honorio (+)
28. Labao, Sonny
29. Lalisan, Celia
30. Lalisan, Jr., Jose
31. Lim, Segundo
32. Lopez, Elias
33. Mahipus, Diosdado
34. Mallet, John
35. Marañon, Ferdinand

36. Montemayor, Alberto
37. Oboza, Jr., Alfonso
38. Oboza, Natividad
39. Ochotorena, Medced
40. Paglas III, Datu Ibrahim
41. Pamintuan, Mariano
42. Paryani, Khemo
43. Perrine, Elsie
44. Perrine, Paul
45. Quitain, Pedro
46. Ramos, Enrique
47. Robillo, Ruben
48. Romero, Artemio
49. Rosien, Gerd
50. Santiago, Emma
51. Sebastian, Roberto
52. So, Dexter
53. So, Dominic Denver
54. So, Dominic Dexon
55. So, Merinee
56. So, Peng
57. Soriano, Carmen
58. Soriano, Jesus
59. Tacandong, Protacio
60. Tan, Jesus
61. Tugade, Joel Ryan
62. Uy, Antonio
63. Valencia, Brigido
64. Valencia, Eduviges
65. Valverde, Carlos
66. Valverde, Mary Ann
67. van Dierendonck, Bing
68. Victorio, Andres Esteban
69. Victorio-Navarra, Sandra
70. Yao, JiaChyi
71. Yao, Jose
72. Yap, Cresencio

RFSM

01. Aboitiz, Luis Alfonso +1
02. Aditayawarman, Taufan
03. Balan, Cesar +1
04. Barcelona, Ermeterio
05. Bermejo, Jr., Fernando
06. Bonnemayer, Joseph +2
07. Braga, Arsenio
08. Braun, Sr., Armand
09. Cabreira, Jr., Antonio
10. Canave, Modesto
11. Castillo, Tirso +1
12. Consta, Dionisio
13. Cruz, Honorio
14. Cruz, Teodoro
15. Del Rosario, Fe
16. Delos Santos, Jr., Fame
17. Diola, Jr., Enrique +2
18. Divino, May +1

19. Doromal, Leonilo
20. Du, Romeo
21. Duerme, Doming
22. Dumdum, Uldareco
23. Espaldon, Jr., Romulo+1
24. Espero, Nandy
25. Fanlo, Danilo
26. Gahol, Luis
27. Gahol, Alberto +1
28. Gallegos, Victor
29. Garcia, Ricardo
30. Garcia, Antonio +8
31. Guilatco, Armando
32. Harnest, Matthew
33. Hernaez, Jr. Conrado
34. Jison, Jode
35. Kobayashi, Itaru
36. Labang, Samuel
37. Ledesma, Jr., Serafin
38. Lee, Jae Hee +2
39. Lemen, Winchester
40. Magbilen, Dominador
41. Mata, Mariano
42. Mateus, Jr., Benjamin
43. Matilac, Jr., Jose
44. Medina, Carlos
45. Morson, Christopher
46. Nakane, Tako
47. Nazareno, Lino
48. Oboza Gonzales, Delia
49. Occena, Samuel
50. Olermo, Jamil
51. Ona, Carlito
52. Pamintuan, Sr., Mariano+2
53. Paryani, Varsha
54. Ped, Federico
55. Prantilla, Edmundo
56. Rabara, Godofredo
57. Ranada, Eduardo
58. Reyes, Ricaredo +1
59. Rico, Edgar +1
60. Robillo, Ruben +2
61. Rodriguez, Julian +2
62. Salvana, Feliciano +1
63. Sanvicente, Pedro
64. Shimamura, Makoto
65. Str, Armand Braun +1
66. Tionko, Jose
67. Tionko, Tomas +1
68. Torreon, Isabilito
69. Uy, Gloria
70. Wiebe, van Rij +1
71. Ytaz, Tiburcio +3



RC DAVAO PAST PRESIDENTS (1938-2018)

Fitz "Fitz" Reed	1938 – 1939	Pedro "Pete" Sanvicente	1983 – 1984
Samuel "Sam" Frazer	1939 – 1940	Alfonso "Al" Oboza, Jr.	1984 – 1985
Antonio "Tony" Habana, Jr.	1940 – 1941	Rodrigo "Rod" Casifo	1985 – 1986
Leon "Leony" Garcia, Sr.	1946 – 1947	Napoleon "Nap" Doctor	1986 – 1987
Brigido "Val" Valencia	1947 – 1948	Nicanor Del Rosario	1987 – 1988
Amado Lagdameo	1948 – 1949	Fortunato "Fortune" Catotal	1988 – 1989
Pedro "Pete" Quintain	1949 – 1950	Rodolfo "Rudy" Ubaldo	1989 – 1990
Cesario "Sar" De Asis	1951 – 1952	Antonio "Tony" Buenventura	1990 – 1991
Fermin "Fermin" Abella	1952 – 1953	Antonio "Tony" Garcia	1991 – 1992
Pascualito "Pas" Garcia	1953 – 1954	Alberto "Bobby" Soriano	1992 – 1993
Bienvinido "Bien" Escoto	1954 – 1955	Serafin "Apin" Osabel, Sr.	1993 – 1994
Alfonso "Ponching" Oboza	1955 – 1956	Ferdinand "Ferdie" Marañon	1994 – 1995
Edson "Edson" Canova	1956 – 1957	Antonio "Tofing" Uy	1995 – 1996
Teodosio "Dosio" Trinidad	1957 – 1958	Pacifico "Jess" Dizon, Jr.	1996 – 1997
Ambrosio "Bab" Babista	1958 – 1959	Serafin "Jun" Ledesma, Jr.	1997 – 1998
Jesus "Jess" Occeña	1959 – 1960	Franklin "Frank" Buno	1998 – 1999
(1st) Bernardo Carpio	1960 – 1961	Francisco "Quitoy" Lorenzo	1999 – 2000
(2nd) Pedro "Pete" Quintain	1961 – 1962	Ruben "Ruben" Robillo	2000 – 2001
Lucio "Tap" Tapia	1962 – 1963	Alejandro "Al" Dayot, Jr.	2001 – 2002
Laureano "Loring" Callao	1963 – 1964	Jose Claro "Pep-C" Velez	2002 - 2003
Fernando "Nanding" Tecson	1964 – 1965	Diosdado "Dads" Mahipus	2003 – 2004
Leon "Leony" Garcia, Jr.	1965 – 1966	Carlos "Charlie" Espero II	2004 – 2005
Leonor "Onor" Lozano	1966 – 1967	Domingo "Doming" Duerme	2005 – 2006
Deogracias "Dick" Bendijo	1967 – 1968	Arnold "Arnold" Navales	2006 – 2007
Herminio "Meniong" Suarez	1968 – 1969	Samuel "Sammy" Labang	2007 – 2008
Gerardo "Adong" Angeles	1970 – 1971	Romeo "Romy" Du	2008 – 2009
Francisco "Paco" Dizon	1972 – 1973	Napoleon "Nap" Liloc	2009 – 2010
Armand "Jun" Braun, Jr.	1973 – 1974	Carlos "Carlos" Valverde	2010 – 2011
George "George" Doboulay	1975 – 1976	Oscar "Oka" Gonzales	2001 – 2012
Jose "Joe" Gantioqui, Jr.	1976 – 1977	Artemio "Art" Romero	2012 – 2013
Benjamin "Ben" Basa	1977 – 1978	Pablito "Sonny" Labao	2013 – 2014
Manuel "Nonoy" Garcia	1978 – 1979	Hernaez "Jun" Conrado, Jr.	2014 – 2015
Uldarico "Dums" Dumdum	1979 – 1980	Edgar "Ed" Bullecer	2015 – 2016
Honorio "Noring" Dela Cruz	1980 – 1981	Romulo "Jun" Diano, Jr.	2016 – 2017
Fernando "Nanding" Bermejo	1981 – 1982	Filomeno "Fil" Divino	2017 – 2018
Samuel "Sammy" Occeña	1982 – 1983	Edgar "Ed" Bullecer	2018 – 2019

RC DAVAO PAST DISTRICT GOVERNOR (1938-2015)

1963-1964 Alfonso C. Oboza, Sr. (†)

Rotary Theme: "Meeting Rotary's Challenges
In The Space Age"

1967-1968 Leon M. Garcia, Jr.

Rotary Theme: "Make Your Rotary Membership
Effective"

1971-1972 Leonor S. Lozano (†)

Rotary Theme: "Good Will Begins with You"

1979-1980 Honorio S. Hilario

Rotary Theme: "Let Service Light the Way"

1993-1994 Nicanor R. del Rosario

Rotary Theme: "Do Believe In What You Do,
Do What You Believe In"

PROGRAMME IN CHARGE

MONTH	THEME	PROGRAMME-INCHARGE
JULY	Rotary Induction Month	PP Fil Divino
AUGUST	Membership and Extentions Month	PP Dadz Mahipus
SEPTEMBER	Basic Education and Literacy Month	PD Wiebe van Rij
OCTOBER	Economic & Community Development	PP Ferdie Marañon
NOVEMBER	Rotary Foundation Month	PAG Arnold Navales
DECEMBER	Disease Prevention & Treatment Month	PP Ruben Robillo
JANUARY	Vocational Service Month	PP Ric Reyes
FEBRUARY	Peace and Conflict Resolution Month	PP Oka Gonzales/ PP Ed Bullecer
MARCH	Water and Sanitation Month	Dir. Rene Dalayon
APRIL	Maternal and Health Care Month	Rtn. Loreto Marizon
MAY	Youth Service Month	Dir. Caesar Cabading
JUNE	Rotary Fellowship Month	Treas. Dexter So

*** for the program Incharge, prepare Guest Speakers for your assigned month.

SERVICE ABOVE SELF AWARDEES



PDG Alfonso "Ponching" Oboza, PHF (†)
(1991-1992)



PP Alberto "Bobby" Soriano, MPHF+10 (†)
(2005-2006)
MAJOR DONOR AWARDEE
(2007-2008)



PP Antonio "Toñing" Uy, PHF
(2006-2007)
INTERNATIONAL FELLOWSHIP OF SCOUTING
ROTARIANS AWARD (RI/IFSR-2007)



WHERE TO MAKE - UP IN DAVAO CITY

Day/Time	Club Meeting	Place	President	Exec. Sec.
Monday				
7:00pm	RC CENTRAL	Men Seng Hotel	MICHAEL ZURITA	
Tuesday				
12:15nn	RC EAST DAVAO	Marco Polo Davao	PRUDENCIO TAN, JR.	ES Shiela
Wednesday				
12:00nn	RC DOWNTOWN DAVAO	Men Seng Hotel	JOSEFA ORTIZ	
12:00nn	RC SOUTH DAVAO	Marco Polo Hotel	NORMA MONFORT	ES Chat2
6:30pm	RC DAVAO 2000	Star Hotel	RUBY UY	
6:30pm	RC PAG-ASA	Lispher Inn	MARK RYAN M. ARQUIZA	
7:00pm	RC STA. ANA	Men Seng Hotel	ARELLANO ESPANTO, JR.	
Thursday				
12:00nn	RC DAVAO	Sarung Banggi	ED BULLECER	ES Camille
12:15pm	RC WALING-WALING	Men Seng Hotel	MARILOU BAARDE	
Friday				
6:30pm	RC NORTH	Clubhouse Torres	RANDY BALOLONG	
6:30pm	RC WEST DAVAO	Marco Polo Hotel	GIOVANNI TORELLI	ES Joey
12:00nn	RC MATINA	Runway Sports Bar	ARWIN ARDON	ES Rose
Saturday				
7:00pm	RC CALINAN		EMERITA MAURO	
7:00pm	RC TORIL DAVAO	RCTD Clubhouse	MERLINDO TINAPAY	

HEALTH CORNER

De-fanging stress

May 2019 *Bharat & Shalan Savur*



We have to take stress out of life and life out of stress, and do it as soon as possible. Unattended, stress raises blood pressure, accelerates heart-beat, increases inflammation that pushes us into anxiety and depression. Irritation over trivial things, feeling overwhelmed, saying the same words accusingly over and over again, simmering anger that refuses to die down, headaches and lower backaches are some signs to watch out for. In this state, you will upset your family members and colleagues with your offensive words and behaviour. Your spouse will maintain a distance, ditto your friends, at least, most of them. Under stress, the mind paints monstrous pictures of all the people you interact with. Somebody has ‘cheated’ you, another is ‘corrupt’ and so on — your feelings become facts in your perception.

Cycle mindfully. Armchair-cycling is a lovely stress-buster. It’s so simple and effective. On the 32nd minute comes a perceptible lightening. Just as clouds are shifted by a strong wind to reveal the vast sunlit sky, the dark perception is lifted from the mind to give us a glimpse of its natural, open radiance. Here, it is important to remember that whatever our circumstances, our open, sky-like mind is always there. It is only a 32-minute ride away. And just as clouds are not part of the sky, our perception is not part of our mind. It only hangs there, a puff of smoke which can be dispersed.

As you cycle, let your mind be full of emptiness. In the beginning stages, you can count the rotations. In time, the mind lets go the numbers and what is left is a wonderful awareness. In this state, you can cycle for an hour without even realising how the minutes have ticked by. When the mind suspends thought, the brain gets a welcome break from anxiety, pressure, stress and pain.

Continued on Page 22

PREVIOUS MEETING IN PICTURES

Luncheon Meet at Sarung Banggi Main Function, July 11, 2019.



WHAT A BLESSED WEEK, PRAISE GOD !!!

We take it as a God-Given foreboding for a greater Rotary Year ahead for RCD, the Club was so privileged to be visited by our very dynamic hardworking DG Philip Tan and chosen members of his DG3860 Team, practically a week before our very own RY2019-20 Pres Dads and his team are to be officially inducted (DON'T FORGET, July 21, Sunday, Marco Polo Hotel).

This must have been the first time we had a FULL HOUSE at our regular luncheon, active and inactive members (RI List-wise), the "olds" tempered by the "youngs", a reunion of sorts.

Our Secretary's Page 6 shows this. Thank you everyone for coming full force. Thank you "call and text brigade" of RCDavao. Thanks again for the visit DG Philip and your Team.

PREVIOUS MEETING IN PICTURES





Continued from page 19 - HEALTH CORNER

Tackling tremors. There are two kinds of anxiety. One is caused by what you've gone through earlier. Say, you went for a walk in the park and a huge snake slid across your path causing you to turn tail. The next day, when you go for your walk, there's a tremor in you. Will that snake cross your path? This is an anxiety from anticipating that things won't go well — such as a job interview or a meeting with a client. If this happens despite having cycled in the morning, say “Cancel. I am well-prepared and I'll do well!” The tremor subsides and you stride with a friendly air into the interview room. “Cancel” is a powerful word. Please use it.

The other kind of anxiety is a fear that rises by itself even before you see or think anything. You have to force yourself to go for a walk. You 'see' problems where there aren't any — you feel you don't have enough money though your bank balance is healthy, you feel you will be sacked by your boss any day, you have a sinking feeling for no apparent reason. This kind of anxiety comes from having an excessively intense way of looking at life. The best way out is to relax.

Restore balance. Have a refreshing bath. Rinse your face in cool water. Keep a cold napkin on your forehead or on the nape of your neck. Take breaks between tasks and allow your body to slump in a relaxed position. Yes, cycle daily. Do stretch exercises with a terra band. Listen to music. Read inspirational writing. Listen to motivational talks. Take charge of your investment. Tighten your belt. Simplify your life. Attend fewer functions. Get into a hobby that channelises your intensity and makes you feel good. Essentially, create an environment where you are relaxed. Meditate. Do slow breathing. Drawing up a blueprint for a relaxing lifestyle may take some time and a lot of letting-go, but it's worth it — you get a balance for your buck, in a manner of speaking.

Our perspective darkens because we are not living our truth. How do you know you are living your truth? When you are relaxed about it, when your brain — especially its limbic system that makes stress feel like a crisis — is relaxed about it.

Continued on Page 23



Continued from page 22 - HEALTH CORNER

Look at stress not as an enemy, but as an unexpected ally. For example, a tight deadline can be stressful, but it makes me push aside trivialities and focus on what’s important, strengthens my will power, concentration, hones my ability to analyse and express myself through writing and gives me satisfaction in completing what I’ve started.

In this context, a parent who has a difficult child told me, “He is teaching us patience. And since he’s a slow learner, he is teaching us how hard work can bring decent results.” She stopped feeling stressed when she changed her viewpoint. The mind is vast and sky-like. Keep it open and unclouded. It understands, learns what strength, determination, motivation, concentration, endurance and acceptance are through stress and helps us experience satisfaction, contentment, happiness, humour and joy.

A stressful situation is not a crisis. Don’t let stress daunt and dent you, rather, let it make you ask creative questions: “What can I do to make things better?” “What am I not doing that I’m being reminded of?” As James Carroll says, “There are times when we stop, we sit still. We listen and breezes from a whole other world begin to whisper.” Stress has fangs only if you give it power over you. De-fang it by not feeding it fear. Sometimes, you may need to consult a psychiatrist and be prescribed anti-anxiety tablets. Don’t be fazed by them — they teach your hyper brain what it feels to be calm.

One of the greatest favours stress confers is making our mind more supple, humbler and more poised. It becomes a liferider — moving gracefully with the ups and downs of existence. Life is wonderful, then heavy, then wonderful. In between, it’s blessedly ordinary, routine and okay. Be wildly loving in its wonderful phases, tender and thoughtful when it’s heavy, enormously grateful when it is routinely ordinary. This is how we learn a new language called wisdom and shape out a beautiful beginning from an end. And we understand our truth: that the light at the end of the tunnel is always there. The tunnel is only our perception.

The writers are authors of ‘Fitness for Life and Simply Spiritual – You Are Naturally Divine and teachers of the Fitness for Life programme.



Continued from page 3 - EDITORIAL

The highly popular Sildenafil, better known as Viagra, initially intended for the treatment of ischemic heart disease, was inadvertently discovered during human experimentation, to have a happy common side effect among the male volunteers... penile erection. The commercially savvy drug manufacturer Pfizer, instantly decided to shift strategies and market it instead as an Erectile Dysfunction drug. What followed of course was a lot of happy Rotarians and billions of dollars in profit for Pfizer.

In our individual lives, fortuitous events have led to successes in businesses, careers and in personal relations.

A mistake I made while enrolling in ROTC during college, unintentionally landed me in the short line enrolling to become Cadet Officers, and this mistake helped me overcome my extreme shyness and lack of confidence.

Serendipity or fortuitous events, chance occurrences leading to unexpected but favorable results, could be God working His mysterious ways.

Greetings From:



Al-Mujahidun Agro Resources & Development, Inc.

Municipality of Ampatuan, Maguindanao

*Sustainable Economic Development
Key To Attain Lasting Peace...*

Greetings From:



**RAINTRUST
RESOURCES, INC.**
Calinan, Davao City

Forest are the world's air-conditioning system - the lungs of the planet. - and we are on the verge of switching it off.

Prince Charles



Greetings to the Rotary Club of Davao from:

David L. Pillai

Indian Medical Students Benefactor



A Message of Solidarity for Marawi



GOD BLESS OUR COUNTRY





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Warmest Greetings and All the Best Wishes to:

ROTARY CLUB OF DAVAO

“THE FIRST ROTARY CLUB IN MINDANAO”

*Shalom, Assalamu Alaikum, Peace of God Be With You,
Kapayapaan Ng Panginoong Diyos ay Mapasa-Inyo,
Ang Kalinaw sa Ginoo Maanaa Kaninyo...*

ALLAHU AKBAR

means

GOD IS GREAT

ALHAMDULLILAH

means

PRAISE THE LORD

INSHA - ALLAH

means

MAY GOD PERMIT IT

HE is called

*God, Allah, Yahweh,
Jehovah, Elohi, Tao, Elohim,
Elli, Ella, Dios, Dei, Gott,
Pramatma, Ohm, Divine
Providence, Bathala,
El Shaddai, Diyos,
Tuhan, Poong Maykapal,
Atnatu, Apo Magbabaya
and other Majestic Names
that different languages
all over the world only
attribute to the Almighty,
the One and Only Creator*

*Sustainable
Economic Development,
Key To Lasting Peace...*



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Head, ARMM Movers Group, Livelihood & Job Creation Program
Consultant to the Presidential Adviser for GRP-MILF Peace Process
Eisenhower Fellow, USA

IN HIS MEMORY

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