

THE CLUB 101

VOLUME 5

ISSUE 7

JANUARY 2026

Polomolok 101
Rotary
Club



UNITE
FOR
GOOD

Let 2026 be the
story of

Positivity

Happiness

Love

Hope

Faith

Togetherness

Patience

Perseverance

Abundance

Gratitude

2025-2026 OFFICERS AND DIRECTORS



Francesco Arezzo
RI PRESIDENT



Angel Fernandez
DISTRICT GOVERNOR



Mary Christine Chua
DISTRICT SECRETARY



Paris Ayon
ASSISTANT GOVERNOR



Gina de Guzman
PRESIDENT



Dolores C. Labajo
VICE PRESIDENT



Mayvelyn G. Urbano
SECRETARY



Gladys D. Balano
TREASURER



Jade N. Rallos
AUDITOR



Malou A. Teoxon
PRO



Omar Gallinero
CICO



Tomas Tonguia, Jr.
IPP

DIRECTORS:



Celema I. Grño
CLUB
ADMINISTRATION



Rogelio Rallos, Jr.
THE ROTARY FOUNDATION



Maribel D. Acuesta
MEMBERSHIP
DEI



Alan M. Ines
PUBLIC IMAGE
SERVICE PROJECT

COMMITTEE CHAIRPERSONS:

AVENUES OF SERVICE



Xavier J. Bayan
COMMUNITY SERVICE



Melani G. Deypalan
VOCATIONAL SERVICE



Rynel J. Ileto
CLUB SERVICE



Darnie F. Jandic
INTERNATIONAL SERVICE



Ructie Tito
YOUTH SERVICE
PRES-ELECT



PRESIDENT'S PAGE



Dear RCP 101 Family,

Time truly flies when we are busy serving. It feels like only yesterday when we began Rotary Year 2025–2026, and now, we find ourselves already halfway through my term as your Club President. While the months seem to pass quickly, our mission and commitment to service continue to move forward with purpose and enthusiasm. As we enter the second half of the Rotary year, there is still so much meaningful work ahead of us.

Our calendar from January to March is filled with projects and activities that are well-aligned with Rotary's goals and our club's vision. These initiatives are opportunities for us to strengthen our fellowship, expand our service, and make a lasting impact in our community. Looking ahead, we also have several important Rotary events that deserve our full support and participation.

The PELS/SELS in April will prepare our incoming leaders and officers for the year ahead. Our District Conference (DISCON) in May will once again bring together Rotarians to celebrate service, learn from one another, and be inspired. And in June, the Rotary International Convention awaits—an experience that truly reflects the global power and unity of Rotary. I strongly encourage everyone to attend and actively participate in these events, as they enrich our Rotary journey and deepen our sense of purpose.

This month, we also celebrate Vocational Service Month. Rotary reminds us that our professions are not just livelihoods, but powerful tools for service. Let us offer our vocation, skills, and expertise to help others, uplift lives, and set an example of integrity and excellence in everything we do.

Lastly, I would like to gently remind everyone that our Club Invoice for the second semester is already out. As responsible members of Rotary, we are obliged to settle this commitment promptly so our club can continue to operate effectively and fulfill its obligations.

Thank you for your continued support, dedication, and passion for service. The second half of the year holds many opportunities—let us move forward together, united in service above self.

Yours in Rotary Service,

Prexy Gina A. De Guzman



Editor's Note



As we welcome this new year, it's a perfect time for reflection and setting meaningful goals — not just for ourselves, but for our Rotary family and the communities we serve.

Our Rotary New Year Resolutions are simple yet powerful:

- Have fun together – because joy and fellowship strengthen our bonds.
- Grow our membership – welcoming new hearts and hands into service.
- Support the Rotary Foundation – investing in programs that change lives.
- Introduce Rotary to a friend – sharing the gift of service and purpose.
- Tell more people about the good we do – shining light on our collective impact.
- Eradicate polio – continuing our unwavering commitment to a polio-free world.
- Inspire others – leading by example and motivating kindness and action.

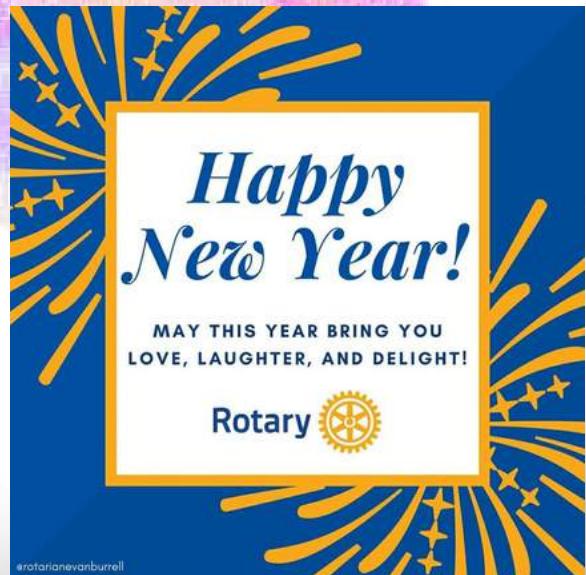
Every resolution reminds us that Rotary is not just an organization, but a movement — a community of people dedicated to Service Above Self.

Together, let's make this year one of joy, growth, and meaningful impact.

Here's to a year of fellowship, service, and inspiration!

Yours in Rotary Service,

May Urbano
Editor-In-Chief



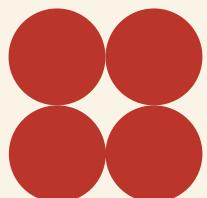
TREASURER'S PAGE

By PP Gladys Balano



Warm Rotary greetings to our dear members.

As we move forward into the new year, I would like to gently remind everyone to please update the payment of your monthly dues, as our Club Invoice for the 2nd semester is due this January. Your timely support will greatly help our club meet its Rotary International obligations smoothly.



More than just a requirement, may we always remember that our monthly dues are not merely expenses, but an investment in service. Every peso we contribute becomes part of the good we do — reaching out to those in need, supporting meaningful projects, and living out Rotary's commitment to Service Above Self.

Thank you for your continued generosity, trust, and dedication to our club's mission. Together, we make a difference — one act of kindness at a time.



Polomolok 101

Rotary
Club



HALL OF PAST PRESIDENTS



CP OMAR GALLINERO
PHF+1
RY 2005-2006



PP ESPIE MALIWAT
RFSM+2
RY 2006-2007



PAG ALAN INES
PHF+1
RY 2007-2008



PP ROGELIO RALLOS,JR
PHF+7
RY 2008-2009



PP MARIBEL ACUESTA
PHF
RY 2009-2010



PP XAVIER BAYAN
PHF+3
RY 2010-2011



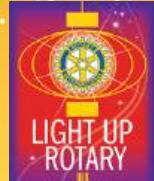
GRACE SALAZAR
RFSM
RY 2011-2012



REY TRASPORTO
RFSM
2012-2013



BENHUR DAPANAS
RFSM
2013-2014



PP REX MACHAN
RFSM
RY 2014-2015



PP CELEMA GRIÑO
PHF
RY 2015-2016



PAG MAYVELYN URBANO
PHF+2
RY 2016-2017



PP GLADYS BALANO
PHF
RY 2017-2018



PP MELANI DEYPALAN
PHF
RY 2018-2019



PP FANNY FERNANDEZ
PHF
RY 2019-2020



PP NIEVEN MAY ALFECHE
PHF
RY 2020-2021

Polomolok 101

Rotary
Club



HALL OF PAST PRESIDENTS



PP LANI CASTANIAGA

PHF
RY 2021-2022

PP EVERNIE ALFECHE

RFSM
RY 2022-2023

PP MALOU TEOXON

PHF
RY 2023-2024

IPP TOMMY TONGUIA

PHF
RY 2024-2025

COMMUNITY ECONOMIC
DEVELOPMENT



BASIC EDUCATION
AND LITERACY



ROTARY'S AREAS OF FOCUS

ENVIRONMENT



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



January:

VOCATIONAL SERVICE MONTH

by PAG Alan M. Ines

When Our Work Becomes Our Service

January invites us to reflect on one of Rotary's most powerful ideals—Vocational Service. It reminds us that our professions are not merely what we do for a living, but how we live out our commitment to service above self.

Every Rotarian carries a unique set of skills, experiences, and talents shaped by a lifetime of work. When these are guided by integrity, compassion, and excellence, our vocations become instruments of hope. Through honest labor, ethical leadership, and a willingness to share what we know, we inspire trust and create meaningful change in the lives of others.

Vocational Service challenges us to see our workplaces as avenues for service—where mentoring a young person, uplifting a colleague, or opening doors of opportunity can transform futures. It is through these everyday acts that Rotary's impact quietly yet powerfully unfolds.

As we celebrate Vocational Service Month, may we be reminded that our hands, our hearts, and our professions are all called to serve. When we use our work to uplift others, we honor the true spirit of Rotary and leave a legacy of purpose, dignity, and hope.

January 2026

Vocational Service Month

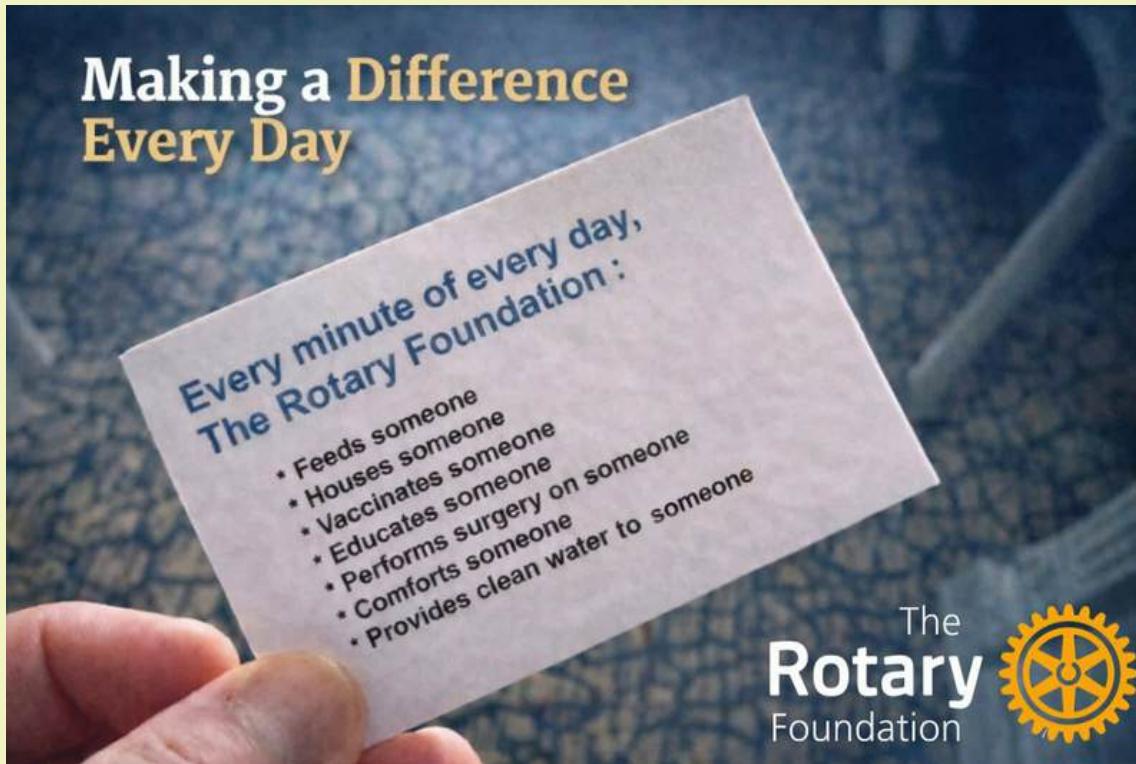


2026
Happy New Year!

11-15 January — International Assembly, Orlando, Florida, USA

The Rotary Foundation

by PP Wang Rallos
TRF Chair



The Power of Giving Through The Rotary Foundation

Every contribution to The Rotary Foundation (TRF) is more than just a donation—it is a lifeline of hope. Through TRF, we feed someone who is hungry, house someone without shelter, vaccinate someone against deadly diseases, and educate someone for a better future. We perform life-changing surgeries, comfort those in times of crisis, and provide clean and safe water to communities in need. Each act of giving touches a real life, in real places, at the right time.

This is the heart of Rotary in action. When Rotarians give to TRF, we transform compassion into sustainable solutions and lasting impact. That is why every Rotary member's contribution matters. Together, our shared generosity multiplies into global good—proving that when we give through The Rotary Foundation, we are truly doing good in the world.

ROSTER OF MEMBERS

NAME	CLASSIFICATION
ALFECHE, NIEVEN MAY, V.	PHF
BALANO, GLADYS D.	PHF
BAYAN, XAVIER J.	PHF+3
CASTANIAGA, LANI S.	PHF
DE GUZMAN, GINA A.	*RFSM+3
DEYPALAN, MELANII G.	PHF
GALLINERO, OMAR S.	PHF+1
GRIÑO, CELEMA I.	PHF
INES, ALAN M.	PHF
ILETO, RYNELL J.	EREY
JANDIC, DARNIE F.	PHF+1
LABAJO, DOLORES C.	RFSM
LABAJO, HANNAH C.	EREY
LUIG, RHODORA J.	RFSM+1
RALLOS, JADE N.	PHF+3
RALLOS, ROGELIO,JR A.	PHF+7
SABELLANO, IVIE L.	PHF
TEOXON, MALOU A.	PHF
TITO, RUTCIE L.	RFSM+1
TONGUIA, TOMAS JR.	PHF
URBANO, MAYVELYN G.	PHF+2
	HOSPITAL SERVICES; CEO SECRETARY REGISTRAR; PRIVATE SCHOOL LAW; GENERAL PRACTICE MANAGEMENT, GOVERNMENT BANK EDUCATION; TERTIARY DENTAL SERVICES; ORTHODONTICS MANAGEMENT; PHOTOGRAPHY DENTAL SERVICES; HOSPITAL ADMINISTRATION; PRIVATE SCHOOL MANAGEMENT; BEAUTY PRODUCTS MANAGEMENT; SPA MANAGEMENT; FARM RESORT JUNIOR EXECUTIVE MARKETING MANAGEMENT; DRY GOODS DISTRIBUTION MEDICAL TECHNOLOGIST MEDICAL SUPPLIES DISTRIBUTION MANAGEMENT; GOVERNMENT BANK MANAGEMENT; TRAVEL & TOURS MANAGEMENT; RESTAURANT CAFE MANAGEMENT; RICE DEALER MANAGEMENT; FASTFOOD RESTAURANT

NEW MEMBERS

ALERTA-NG, DAY	ACCOUNTANT
CABARABAN, ROYME	MANAGEMENT; PRIVATE BANK
ORBESIDO, VLADEMIR	ENGINEERING
YBAÑEZ, JOEL	PRIVATE LAW

HONORARY MEMBERS

AMBAT, MILBERT
ROGERS, LIZA

*PHF- PAUL HARRIS FELLOW

*RFSM- ROTARY FOUNDATION SUSTAINING MEMBER



CALENDAR OF ACTIVITIES RY2025-26

by: PP Cel I. Griño

JULY

MATERNAL & CHILD
HEALTH

AUGUST

MEMBERSHIP
& NEW CLUB
DEVELOPMENT

SEPTEMBER

BASIC EDUCATION
& LITERACY

OCTOBER

COMMUNITY
ECONOMIC &
DEVELOPMENT

NOVEMBER

Rotary Foundation

DECEMBER

Disease
Prevention
& Treatment

JANUARY

Vocational
Service

FEBRUARY

Peacebuilding
& Conflict
Resolution

MARCH

Water,
Sanitation
& Hygiene

APRIL

Environment

MAY

Youth Service
DISCON - CEBU

JUNE

Rotary Fellowship
RI Convention - Taipei

SEVEN AREAS OF FOCUS COMMITTEE CHAIRPERSONS

BASIC EDUCATION & LITERACY - PRES. GINA DE GUZMAN/RTN VLADEMIR ORBESIDO

DISEASE PREVENTION & TREATMENT - PP MEL DEYPALAN/PP BEL ACUESTA

COMMUNITY ECONOMIC DEVELOPMENT - RTN RYNELL ILETO/RTN DAY ALERTA-NG

WATER & SANITATION - IPP TOMMY TONGUIA, JR/RTN ROYME CABARABAN

MATERNAL & CHILD - RTN DOLORES LABAJO/RTN RHODORA LUIG

PEACE & CONFLICT RESOLUTION - PAG ALAN INES/PP XVIER BAYAN

ENVIRONMENT - PP WANG RALLOS/PE RUTCIE TITO

ROTARY THEME FOR RY 2026-27: "CREATE LASTING IMPACT"



For Rotary Year 2026-27, Rotary International President-elect Olayinka H. Babalola has chosen the inspiring theme "Create Lasting Impact". This message calls on Rotarians worldwide to focus not just on short-term projects, but on initiatives that bring sustainable, meaningful change to communities and the world.

The theme emphasizes:

- Sustainability – ensuring projects continue to benefit people long after they're completed.
- Collaboration – working together across clubs, districts, and borders to amplify results.
- Purpose-driven action – aligning efforts with Rotary's Action Plan to address real needs.

It's a reminder that every act of service, when done with vision and commitment, can leave a legacy that shapes lives for generations.



Health & Wellness

by PP Bel Acuesta



healthy foods
for losing weight

- **Leafy Greens:** Spinach, kale, and other greens are low in calories and high in fiber, which helps you feel full.
- **Lean Proteins:** Chicken breast, turkey, and fish are excellent sources of protein that can help maintain muscle mass while losing fat.
- **Whole Grains:** Foods like quinoa, brown rice, and oats provide fiber and nutrients that support weight loss.
- **Fruits:** Berries, apples, and oranges are low in calories and high in vitamins, making them great snacks.
- **Legumes:** Beans, lentils, and chickpeas are high in protein and fiber, which can help you feel satisfied.
- Incorporating these foods into your diet can support your weight loss journey while providing essential nutrients.



Important Events



Rotary
District 3860



UNITE
FOR
GOOD

DISCON 2026 DISTRICT CONFERENCE

May 29-31, 2026 | NUSTAR Resort Cebu, Cebu City





**21st Membership Meeting
& Fellowship Night**
January 19, 2025/ 6pm
Brader's Cafe Conference Room

Call to Order
Phil. National Anthem
Invocation
**The Rotarian Pledge/
& 4 Way Test**
Rotary Hymn
Sec & Treas. Report
President's Time
Open Forum
Adjournment

Pres. Gina de Guzman
AVP
PP Mel Deypalan
Rtn Rhoda Luig

AVP
PP Gladys Balano
Pres. Gina de Guzman

Pres. Gina de Guzman

Moderator- PP Gladys Balano



Invocation

Heavenly Father,
We come before You tonight with grateful hearts, thankful for the blessings of Rotary, for the gift of friendship, and for the chance to serve others with love and purpose. Thank You for bringing us together once again as one Rotary family—united in fellowship, guided by service above self.

Bless this gathering, Lord. May our meeting be filled with wisdom, understanding, and meaningful discussion. Inspire us to make decisions that reflect integrity, compassion, and fairness. Help us remember that every plan we make and every action we take is an opportunity to touch lives and make a difference in our community.

Grant us hearts that serve with humility, minds that seek wisdom, and hands that are ready to help. May the spirit of camaraderie and service continue to grow within us, strengthening our commitment to do good in the world.

We entrust this evening and all our endeavors into Your loving hands. Be with us in every word we speak and every deed we do.

We ask all these in the precious name of Your Son, Jesus Christ.

Amen.

The Rotarian Pledge

I am a Rotarian. I will always uphold the truth.

I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings.

I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.

I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian. I will always observe Rotary International's motto: Service Above Self.



Rotary



The Four-Way Test

of what we think, say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?



ROTARY HYMN

*I want to be, A Rotarian for the world
Make the Rotary flag, be the flag of peace
unfurled*

*I will serve my community
Help to seek international unity
Thru Rotary, I will dedicate my all
World understanding shall be my
cherished goal*

Refrain : With the Four Way Test

*I'll pursue my quest
And I in a way help obtain
Peace in the world
Then I won't have lived in vain.*

I'll observe Service Above Self

*Lend a hand to all who'll need my help
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family
(Repeat Refrain - substitute "I" with "We")*

*Build a bridge for tomorrow's youth
Strengthened by nothing but the truth
Let's join our hands, there's no reason to divide
We shall all understand, while the good Lord is
our guide
(Repeat Refrain - substitute "I" with "We")*

CODA: Peace be achieved

So we won't have lived in vain.

The Rotarian Pledge

I am a Rotarian.

I will always uphold the truth.

I am a Rotarian.

I will always strive to be fair in all my dealings with fellow human beings.

I am a Rotarian.

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

I am a Rotarian.

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian.

I will always observe the Rotary International motto:

Service Above Self.

The National Rotarians World

SUNSHINE GREETINGS



January 6



PP Fanny Fernandez



January 26



Sps Lawrence Grino



January 25



Rtk Bea Luig

January 30



Rtk Smeshka Grino



DECLARATION FOR ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

- Consider my vocation to be another opportunity to serve;
- Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;
- Recognise the honour and respect due to all occupations which are useful to society;
- Offer my vocational talents to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in my advertising and in all representations to the public concerning my business and profession;
- Neither seek nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Rotary



THE FOUR-WAY TEST

of the things we think, say or do

- 1 **Is it the TRUTH?**
- 2 **Is it FAIR to all concerned?**
- 3 **Will it build GOODWILL & BETTER FRIENDSHIPS?**
- 4 **Will it be BENEFICIAL to all concerned?**

The Rotary Club of Polomolok 101: A Legacy of Service



The Rotary Club of Polomolok 101 was officially chartered by Rotary International on August 31, 2005, through the dedicated efforts of its mother club, the Rotary Club of Midtown General Santos. While initial attempts to establish a Rotary club in Polomolok began as early as February 2003, it was only in January 2005 that persistence bore fruit. With the support of Rotary Club of Midtown General Santos, Omar Gallinero was appointed as the club's Charter President, leading 25 charter members from diverse professional backgrounds. The club was established under the leadership of then-District Governor Len Magno of District 3860.

The number 101 in the club's name holds special significance. First, it marks the club's founding during Rotary International's 101st anniversary. Second, it represents the club's distinction as the 101st chartered club under District 3860.

Registered under District 3860, Area 2F with Club Number 70517, the Rotary Club of Polomolok 101 continues to thrive, powered by a dedicated team of 26 committed individuals who embody the spirit of service above self.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

"Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."

Leaving Footprints of Kindness

by: PAG May Urbano

“Leave footprints of kindness wherever you go” is more than a beautiful phrase—it is a way of life, especially for us as members of the Rotary Club of Polomolok 101. Every day, in big ways or small, we have the opportunity to make kindness visible through our words, actions, and choices.

As Rotarians, we are ambassadors of kindness. Wherever we go—our homes, workplaces, and communities—we carry the values of Rotary with us. A helping hand, a listening ear, an honest act, or a simple smile can leave lasting impressions on the people we meet. These small gestures often become the footsteps that guide others toward hope and compassion.

Through our service projects and daily interactions, we show that kindness has the power to inspire, to heal, and to unite. When we choose kindness, we reflect the true spirit of Rotary and remind the world that service begins with the heart.

May we continue to walk with purpose, leaving behind footsteps of kindness that others may follow—today and always.

Leave footprints of kindness wherever you go ..



Guiding Young Minds Toward Purposeful Careers

A Career Orientation Forum was successfully conducted for more than 300 Grade 10 and 11 students of the Christian School of Polomolok (CSP) on January 28, 2026. The activity aimed to introduce various college courses and career paths to help students make informed decisions as they prepare for higher education.

Among the speakers were our very own President Gina de Guzman, who shared insights on Engineering courses. She is a Civil Engineer by profession and currently serves as the Director of the School of Engineering & IT at UST General Santos. SpS Joey Balano, also an Engineer (ECE) and a veteran employee of Dole Asia, delivered an inspiring message, reminding students not only to love the profession they choose but also to take good care of their health as they pursue their dreams.

PP Mel Deypalan, a Dentist by profession, encouraged the students to study harder and take their education seriously. PP Xavier Bayan, a Lawyer, lightened the atmosphere by jokingly sharing that those who may not enjoy Mathematics could consider pursuing law. Meanwhile, PAG Alan Ines encouraged students to choose courses they truly like and are passionate about. He also emphasized that there are available options for students whose families may be financially challenged, such as government-supported scholarship programs.

In line with January as Rotary Vocational Service Month, this activity reflects Rotary's commitment to guiding young people toward meaningful and purposeful careers. In addition, the club donated textbooks to CSP to serve as additional reference materials for the students.

This meaningful activity not only provided guidance and inspiration but also emphasized the importance of making wise career choices. Through initiatives like this, we hope to empower students to dream confidently, choose wisely, and prepare themselves for a future full of purpose and possibilities.



JANUARY Meetings



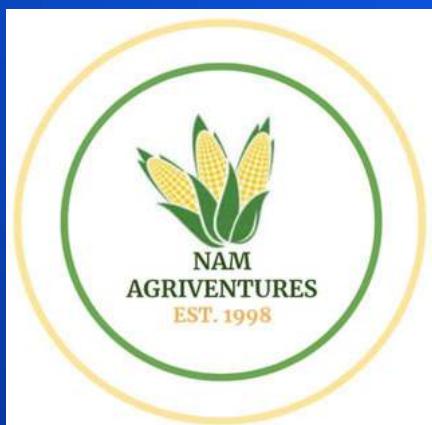
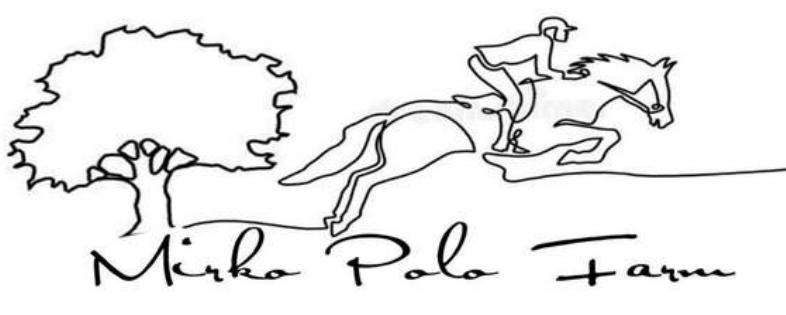
JANUARY Project



JANUARY *Fellowships*



Acknowledgement



Acknowledgement

