



#### **OFFICIAL BULLETIN ROTARY YEAR 2019 2020**

Chartered April 12, 1971 - Club No. 17134 - Area 1F



# BLOOD COMPACT





Irena M. Heberer President



Mabele Saniel Secretary

Alex Bongawan President Elect

Rey Collin Jubac
President Nominee

Victor Bantol Vice President

Louella Bantol
Executive Secretary

Paulette Christiane Ciurletti Treasurer

Graeme Pedersen Sgt. At Arms

Robert Pedralba
Club Administration Director

Cynthia Pedralba
Club Membership Director

Jerome Manatad Public Image Director

Mateo Emerson M.D.

Community Service Director

Robert Simpson

Community Development Director

Francisca Baluyot International Service Director

Ma. Eva Eleanor Jubac TRF Chairman

Dyza Bianca Saco Youth Service Director

Ma. Eva Eleanor Jubac Immediate Past President

Rodolfo Pedralba Jr.

Assistant Governor Area 1-F

## ORDER OF BUSINESS



#### ROTARY CLUB OF TAGBILARAN ZONE 1F, DISTRICT 3860

14th Regular Meeting Rotary Year 2019 to 2020 January 15,2020, Belian Hotel, Tagbilaran City, Bohol

- A. Call to Order
- B. Invocation, Pambansang Awit, Rotary Hymn
- C. The Object of Rotary and Four Way Test D.
- D. Secretary's Time Rtn
- E. Matters Arising from the Minutes
- F. Rotary Information
- G. Fellowship Singing
- H. Health Corner
- Treasurer's Time
- J. "Just a little smile"
- K. Happy Birthday to all celebrants
- L. Presidents message
- M. Projects Udates
- N. Adjournment

Pres. Irena Heberer

Rtn. Cynthia Pedralba

Rtn. Joisa Cayanong

Sec. Mabel Saniel

Pres. Irena Heberer

Rtn. Collin Jubac

Rtn. Baby Bantol

Rtn. Fancy Baluyot

Rtn. Christiane Ciurletti

Rtn. Armin Koglin

Pres. Irena Heberer

Pres. Irena Heberer

Pres. Irena Heberer

Pres. Irena Heberer

Angelina Hoffman Host of the Day

### INVOCATION

Let us live each day in the most loving ways, the God-conscious way.

Let us serve all who are in need, regardless of race, color or creed. ...

May your year be filled with peace, prosperity and love.

May God's blessings shower upon you and bestow upon each

of you a bright, healthy and peaceful new year.



### THE FOUR-WAY TEST

The test which has been translated Into more than 100 languages, asks The Following questions:

Of the things we think, say or do

- Is it the TRUTH?
- ·Is it FAIR to all concerned?
- •Will it build GOODWILL and BETTER FRIENDSHIPS?
- ·Will it be BENEFICIAL to all concerned?

### The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- •FIRST. The development of acquaintance as an opportunity for service;
- •**SECOND**. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- •**THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- •FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

#### **ROTARY CLUB OF TAGBILARAN:**

Telephone: (038)-501-0357 I Mobile: 0915-897-4934, 0918-309-4056 Email: info@rotaryclubtagbilaran.com





Bayang magiliw Perlas ng silanganan Alab ng puso Sa dibdib mo'y buhay

Lupang Hinirang
Duyan ka nang magiting
Sa manlulupig
Di ka pasisiil

Sa Dagat at bundok sa simoy
At sa langit mo'y bughaw
May dilag ang tula
At awit sa paglayang minamahal
Ang kislap ng watawat mo'y
Tagumpay na nagniningning
Ang bituin at araw niya'y kailan
Pama'y di magdidilim

Lupa ng araw ng luwalhati't pagsinta
Buhay ay langit sa piling mo
Aming ligaya nang pag
May mang aapi
Ang mamatay ng dahil sayo



Yuta kong minahal,
Hatag ni Bathala;
Sa adlaw'g gabi-i,
Taknang tanan
Dinasig sa kinaiyahan
Sa mga bayaning yutawhan
Imong kalinaw gi-ampingan
Lungsod sa bungtod nga matunhay
Ug matam-is nga kinampay

Puti ang kabaybayunan
Walog sa suba binisbisan
Bahandi sa dagat ug kapatagan
Gugma ang tuburan
Sa kagawasan sa tanan
Panalanginan ka
Ihalad ko lawas ug kalag
Sa mutya kong Bohol.

### **ROTARY HYMN**



I want to be, A Rotarian for the world

Make the Rotary flag, be the flag of peace unfurled
I will serve my community
Help to seek international unity
Thru Rotary, I will dedicate my all
World understanding shall be my cherished goal

Refrain:
With the Four Way Test
I'll pursue my quest
And I in a way help obtain
Peace in the world
Then I won't have lived in vain.

I'll observe Service Above Self Lend a hand to all who'll need my help I'll get my spouse to involve in Rotary And in Rotary ways, I will train my family

(Repeat Refrain - substitute "I" with "We")

Build a bridge for tomorrow's youth
Strengthened by nothing but the
truth
Let's join our hands, there's no
reason to divide

We shall all understand, while the good Lord is our guide

(Repeat Refrain - substitute "I" with "We")

## ROTARY INFORMATION











Cebu Grand Convention Center Cebu City I March 5-7, 2020 Golf & Bowling Tournaments March 4, 2020







March 5, 2020 | 6:00 PM Cebu Grand Convention



#### WHAT WILL BE IN THE CLUB LISTING?

- · Action Picture
  - Only 1 picture per page
  - What kind of picture? clear "Action" Shots of any of your club projects.
- · List of the names of the Club Officers only.
- Price?
  - P3,500.00 PER page
    - · Need more page? Additional P3,500.00 PER page
  - Compulsory Minimum Requirement : ONE page per club

Rotary (M)

### **FELLOWSHIP** SINGING



#### our Side by The Corrs

When the daylight's gone and you're on your own And you need a friend just to be around I will comfort you, I will take your hand And I'll pull you through, I will understand

And you know that

I'll be at your side, there's no need to worry Together we'll survive through the haste and hurry l'Il be at your side If you feel like you're alone, and you've nowhere to turn I'll be at your side

If life's standing still and your soul's confused And you cannot find what road to choose If you make mistakes (make mistakes)
You can't let me down (let me down)
I will still believe (still believe) l will turn around

And you know that

I'll be at your side, there's no need to worry Together we'll survive through the haste and hurry I'll be at your side If you feel like you're alone, and you've nowhere to turn l'Il be at your side

I'll be at your side I'll be at your side You know that

I'll be at your side, there's no need to worry Together we'll survive through the haste and hurry If you feel like you're alone, you've got somewhere to go,
'Cos I'm right there
I'll be at your side, I'll be right there for you
(Together we'll survive) through the haste and hurry
I'll be at your side

If you feel like you're alone, you've got somewhere to go, <u>'Cos</u>l'm át your síde

> I'll be right there for you I'll be right there for you, yeah I'm right at your side



| Rotary International Monthly Themes |                                                |  |  |
|-------------------------------------|------------------------------------------------|--|--|
| July                                | New Rotary Year Begins                         |  |  |
| August                              | Membership and New Club Development Month      |  |  |
| September                           | Basic Education and Literacy Month             |  |  |
| October                             | Economic and Community Development Month       |  |  |
| November                            | Rotary Foundation Month                        |  |  |
| December                            | Disease Prevention and Treatment Month         |  |  |
| January                             | Vocational Service Month                       |  |  |
| February                            | Peace and Conflict Prevention/Resolution Month |  |  |
| March                               | Water and Sanitation Month                     |  |  |
| April                               | Maternal and Child Health Month                |  |  |
| May                                 | Youth Service Month                            |  |  |
| June                                | Rotary Fellowships Month                       |  |  |

## TREASURER'S REPORT









### **JOKESVILLE**



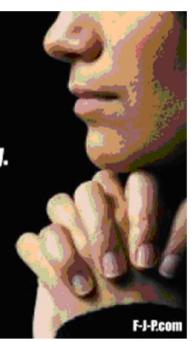
### PRAYER FOR 2020

## **Dear God**

My prayer for this coming year is a fat bank account and a thin body.

But please don't mix them up like you did last year.

Amen









### Happy Birthday to our members born in January:

PP Fancy Baluyot (January 15)

IPP Mayelle Jubac (January 19)





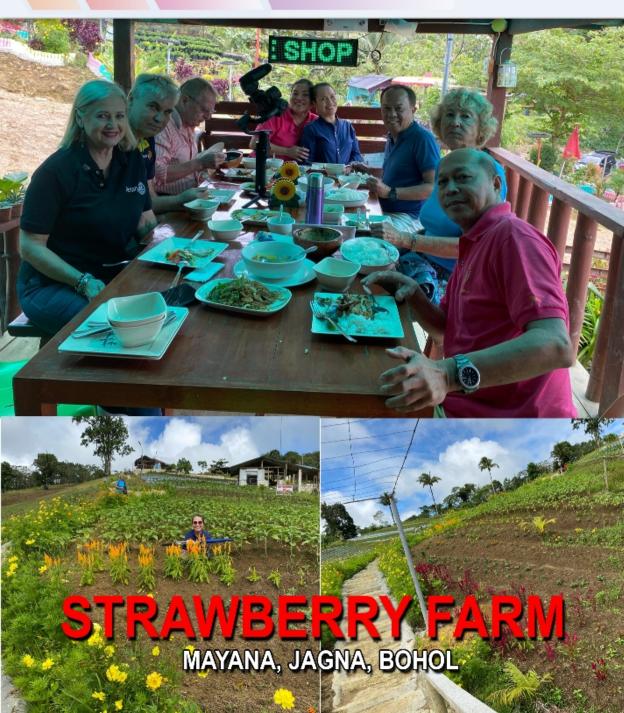


## **BIRTHDAY CELEBRANTS**

| January                                                                                             | February                                                                                                                | March                                                                                                                                                                                                                  |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15. PP Fancy Baluyot<br>19. IPP Mayelle Jubac                                                       | 09. Rtn. Gian Dohig<br>20. Rtn. Dr. Kazan Baluyot<br>24. Rtn. Janette Romero                                            | 12. Rtn. Boris Heberer<br>18. Rtn. Romeo Brawner Jr<br>23. Rtn. Rey Collin Jubacc<br>28. PP Mildred Kascher                                                                                                            |
| April                                                                                               | May                                                                                                                     | June                                                                                                                                                                                                                   |
| 17. AG Jhun Pedralba                                                                                | 08. PAG Victor Bantol 12. Rtn. Imee Relampagos 12. Rtn. Gabriel Pestelos 18. Rtn. Joisa Cayaniong 23. PP Butchie Zamora | <ul> <li>01. Rtn. Ella Helliksen</li> <li>05. Rtn. Barbie Ann Candel</li> <li>11. Rtn. Jaybee Salces</li> <li>13. PP Tony Maquindang</li> <li>16. Rtn. Christiane Ciurletti</li> <li>26. Rtn. Charles Jubac</li> </ul> |
|                                                                                                     |                                                                                                                         |                                                                                                                                                                                                                        |
| July                                                                                                | August                                                                                                                  | September                                                                                                                                                                                                              |
| July  14. PAG Cynthia Pedralba  24. Lord D. Menorias  27. Rtn. Mabelle Saniel  31. Rtn. Rob Simpson | August  17. Rtn. Flora Gallego  27. Rtn. Norris Oculam  29. Rubben Galera Cagata  31. Rtn. Elena Casenas                | September<br>01. Rtn. Robert Pedralba<br>19. Rtn. Jerome Manatad                                                                                                                                                       |
| 14. PAG Cynthia Pedralba<br>24. Lord D. Menorias<br>27. Rtn. Mabelle Saniel                         | 17. Rtn. Flora Gallego<br>27. Rtn. Norris Oculam<br>29. Rubben Galera Cagata                                            | 01. Rtn. Robert Pedralba                                                                                                                                                                                               |

PHOTO GALLERY





## **THROWBACK**







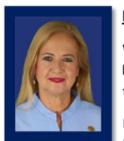
| PRESIDENTS                | R.Y.      | PRESIDENTS                 | R.Y.      |
|---------------------------|-----------|----------------------------|-----------|
| Rtn. Domingo Cayabyab     | 1971-1973 | Rtn. Nena Walder           | 1996-1997 |
| Rtn. Ramon Bitancor       | 1973-1974 | Rtn. Carmelo Supe          | 1997-1998 |
| Rtn. Luther Ramiro        | 1974-1975 | Rtn. Francisca Baluyot     | 1998-1999 |
| Rtn. Mariano Uy           | 1975-1977 | Rtn. Dioscoro Uy           | 1999-2000 |
| Rtn. Emmanuel Lao         | 1977-1978 | Rtn. Dionesio Salas        | 2000-2001 |
| Rtn. Conrado Marapao, Jr. | 1979-1980 | Rtn. Wilfilda Collins      | 2001-2002 |
| Rtn. Victoriano Tirol     | 1979-1980 | Rtn. David Collins         | 2002-2003 |
| Rtn. George Lao           | 1980-1981 | Rtn. Cynthia Pedralba      | 2003-2004 |
| Rtn. Marcial Lim          | 1981-1982 | Rtn. David Collins         | 2004-2005 |
| Rtn. Ildefonso Garcia     | 1982-1983 | Rtn. Rene Relampagos       | 2005-2006 |
| Rtn. Alfredo Alas         | 1983-1984 | Rtn. Dioscoro Uy           | 2006-2007 |
| Rtn. Jose Torralba        | 1984-1985 | Rtn. Louella Bantol        | 2007-2008 |
| Rtn. Eutropio Ochavillo   | 1985-1986 | Rtn. Angelito Lechago      | 2008-2009 |
| Rtn. Wiliam Yost          | 1986-1987 | Rtn. Victor Bantol         | 2009-2010 |
| Rtn. Arturo Gutardo       | 1987-1988 | Rtn. Leonila Montero       | 2010-2011 |
| Rtn. Romie Sarayno        | 1988-1989 | Rtn. Peter Crowther        | 2011-2012 |
| Rtn. John Bautista Tamsi  | 1989-1990 | Rtn. Jocelyn Suarez        | 2012-2013 |
| Rtn. Albert Uy            | 1990-1991 | Rtn. Angelina Hoffman      | 2013-2014 |
| Rtn. Celestino Dohig      | 1991-1992 | Rtn. Nerio Zamora II       | 2014-2015 |
| Rtn. Teodorico Rojas      | 1992-1993 | Rtn. Mildred Kascher       | 2015-2016 |
| Rtn. Broderick Tan        | 1993-1994 | Rtn. Antonio Maquindang    | 2016-2017 |
| Rtn. Ponciano Chua        | 1994-1995 | Rtn. Rodolfo Pedralba Jr.  | 2017-2018 |
| Rtn. Rudiger Tejano       | 1995-1996 | Rtn. Ma. Eva Eleanor Jubac | 2018-2019 |





| Membership<br>ID | Last Name  | First Name      | Admitted  | Member Type | Years as Active<br>Rotarian |
|------------------|------------|-----------------|-----------|-------------|-----------------------------|
| 9342126          | Arrieta    | Anton           | 21-Jul-15 | Member      | 4                           |
| 10151890         | Baluvot    | Kazan Benigno   | 17-Jan-18 | Member      | 1                           |
| 2355353          | Baluvot    | Francisca       | 1-Jul-13  | Member      | 12                          |
| 3433495          | Bantol     | Victor          | 2-Jul-06  | Member      | 13                          |
| 5688099          | Bantol     | Louella         | 27-Jan-03 | Member      | 16                          |
| 8175645          | Bongawan   | Alex            | 18-Feb-15 | Member      | 9                           |
| 8417716          | Brawner    | Romeo           | 1-Jan-12  | Member      | 7                           |
| 9459164          | Cahate     | Ramnyl          | 9-Dec-15  | Member      | 3                           |
| 10351377         | Caseñas    | Maria Elena     | 4-Sep-18  | Member      | 1                           |
| 8652561          | Ciurletti  | Paulette        | 21-Jul-15 | Member      | 6                           |
| 10054264         | Gallego    | Flora Celestia  | 28-Sep-17 | Member      | 2                           |
| 9710143          | Gallentes  | Gladys          | 1-Sep-16  | Member      | 3                           |
| 8417722          | Guigayoma  | Dexter          | 4-Dec-15  | Member      | 6                           |
| 9698503          | Heberer    | Boris           | 4-Sep-18  | Member      | 1                           |
| 6068696          | Heberer    | Irena           | 7-Jan-15  | Member      | 15                          |
| 9839185          | Helliksen  | Ella            | 3-Jan-17  | Member      | 2                           |
| 8010698          | Hoffman    | Angelina        | 1-Jun-09  | Member      | 10                          |
| 8417730          | Jubac      | Rey Collin      | 1-Jan-12  | Member      | 7                           |
| 8918418          | Jubac      | Ma. Eva Eleanor | 15-Jan-14 | Member      | 5                           |
| 10052885         | Jubac      | Charles         | 27-Sep-17 | Member      | 2                           |
| 5552472          | Kascher    | Mildred         | 30-Apr-01 | Member      | 18                          |
| 6250763          | Lechago    | Angelito        | 29-Sep-04 | Member      | 15                          |
| 10351387         | Manatad    | Jerome          | 4-Sep-18  | Member      | 1                           |
| 9220381          | Maquindang | Georgina        | 4-Mar-15  | Member      | 4                           |
| 8250103          | Maquindang | Antonio         | 31-Dec-10 | Member      | 8                           |
| 10351370         | Mateo      | Emerson         | 4-Sep-18  | Member      | 1                           |
| 6436171          | Oculam     | Norris          | 1-Jul-12  | Member      | 12                          |
| 8708012          | Omac       | Isabelita       | 1-Jul-13  | Member      | 6                           |
| 10351381         | Pedersen   | Graeme          | 4-Sep-18  | Member      | 1                           |
| 8417736          | Pedralba   | Rodolfo         | 1-Jan-12  | Member      | 7                           |
| 3312523          | Pedralba   | Cynthia         | 1-Jan-12  | Member      | 17                          |
| 10050020         | Pedralba   | Robert          | 24-Sep-17 | Member      | 2                           |
| 10052844         | Pestelos   | Gabriel Victor  | 27-Sep-17 | Member      | 2                           |
| 1764722          | Relampagos | Rene            | 30-Jun-02 | Member      | 17                          |
| 8551442          | Relampagos | Imelda          | 1-Oct-12  | Member      | 6                           |
| 10351389         | Romero     | Janette         | 4-Sep-18  | Member      | 1                           |
| 10600094         | Saco       | Dyza Tsyna      | 8-Jun-19  | Member      |                             |
| 8342108          | Sandidge   | Victoria        | 22-Jul-15 | Member      | 8                           |
| 9298017          | Saniel     | Luz Mabelita    | 10-Jun-15 | Member      | 4                           |
| 6461358          | Simpson    | Robert          | 27-Sep-17 | Member      | 10                          |
| 8417739          | Yap        | John Geesnell   | 1-Jan-12  | Member      | 7                           |
| 6068690          | Zamora     | Nerio II        | 23-Nov-03 | Member      | 15                          |





#### **Presidents Message**

Welcome, my fellow Rotarians & Rotaractors, I hope you and your beloved ones had a wonderful Christmas time and a great beginning in this new year 2020.

My prayer for the new year is:

May the Lord bless our coming year with spiritual growth, love for

people, and many opportunities to spread the Gospel of Life.

From the bottom of my heart I am hoping that our responsibility as a Rotarian will grow this 2020!

I was happy to meet a few of you last Saturday during our fellowship meeting in the Strawberry Farm. Thanks Baby Bantol for arranging this for us.

Let us start with power our second semester of our Rotary Year and continue our work for the less unfortunate people of Bohol.

We will have some upcoming projects and I hope you will again help and join and donate how usual in our club.



Your Champion President Irena M. Heberer RY 2019-20



### HEALTHY TIPS





#### Stay Healthy in the new year

2018 is among us and one of the most popular New Year's Resolutions is to get healthy. Check out these tips to help stick to your resolution and live a happy and healthy 2020!

#### Set Realistic Goals

Most people want to change too much at one time and set unrealistic goals for themselves. This is the first step to a New Year's resolution flop. Try to focus on small changes that are actually sustainable for you. Once you have accomplished one goal, move on to another small goal. By the end of the year you will have accomplished so much! Remember, your goals should be S.M.A.R.T.:

S= specific M= measurable A= achievable R= realistic T= timely

#### Focus on adding to your diet rather than taking away

One of the best ways to get healthy is to add more healthy foods to your diet. Instead of focusing on restricting your intake, focus on adding more healthy fruits and vegetables, whole grains, lean proteins and dairy to your diet. That way you are getting all the nutrients, vitamins and minerals your body needs. Try using MyPlate as a guide.

#### Find exercise that you enjoy

If you really hate running, it isn't realistic to set a New Year's resolution to run five days a week because chances are you won't stick to it. Find an exercise class or program that you genuinely enjoy and work towards incorporating more of it into your daily routine. Remember, it's recommended to exercise for at least 30 minutes most days of the week!

#### Plan Ahead

One of the biggest reasons people fall off the New Year's Resolution bandwagon is that they don't have enough time. That's why an important key for success is planning ahead. If you are planning to start going to an exercise class in the mornings, pack your gym bag the night before so that everything is ready when you wake up. Or, if you know you're usually too tired to cook a healthy meal for dinner, take some time one day that week to make some healthy staple items, like baked chicken, brown rice or quinoa and roasted vegetables. That way you have some healthy options available when you're too tired to cook.

#### Have a bounce-back plan

Often times a slip becomes a fall, meaning you slip off track for a meal or a workout and that turns into a month of unhealthy eating and skipping the gym. There will inevitably be times when you get off track; relapse is part of the process. Focus on figuring out why this happened and resolve to start fresh at the next meal or the next day instead of waiting until the start of next week or even the start of next month!

## PROJECT UPDATES



| PROJECTS / ACTIVITIES                                                                  | DATE                    | LOCATION REMARKS                                 |
|----------------------------------------------------------------------------------------|-------------------------|--------------------------------------------------|
| Basic Orientation Seminar x Team Building                                              | July 03,2019            | Tropical Villas Danao, Panglao                   |
| 1st Rotary Regular Meeting                                                             | July 03,2019            | Belian Hotel, Tagbilaran                         |
| Preparation Meeting for Induction                                                      | July 06,2019            | Royal Coast, Tagbilaran                          |
| 1st Rotary Fellowship Meeting                                                          | July 10,2019            | Pres. Irenas house Daorong                       |
| Preparation Meeting for Induction                                                      | July 11,2019            | Royal Coast, Tagbilaran                          |
| Preparation Meeting for Induction                                                      | July 12 2019            | Royal Coast, Tagbilaran                          |
| Welcome & Lunch w/ District Officers                                                   | July 13,2019            | Bohol Tropics                                    |
| INDUCTION CEREMONY                                                                     | July 13, 2019           | Royal Coast, Tagbilaran                          |
| Welcome Cataract                                                                       | July 16, 2019           | Airport Panglao                                  |
| Official Welcome & Screening Cataract                                                  | July 16, 2019           | Cultural Center, Tagbilaran                      |
| Food Preparation, Donation & Delivery by Rtn<br>Mayelle, Mabel & Joisa to Cataract     | July 16,2019            | Cultural Center, Tagbilaran                      |
| 2 <sup>nd</sup> Rotary Regular Meeting                                                 | July 17,2019            | Belian Hotel                                     |
| Food Preparation, Donation & Deli∨ery by Rtn<br>Ella & Gladys                          | July 16,2019            | Bohol Medical Care Institute,<br>Tagbilaran City |
| Visit of Fablab for Rotary PI                                                          | July 17,2019            | Bisu University                                  |
| Food Preparation, Donation & Delivery by PAG<br>Cynthia & AG Jhun                      | July 18,2019            | Bohol Medical Care Institute,<br>Tagbilaran City |
| Food Preparation, Donation & Delivery by Rtn<br>Doc Matt & Elena                       | July 19,2019            | Bohol Medical Care Institute,<br>Tagbilaran City |
| Food Preparation, Donation & Delivery by Pres. Irena & Rtn. Boris                      | July 20,2019            | Bohol Medical Care Institute,<br>Tagbilaran City |
| Food Preparation, Donation & Delivery by PSAG Louella & PAG Victor                     | July 21,2019            | Bohol Medical Care Institute,<br>Tagbilaran City |
| Recognition Night for CataractTeam                                                     | July 21,2019            | Belian Hotel, Tagbilaran                         |
| 2 <sup>nd</sup> Rotary Fellowship Meeting                                              | July 24,2019            | Alexis Dive Resort, Tangnan                      |
| Rotaract (BISU, HNU & Community based)<br>Induction and Handover Ceremony              | July 27,2019            | Belian Hotel, Tagbilaran                         |
| 3rd Rotary Regular Meeting                                                             | July 31,2019            | Belian Hotel                                     |
| 'Patient Forum' - 9th Policy Dialogue on<br>Universal Healthcare & Access to Medicines | Aug.1, 2019<br>@8AM-5PM | Metro Center Hotel, Tagbilaran                   |
| One District – One Bloodletting                                                        | Aug. 07,2019            | Barangay Dao, Tagbilaran                         |
| Childrens Feeding Fun Program                                                          | Aug. 07,2019            | Barangay Dao, Tagbilaran                         |
| BoD Meeting                                                                            | Aug.07, 2019            | Kew Hotel, Tagbilaran                            |
| Preparation Meeting 50th anniversary & Rotary on Air                                   | Aug.07, 2019            | Vice Gov. Rtn. Rene<br>Relampagos, Tagbilaran    |
| F1 Acom Meeting                                                                        | Aug.17, 2019            | Belian Hotel                                     |
| 4th Rotary Regular Meeting                                                             | Aug. 14,2019            | Belian Hotel, Tagbilaran                         |
| Cleft Lip & Palate Surgical Mission<br>Food Delivery by Rob Simpson                    | Aug.18.2019             | Borja Hospital, Tagbilaran                       |
| Cleft Lip & Palate Surgical Mission<br>Food Delivery by Angle Hoff & Collin Jubac      | Aug.19.2019             | Borja Hospital, Tagbilaran                       |
| Coorodination Meeting, Family Day City of<br>Tagbilaran                                | Aug.19,2019             | SP Session Hall, City Hall,<br>Tagbilaran        |
| Cleft Lip & Palate Surgical Mission<br>Food Delivery by Alex Bongawan                  | Aug. 20,2019            | Borja Hospital, Tagbilaran                       |
| Cleft Lip & Palate Surgical Mission                                                    | Aug.21,2019             | Borja Hospital, Tagbilaran                       |
| Food Delivery by Graeme Pedersen                                                       |                         |                                                  |

## PROJECT UPDATES



| PROJECTS / ACTIVITIES                                               | DATE          | LOCATION REMARKS                                 |
|---------------------------------------------------------------------|---------------|--------------------------------------------------|
| Visit of Patient & Medical Team                                     |               |                                                  |
| Cleft Lip & Palate Surgical Mission                                 | Aug.21,2019   | Borja Hospital, Tagbilaran                       |
| Food Delivery by Butchie Zamora Cleft Lip & Palate Surgical Mission | Aug.21,2019   | Belian Hotel, Tagbilaran                         |
| Recognition night                                                   | Aug.21,2019   | Deliait Hotel, Tagbilaran                        |
| After Birthday Visit of Dinah Ramiro                                | Aug.21,2019   | Ramiro Hospital                                  |
| 5th Rotary Regular Meeting                                          | Aug.28,2019   | Belian Hotel, Tagbilaran                         |
| 1¤ Reunion Visit PDGs Philippines                                   | Aug.31,2019   | Panglao                                          |
| 1st Reunion Visit PDGs Philippines                                  | Sept.01.2019  | Panglao                                          |
| 1st Reunion Visit PDGs Philippines                                  | Sept.02.2019  | Bohol                                            |
| 3rd BoD Meeting                                                     | Sept.03.2019  | Belian Hotel, Tagbilaran                         |
| Fellowship Meeting                                                  | Sept.03.2019  | Bo's Coffeeshop, Alona                           |
| End Polio Money Bank Handover                                       | Sept.03.2019  | Bo's Coffee, Valeroso Tours,<br>Tip-Top Delishop |
| Fellowship meeting with PDG Boy Salanatin                           | Sept.05,2019  | ASTORIA BOHOL                                    |
| GRANT SEMINAR                                                       | Sept 07,2019  | Golden Prince Hotel, Cebu                        |
| BOS & Youth Leadership Seminar                                      | Sept 07,2019  | Jagna                                            |
| Bloodletting                                                        | Sept 10,2019  | Henann Resort, Tawala                            |
| Handover of Money Banks to Henann                                   | Sept 10,2019  | Henann Resort, Tawala                            |
| E-Hub Project Visit                                                 | Sept 10,2019  | Jandig Maribojoc                                 |
| Pocket Meeting                                                      | Sept 13,2019  | Aioli Restaurant, Tagbilaran                     |
| 6th Rotary Regular Meeting                                          | Sept 18,2019  | Belian Hotel, Tagbilaran                         |
|                                                                     |               |                                                  |
| 1st Preperation Meeting Christmas Village                           | Sept 18,2019  | Hide Out Park, Tagbilaran                        |
| 2nd Acom Meeting                                                    | Sept.21, 019  | Ubay                                             |
| 4th BoD Meeting Special meeting                                     | Sept 25,2019  | Belian Hotel, Tagbilaran                         |
| Fun Walk –Family Week City of Tagbilaran                            | Sept.28,2019  | Tagbilaran                                       |
| 7th Rotary Regular Meeting                                          | Oct. 02,2019  | Belian Hotel, Tagbilaran                         |
| RC TAGBILARAN'S PINK CARAVAN                                        | Oct, 04,2019  | Tagbilaran to Jagna                              |
| Symposium "EARLY CANCER DETECTION SAVES LIVES"                      | Oct, 04,2019  | Municipality of Jagna                            |
| Welcome Governor Philip Tan                                         | Oct.07, 2019  | Pier Tubigon                                     |
| Joining Meeting of RC Tubigon                                       | Oct.07, 2019  | Tubigon, Rose Diner                              |
| Fellowship Lunch                                                    | Oct.08, 2019  | Rtn. Vic & Louella Bantol's<br>Residence         |
| Governors visit @ Rotary International                              | 0-1-00-0015   | Garcia Hernandez @ Bohol                         |
| Friendship Garden                                                   | Oct.08, 2019  | Limestone Corporation                            |
| Governors Visit                                                     | Oct.11, 2019  | Bohol Tropics, Flamingo rroom                    |
| 8th Regular Meeting                                                 | Oct.11, 2019  | Bohol Tropics, Flamingo Room                     |
| Special Meeting with Mayor Yap & Doc Jeija                          | Oct.15,2019   | Mayors Office                                    |
| Special Meeting / Seamless Seminar                                  | Oct.15,2019   | Aioli Restauarnt, Cesars Place                   |
| "Halloween Party" for orphans of Shepherd Arms                      | Oct.19,2019   | Pres. Irena & Rtn. Boris                         |
| Children Home, & Rotary Family Day                                  | 001.10,2010   | Heberer's Residence                              |
| Polio Vaccination                                                   | Oct.23/24,19  | Barangay Hall, Cogon, Tagbi                      |
| 9th Regular Meeting                                                 | Oct.23,2019   | Cafe Chido, Tagbilaran                           |
| END POLIO Picture taking with the children in Valencia              | Oct. 26, 2019 | Louellas & Vic residence,<br>Valencia            |
| END POLIO ZUMBA                                                     | Oct. 26, 2019 | Jagna, Gymnasium                                 |
| 10th Regular Meeting                                                | Nov 6         | Belian Hotel, Tagbilaran                         |
| Hearing Aid Medical Mission                                         | Nov 7+8.19    | Cultural Center, Tagbilaran                      |
| Thanksgiving Dinner                                                 | Nov.8, 2019   | South Palm Resort, Panglao                       |
| 3rd Acom Meeting                                                    | Nov. 9, 2019  | Happy Café, Tubigon                              |
|                                                                     | Nov. 9, 2019  | Tubigon Mangrove area                            |
| Mangrove Planting & Beach Clean Up Mission                          |               |                                                  |

## PROJECT UPDATES



| Projects/Activities                           | Date         | Location/Remarks               |
|-----------------------------------------------|--------------|--------------------------------|
| 11th Regular Meeting                          | Nov.20,2019  | Belian Hotel, Tagbilaran       |
| Post Operative Check Up Cataract<br>Mission   | Nov.22,2019  | BISU Main<br>Campus,Tagbilaran |
| Special Meeting                               | Nov.27,2019  | Belian Hotel, Tagbilaran       |
| 12th Regular Meeting                          | Dec.04,2019  | Belian Hotel, Tagbilaran       |
| Special Meeting                               | Dec.11,2019  | Belian Hotel, Tagbilaran       |
| Governors Night & Christmas Party             | Dec.13,2019  | Belian Hotel, Tagbilaran       |
| 13th Regular Meeting                          | Dec.18,2019  | Belian Hotel, Tagbilaran       |
| Patients meeting for Heart Ops in<br>February | Dec. 18,2019 | Gift of Life Office            |
| Fellowship Meeting                            | Jan. 11,2010 | Strawberry Farm                |

## FUTURE PROJECTS



| Projects/Activities                                               | Date         | Location/Remarks                        |
|-------------------------------------------------------------------|--------------|-----------------------------------------|
| Sister-project with RC Caloundra<br>(Teacher in the Box)          | w.b.a.       | Shepherd Arms Children's<br>Home, Dauis |
| Medical mission                                                   | January 20   | Shepherd Arms, Dauis                    |
| Distribution of books to E Hub                                    | w.b.a.       | Maribojoc                               |
| Distribution Free Prosthetic Limbs                                | Dec.         | w.b.a. ??                               |
| Operation Giving Back Bohol Surgical<br>Mission                   | Feb1-7, 2020 | w.b.a.                                  |
| US Army Surgical Mission                                          | Mar.20-27,20 | w.b.a.                                  |
| Water Filtration Business Training,<br>Bohol, Philippines (RAOAF) | running      | w.b.a.                                  |
|                                                                   |              |                                         |



Our President mentioned her concerns about the Rotaractors attending their PROCON
An incoming project; handwash campaign / distribution of health kits was
also discussed. Tanday Elementary School and Mayacabac Elementary School
were the priority schools as recipients. IPP Mayelle Jubac suggested
Tanday Elementary School because they are our adopted school.
Somebody among us (probably our Service or Community Project Director) will go to
Tanday to check how many pupils are there. Date of the said project will still be discussed.
DISCON early bird registration was also discussed by Pres. Irena Heberer.



#### **FULLY PAID MEMBERS**

- Rtn. Francisca Baluyot
- 2. Rtn. Kazan Baluyot
- Rtn. Irena Heberer
- Rtn. Boris Heberer
- Rtn. Emerson Matteo
- Rtn. Ellena Cazeñas
- Rtn. Paulette Ciurletti
- Rtn. Victor Bantol
- Rtn. Louella Bantol
- 10. Rtn. Romeo Brawner
- 11. Rtn. Ella Helliksen
- 12. Rtn. Charles Jubac
- 13. Rtn. Eleanor Eva Jubac
- 14. Rtn. Graeme Pedersen
- 15. Rtn. Rodolfo Pedralba
- 16. Rtn. Cynthia Pedralba
- 17. Rtn. Rob Simpson
- 18. Rtn. Pedralba, Robert
- 19. Rtn. Gallentes, Gladys
- 20. Rtn. Gonzaga, Ruben
- 21. Rtn. Relampagos, Rene
- 22. Rtn. Relampagos, Imelda
- 23. Rtn. Oculam, Noris

#### **GOLDEN BITS**



#### PAUL HARRIS FELLOW

F.P. Angelito Lechago PHF

F.P. Jocelyn Suarez PHF

F.P. Peter Crowther PHF

F.P., Nerio Zamorall PHF

Rtn. Agustin Cloribel PHF

Rtn. Alex Bongawan PHF

Rtn. Armin Koglin PHF

Rtn. Dario Rosalejos PHF

Rtn. Flora Celestia Gallego PHF

Rtn. Genevive Jamisola PHF

Rtn. Isabelita Omac PHF

Rtn. John Celestino Dohig PHF

Rtn. Joisa Cayanong PHF

Rtn. Justiniana Dohig PHF

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Rtn. Kazan Baluyot PHF

Rtn. Mabelle Saniel PHF

Rtn. Norris Occulan PHF

Rtn. Rey Collin Jubac PHF

Rtn. Rob Simpson PHF

Rtn. Robert Pedralba PHF

Rtn. Vanessa Kascher PHF

Rtn. Charles Jubac PHF

Rtn. Sarena Cabagnot PHF

Rtn. Borris Heberer PHF

## MULTIPLE PAUL HARRIS FELLOW

F.P. Cynthia Pedralba PHF+1

F.P. Fancy Baluyot PHF+1

F.P. Irena Heberer PHF+5

F.P. Louella Bantol PHF+6

F.P. Luther Ramiro PHF+2

F.P. Mildred Kascher PHF+2

F.P. Rene Relampagos PHF+2

F.P. Tony Maquindang PHF+1
F.P. Victor Bantol PHF+6

Pres. Rodolfo PedralbaJr.PHF+1

Rtn. Angie Hoffman PHF+2

Rtn. Barbara Illi PHF +1

Rtn. Christianne Ciurletti PHF+1

Rtn. Dinah Ramiro PHF+1

Rtn. Rosario Soy PHF+3

Rtn. Ma. Eva Eleanor Jubac PHF+1

## **DIAMOND BITS**





## **CONTINUING MAJOR DONORS**

Club's first MAJOR DONORS
PAG Victor Bantol
PSAG Louella Bantol

# OUR COMMITMENT THE SIX AREAS OF FOCUS





**Promoting Peace** Today, 42 million people are displaced by armed conflict or persecution. Through our partnerships with several leading universities, Rotary Peace Fellows develop the skills to strengthen peace efforts, train local leaders to prevent and mediate conflict, and support long-term peace building in areas affected by conflict. We provide up to 100 peace fellowships per year at Rotary Peace Centers.



**Fighting Disease** More than 100 million people are pushed into poverty each year because of medical costs. We aim to improve and expand access to low-cost and free health care in underdeveloped areas. Our members educate and mobilize communities to help prevent the spread of major diseases such aspolio, HIV/AIDS, and malaria. Many of our projects ensure that medical trainingfacilities are located where the workforce lives.



**Providing Clean Water** More than 2.5 billion people lack access to adequate sanitation facilities. At least 3,000 children die each day from diarrheal diseases caused by unsafe water. Our projects give communities the ability to develop and maintain sustainable water and sanitation systems and support studies related to water and sanitation.



**Saving Mothers and Children** At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, we provide immunizations and antibiotics to babies, improve access to essential medical services, and support trained health care providers for mothers and their children. Our projects ensure sustainability by empowering the local community to take ownership of health care training programs.



**Supporting Education** Sixty-seven million children worldwide have no access to education and more than 775 million people over the age of 15 are illiterate. Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy



**Growing Local Economies** Nearly 1.4 billion employed people live on less than \$1.25 a day. We carry out service projects that enhance economic and community development and develop opportunities for decent and productive work for young and old. We also help strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities.

