

Tagbilaran  
**Rotary**  
Club



**SERVE TO CHANGE LIVES**

# the blood compact

**OFFICIAL BULLETIN, ROTARY YEAR 2021-2022**

Chartered April 12, 1971 – Club No. 17134 – Area 1F – District 3860



# OFFICERS AND BOARD OF DIRECTORS



**SERVE TO CHANGE LIVES**



Rey Collin Jubac  
**President**

Benigno Kazan Baluyot  
**President Elect**

Gladys Gallentes  
**President Nominee**

Alex Nale Bongawan  
**Immediate Past President**

Maria Eva Eleanor Jubac  
**Vice President**

Louella Bantol  
**Executive Secretary**

Angelina V. Hoffman  
**Treasurer**

Jack Man-on  
**Sgt. At Arms**

Ella Helliksen  
**Youth Service Director**

Irena Heberer  
**District Chair  
Rotary Youth Exchange**

Victor J. Bantol  
**Club Administration Director**

Cynthia Pedralba  
**Club Membership Director**

Jerome Manatad  
**Public Image Director**

Robert James Simpson  
**Community Service**

Rodolfo Pedralba, Jr.  
**Vocational Service Director**

Francisca Baluyot  
**International Service Director**

Dexter Guigayoma  
**The Rotary Foundation  
Chairman**

Alliyah Almira Caindec  
**Assistant Governor  
Area 1-F**



Gladys Gallentes  
**Secretary**

# ORDER OF BUSINESS



SERVE TO CHANGE LIVES

## ROTARY CLUB OF TAGBILARAN ZONE 1F, DISTRICT 3860 1:30 PM, August 26, 2021 Zoom Meeting

A.Call to Order	Pres. Rey Collin Jubac
B.Invocation, Pambansang Awit, Rotary Hymn	PAG Victor J. Bantol
C.The Object of Rotary and Four-Way Test	PAG Cynthia Pedralba
D.Secretary's Time &	PN Gladys Gallentes
E.Matters Arising from the Minutes	
F.Rotary Information	
G.Fellowship Singing	Beautiful Wednesday
H.Jokesville	"A Wife Like The Moon"
I.Finest Moment	
J.Health Corner	Plant-based Meat
K.Treasurer's Time	
L.President's Time: Project Updates, Other Matters	Pres. Rey Collin Jubac
M. Closing Song	
N. Adjournment	

**PP Irena Heberer**

Host of the Day

## INVOCATION

As we gather here in the harbour of your safety, we thank you for fellowship and family.

We ask that you will strengthen us, restore and inspire us with your love.

Lord would you fill us with your peace so that as we journey onwards, we would pour out your love and grace to others.

We ask that our souls would catch the wind of your spirit so that we would take your promises to all the earth.



# THE FOUR-WAY TEST

The test which has been translated  
into more than 100 languages, asks  
The Following questions:

Of the things we think, say or do

- **Is it the TRUTH?**
- **Is it FAIR to all concerned?**
- **Will it build GOODWILL and BETTER FRIENDSHIPS?**
- **Will it be BENEFICIAL to all concerned?**

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

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### ROTARY CLUB OF TAGBILARAN:

Telephone: (038)-501-0357 | Mobile: 0915-897-4934, 0918-309-4056

Email: [info@rotaryclubtagbilaran.com](mailto:info@rotaryclubtagbilaran.com)

# IMPORTANT ITEMS TAKEN UP



**SERVE TO CHANGE LIVES**

1. Adoption of Sustainable Philippines Project started by Rtn. Rob Simpson as a project of the Rotary Club of Tagbilaran.
2. Formulation of Goals for RY 2021-2022

<b>RC TAGBILARAN GOALS for RY 2021-2022</b>	<b>Achievement</b>	<b>Goal</b>
<b>MEMBERS ENGAGEMENT</b>		
1. Club Membership	34	37
1. Service Participation		22
1. New Member Sponsorship		3
1. Rotary Action Group Participation		2
1. Leadership Development Participation		5
1. DisCon Attendance		5
1. Rotary Fellowship Participation		25
1. District Training Participation		10
<b>ROTARY FOUNDATION GIVING</b>		
1. Annual Fund Contribution		1,000 USD
1. Polio Plus Fund Contribution		1,500 USD
1. SERVICE PROJECTS		25
<b>YOUNG LEADERS</b>		
1. Rotaract Clubs	3	3
1. Interact Clubs		1
1. RYLA Participation		3
<b>PUBLIC IMAGE</b>		
1. Strategic Plan		No/Yes
1. On Line Presence		No/Yes
1. Social Activities		5
1. Update Website & Social Media		1

# ROTARY INFORMATION

**ANNA LOUISA A. BUMAGAT**  
DISTRICT GOVERNOR  
RI DISTRICT 3860

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Rotary Year 2021 - 2022  
**Serve to Change Lives**

**100**

Total Clubs

**23**

Total Areas

**2,779**

Total Members

## The Future Governors

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**DGE Lilu Alino**  
RY 2022-23

**DGN Rozanne "Twinkle" Gamboa**  
RY 2023-24



# F E L L O W S H I P S I N G I N G

## Beautiful Wednesday

Wednesday morning, up with the lark  
I think I'll take a walk in the park  
Hey, hey, hey, it's a beautiful day

I've got someone, waiting for me  
When I see her, I know that she'll say  
Hey, hey, hey, it's a beautiful day

Hi, hi, hi, beautiful Wednesday  
This is my, my, my, beautiful day  
When you say, say, say, say that you  
love me  
Oh, my, my, my it's a beautiful day

Birds are singing, you by my side  
Let's take a car and go for a ride  
Hey, hey, hey, it's a beautiful day

We'll drive on and follow the sun  
Makin' Wednesday go on and on  
Hey, hey, hey, it's a beautiful day

Hi, hi, hi, beautiful Wednesday  
This is my, my, my, beautiful day  
When you say, say, say, say that you  
love me  
Oh, my, my, my, it's a beautiful day

Hi, hi, hi, beautiful Wednesday  
This is my, my, my, beautiful day  
When you say, say, say, say that you  
love me  
Oh, my, my, my it's a beautiful day





One day a teacher was talking about marriage in class.

**Teacher :** What kind of wife would you like Johnny?

**Johnny :** I would want a wife like the moon.

**Teacher :** Wow! What a choice... Do you want her to be beautiful and calm like the moon?

**Johnny :** No, I want her to arrive at night and disappear in the morning...





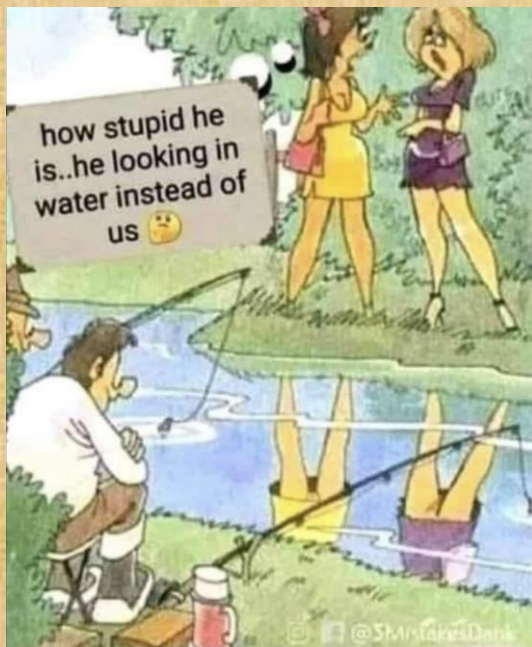


## Are plant-based meats healthy?

Plant-based ingredients are a source of vitamins, minerals, and [antioxidants](#), which all have health benefits. Furthermore, [research](#) indicates that plant-based diets can be beneficial for [weight management](#), [diabetes](#), and the [microbiome](#). It also suggests that they may help [prevent](#) various health issues, such as [hypertension](#) and [cardiovascular disease](#).

Additionally, official organizations, including the [World Health Organization \(WHO\)](#), are concerned about carcinogens in red and processed meats that may increase cancer risk. The [American Heart Association \(AHA\)](#) advises that eating more plant protein instead of meat may improve heart health.

However, some plant-based products contain fillers and added sodium and may be high in saturated fats. In addition, although some manufacturers add [vitamin B12](#) — which is essential for the body — to their products, others do not, which makes plant-based meats inferior in this regard. Plant-based meats may also have less zinc and other minerals than regular meat.



# ANTHEM AND HYMN



**SERVE TO CHANGE LIVES**

## PHILIPPINE NATIONAL ANTHEM

Bayang magiliw  
Perlas ng silanganan  
Alab ng puso  
Sa dibdib mo'y buhay

Lupang Hinirang  
Duyan ka nang magiting  
Sa manlulupig  
Di ka pasisiil

Sa Dagat at bundok sa simoy  
At sa langit mo'y bughaw  
May dilag ang tula  
At awit sa paglayang minamahal  
Ang kislap ng watawat mo'y  
Tagumpay na nagniningning  
Ang bituin at araw niya'y kailan  
Pama'y di magdidilim

Lupa ng araw ng luwalhati't pagsinta  
Buhay ay langit sa piling mo  
Aming ligaya nang pag  
May mang-aapi  
Ang mamatay ng dahil sayo

## BOHOL PROVINCIAL HYMN

Yuta kong minahal,  
Hatag ni Bathala;  
Sa adlaw'g gabi-i,  
Taknang tanan  
Dinasig sa kinaiyahan  
Sa mga bayaning yutawhan  
Imong kalinaw gi-ampingan  
Lungsod sa bungtod nga matunhay  
Ug matam-is nga kinampay

Puti ang kabaybayunan  
Walog sa suba binisbisan  
Bahandi sa dagat ug kapatagan  
Gugma ang tuburan  
Sa kagawasan sa tanan  
Panalangin ka  
Ihalad ko lawas ug kalag  
Sa mutya kong Bohol.

# ROTARY HYMN



**SERVE TO CHANGE LIVES**

I want to be, A Rotarian for the  
world  
Make the Rotary flag, be the flag  
of peace unfurled  
I will serve my community  
Help to seek international unity  
Thru Rotary, I will dedicate my all  
World understanding shall be my  
cherished goal

Refrain :

With the Four Way Test  
I'll pursue my quest  
And I in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

I'll observe Service Above Self  
Lend a hand to all who'll need  
my help

I'll get my spouse to involve in  
Rotary  
And in Rotary ways, I will train my  
family

(Repeat Refrain - substitute "I" with  
"We")

Build a bridge for tomorrow's  
youth  
Strengthened by nothing but the  
truth  
Let's join our hands, there's no  
reason to divide

We shall all understand, while the  
good Lord is our guide

(Repeat Refrain - substitute "I" with  
"We")

# PRESIDENT'S TIME



**August 26, 2021**  
**Regular Fellowship Meeting**  
**1:30 o'clock PM**  
**ZOOM Meeting**

Good afternoon fellow Rotarians!

We have to call this meeting to inform each and everyone on some very important changes in our schedule.

Today we are going to take up the following:

1. Induction – Committee Reports & developments
2. Mural Painting Project at Camp Dagohoy PNP Prov'I Headquarters
3. RC Tagbilaran Welcome (Public Image) Signage
4. Other Matters

Lastly, from the innermost corner of my heart, I thank all of you for your prayers, support and physical presence!

Yours in the service of the people thru Rotary!

Pres. REY COLLIN JUBAC  
Club President, RY 2021-2022



**SERVE TO CHANGE LIVES**

# Roster of PRESIDENTS



SERVE TO CHANGE LIVES

PRESIDENTS	R.Y.	PRESIDENTS	R.Y.
Rtn. Domingo Cayabyab	1971-1973	Rtn. Francisca Baluyot	1998-1999
Rtn. Ramon Bitancor	1973-1974	Rtn. Dioscoro Uy	1999-2000
Rtn. Luther Ramiro	1974-1975	Rtn. Dionesio Salas	2000-2001
Rtn. Mariano Uy	1975-1977	Rtn. Wilfilda Collins	2001-2002
Rtn. Emmanuel Lao	1977-1978	Rtn. David Collins	2002-2003
Rtn. Conrado Marapao, Jr.	1979-1980	Rtn. Cynthia Pedralba	2003-2004
Rtn. Victoriano Tirol	1979-1980	Rtn. David Collins	2004-2005
Rtn. George Lao	1980-1981	Rtn. Rene Relampagos	2005-2006
Rtn. Marcial Lim	1981-1982	Rtn. Dioscoro Uy	2006-2007
Rtn. Ildelfonso Garcia	1982-1983	Rtn. Louella Bantol	2007-2008
Rtn. Alfredo Alas	1983-1984	Rtn. Angelito Lechago	2008-2009
Rtn. Jose Torralba	1984-1985	Rtn. Victor Bantol	2009-2010
Rtn. Eutropio Ochavillo	1985-1986	Rtn. Leonila Montero	2010-2011
Rtn. William Yost	1986-1987	Rtn. Peter Crowther	2011-2012
Rtn. Arturo Gutardo	1987-1988	Rtn. Jocelyn Suarez	2012-2013
Rtn. Romie Sarayno	1988-1989	Rtn. Angelina Hoffman	2013-2014
Rtn. John Bautista Tamsi	1989-1990	Rtn. Nerio Zamora II	2014-2015
Rtn. Albert Uy	1990-1991	Rtn. Mildred Kascher	2015-2016
Rtn. Celestino Dohig	1991-1992	Rtn. Antonio Maquindang	2016-2017
Rtn. Teodorico Rojas	1992-1993	Rtn. Rodolfo Pedralba Jr.	2017-2018
Rtn. Broderick Tan	1993-1994	Rtn. Maria Eva Eleanor Jubac	2018-2019
Rtn. Ponciano Chua	1994-1995	Rtn. Irena Heberer	2019-2020
Rtn. Rudiger Tejano	1995-1996	Rtn. Alex Nale Bongawan	2020-2021
Rtn. Nena Walder	1996-1997	<b>Rtn. Rey Collin Jubac</b>	<b>2021-2022</b>
Rtn. Carmelo Supe	1997-1998		

# ROSTER OF MEMBERS



**SERVE TO CHANGE LIVES**

Last Name	First Name	Last Name	First Name
Baluyot	Francisca, S.	Koglin	Armin
Baluyot	Kazan Benigno	Mamta	Rani
Bantol	Kenji Martin	Manatad	Jerome
Bantol	Louella	Man-on	Jacarrio
Bantol	Victor	Maquindang	Antonio
Bongawan	Alex Nale	Maquindang	Georgina
Brawner	Romeo	Mateo	Emerson
Ciurletti	Paulette Christiane	Oculam	Norris
Gallentes	Gladys	Pedersen	Graeme
Guigayoma	Dexter	Pedralba	Cynthia
Heberer	Boris	Pedralba	Robert
Heberer	Irena	Pedralba	Rodolfo, Jr.
Helliksen	Ella	Relampagos	Rene
Hoffman	Angelina	Sandidge	Victoria
Jubac	Charles	Simpson	Robert James
Jubac	Maria Eva Eleanor	Singh	Mandeep
Jubac	Rey Collin	Zamora	Nerio II

# BIRTHDAY CELEBRANTS



SERVE TO CHANGE LIVES

## BIRTHDAY CELEBRANTS

January	February	March
15. FP Fancy Baluyot 19. Rtn. Mayelle Jubac		23. Rtn. Rey Collin Jubac
April	May	June
17. Pres. Rodolfo Pedralba Jr. 24. Rtn. Armin Koglin	08. PAG Victor Bantol 23. FP Nerio Zamora II	01. Rtn. Ella Helliksin 13. FP Tony Maquindang 16. Rtn. Christiane Ciurletti
July	August	September
05, Rtn. Jaccario Man-ons 14, FP Cynthia Pedralba		01. Rtn. Bob Pedralba
October	November	December
06, Rtn. Georgina Maquindang 10, Victoria Sandidge 11, AG Louella Bantol	01, FP Irena Heberer 11, Rtn. Gladys Gallentes 14. Rtn. Alex Bongawan	23, FP Angelina Hoffman

# BIRTHDAY GREETINGS!



6

SERVE TO CHANGE LIVES





# MONTHLY THEMES



**SERVE TO CHANGE LIVES**

<b>Rotary International Monthly Themes</b>	
<b>July</b>	<b>New Rotary Year Begins</b>
<b>August</b>	<b>Membership and New Club Development Month</b>
<b>September</b>	<b>Basic Education and Literacy Month</b>
<b>October</b>	<b>Economic and Community Development Month</b>
<b>November</b>	<b>Rotary Foundation Month</b>
<b>December</b>	<b>Disease Prevention and Treatment Month</b>
<b>January</b>	<b>Vocational Service Month</b>
<b>February</b>	<b>Peace and Conflict Prevention/Resolution Month</b>
<b>March</b>	<b>Water and Sanitation Month</b>
<b>April</b>	<b>Maternal and Child Health Month</b>
<b>May</b>	<b>Youth Service Month</b>
<b>June</b>	<b>Rotary Fellowships Month</b>

# PROJECT UPDATES



**SERVE TO CHANGE LIVES**

Completed Projects	Date	Location/Remarks
Planting Rice Is Never Fun	July 9, 2021	Tausion, Valencia, Bohol
Together We Will Fight Covid-19	August 12, 2021	Tagbilaran City Hall, Bohol

Tagbilaran  
**Rotary**  
Club



# PROJECTS & ACTIVITY PICTURES

The District Inaugural Committee invites you to the  
**DISTRICT HANDOVER & INDUCTION CEREMONIES  
OF DISTRICT OFFICERS & CLUB PRESIDENTS**

on July 3, 2021 at 4:00 o'clock in the afternoon.

Zoom Meeting ID: 882 9596 3907

Password: D3860

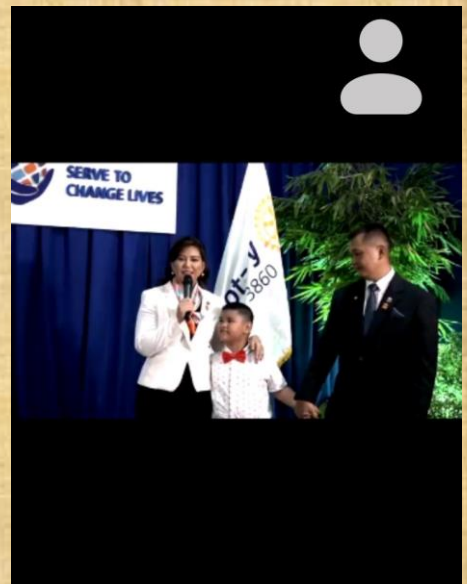
*Attire for Inductees: Blazer with Theme Tie / Scarf  
Attire for Guests & Other Rotarians: Business Casual*



**Rodel Riezl S. Reyes**  
District Governor, RY 2020-21



**Anna Louisa A. Bumagat**  
District Governor, RY 2021-22



**PLANTING RICE IS NEVER FUN**, a tribute to the rice farmers of Bohol. Rice farming is a very noble occupation.



# TOGETHER WE WILL FIGHT COVID-19

A project of RC Tagbilaran and the City of Tagbilaran



Tagbilaran  
**Rotary**  
Club



<https://www.facebook.com/rctagbilaran>



[www.instagram.com/rotary.tagbilaran](http://www.instagram.com/rotary.tagbilaran)

**DISEASE PREVENTION  
AND TREATMENT**

## TURN-OVER OF FACE MASKS & FACE SHIELDS

To the City Government of the City of Tagbilaran  
Tagbilaran City Hall, August 12, 2021



# Tagbilaran Rotary Club



<https://www.facebook.com/rctagbilaran>



[www.instagram.com/rotary.tagbilaran](http://www.instagram.com/rotary.tagbilaran)

DISEASE PREVENTION  
AND TREATMENT



# Tagbilaran Rotary Club



<https://www.facebook.com/rctagbilaran>



[www.instagram.com/rotary.tagbilaran](http://www.instagram.com/rotary.tagbilaran)

DISEASE PREVENTION  
AND TREATMENT

# GOLDEN BITS



SERVE TO CHANGE LIVES

## PAUL HARRIS FELLOWS

1. Rtn. Kenji Martin Bantol, PHF
2. Rtn. Charles Jubac, PHF
3. PE Rey Collin Jubac, PHF
4. PP. Angelito Lechago PHF
5. PP Antonio Maquindang, PHF
6. Rtn. Norris Oculam, PHF
7. Rtn. Robert Pedralba, PHF
8. Rtn. Imelda Relampagos
9. Rtn. Luz Mabelita Saniel, PHF
10. Rtn. Robert James Simpson, PHF
11. F.P. Jocelyn Suarez PHF
12. F.P. Peter Crowther PHF
13. Rtn. Agustin Cloribel PHF
14. Rtn. Dario Rosalejos PHF
15. Rtn. Flora Celestia Gallego PHF
16. Rtn. Genevive Jamisola PHF
17. Rtn. Isabelita Omac PHF
18. Rtn. John Celestino Dohig PHF
19. Rtn. Joisa Cayanong PHF
20. Rtn. Justiniana Dohig PHF
21. Rtn. Vanessa Kascher PHF

## MULTIPLE PAUL HARRIS FELLOWS

1. PSAG Louella Bantol, PHF+8
2. PAG Victor Bantol, PHF+8
3. PP Irena Heberer, PHF+6
4. Rtn. Rosario Soy, PHF+3
5. PP Fancy Baluyot PHF+2
6. PP Angelina Hoffman, PHF+2
7. PAG Rene Relampagos, PHF+2
8. PP Nerio Zamora II, PHF+2
9. PP Luther Ramiro, PHF+2
10. PP Mildred Kascher, PHF+2
11. Rtn. Kazan Benigno Baluyot, PHF+1
12. Rtn. Paulette Christiane Ciurletti, PHF+1
13. Rtn. Sven Darfschlag, PHF+1
14. Rtn. Boris Heberer, PHF+1
15. PP Ma Eva Eleanor Jubac, PHF+1
16. Rtn. Armin Koglin, PHF+1
17. PAG Cynthia Pedralba, PHF+1
18. PAG Rodolfo Pedralba, Jr., PHF+1
19. Rtn. Barbara Illi PHF +1
20. Rtn. Dinah Ramiro PHF+1
21. Pres. Alex Nale Bongawan PHF+1



SERVE TO CHANGE LIVES

THE BLOOD COMPACT

DIAMOND  
BITS



# CONTINUING MAJOR DONORS

CLUB'S FIRST MAJOR DONORS

PAG VICTOR BANTOL

PSAG LOUELLA BANTOL



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