

Tagbilaran
Rotary
Club



SERVE TO CHANGE LIVES

the blood compact

OFFICIAL BULLETIN, ROTARY YEAR 2021-2022

Chartered April 12, 1971 – Club No. 17134 – Area 1F – District 3860



OFFICERS AND BOARD OF DIRECTORS



SERVE TO CHANGE LIVES



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Benigno Kazan Baluyot
President Elect

Gladys Gallentes
President Nominee

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International Service Director

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Chairman**

Alliyah Almira Caindec
**Assistant Governor
Area 1-F**



Gladys Gallentes
Secretary

ORDER OF BUSINESS



SERVE TO CHANGE LIVES

ROTARY CLUB OF TAGBILARAN AREA 1F, DISTRICT 3860 6:30 PM, September 22, 2021 GOVERNOR'S VISIT (Zoom Meeting)

A. Call to Order	Pres. Collin
B. Invocation	Sec. Gladys
C. Pambansang Awit, Awit sa Bohol Rotary Hymn	AVP
D. Object of Rotary and Four-Way Test	PAG Cynthia
E. Acknowledgement Of Guests & Words of Welcome	Past Pres. Mayelle
F. Introduction of Officers & BOD	Host of the Day
G. Presentation of Projects	Project Chairs (Refer to the succeeding pages)
H. Introduction of DG Anna	PP Irena, Youth Exchange Chair RI District 3860
I. DG Anna's Tme	
J. Open Forum with DG Anna	
K. Presentation of Certificate of Appreciation	
L. Adjournment	Pres. Collin

PSAG Louella G. Bantol

Host of the Day

INVOCATION

As we gather here in the harbour of your safety, we thank you for fellowship and family.

We ask that you will strengthen us, restore and inspire us with your love.

Lord would you fill us with your peace so that as we journey onwards, we would pour out your love and grace to others.

We ask that our souls would catch the wind of your spirit so that we would take your promises to all the earth.

PROJECT PRESENTATIONS:



SERVE TO CHANGE LIVES

A. COMPLETED PROJECTS:

1. July 9, 2021 **Planting Rice Is Never Fun**
(Areas of Focus: Growing Local Economies, Supporting the Environment)
2. August 12, 2021 **Together We Will Fight Covid-19**
(Area of Focus: Fighting Disease)
3. August 18, 2021 **Video Shoot at Himontagon Hills**
(Area of Focus: Growing Local Economies)
4. August 29, 2021 **Promotion of Painitan sa Baybay and Jagna Baywalk**
(Area of Focus: Growing Local Economies)
Basic Orientation Seminar for Prospective Members
5. September 6, 2021 **Video Shoot at The Valley**
(Area of Focus: Growing Local Economies)
6. September 15, 2021 **Induction & Handover Ceremonies**

PROJECT PRESENTATIONS:



SERVE TO CHANGE LIVES

B. ON-GOING PROJECT: Mural Painting at BPPO Fence

(Areas of Focus: Promoting Peace & Growing Local Economies)

End Polio Now Campaign Signage

C. FUTURE PROJECTS:

1. Mobilizing PWDs in the Philippines (Global Grant)

(Area of Focus: Fighting Disease)

2. Sept. 25, 2021 Mangrove Planting

(Area of Focus: Supporting the Environment)

3. Coastal Cleanup (Areas of Focus: Fighting Disease & Supporting the Environment)

and Jagna Baywalk

4. Turnover of Community Trash Bins

(Areas of Focus: Supporting the Environment & Fighting Disease)

5. Baking for Livelihood (Area of Focus: Growing Local Economies)

6. Breast-Cancer Awareness Campaign

(Area of Focus: Fighting Disease)

6.1 Pink Tent

6.2 Motorcade

PROJECT PRESENTATIONS:



SERVE TO CHANGE LIVES

C. FUTURE PROJECTS:

1. Donations of Computer-Printer Inks, Reams of Bond Paper & Bottles of Alcohol

(Areas of Focus: Supporting Education & Fighting Disease)

2. World Polio Day Celebration: Fun Bike, Fund-Raising to End Polio Now

(Area of Focus: Fighting Disease)

3. 8th Interact/RYLA Boot Camp

4. Lavandera So Gay Day

(Areas of Focus: Saving Mothers and Children)

5. Rice-Harvest Gladness

(Area of Focus: Growing Local Economies)

6. Baking Fairies' Day (Area of Focus: Fighting Disease)

7. Fab Lab's Wiki House (Areas of Focus: Fighting Disease, Growing Local Economies & Supporting Education)

8. Support Breast-Feeding Mums

(Area of Focus: Saving Mothers and children)

9. TRF Donations



THE FOUR-WAY TEST

The test which has been translated
into more than 100 languages, asks
The Following questions:

Of the things we think, say or do

- **Is it the TRUTH?**
- **Is it FAIR to all concerned?**
- **Will it build GOODWILL and BETTER FRIENDSHIPS?**
- **Will it be BENEFICIAL to all concerned?**

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARY CLUB OF TAGBILARAN:

Telephone: (038)-501-0357 | Mobile: 0915-897-4934, 0918-309-4056

Email: info@rotaryclubtagbilaran.com

IMPORTANT ITEMS TAKEN UP



SERVE TO CHANGE LIVES

To be reported live by Secretary Gladys Gallentes.

RC TAGBILARAN GOALS for RY 2021-2022	Achievement	Goal
MEMBERS ENGAGEMENT		
1. Club Membership	34	37
1. Service Participation		22
1. New Member Sponsorship		3
1. Rotary Action Group Participation		2
1. Leadership Development Participation		5
1. DisCon Attendance		5
1. Rotary Fellowship Participation		25
1. District Training Participation		10
ROTARY FOUNDATION GIVING		
1. Annual Fund Contribution		1,000 USD
1. Polio Plus Fund Contribution		1,500 USD
1. SERVICE PROJECTS		25
YOUNG LEADERS		
1. Rotaract Clubs	3	3
1. Interact Clubs		1
1. RYLA Participation		3
PUBLIC IMAGE		
1. Strategic Plan		No/Yes
1. On Line Presence		No/Yes
1. Social Activities		5
1. Update Website & Social Media		1

F E L L O W S H I P SINGING

Beautiful Wednesday

Wednesday morning, up with the lark
I think I'll take a walk in the park
Hey, hey, hey, it's a beautiful day

I've got someone, waiting for me
When I see her, I know that she'll say
Hey, hey, hey, it's a beautiful day

Hi, hi, hi, beautiful Wednesday
This is my, my, my, beautiful day
When you say, say, say, say that you
love me
Oh, my, my, my it's a beautiful day

Birds are singing, you by my side
Let's take a car and go for a ride
Hey, hey, hey, it's a beautiful day

We'll drive on and follow the sun
Makin' Wednesday go on and on
Hey, hey, hey, it's a beautiful day

Hi, hi, hi, beautiful Wednesday
This is my, my, my, beautiful day
When you say, say, say, say that you
love me
Oh, my, my, my, it's a beautiful day

Hi, hi, hi, beautiful Wednesday
This is my, my, my, beautiful day
When you say, say, say, say that you
love me
Oh, my, my, my it's a beautiful day



JOKESVILLE



Married Life ☒



SERVE TO CHANGE LIVES



HEALTH CORNER

Tagbilaran
Rotary
Club



CNN cnphilippines

BREAKING NEWS

WHO CONFIRMS COMMUNITY TRANSMISSION OF DELTA VARIANT IN THE PHILIPPINES

Based on genome sequencing, Delta is now the dominant variant of the coronavirus in the country.

f t i cnphilippines

CNN Philippines



SERVE TO CHANGE LIVES

ECQ, MODIFIED ECQ & GCQ

Anong PUWEDE at HINDI PUWEDE?

	ECQ	MODIFIED ECQ	GCQ
POPULASYON	100% STAY AT HOME	100% STAY AT HOME	BAWAL LUMABAS - senior citizens - kabataan
PAG-EHERSISYO	IPINAGBABAWAL SA LABAS	LIMITADONG OUTDOOR EXERCISES - outdoor walk - jog/run - bike (with face mask) - 2 meter physical distancing	LIMITADONG CONTACT SPORTS - golf - tennis, atbp.
PAGTITIPON	IPINAGBABAWAL	HIGHLY RESTRICTED - hindi tataas sa 5 katao	RESTRICTED - hindi tataas sa 10 katao
PAGBIYAHE	WALANG PUBLIC TRANSPORT - walang domestic flights - limitadong international flights	WALANG PUBLIC TRANSPORT - walang domestic flights - limitadong international flights (COPWA, mga Pinya na patay ng Pilipinas) - paggamit ng bisikleta at iba pang hindi de-motor na sasakyan, bawal ang inter-island travel	LIMITADONG PUBLIC TRANSPORT - istrictong physical distancing - inter-island travel (GCQ to GCQ lamang)
PAARALAN	SARADO ANG MGA PAARALAN	SARADO ANG MGA PAARALAN	Papayagan ang skeletal workforce para sa mga magpoproseso ng requirements, paghahanda sa susunod na semestre
GOBYERNO	- Skeletal operations sa mga papasok sa opisina - Work from home sa iba	- Skeletal operations sa mga papasok sa opisina - Work from home sa iba	ALTERNATIVE WORK ARRANGEMENTS - 4-day work week - staggered work hours, atbp.

SenGracePoo

Source: IATF



COVID-19 HOMECARE GUIDEBOOK

How to Manage Covid-19 at Home



MINIMIZE YOUR WORRIES AND MAXIMIZE
YOUR KNOWLEDGE ON HOME QUARANTINE



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[LEARN MORE ABOUT THE PLAN HERE](#)

COVID-19 PATIENT CATEGORIES

CAT 1

No symptom

CAT 2

Mild symptoms (fever, nasal congestion, sore throat, cough, lethargy, loss of smell or taste, vomiting, and diarrhoea)

CAT 3

Lungs infection (pneumonia)

CAT 4

Lungs infection (pneumonia), need oxygen support

CAT 5

Lungs infection (pneumonia), multiorgan failure, need ventilator support



COVID-19 VARIANTS CLASSIFICATION

VARIANT OF INTEREST (VOI)

- Differ from the original strain
- May cause sudden increase in positive cases in a cluster
- Example: Eta, Kappa

VARIANT OF CONCERN (VOC)

- Current COVID-19 test less effective
- Reduce the effectiveness of current treatments and vaccines
- More transmissible
- Cause more serious cases
- Example: Alpha, Beta, Delta, Gamma

VARIANT OF HIGH CONSEQUENCE

- Not detectable by the current test method
- Most of the current treatment and vaccine not effective
- Cause more serious symptoms and high hospital admission rate
- Currently no variant under this category



The Delta Variant

- 2 to 4 times more transmissible
- Shorter time to spread (3 to 5 days)
- Transmitted from one individual to another more easily

New symptoms to take note:



Runny nose/
Nasal congestion



Prolonged
headache



Sore throat



Muscle pain



Diarrhea



Vomiting



Fatigue



Warning Signs to look out for

Adults



Difficulty breathing
or chest pain



Prolonged fever
(≥ 2 days)



Persistent or
worsening vomiting
or diarrhoea



Reduced urine output
in last 24 hours



Worsening
of lethargy



Unable to tolerate
food/drinks orally



Persistent or
worsening of fever,
cough, vomiting or
diarrhoea



Difficulty breathing
Chest/Stomach
pain



Seizures



Cold hands
and feet



Fatigue
& inactivity



Poor feeding

Children



NOTE: This is not a complete list of possible symptoms. Please contact healthcare professional for any other symptoms that are severe or concerning to you.



LEARN MORE ABOUT THE PLAN HERE

Management of Symptoms



Fever: Paracetamol

Cough: Cough syrup as per needed



Runny nose: Antihistamine or Nasal decongestant

Sore throat: Lozenges or gargle with salt water



Note: Refer to your healthcare provider for further information

- 1) 150 minutes of moderate-intensity physical activity per week or;
- 2) 75 minutes of vigorous-intensity physical activity per week or;
- 3) A combination of both



Some examples of physical activities include walking, standing up, follow online exercise and meditation.

(Depends on suitability)



- 1) Choose the right food portion size
- 2) Limit salt, sugar, fat & alcohol intake
- 3) Increase fibre intake
- 4) Adequate water intake



General Health Tips



LEARN MORE ABOUT THE PLAN HERE

Hypoxia

VS

Happy Hypoxia

is a state where the body oxygen level is low. The normal oxygen level is 95-100%. Anything <92% is considered hypoxia. An 80-85% of oxygen level is viewed as life-threatening condition, where they could be having breathing difficulty and internal organs damage.

also known as **silent hypoxia**, is a condition where the person has a low blood oxygen level without showing any symptoms of hypoxia.

How is Hypoxia Measured?

- 1 Through symptoms
- 2 Use pulse oximeter
- 3 Use a smartwatch with built-in software that calculates heart rate and measures oxygen in the body

Symptoms of Hypoxia



Cough



Fast Heart Rate



Breathing Difficulty



Bluish skin colour



Headache



[LEARN MORE ABOUT THE PLAN HERE](#)

How to use Pulse Oximeter

- 1**  Remove any fingernail polish or paints. Warm your hands if you are cold.


Rest for at least 5 minutes before taking the measurement. Rest your hand at the heart level and hold it still.

**2**

- 3**  Turn on the pulse oximeter and place on your index or middle finger.

Keep the pulse oximeter in place for at least a minute or until the reading becomes stable.

**4**

- 5**  Record the reading in a diary. The measurements should be done three times daily. Do not share pulse oximeter with other family or friends who are negative for COVID-19

Factors that affect the accuracy of the pulse oximeter reading

1. Poor blood circulation (eg. cold extremities)
2. Skin pigmentation (Eg: darker skin tones has less accurate reading)
3. Skin thickness
4. Skin temperature
5. Current tobacco use
6. Use of fingernail polish, paints or creams
7. Obesity
8. Cardiovascular diseases, chronic obstructive pulmonary disease
9. Other lung diseases such as asthma, emphysema or lung infections

[CLICK HERE TO READ MORE](#)

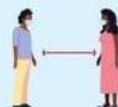


[LEARN MORE ABOUT THE PLAN HERE](#)

Steps to take after close contact with COVID-19 Positive Patient

STEP 01 Home Isolation & Physical Distancing

Isolate yourself from others by staying at home. Maintain distance from family members, especially high risk groups (child, elderly, pregnant women, immunocompromised).



STEP 02 Self-Test Kit OR PCR + RTK Antigen Test

Get tested for COVID-19 using a self-test kit at home.

Get tested for COVID-19 by screening at private or government healthcare facilities.

STEP 03 Reporting Positive Cases to CAC

Report to COVID-19 Assessment Center (CAC) if you are tested positive for COVID-19. Receive Home Surveillance Order (HSO) & undergo home isolation for 10 days.



STEP 04 Self Reporting at MySejahtera

Report at MySejahtera if you are tested positive for COVID-19. You will receive the Home Assessment Tool notification daily throughout your quarantine period.



STEP 05 Self-Monitoring

Update MySejahtera status, monitor for symptoms using Home Assessment Tool.



STEP 06 After 10 Days

You may end your HSO and home isolation. However, if you detected any COVID-19 symptoms during this period of 10 days, do contact your doctor or CAC to consider extending your quarantine to 14 days.



MySejahtera Daily Assessment



- 1 Open MySejahtera application and click Home
- 2 Click on "Things to do" and click to answer "Health Assessment for COVID-19"
- 3 Answer all questions and click Submit
- 4 Your Health Assessment Status will be updated

Repeat These Steps For 10 Days OR
Until the End of your Quarantine Period



LEARN MORE ABOUT THE PLAN HERE

Home Isolation Requirements

1 CAT 1 & CAT 2 mild



2 Follow home isolation guidelines



3 Reachable and contactable



4 Not having immunosuppressed individuals at home



5 Have a suitable caregiver at home



6 Own transportation to the hospital during emergency



LEARN MORE ABOUT THE PLAN HERE

Ideal Housing Conditions



OPEN WINDOWS

When not using air conditioner (especially morning and evenings)

OR

LEAVE WINDOW SLIGHTLY OPEN

When using air conditioner (provided there is no excessive infiltration of outside air)

NOTE: Do not open windows if your windows are facing your neighbour

FAN (AIR VENTILATION)

- 1 Use an Exhaust Fan
- 2 Electric Fan
- Improves thermal comfort



OTHERS

Room Temperature
(23°C - 26°C)

Relative Humidity
40% - 70%

Consider installing an air purifier that is capable of inactivating the virus

Avoid using balconies in apartment units that are close to neighboring units (apartments)



LEARN MORE ABOUT THE PLAN HERE

How to self-quarantine at home?

DOs

Practice proper coughing & sneezing etiquette

Cover your mouth and nose with a tissue when coughing or sneezing.



Disinfect frequently touched areas

Door knobs, light switches and any other item the patient had come in contact with. For contaminated items, put in a trash bag and wash your hands afterward.



Laundry should be washed separately

If you are helping patient to do his laundry, wash your hands afterwards.

If possible, advise washing laundry at warmest setting or with warm water.



Patient's waste

All contaminated items (items used by patient) or rubbish should be separately disposed of in a plastic bag by the patient.

Whilst handling these items, the patient should wear a mask, face shield, and sanitize their hands after cleaning.



Wear a mask

The patient should wear a mask whenever he/she has to leave the room, to prevent spread of infection.



Prepare a room for patient

Stay away from other people in your home. If sharing bathroom, clean after each use with liquid bleach (1 part of bleach + 49 parts of water).



[LEARN MORE ABOUT THE PLAN HERE](#)

How to self-quarantine at home?

DON'Ts

Do not share personal items/food

Avoid sharing dishes, cups/glasses, towels, bedding, electronics.



Strictly no visitor

Do not have visitors in your home, including friends and family - except for people providing essential care.



Do not go out to get food and medicine

Order it online or by phone, or ask someone to bring it to your home and leave it at the doorstep.

DOC2US provide medication delivery too!



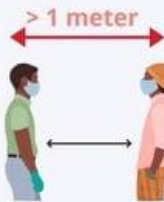
Do not go out to exercise

Exercise in your own quarantine room.



Avoid face to face interaction

If unavoidable, must wear a mask when face to face and maintain a physical distance of $>1m$.



[CLICK HERE TO READ MORE](#)



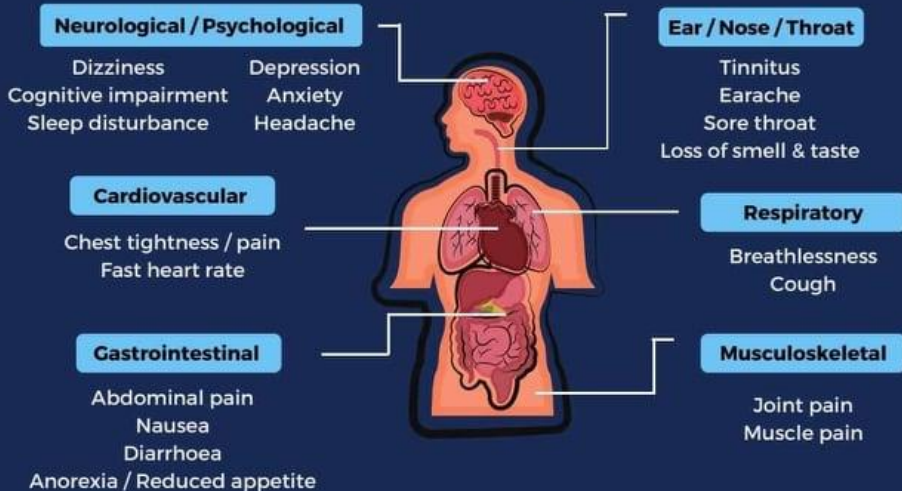
[LEARN MORE ABOUT THE PLAN HERE](#)

Long COVID

What exactly is Long COVID?

Long covid, also known as Post Covid Syndrome, is a condition where the previously infected COVID-19 patient still experiences prolonged symptoms due to COVID-19. According to NICE Guidelines, the symptoms can stay up to 12 weeks or more.

Symptoms of Long COVID



NOTE: This is not a complete list of possible symptoms.

Some management strategies for Long COVID symptoms

1. Positioning & breathing technique
2. Maximize self-care, sleep, relaxation & nutrition
3. Simple supportive measures, pain reliever and fever medications.

[CLICK HERE TO READ MORE](#)



[LEARN MORE ABOUT THE PLAN HERE](#)

ANTHEM AND HYMN



SERVE TO CHANGE LIVES

PHILIPPINE NATIONAL ANTHEM

Bayang magiliw
Perlas ng silanganan
Alab ng puso
Sa dibdib mo'y buhay

Lupang Hinirang
Duyan ka nang magiting
Sa manlulupig
Di ka pasisiil

Sa Dagat at bundok sa simoy
At sa langit mo'y bughaw
May dilag ang tula
At awit sa paglayang minamahal
Ang kislap ng watawat mo'y
Tagumpay na nagniningning
Ang bituin at araw niya'y kailan
Pama'y di magdidilim

Lupa ng araw ng luwalhati't pagsinta
Buhay ay langit sa piling mo
Aming ligaya nang pag
May mang-aapi
Ang mamatay ng dahil sayo

BOHOL PROVINCIAL HYMN

Yuta kong minahal,
Hatag ni Bathala;
Sa adlaw'g gabi-i,
Taknang tanan
Dinasig sa kinaiyahan
Sa mga bayaning yutawhan
Imong kalinaw gi-ampingan
Lungsod sa bungtod nga matunhay
Ug matam-is nga kinampay

Puti ang kabaybayunan
Walog sa suba binisbisan
Bahandi sa dagat ug kapatagan
Gugma ang tuburan
Sa kagawasan sa tanan
Panalangin ka
Ihalad ko lawas ug kalag
Sa mutya kong Bohol.

ROTARY HYMN



SERVE TO CHANGE LIVES

I want to be, A Rotarian for the
world
Make the Rotary flag, be the flag
of peace unfurled
I will serve my community
Help to seek international unity
Thru Rotary, I will dedicate my all
World understanding shall be my
cherished goal

Refrain :

With the Four Way Test
I'll pursue my quest
And I in a way help obtain
Peace in the world
Then I won't have lived in vain.

I'll observe Service Above Self
Lend a hand to all who'll need
my help

I'll get my spouse to involve in
Rotary
And in Rotary ways, I will train my
family

(Repeat Refrain - substitute "I" with
"We")

Build a bridge for tomorrow's
youth
Strengthened by nothing but the
truth
Let's join our hands, there's no
reason to divide

We shall all understand, while the
good Lord is our guide

(Repeat Refrain - substitute "I" with
"We")

Roster of PRESIDENTS



SERVE TO CHANGE LIVES

PRESIDENTS	R.Y.	PRESIDENTS	R.Y.
Rtn. Domingo Cayabyab	1971-1973	Rtn. Francisca Baluyot	1998-1999
Rtn. Ramon Bitancor	1973-1974	Rtn. Dioscoro Uy	1999-2000
Rtn. Luther Ramiro	1974-1975	Rtn. Dionesio Salas	2000-2001
Rtn. Mariano Uy	1975-1977	Rtn. Wilfilda Collins	2001-2002
Rtn. Emmanuel Lao	1977-1978	Rtn. David Collins	2002-2003
Rtn. Conrado Marapao, Jr.	1979-1980	Rtn. Cynthia Pedralba	2003-2004
Rtn. Victoriano Tirol	1979-1980	Rtn. David Collins	2004-2005
Rtn. George Lao	1980-1981	Rtn. Rene Relampagos	2005-2006
Rtn. Marcial Lim	1981-1982	Rtn. Dioscoro Uy	2006-2007
Rtn. Ildelfonso Garcia	1982-1983	Rtn. Louella Bantol	2007-2008
Rtn. Alfredo Alas	1983-1984	Rtn. Angelito Lechago	2008-2009
Rtn. Jose Torralba	1984-1985	Rtn. Victor Bantol	2009-2010
Rtn. Eutropio Ochavillo	1985-1986	Rtn. Leonila Montero	2010-2011
Rtn. William Yost	1986-1987	Rtn. Peter Crowther	2011-2012
Rtn. Arturo Gutardo	1987-1988	Rtn. Jocelyn Suarez	2012-2013
Rtn. Romie Sarayno	1988-1989	Rtn. Angelina Hoffman	2013-2014
Rtn. John Bautista Tamsi	1989-1990	Rtn. Nerio Zamora II	2014-2015
Rtn. Albert Uy	1990-1991	Rtn. Mildred Kascher	2015-2016
Rtn. Celestino Dohig	1991-1992	Rtn. Antonio Maquindang	2016-2017
Rtn. Teodorico Rojas	1992-1993	Rtn. Rodolfo Pedralba Jr.	2017-2018
Rtn. Broderick Tan	1993-1994	Rtn. Maria Eva Eleanor Jubac	2018-2019
Rtn. Ponciano Chua	1994-1995	Rtn. Irena Heberer	2019-2020
Rtn. Rudiger Tejano	1995-1996	Rtn. Alex Nale Bongawan	2020-2021
Rtn. Nena Walder	1996-1997	Rtn. Rey Collin Jubac	2021-2022
Rtn. Carmelo Supe	1997-1998		

ROSTER OF MEMBERS



SERVE TO CHANGE LIVES

Last Name	First Name	Last Name	First Name
Baluyot	Francisca, S.	Keel	Rosilyn
Baluyot	Kazan Benigno	Koglin	Armin
Bantol	Kenji Martin	Mamta	Rani
Bantol	Louella	Manatad	Jerome
Bantol	Victor	Man-on	Jacarrio
Bongawan	Alex Nale	Maquindang	Antonio
Brawner	Romeo	Maquindang	Georgina
Ciurletti	Paulette Christiane	Mateo	Emerson
Dondoy	Rhona	Oculam	Norris
Gallentes	Gladys	Pedersen	Graeme
Guigayoma	Dexter	Pedralba	Cynthia
Guigayoma	Jasmine	Pedralba	Robert
Heberer	Boris	Pedralba	Rodolfo, Jr.
Heberer	Irena	Relampagos	Rene
Helliksen	Ella	Sandidge	Victoria
Hoffman	Angelina	Simpson	Robert James
Jubac	Charles	Singh	Mandeep
Jubac	Maria Eva Eleanor	Zamora	Nerio II
Jubac	Rey Collin		

BIRTHDAY CELEBRANTS



SERVE TO CHANGE LIVES

BIRTHDAY CELEBRANTS

January	February	March
15. FP Fancy Baluyot 19. Rtn. Mayelle Jubac		23. Rtn. Rey Collin Jubac
April	May	June
17. Pres. Rodolfo Pedralba Jr. 24. Rtn. Armin Koglin	08. PAG Victor Bantol 23. FP Nerio Zamora II	01. Rtn. Ella Helliksin 13. FP Tony Maquindang 16. Rtn. Christiane Ciurletti
July	August	September
05, Rtn. Jaccario Man-ons 14, FP Cynthia Pedralba		01. Rtn. Bob Pedralba
October	November	December
06, Rtn. Georgina Maquindang 10, Victoria Sandidge 11, AG Louella Bantol	01, FP Irena Heberer 11, Rtn. Gladys Gallentes 14. Rtn. Alex Bongawan	23, FP Angelina Hoffman

BIRTHDAY GREETINGS!



SERVE TO CHANGE LIVES



MONTHLY THEMES



SERVE TO CHANGE LIVES

Rotary International Monthly Themes	
July	New Rotary Year Begins
August	Membership and New Club Development Month
September	Basic Education and Literacy Month
October	Economic and Community Development Month
November	Rotary Foundation Month
December	Disease Prevention and Treatment Month
January	Vocational Service Month
February	Peace and Conflict Prevention/Resolution Month
March	Water and Sanitation Month
April	Maternal and Child Health Month
May	Youth Service Month
June	Rotary Fellowships Month

PROJECT UPDATES



SERVE TO CHANGE LIVES

Completed Projects	Date	Location/Remarks
Planting Rice Is Never Fun	July 9, 2021	Tausion, Valencia, Bohol
Together We Will Fight Covid-19	August 12, 2021	Tagbilaran City Hall, Bohol
Promotion of Himuntagon Hills	August 18, 2021	Botoc, Loay, Bohol
Promotion of Painitan sa Baybay	August 29, 2021	Tubod Mar, Jagna, Bohol
Orientation of Rotarian prospects	August 29, 2021	Tubod Mar, Jagna, Bohol
Induction of New Members	August 21, 2021	Baywalk, Poblacion, Jagna, Bohol
Mural Painting Committee Meeting	September 3, 2021	BGems Sport Center, Baclayon, Bohol
Promotion of The Valley	September 6, 2021	Canmanico, Valencia, Bohol
Meeting, Committee on 2021 Induction	September 6, 2021	Badiang Spring Resort, Valencia, Bohol

Tagbilaran
Rotary
Club



GOLDEN BITS



SERVE TO CHANGE LIVES

PAUL HARRIS FELLOWS

1. Rtn. Kenji Martin Bantol, PHF
2. Rtn. Charles Jubac, PHF
3. PE Rey Collin Jubac, PHF
4. PP. Angelito Lechago PHF
5. PP Antonio Maquindang, PHF
6. Rtn. Norris Oculam, PHF
7. Rtn. Robert Pedralba, PHF
8. Rtn. Imelda Relampagos
9. Rtn. Luz Mabelita Saniel, PHF
10. Rtn. Robert James Simpson, PHF
11. F.P. Jocelyn Suarez PHF
12. F.P. Peter Crowther PHF
13. Rtn. Agustin Cloribel PHF
14. Rtn. Dario Rosalejos PHF
15. Rtn. Flora Celestia Gallego PHF
16. Rtn. Genevive Jamisola PHF
17. Rtn. Isabelita Omac PHF
18. Rtn. John Celestino Dohig PHF
19. Rtn. Joisa Cayanong PHF
20. Rtn. Justiniana Dohig PHF
21. Rtn. Vanessa Kascher PHF

MULTIPLE PAUL HARRIS FELLOWS

1. PSAG Louella Bantol, PHF+8
2. PAG Victor Bantol, PHF+8
3. PP Irena Heberer, PHF+6
4. Rtn. Rosario Soy, PHF+3
5. PP Fancy Baluyot PHF+2
6. PP Angelina Hoffman, PHF+2
7. PAG Rene Relampagos, PHF+2
8. PP Nerio Zamora II, PHF+2
9. PP Luther Ramiro, PHF+2
10. PP Mildred Kascher, PHF+2
11. Rtn. Kazan Benigno Baluyot, PHF+1
12. Rtn. Paulette Christiane Ciurletti, PHF+1
13. Rtn. Sven Darfschlag, PHF+1
14. Rtn. Boris Heberer, PHF+1
15. PP Ma Eva Eleanor Jubac, PHF+1
16. Rtn. Armin Koglin, PHF+1
17. PAG Cynthia Pedralba, PHF+1
18. PAG Rodolfo Pedralba, Jr., PHF+1
19. Rtn. Barbara Illi PHF +1
20. Rtn. Dinah Ramiro PHF+1
21. Pres. Alex Nale Bongawan PHF+1



SERVE TO CHANGE LIVES

THE BLOOD COMPACT

DIAMOND
BITS



CONTINUING MAJOR DONORS

CLUB'S FIRST MAJOR DONORS

PAG VICTOR BANTOL

PSAG LOUELLA BANTOL

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