

OFFICIAL BULLETIN ROTARY YEAR 2022 2023 Chartered April 12, 1971 - Club No. 17134 - Area 1F





ROTARY CLUB OF TAGBILARAN ZONE 1F, DISTRICT 3860

A.Call to Order B.Invocation, Pambansang Awit, Rotary Hymn C.The Object of Rotary and Four-Way Test D.Secretary's Time E.Matters Arising from the Minutes F.Rotary Information G.Fellowship Singing H.Jokesville I.Finest Moment J.Health Corner K.Treasurer's Time L.President's Time and Project Updates M.Closing Song – True Rotarian N. Adjournment Rtn. Kazan Baluyot Rtn. Baby Bantol Rtn. Radhika Rtn. Robert Pedralba Rtn. Kazan Baluyot Rtn. Ella Helliksen Rtn. Baby Bantol Rtn. Irena Heberrer Rtn. Collin Jubac Rtn. Kazan Baluyot Rtn. Yelle Jubac Rtn. Kazan Baluyot

Rtn. Victor Bantol

Host of the Day

INVOCATION

For friends, good, fun and fellowship, especially the fellowship of Rotary we give our sincere thanks. May these tokens of your bounty nourish our physical bodies in preparation for the challenges that are ours in Rotary. Keep us always mindful of the needs of others and keep us always attuned to our calling in Rotary. We ask these things in the Name of your Eternal Truth. Amen.



THE FOUR-WAY TEST

The test which has been translated Into more than 100 languages, asks The Following questions:

Of the things we think, say or do

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

•FIRST. The development of acquaintance as an opportunity for service;

•SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

•**THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;

•FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARY CLUB OF TAGBILARAN:

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PHILIPPINE NATIONAL ANTHEM

Bayang magiliw Perlas ng silanganan Alab ng puso Sa dibdib mo'y buhay

Lupang Hinirang Duyan ka nang magiting Sa manlulupig Di ka pasisiil

Sa Dagat at bundok sa simoy At sa langit mo'y bughaw May dilag ang tula At awit sa paglayang minamahal Ang kislap ng watawat mo'y Tagumpay na nagniningning Ang bituin at araw niya'y kailan Pama'y di magdidilim

Lupa ng araw ng luwalhati't pagsinta Buhay ay langit sa piling mo Aming ligaya nang pag May mang-aapi Ang mamatay ng dahil sayo

BOHOL PROVINCIAL HYMN

Yuta kong minahal, Hatag ni Bathala; Sa adlaw'g gabi-i, Taknang tanan Dinasig sa kinaiyahan Sa mga bayaning yutawhan Imong kalinaw gi-ampingan Lungsod sa bungtod nga matunhay Ug matam-is nga kinampay

Puti ang kabaybayunan Walog sa suba binisbisan Bahandi sa dagat ug kapatagan Gugma ang tuburan Sa kagawasan sa tanan Panalanginan ka Ihalad ko lawas ug kalag Sa mutya kong Bohol.



I want to be, A Rotarian for the world Make the Rotary flag, be the flag of peace unfurled I will serve my community Help to seek international unity Thru Rotary, I will dedicate my all World understanding shall be my cherished goal

Refrain : With the Four Way Test I'll pursue my quest And I in a way help obtain Peace in the world Then I won't have lived in vain.

I'll observe Service Above Self Lend a hand to all who'll need my help I'll get my spouse to involve in Rotary And in Rotary ways, I will train my family

(Repeat Refrain - substitute "I" with "We")

Build a bridge for tomorrow's youth Strengthened by nothing but the truth Let's join our hands, there's no reason to divide

We shall all understand, while the good Lord is our guide

(Repeat Refrain - substitute "I" with "We")





Austrian Rotary member Anton Zeilinger wins Nobel Prize in physics

Anton Zeilinger, a member of the Rotary Club of Wien-West in Austria, was among three physicists who were announced as the winners of the Nobel Prize in physics on 4 October for their experiments in quantum mechanics. Their research laid the groundwork for rapidly developing new applications in computing and cryptography.

Zeilinger, a professor at the University of Vienna, shared the award with French physicist Alain Aspect and U.S. physicist John F. Clauser. Their experiments explored quantum entanglement, a phenomenon that occurs when two particles behave as a single unit, even when separated. The three scientists will share the prize of nearly US\$900,000.

"I'm still kind of shocked, but it's a very positive shock," Zeilinger told reporters in Stockholm, Sweden, shortly after learning that he won. "I was actually very surprised to get the call."

He also acknowledged the contributions of more than 100 students who had worked for him over the years. He advised young people, "Do what you find interesting, and don't care too much about possible applications."

The Nobel Prizes are announced every October and November by committees in Sweden and Norway for groundbreaking contributions in chemistry, economic sciences, literature, peace work, physics, and physiology or medicine. In December, Zeilinger and the other laureates will accept their award in Stockholm.

Zeilinger has been a Rotary member since 2001.

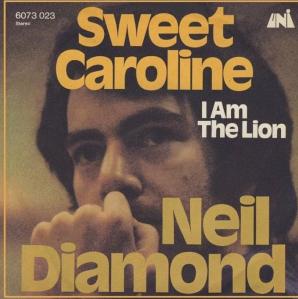
FELLOWSHIP SINGING



Sweet Caroline

Song by Neil Diamond

Where it began, I can't begin to knowing But then I know it's growing strong Was in the spring And spring became the summer Who'd have believed you'd come along Hands, touching hands Reaching out, touching me, touching you Sweet Caroline Good times never seemed so good I've been inclined To believe they never would But now I Look at the night and it don't seem so lonely We filled it up with only two And when I hurt Hurting runs off my shoulders How can I hurt when holding you One, touching one Reaching out, touching me, touching you Sweet Caroline Good times never seemed so good I've been inclined To believe they never would Oh no, no Sweet Caroline Good times never seemed so good Sweet Caroline I believe they never could Sweet Caroline Good times never seemed so good





1.Behavioral Nudges: Though many children know why and how to wash hands, a common reason children fail to do so is because they forget. Nudges are visual cues that can "move" children to wash hands with soap at the very time that they need to. Nudges such as colorful footprints from the toilet leading to the handwashing sink, an arrow pointing to the soap, eye stickers and posters have been tested and found effective in increasing handwashing rates among Filipino school children These colorful nudges can easily be drawn together with your kid and placed in your home as Reminders.

2. Storytelling: There are several story books about handwashing in the market, or you can also make your own. These stories usually evoke emotions in children rather than simply stating facts. These emotions include disgust for germs, affiliation or social acceptance and being seen as attractive that can motivate children to wash their hands.

3. Singing and Dancing: Washing hands to a beat or tune can help children practice washing for 20 seconds or until the song ends and remember steps. Again, there are several songs on handwashing for children available or you can switch some lyrics from their favorite songs to add messages on handwashing with soap. The familiarity with the song or dance and its lingering effect help the child internalize the handwashing message.

4. Games: One of the fun ways to introduce handwashing is through games. You can ask the child to identify different objects that are in a circle shape in a room and connect those with the idea of bubbles that we get when we wash hands. Creating bubbles during handwashing is important as it would require rubbing hands together and lathering soap which kills germs. You can also give them blow bubbles that they can us to form bubbles in the air and relate it to handwashing.

5. Experiments: Banking on children's curiosity, simple experiments can be used to show the importance of using soap when hand washing. One example is having a child apply soap on a finger and dipping this into a shallow bowl with water and a sprinkling of black pepper over it. The movement of the pepper from the finger simulates how soap (through handwashing) expels the germs (from the hands). The wonder of the discovery makes for a significant experience that helps retain the intended message.

ROSTER OF MEMBERS as of June 2021



Last Name	First Name	Last Name	First Name
Baluyot	Kazan Benigno	Oculam	Noris
Baluyot	Francisca	Pederson	Graeme
Bantol	Victor	Pedralba	Rodolfo
Bantol	Louella	Pedralba	Cynthia
Bantol	Kenji Martin	Pedralba	Robert
Baquial	Winona Marie	Pestelos	Gabriel Victor
Bongawan	Alex	Rani	Mamta
Ciurletti	Paulette	Relampagos	Rene
Dondoy	Rhona Paquera	Sandidge	Victoria
Gallentes	Gladys	Simpson	Robert James
Guigayoma	Jasmin Japitana	Omac	Isabelita
Guigayoma	Dexter	Singh	Mandeep
Heberer	Boris		
Heberer	Irena		
Helliksen	Ella		
Hoffman	Angelina		
Jubac	Charles		
Jubac	Rey Collin		
Jubac	Ma. Eva Eleanor		
Keel	Rosilyn Inlajusta		
Koglin	Armin		
Man-on	Jaccario		
Maquindang	Antonio		
Maquindang	Georgina		

BIRTHDAY CELEBRANTS



BIRTHDAY CELEBRANTS

January	February	March
15. Rtn. Fancy Baluyot 19. Rtn. Mayelle Jubac	09. Rtn. Gian Dohig	23. Rtn. Rey Collin Jubac
April	May	June
17. Rtn. Rodolfo Pedralba Jr. 24. Rtn. Armin Koglin	08. Rtn. Victor Bantol 12. Rtn. Gab Pestelos 23. FP Nerio Zamora II	01.Rtn. Ella Helliksin 13. Rtn. Tony Maquindang 16. Rtn. Christiane Ciurletti
July	August	September
July 05, Rtn. Jaccario Man-on 14, FP Cynthia Pedralba 27, Rtn. Mabelle Saniel	August	September 01. Rtn. Bob Pedralba
05, Rtn. Jaccario Man-on 14, FP Cynthia Pedralba	August November	











 Thitting the ground running for... PINK OCTOBER....

 RC Tagbilaran Hosted the PINK MOTORCADE of Area 1F Clubs of Bohol - a kick-off activity for our Breast Cancer

 Awareness Campaign. It started in the city of Tagbilaran all the way to the Chocolate Hills country of

 Carmen...crossing along seven towns just to converge in the center of Bohol...RC Ubay traveled along the Eastern

 route, while RC Tubigon along the Northern part..on October 3, 2022



WPINK SYMPOSIUM

Held @ Cong. Simeon Toribio Memorial Hospital Conference Hall in Carmen, Bohol..with Resource Speaker, Dr. Stephen Lopez, an Oncologist, Imaginative Rtn., RC Tagbilaran with the topic, 'Early Breast Cancer Detection Saves Lives'...October 3, 2022 Attendees: Barangay Health Workers, Hospital Staff, & Rural Health Unit Employees...

















The PINK BAZAAR... ?? The Ribbon Cutting Ceremony...

RC Tagbilaran had its first-ever Fundraiser event for Breast Cancer Awareness Campaign @the Provincial Capitol lobby, Tagbilaran City on October 4-7, 2022..graced by the Executive Asst. to the Governor of Bohol, Ms. Marikit Deriquito Oppus, & City Information Officer, the former Mutya sa Tagbilaran..Ms. Fiel Angeli Araw-araw Gabin...





♥RC Tagbilaran's WORLD POLIO

DAY.....an Immunization Driveagainst Polio To Save Lives...♥ The Imaginative Team working with Tagbilaran's City Health Office Staff on October 24, 2022 @the Cogon Barangay Hall...Together we say...

'A Win Against Polio is A Win for Global Health ... '





153^{IIII} ANNIVERSARY FUN RIDE











Rotary International Monthly Themes			
July	New Rotary Year Begins		
August	Membership and New Club Development Month		
September	Basic Education and Literacy Month		
October	Economic and Community Development Month		
November	Rotary Foundation Month		
December	Disease Prevention and Treatment Month		
January	Vocational Service Month		
February	Peace and Conflict Prevention/Resolution Month		
March	Water and Sanitation Month		
April	Maternal and Child Health Month		
May	Youth Service Month		
June	Rotary Fellowships Month		

PROJECT UPDATES



Projects/Activities	Date	Location/Remarks
One District One Rotary New Year's Children Party	July 1, 2022	Sunshine Home Orphanage
Committee Meeting	July 7, 2022	Metro Center Hotel
Area Blood Letting Activity	July 13, 2022	Tubigon, Bohol
Governor's Visit	July 13, 2022	Dr Baluyot's Garden
52nd Induction and Turnover Ceremonies	July 13, 2022	Kew Hotel
1st Virtual Regular Meeting	July 20, 2022	Virtual
Area Com Meeting	July 30, 2022	Cebu City
Wheelchair Project Update Valencia	August 3, 2022	Valencia
Regular Meeting	August 10, 2022	Tagbilaran City
Strategic Planning	August 6, 2022	Luxury View Deck Belveue
Visayas Public Image Seminar	August 13, 2022	Cebu City
Basic Orientation Seminar (RAC Tagbilaran)	August 13, 2022	Tagbilaran City
Fellowship Meeting	August 15, 2022	Baclayon
Basic Orientation Seminar (RC Tubigon)	August 21, 2022	Tubigon
Area Com Meeting	August 27, 2022	Cebu City
Regular Meeting	September 7, 2022	Belian Hotel
One Rotary One District Tree Planting	September 17, 2022	Ubay Bohol
Project Meeting	September 22, 2022	Metro Center Hotel
Ocular Inspection	September 22, 2022	Valencia Bohol
Food for the Surgical Mission Team for the Cleft Lip & Cleft Palate Operations	September 19-23, 2022	Governor Celestino Gallares Hospital
RECOGNITION Night for the Surgical Mission Team of OPERATION HOPE	September 23, 2022	Bohol Cultural Center
Regular Meeting	September 28, 2022	Belian Hotel
Pink Motorcade Area 1F	October 3, 2022	Bohol
Pink Symposium	October 3, 2022	Cong. Simeon Toribio Memorial Hospital
Pink Bazaar	October 4-7, 2022	Capitol Building





Projects/Activities	Date	Location/Remarks
Immunization Drive	October 24, 2022	Valencia
Fun Ride	October 26, 2022	Valencia



PAUL HARRIS FELLOW

- 1. Charles Jubac PHF
- 2. Luz Mabelita Saniel PHF
- 3. Mamta Rani PHF
- 4. Norris Oculam
- 5. Rey Collin Jubac PHF
- 6. Robert James Simpson PHF
- 7. Robert Namocatcat Pedralba PHF

MULTIPLE PAUL HARRIS FELLOW

- 1. Alex Nale Bongawan PHF+1
- 2. Paulette Christiane Ciurletti PHF+1
- 3. Boris Heberer PHF+1
- 4. Ma. Eva Eleanor Jubac PHF+1
- 5. Armin Koglin PHF PHF+1
- 6. Cynthia Pedralba PHF+1
- 7. Rodolfo Pedralba, Jr. PHF+1
- 8. Francisca Baluyot PHF+2
- 9. Angelina Vidas Hoffman PHF+2
- 10. Kazan Benigno Baluyot PHF+4
- 11. Irena Heberer PHF+6
- 12. Louella Bantol PHF+8
- 13. Victor Bantol PHF+8

CONTINUING JAJOR DONOR

Club's first MAJOR DONORS PAG Victor Bantol PSAG Louella Bantol



PEACEBUILDING AND CONFLICT PREVENTION

Today, 42 million people are displaced by armed conflict or persecution. Through our partnerships with several leading universities, Rotary Peace Fellows develop the skills to strengthen peace efforts, train local leaders to prevent and mediate conflict, and support long-term peace building in areas affected by conflict. We provide up to 100 peace fellowships per year at Rotary Peace Centers.

DISEASE PREVENTION AND TREATMENT

More than 100 million people are pushed into poverty each year because of medical costs. We aim to improve and expand access to low-cost and free health care in underdeveloped areas. Our members educate and mobilize communities to help prevent the spread of major diseases such as polio, HIV/AIDS, and malaria. Many of our projects ensure that medical training facilities are located where the workforce lives.



WATER, SANITATION, AND HYGIENE

More than 2.5 billion people lack access to adequate sanitation facilities. At least 3,000 children die each day from diarrheal diseases caused by unsafe water. Our projects give communities the ability to develop and maintain sustainable water and sanitation systems and support studies related to water and sanitation.

At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, we provide immunizations and antibiotics to babies, improve access to essential medical services, and support trained health care providers for mothers and their children.





BASIC EDUCATION AND LITERACY

MATERNAL AND CHILD HEALTH

Sixty-seven million children worldwide have no access to education and more than 775 million people over the age of 15 are illiterate. Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy



COMMUNITY ECONOMIC DEVELOPMENT

Nearly 1.4 billion employed people live on less than \$1.25 a day. We carry out service projects that enhance economic and community development and develop opportunities for decent and productive work for young and old. We also help strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities.

ENVIRONMENT

We are committed to supporting activities that strengthen the conservation and protection of natural resources, advance ecological sustainability, and foster harmony between communities and the environment. We empower communities to access grants and other resources, embrace local solutions, and spur innovation in an effort to address the causes and reduce the effects of climate change and environmental degradation.



IMAGINE ROTARY

