

HABAGATAN



THE OFFICIAL E-BULLETIN OF THE ROTARY CLUB OF TOLONG

JULY 2023

VOLUME 1



**Tolong
Rotary
Club**



**Club No. 43129 , District 3860, Area 3E
Chartered on September 8, 1980, Bayawan City, Philippines
Meets every Wednesdays, 7:30 a.m. at Rtn. Rouay Ong's Residence,
Amparo's Village, Bayawan City**

THE FOUR-WAY TEST of the Things we Think, Say, or Do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and better FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

MISSION STATEMENT

The mission of Rotary International is to assist and guide Rotarians and Rotary Clubs to accomplish the Object of Rotary to ensure Rotary's continuing relevance, and to help build a better world, emphasizing service activities by individuals and groups that enhance the quality of life and human dignity, encouraging high ethical standards, and creating greater understanding among all people to advance the search for people in the world.

OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise, and in particular, to encourage and foster:

FIRST, the development of acquaintance as an opportunity for service;

SECOND, high ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying by each Rotarian's occupation as an opportunity to serve society;

THIRD, the application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH, the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

SERVICE ABOVE SELF

You serve your Club and all its members when you take time to attend meetings, work on committees, and promote Rotary's ideals through club projects and activities.

You serve all the members of your community when you take time to participate in the development of quality service for the youth, the elderly, the disabled, and the needy.

As you travel, you serve by taking time to learn about people from other countries, and their customs, needs, and beliefs.

And you serve by participating in Rotary programs such as the Rotary Foundation, Health, Hunger, Humanity Program, and World Community Service.

ROTARY HYMN

By George Canseco

I want to be a Rotarian for the world,
Make the Rotary flag be as the flag of peace unfurled;
I shall serve my community, help achieve universal unity.
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Refrain:

With the Four-Way Test I'll pursue my quest
And if I, in a way, help obtain peace in the world,
I shall not have lived in vain.

I observe 'Service above Self',
Lend a hand to all who need my help;
I'll get my Spouse to involve in Rotary
And in Rotary ways, I will train my family. **Repeat Refrain**

Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, why the good Lord is our guide.

Repeat Refrain

Peace be achieved,
We shall not have lived in vain.

ROTARY OFFICERS, DIRECTORS



R. Gordon R. McInally
President, Rotary International



Rey Lyndon T. Lawas
Assistant Governor, Area 3E



Rozanne 'Twinkle' Cocon-Gamboa
Governor, District 3860 Zone 3D

ROTARY CLUB OF TOLONG



Tom T. Opeña
Club President



Cindy H. Salimbatat
Club President Elect 2023-2024



Nalaine D. Llera
Club Secretary



Elbert D. Belarmino
Club Treasurer

DIRECTORS



Rogelio "Ogie" Dael
Past Assistant Governor
Club Foundation Chair



Novelito A. Herrero
Past President
Club Public Image Chair



Nalaine D. Llera
Executive Secretary



Gennikka Paula Reyes
Club Membership Chair

List of Officers and Active Members Rotary Year 2023-2024

No.	Name	Position	No.	Name	Position
1	Tom T. Opeña	Club President	11	Rafael Lazaro Jr.	Past Assistant Governor Member
2	Cindy H. Salimbatat	President Elect Club Service Project Chair	12	Lemuel V. Nacita	Past President Member
3	Nalaine D. Llera	Club Secretary Club Executive Secretary Director	13	Rouay Ong	Member
4	Elbert D. Belarmino	Club Treasurer	14	Jerome Piñero	Member
5	Rogelio Dael	Past Assistant Governor Club Foundation Chair	15	Charles Peter Saunders	Past President Resigned
6	Novelito A. Herrero	Past President Club Public Image Chair	16	Gemma G. Sumalpong	Member
7	Gennikka Paula S. Reyes	Club Membership Chair	17	Luis J. Sumalpong	Past President Member
8	Ulysses T. Alingcomot	Past President Member	18	Sunny A. Sy	Member
9	Jeremias C. Gallo	Past President Member	19	Elsa Vance	Member
10	Liberty Herrero	Member			

Greetings!

Congratulations to the Club Officers of the Rotary Club of Tolong for the Hope-Creating Rotary Year 2023-2024.



Rotary
District 3860



Message

Rotary International District 3860 Governor
Rozanne C. Gamboa
Rotary Year 2023-2024

As we embark on a new Rotary Year, we will be energized by a renewed spirit to sound in the world. We have set our District Goals as guided by the Rotary Citation.

We emphasized some innovations, such as updating our Club Constitution and By-laws to improve the basis of our Governance in the Club. With a uniform set of rules as suggested by Rotary International, we will be confident that it is attuned to the intent of our highest governing body.

Another new program is our service project on mental awareness entitled, Breaking the Stigma. In a world full of complex things, primarily upon the influence and interventions of social media, our members would be vulnerable to information overload that are sometimes inadequately processed. These may even result in a disturbed mind. As a response, our Rotary International President, R Gordon R McInally, suggests putting awareness on mental health awareness at the Club level and treating it like any other disorder, which accordingly may be rightfully addressed if anticipated and detected.

There are a lot more of these innovations. Still, our organization, Rotary International, has always trusted our Club leaders to do what they think is appropriate regarding culture and environment. We Filipinos have this natural talent to understand and address things surrounding us.

So as we begin with a new set of Club leaders, it is always in my prayers that success will always be the guiding word as we embark on our volunteer work of serving above ourselves.

I wish the new Club Officers the best of luck and always be mindful that your District is always here to support you with all you do.

President's Message



TOM T. OPEÑA
President
RY 2023-2024

As the Rotary Year 2023-24 with the theme "Creating Hope In The World" starts its 1st Semester, we are already seeing situations or opportunities, starting with our club - the Rotary Club of Tolong, where hope is being or can be created. We, Rotarians, are peacemakers and we can already consider being a peacemaker a success as Jesus Christ said blessed are the peacemakers for they shall be called children of God.

Secretary's Report

Date: Wednesday, July 5, 2023 Time: 7:30 PM

Activity: Regular Meeting

**Venue: Rtn. Rouay Ong's Residence
Amparo's Village, Bayawan City**

Attendees: 7 Rotarians, 1 Rotaractor

Agenda:

- 1. Planning for Blood-Letting Activities on July 15, 2023**
- 2. Finalizing the Steps on Membership Recruitment**
- 3. Club Uniform**
- 4. Submission of PE Details to the District**
- 5. Other Matters**
- 6. Pictorial**



Date: Wednesday, July 12, 2023 Time: 7:30 PM

Activity: Regular Meeting

**Venue: Rtn. Rouay Ong's Residence
Amparo's Village, Bayawan City**

Attendees: 5 Rotarians, 1 Rotaractor

Agenda:

- 1. Final Plan for Blood-Letting Activities**
- 2. Turn-over of Club Passbook and Finances to Treasurer for this Rotary year**
- 3. Other Matters**
- 4. Pictorial**

Date: Wednesday, July 19, 2023 Time: 7:30 PM

Activity: Regular Meeting

**Venue: Rtn. Rouay Ong's Residence
Amparo's Village, Bayawan City**

Attendees: 6 Rotarians

Agenda:

- 1. Update of signatories for RC Tolong Passbook Account**
- 2. Membership recruitment**
- 3. Rotaract DRR's Visit**
- 4. Other Matters**
- 5. Pictorial**



WHAT'S UP for the month?

COMMUNITY SERVICES

Activity: District Wide Rotary of Days Service - Rotary New Year with Children

Date: Saturday, July 1, 2023 Time: 9:00 AM

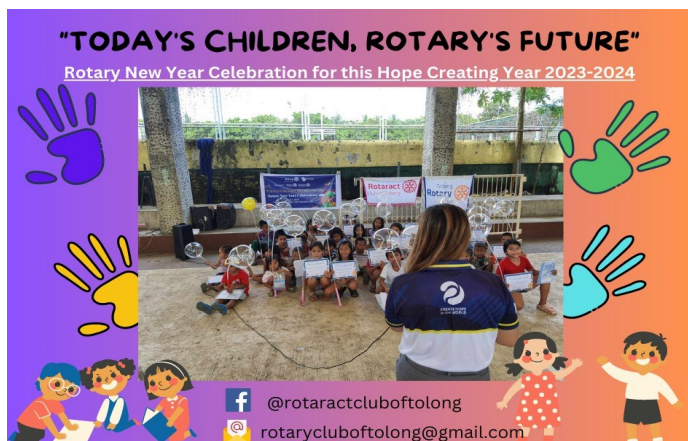
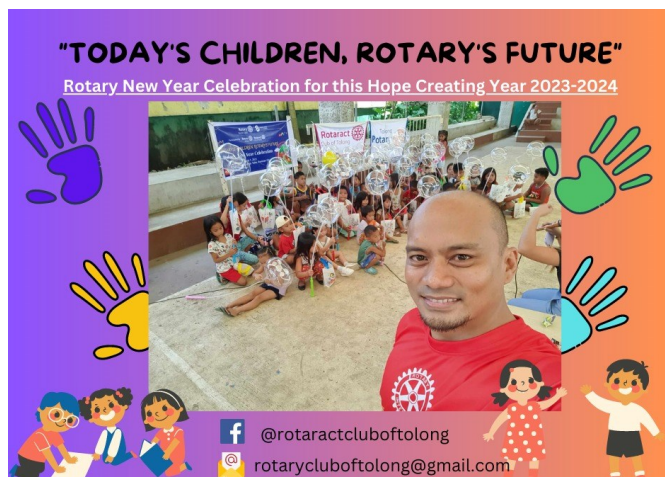
Beneficiaries: 30 children aged 5-8 years old

Venue: Barangay Suba Gymnasium, Bayawan City

Main Activities:

1. Lecture on Oral Hygiene
2. Draw & Color
3. Games
4. Feeding (Champorado)
5. Giving of Art Kit & Toiletries

Attendees: 9 Rotarians, 8 Rotaractors



WHAT'S UP for the month?

COMMUNITY SERVICES

Activity: District Wide Rotary of Days Service -Bloodletting

Date: Saturday, July 15, 2023 Time: 8:30 AM

**Venue: Bayawan National High School,
Junior High, Bayawan City**

Number of Donors: 32

Attendees: 8 Rotarians, 13 Rotaractors

DUGO MO, BUHAY KO



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Rotary Club of Tolong | Rotaract Club of Tolong | CREATE HOPE in the WORLD

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