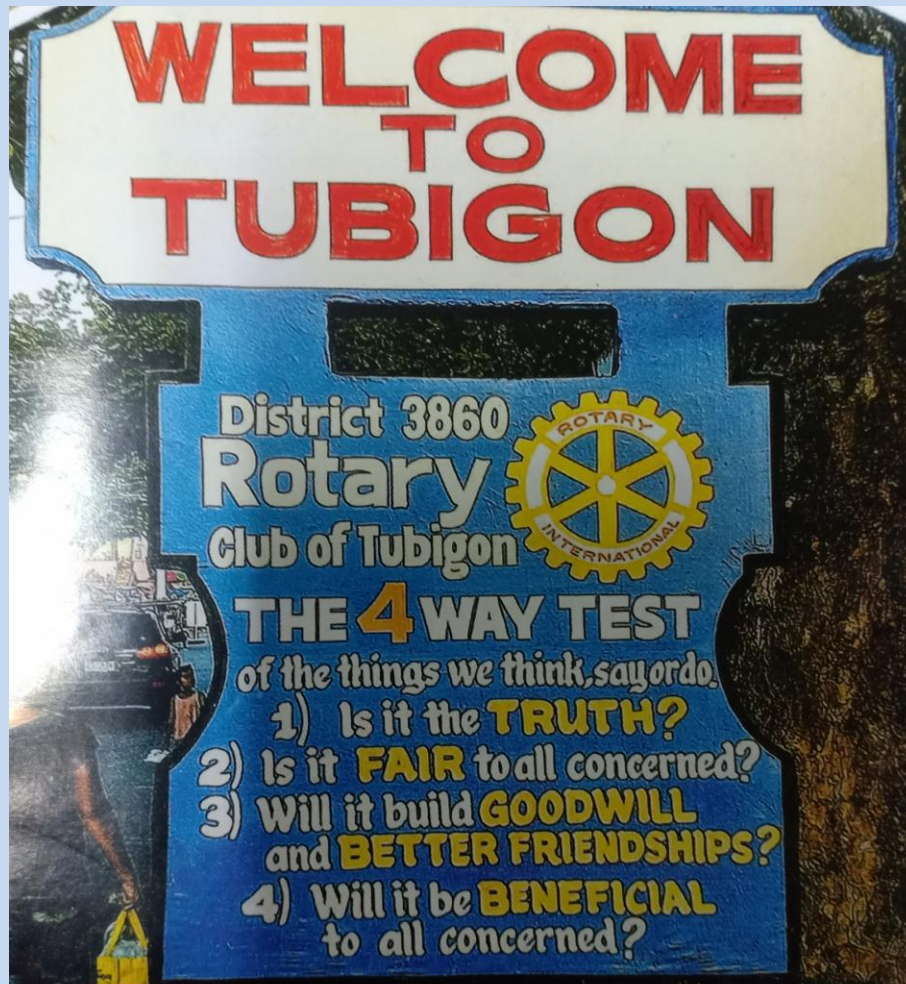


# ANG BUDJONG

RY 2020-2021  
The Official Bulletin of RC  
Tubigon



Heyrana's Farm, Tinangna, Tubigon, Bohol  
Charter Date: January 9, 2009  
Weekly Meeting: Sunday, 3 PM



*Together, we transform lives. Together, we open opportunities.*  
#ServiceAboveSelf #RotaryOpensOpportunities



**Club Officers RY 2020-2021**

**President:** Haydee C. Cabasan  
**Vice Pres:** Ma. Trina V. Sumayang  
**Secretary:** Maribel V. Sumayang  
**Asst. Sec:** Michael Estoquia  
**Treasurer:** Angelita B. Rabor  
**Asst Tres:** Nimfa R. Berdin  
**Auditor:** Ma. Cristina Montuya  
**TRF Chair:** Victoria Heyrana  
**Membership Chair:** Eliodoro Alindao  
**Public Relations:** Delia F. Lasco  
**Community Services:** Venus Balaga  
**Health Services:** Frederick Amarille  
**Vocational Services:** Jonas Bangcoy  
**Youth Service:** Macarmel Ranara  
**Club Service:** Phoebe S. Valer  
**Intl Service:** Hermann Wick  
**Service Project:** Conchita Wick  
**Administration:** Sonia Concepcion  
**Sgt at Arms:** Franco Concepcion

**Contributing Editors:**

Maribel Sumayang  
Delia Lasco  
Baby Heyrana  
Haydee Cabasan  
Lita Rabor

**VISITING ROTARIAN**

\_\_\_\_\_

This is to certify that the \_\_\_\_\_ above Rotarian attended our club meeting on \_\_\_\_\_ held at Rtn. Trina's Place.

August 30, 2020

Maribel Sumayang  
Club Secretary

*The Object of Rotary*

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

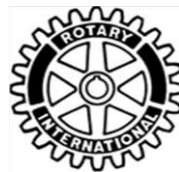
**FIRST.** The development of acquaintance as an opportunity for service

**SECOND.** High ethical standard in business and profession; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

**THIRD.** The application of the ideal of service in each Rotarian's personal, business and community life;

**FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

**THE FOUR – WAY TEST  
of the things we think, say or  
do:**



1. Is it the **TRUTH**?
2. IS it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

**Rotary Club of Tubigon  
District 3860  
4<sup>th</sup> Regular Meeting for RY 2020-2021**

3:00 PM Call to Order	Pres. Haydee Cabasan
Invocation & Pambansang Awit	Rtn. Eliodoro Alindao
Object of the Rotary & the 4 Way Test	Rtn. Cristy Montuya
Rotary Information	Rtn. Blanche Mascariñas
Fellowship Singing	Rtn. Venus Balaga
Laugh Line	Rtn. Trina Sumayang
Finest Moment	Rtn. Nimfa Berdin
Secretary's Time	Rtn. Maribel Sumayang
Health Tips	Rtn. Sonia Concepcion
Treasurer's Time	Rtn. Lita Rabor
Editor's Time	Rtn. Baby Heyrana
Facts of the Matter	Rtn. Michael Estoquia
President's Time	Pres. Haydee Cabasan
Other Matters	
Adjournment	

Yeng Ranara  
Toastmaster of the Day

### INVOCATION

*Father, As we gather here today, we thank you for the gift of fellowship and family. We ask that you strengthen us, restore us, and inspire us with your love. Let our discussions be charitable and our conclusions fruitful. Help us to strive with all our hearts to know what is pleasing to you. When we know your will, make us determined to do it. May the work that we do and the way we do it bring hope, life and courage to all Amen!*



*(Host Next Week – Emerald)*



**Together, we transform lives. Together, we open opportunities.**

**#ServiceAboveSelf #RotaryOpensOpportunities**



**President's Message**  
**HOLGER KNAACK**  
**President RI 2020-2021**



**AUGUST 2020** (*My Rotary Org*)

The year 2020 has brought monumental changes that have already included a global pandemic and a renewed call for social justice. We are reminded that we live in a constantly changing world, and Rotary is a reflection of that world.

We must be ready to listen and adapt, always drawing upon our core values of service, fellowship, diversity, integrity, and leadership. If we live these values and apply the Four-Way Test to all aspects of our lives, we will be prepared to lead at all times.

I am proud of how we have proven our ability to adapt. Faced with a pandemic, Rotary has not stopped. We moved meetings online and found new ways to serve. We turned the canceled 2020 Rotary International Convention in Honolulu into our first virtual convention. Each week, we are proving that Rotary is a flexible gathering that happens anywhere – in traditional meetings, on cellphones, and on computers. Rotary offers a way to connect for everyone who wants to, at any time, and will continue to do so.

Some have even told me that they enjoy Rotary's mix of online and in-person meetings more now than before! How can we build on this momentum and seize the opportunity to embrace change so that Rotary keeps thriving?

For me, supporting new clubs is key. They are no longer just experiments but a real part of Rotary today. In addition to traditional clubs, we have e-clubs, Rotaract clubs, caused based clubs, and passport clubs. These help make Rotary more inclusive, more flexible, and more attractive to new members. Visit these clubs, exchange ideas and partner with them, and promote them to one another and to our communities.

We all agree that we need to grow Rotary, but sometimes we can get caught up in the numbers game and lose sight of the bigger picture. After all, an increase in membership is meaningless if next year, those new members leave our clubs. Let's grow Rotary sustainably. Rotary's flexible options for participation will engage members and show the community how we're different from any other club. Let's celebrate that Rotary is now less about rules and more about joining together in a variety of ways besides traditional meetings.

I recommend that each club hold an annual strategy meeting to ask – and honestly answer – if we are doing all we can for our members and if our club reflects the community we serve. We are taking this approach at the international level, too. I am proud that six women are serving with me on the RI Board of Directors this year, the most we have ever had. Let's keep Rotary moving in this direction at every level. We need more perspectives, more diversity, for Rotary to thrive.

It's fascinating to imagine how we will find new ways to adapt and stay nimble this year and beyond. But I am also inspired about what hasn't changed and never will in Rotary: the friendships, the networking, the ethics, and the service. Indeed, these are the values that make Rotary attractive to all.

As Rotary's Founder, Paul Harris said, we have to be revolutionary from time to time. Now is such a time. *Rotary Opens Opportunities* – countless ones – for us to embrace change that will strengthen us even as we remain true to our core values.

# "Rotary Hymn"



I want to be a Rotarian for the world,  
Make the Rotary flag be a flag of  
peace unfurled;  
I will serve my community,  
Help to seek international unity.  
Through Rotary, I will dedicate my all,  
World understanding shall be my  
cherished goal.

**Refrain:** With the Four Way Test  
I will pursue my quest  
And if I, in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

I'll observe service above self,  
Lend a hand to all who need my help;  
I'll get my spouse to involve in Rotary  
And in Rotary ways I will train my  
family.

**Refrain:** With the Four Way Test  
I will pursue my quest  
And if I, in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

Build a bridge for tomorrow's youth,  
Strengthened by nothing but the truth;  
Let's join our hands, there's no reason  
to divide..

We shall all understand, while the good  
Lord is our guide

Peace be achieved, so we won't have lived in vain



## Laugh Line

### Joke no. 1

LOLO: Apo, tag okay naa imo teacher,  
ning absent raba ka!

APO: Lo, tago pud kay ako raba ge  
ingnan ning absent ko kay NAMATAY  
ka.

### Joke no. 2

Let's learn some Japanese language:

Rice – HUKARA

Lubi – KAGURA

Pagka-on – KUTSARAA

Auto - TOYOTA

Motor – HONDA

Tractor – KUBOTA

Sud-an – MISWA

Cute – AKURA

Bati'g Nawng – SILARA

Pangit – GABASA

Ipasa para makabalos ka!

### Joke no. 3

TEACHER: Juan spell ambulance

JUAN: A.....M.....B.....

TEACHER: faster!

JUAN: wew wew wew wew!

Tabi ma'am kay mabangga ka!



# ROTARY INFORMATION

By: Ryan Hyland

Jennifer E. Jones, a member of the Rotary Club of Windsor-Roseland, Ontario Canada, has been nominated to become Rotary International's president for 2022-23, a groundbreaking selection that will make her the first woman to hold that office in the organization's 115-year history. Jones will officially become president-nominee on 1 October if no other candidates challenge her.



Jones says she sees Rotary's Action Plan as a catalyst for increasing Rotary's impact. "As we reflect upon our new strategic priorities, we could have never envisioned that our ability to adapt would become our North Star during what is inarguably the most profound time in recent history", Jones said in her vision statement. "Silver linings rise out of the most challenging circumstances. Using metric-driven goals, I will harness the historic landscape to innovate, educate, and communicate opportunities that reflect today's reality."

As the first woman to be nominated to be president, Jones understands how important it is to follow through on Rotary's Diversity, Equity, and Inclusion (DEI) Statement. I believe that diversity, equity, and inclusion...begins at the top and for us to realize growth in female membership and members under the age of forty – these demographics need to see their own reflection in leadership," Jones said. "I will champion double-digit growth in both categories while never losing sight of our entire family."

Jones is founder and president of Media Street Productions Inc., an award-winning media company in Windsor. She was chair of the board of governors of the University of Windsor and chair of the Windsor-Essex Regional Chamber of Commerce. She has been recognized for her service with the YMCA Peace Medallion, the Queen's Diamond Jubilee Medal, and Wayne State University's Peacemaker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D.).

Jones recently led the successful #RotaryResponds telethon, which raised critical funds for Covid-19 relief and was viewed by more than 65,000. Jones has also received Rotary International's Service Above Self Award and the Rotary Foundation Citation for Meritorious Service. She and her husband, Nick Krayacich, are members of The Rotary Foundation's Arch Klumph Society, Paul Harris Society, and the Bequest Society.

**4<sup>th</sup> Regular Meeting for RY 2020-2021**  
**August 30, 2020**  
**Minutes of the Meeting**

Percentage of Attendance on August 16, 2020 was 57%

Present: Rtns. Trina, Lita, Nimfa, Baby, Michael, Maribel, Yeng, Delia, Gboy, Macking, Phoebe, Merna, Cristy, Haydee, and Blanche  
 Absent: Rtns. Venus, Chit, Sonia, Rick, Raymond, Hermann, Jonas, Tess, Franco, and Manno  
 On Leave: Rtn. Ado

**SALIENT POINTS discussed during the Regular Meeting held last August 16, 2020 at Rtn. Trina's Place.**


- Pres. Haydee gave update on the following:
  - TRF Grant Seminar thru zoom last Aug. 15, 2020; (contributing to TRF gives more substance to being a Rotary Member – not to underestimate the little amount that we can give);
  - There will be a Membership Training/Seminar come Sept.;
  - Aug. 21 – schedule for putting up of the Covid Prevention Tips Signages; need to ask permission from the Church, Mayor (for Market, Plaza/Outpost), Central School, PNB; wear the new End Polio Shirt;
  - Sept. 5 – schedule for Tree Planting (there are 50 seedlings available; need to ask more from DA; Bishop Abet wants to join; this will be in partnership with POSANS);
  - Rtns. Chit and Hermann's departure for Germany might not push thru on Aug. 18;

There being no other items to be discussed, the meeting was adjourned at 5:30 PM.

<b>ROTARY CLUB OF TUBIGON</b>			No . Of
<b>PROJECT ACCOMPLISHMENTS RY 2020-2021</b>			<b>Rotarians/</b>
<b>27-Aug-20</b>			<b>RCC members</b>
<b>DATE</b>	<b>PROJECT / ACTIVITIES</b>	<b>VENUE</b>	
4-Jul-18	Hand Over of PPEs	Tubigon, Bohol	5.00
8-Aug-20	ACOM	Zoom	2.00
15-Aug-20	TRF and Grant Mgt Seminar	Zoom	2.00
	Posting of Covid Prevention Tips		
21-Aug-20	Signages	Tubigon, Bohol	11.00

# HEALTH TIPS


NSW Department of Education



## 5 Finger breathing

- 1 Spread your fingers wide
- 2 With your other hand, put one finger against the bottom of your thumb
- 3 Trace your thumb - breathe in as your finger rises, breathe out while it falls
- 4 Keep tracing your fingers until you get to the pinky - remember to breathe in and out!
- 5 How are you feeling? If you need to, start again

education.nsw.gov.au




## FACTS OF THE MATTER


# BE BIGGER THAN YOUR EXCUSES

@HUSTLE2ACHIEVE


**I DIDN'T HAVE THE TIME,  
BUT I MADE TIME.**




**I DIDN'T HAVE THE KNOWLEDGE,  
BUT I KEPT LEARNING.**



**I DIDN'T HAVE THE SUPPORT,  
BUT I LEARNED TO SUPPORT MYSELF.**



**I HAD PLENTY OF EXCUSES,  
BUT I CHOSE NOT TO USE ANY OF THEM.**







## EDITORIAL – Proper Screening (The Phil. Star – 08.11.2020)

Filipinos continue returning en masse from different countries, most of them workers who lost their jobs abroad amid the coronavirus pandemic. Since the start of the community quarantine in mid-March, 221,275 overseas Filipinos have returned to the country. All of them were required to undergo 14-day quarantine upon arrival.

The Department of Health has reported that 211,540 of the returning Filipinos have been released from quarantine while 4,831 have tested positive for coronavirus disease 2019. Of that number, the DOH said 4,113 have recovered, 574 remain in hospital while five have died of Covid-19.

Another 1,796 Filipinos staying abroad have also tested positive, the DOH reported. The Department of Foreign Affairs, for its part, has recorded 9,692 confirmed COVID cases among Filipinos staying abroad.

Screening of all people entering the Philippines amid the pandemic, Filipinos and foreigners alike, must be stringent as the country grapples with community transmission of Covid-19. International flights are still limited so this is possible.

The global spread of COVID from the Chinese city of Wuhan has been attributed to international travel. In the Philippines, the belated ban on travelers from China gave the country its first Covid case on Jan. 30: a 38-year-old female Chinese tourist from Wuhan. Her male companion from Wuhan, the Philippine's patient No. 2, died on Feb. 1 in Manila.

By March 7, the first case of local transmission was recorded. And by March 11, a 67-year-old woman with no history of overseas travel became the first Filipino to die of COVID.

These developments show the importance of screening travelers and subjecting them to proper testing and isolation. In the Philippines, local government executives have complained of recording their first Covid cases only after the arrival of locally stranded individuals from Metro Manila.

The DOH has stressed the detecting SARS-CoV-2 requires the "gold standard" reverse transcription-polymerase chain reaction swab testing and not just the rapid test for the presence of antibodies. A positive swab test result must be followed by proper isolation for anyone who tests positive.

There is general agreement that the country needs to gradually reopen the economy. But reopening without the necessary measures to prevent the further spread of COVID can only spell disaster, for both the economy and the public health.

# TREASURER'S REPORT

Regular Meeting for RY 2019-2020				
8/30/2020				
Treasurer's Report				
<b>CASH IN BANK -</b>				
Cash General Fund			64.61	
Budjong Funds			16,340.00	
Project Fund			10,332.95	
Scholars'Fund			18,414.04	
			<b>45,151.60</b>	
<b>CASH ON HAND -</b>				
Cash General Fund				
Balance Frowarded			8,651.35	
C A -Pres Haydee for RI	63,000.00			
Total Invoice w/ OR	(60,732.00)			
	2,268.00			
Freight & Handling	(473.00)			
	1,795.00		1,795.00	
Add: Collections-Aug 16, 2020				
<b>SAR:</b> Blanche Laborte -			1,000.00	
Michael Estoquia			500.00	
<b>District Levy:</b>				
Franco Concepcion			500.00	
Sonia Concepcion			500.00	
<b>Disaster Levy:</b>				
Franco Concepcion			100.00	
Sonia Concepcion			100.00	
			13,146.35	
Less: COVID Tarps			(1,350.00)	
			11,796.35	11,796.35
<b>BUDJONG Funds:</b>				
<b>Cash on Hand</b>				2,640.61
<b>PROJECT FUND</b>				
Cash on Hand- Forwarded			510.00	
Finest Moment - Aug 16, 2020			620.00	
			1,130.00	
Less: TF - Abner			(500.00)	
			630.00	630.00
				15,066.96
				(1,500.00) 3 unpaid T-Shirts (tapal)
<b>Total Cash on Hand</b>			<b>13,566.96</b>	

# PICTURE PERFECT

***A Covid prevention information drive as a Disease Prevention and Treatment Project of the Rotary Club of Tubigon.***



**Tubigon Plaza/Outpost**

**Tubigon Market**



**BMLC**

**Cahayag waiting shed**

**San Isidro Church**



**PNB**

**With Dr. Yul Lopez Tubigon West Central**

**BOHECO**



# ATTENDANCE

## SUMMARY OF ATTENDANCE FOR RY 2020-2021

As of August 30, 2020

ROTARIANS	No. of Meetings	Meetings Attended	Meeting Missed	SERVICE CREDITS			Attendance
				EARNED	UTILIZED	BALANCE	
<b>TEAM DIAMOND</b>							
Venus Balaga	4	0	4				0%
Chit Wick	4	0	3				0%
Ma. Trina Sumayang	4	2	2	1			50%
Sonia Concepcion	4	0	4				0%
Angelita Rabor	4	4	0	1			100%
Nimfa Berdin	4	4	0				100%
<b>TEAM SAPPHIRE</b>							
Victoria Heyrana	4	4	0	1			100%
Michael Jenniver Estoquia	4	1	3	1			25%
Maribel Sumayang	4	4	0	1			100%
Pedrito Cabasan	4	0	0				0%
Frederick Amarille	4	0	4				0%
Macarmel Ranara	4	4	0	1			100%
<b>TEAM EMERALD</b>							
Raymond Castro	4	0	4				0%
Delia Lasco	4	4	0				100%
Gboy Rabor	4	3	1				75%
Maricris Montuya	4	4	0	1			100%
Hermann Wick	4	0	3				0%
Phoebe Valer	4	4	0	1			100%
Merna Echeverri	4	4	0	1			100%
<b>TEAM PEARL</b>							
Jonas Bangcoy	4	1	3				25%
Tess Manigo	4	1	3				25%
Franco Concepcion	4	0	4				0%
Eliodoro Alindao	4	1	3	1			25%
Cristy Montuya	4	3	1				75%
Haydee Cabasan	4	4	0	1			100%
Blanche Mascariñas	4	2	2				50%



## RC TUBIGON MEMBERS

<b>TEAM DIAMOND</b>	<b>ID Number</b>	<b>PHF</b>	<b>Birthdays</b>
Venus C. Balaga	8081500	PHSM + 1	January 13
Chit Wick	8081505	PHF	January 17
Ma. Trina V. Sumayang	8083610		January 19
Sonia C. Concepcion	6966788	PHF	January 30
Angelita B. Rabor	8237009		February 12
Nimfa R. Berdin	9322868		March 8

<b>TEAM SAPPHIRE</b>	<b>ID Number</b>	<b>PHF</b>	<b>Birthdays</b>
Victoria C. Heyrana	6966796		April 10
Michael Jenniver Estoquia	9194294		April 6
Maribel Sumayang	10652791		April 12
Pedrito Cabasan	8613843		June 6
Frederick Amarille	10652801		July 2
Macarmel Ranara	10652797		July 16

<b>TEAM EMERALD</b>	<b>ID Number</b>	<b>PHF</b>	<b>Birthdays</b>
Raymond Castro	10652805		July 20
Delia F. Lasco	6966795	PHF	July 24
Glenn Joseph Rabor	10929469		August 13
Maricris Montuya	10929468		August 22
Hermann Wick	8081503	PHF	August 28
Phoebe S. Valer	10652806		Sept 19
Jonas Bangcoy	10652789		Sept 21

<b>TEAM PEARL</b>	<b>ID Number</b>	<b>PHF</b>	<b>Birthdays</b>
Tess V. Manigo	10652794		Sept 25
Merna Echiverri	10929460		Sept 29
Franco Concepcion	6966789	PHF	October 04
Eliodoro Alindao Jr.	8081496		November 2
Cristy G. Montuya	6966785	PHSM + 2	Nov 06
Haydee C. Cabasan	8399188		Nov 27
Blanche Mascariñas	10929458		Nov 27

### **Honorary Members**

1. Maria (BicBic) Bangcoy
2. Amy Barreda
3. HerryUy
4. Dave Collins
5. William R. Jao
6. Yolanda Mascarinas
7. Walter Lasaca



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