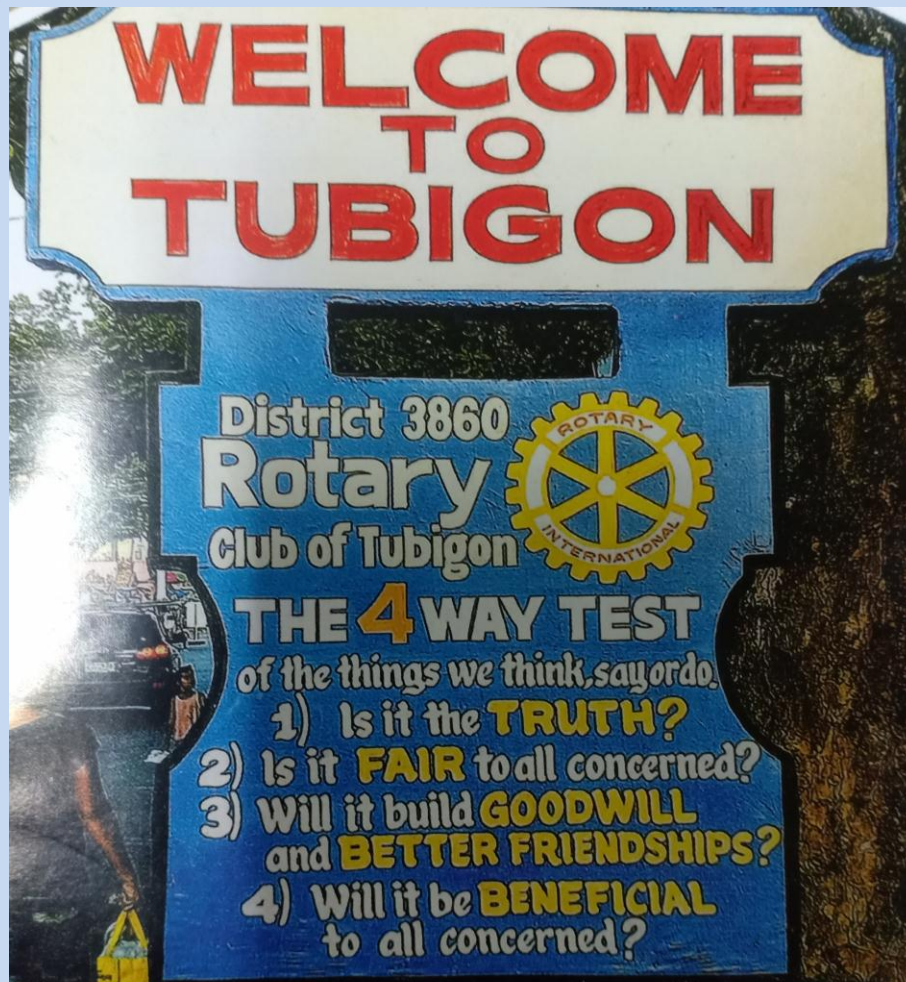


# ANG BUDJONG

RY 2020-2021  
The Official Bulletin of RC  
Tubigon



Heyrana's Farm, Tinangna, Tubigon, Bohol  
Charter Date: January 9, 2009  
Weekly Meeting: Sunday, 3 PM



*Together, we transform lives. Together, we open opportunities.*  
#ServiceAboveSelf #RotaryOpensOpportunities



**Club Officers RY 2020-2021**

- President:** Haydee C. Cabasan
- Vice Pres:** Ma. Trina V. Sumayang
- Secretary:** Maribel V. Sumayang
- Asst. Sec:** Michael Estoquia
- Treasurer:** Angelita B. Rabor
- Asst Tres:** Nimfa R. Berdin
- Auditor:** Ma. Cristina Montuya
- TRF Chair:** Victoria Heyrana
- Membership Chair:** Eliodoro Alindao
- Public Relations:** Delia F. Lasco
- Community Services:** Venus Balaga
- Health Services:** Frederick Amarille
- Vocational Services:** Jonas Bangcoy
- Youth Service:** Macarmel Ranara
- Club Service:** Phoebe S. Valer
- Intl Service:** Hermann Wick
- Service Project:** Conchita Wick
- Administration:** Sonia Concepcion
- Sgt at Arms:** Franco Concepcion

**Contributing Editors:**

- Maribel Sumayang
- Delia Lasco
- Baby Heyrana
- Haydee Cabasan
- Lita Rabor

**VISITING ROTARIAN**

This is to certify that the \_\_\_\_\_ above Rotarian attended our club meeting on \_\_\_\_\_ held at Rtn. Trina's Place.

January 16, 2020

Maribel Sumayang  
Club Secretary

*The Object of Rotary*

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

**FIRST.** The development of acquaintance as an opportunity for service

**SECOND.** High ethical standard in business and profession; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

**THIRD.** The application of the ideal of service in each Rotarian's personal, business and community life;

**FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

**THE FOUR – WAY TEST  
of the things we think, say or  
do:**



1. Is it the **TRUTH**?
2. IS it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

**Rotary Club of Tubigon  
District 3860  
10<sup>th</sup> Regular Meeting for RY 2020-2021**

6:00 PM Call to Order	Pres. Haydee Cabasan
Invocation & Pambansang Awit	Rtn. Raymond Castro
Object of the Rotary & the 4 Way Test	Rtn. Delia Lasco
Rotary Information	Rtn. Gboy Rabor
Fellowship Singing	Rtn. Macking Montuya
Laugh Line	Rtn. Phoebe Valer
Finest Moment	Rtn. Elliot Alindao
Secretary's Time	Rtn. Maribel Sumayang
Health Tips	Rtn. Cristy Montuya
Treasurer's Time	Rtn. Lita Rabor
Editor's Time	Rtn. Blanche Mascariñas
Facts of the Matter	Rtn. Venus Balaga
President's Time	Pres. Haydee Cabasan
Other Matters	
Adjournment	

Trina Sumayang  
Toastmaster of the Day

**INVOCATION**

*Father, As we gather here today, we thank you for the gift of fellowship and family. We ask that you strengthen us, restore us, and inspire us with your love. Let our discussions be charitable and our conclusions fruitful. Help us to strive with all our hearts to know what is pleasing to you. When we know your will, make us determined to do it. May the work that we do and the way we do it bring hope, life and courage to all Amen!*



*(Host Next Week – Diamond)*



**Together, we transform lives. Together, we open opportunities.**

**#ServiceAboveSelf #RotaryOpensOpportunities**



**President's Message**  
**HOLGER KNAACK**  
**President RI 2020-2021**



**JANUARY 2021** (*My Rotary Org*)

January is finally here. As we look forward to 2021, our thinking doesn't have to stop at the end of these 365 days. Are you thinking ahead about what you will be doing in 2022, 2023 and beyond?

We cannot foresee the future, but we can steer ourselves where we want to go. I think it is important that every Rotary Club hold a strategic meeting at least once a year. Past RI Director Greg Yank, who has a lot of experience working with clubs on their plans, shares his viewpoint.

A famous aphorism states, "By failing to prepare, you are preparing to fail." Planning is essential to achieving success in all areas of life,

including Rotary, and we're getting better at it every year.

Strategic planning for Rotary clubs works. I have helped many clubs find that pathway by working with them to build what I call a blueprint, a multiyear plan that answers the fundamental question: "what is our vision for our club?" The best plans I have seen are those that are focused, when a club concentrates its resources on the best opportunities it has. Your Rotary club cannot be all things to its members and to the community it serves; it has limited human, financial, and time resources. A successful plan factors in assets and limitations to chart the desired pathway for your members.

Begin building a multiyear strategic plan by brainstorming with your club, asking, "What are our initiatives and priorities for the next two to three years?" Document your answers using action-oriented language that is specific, concrete, and measurable about the goals you want to achieve.

Next, narrow down your initiatives to a core set of three to five priorities. Your club will then develop specific objectives for each initiative, outlining who will be involved, key milestones of achievement, how progress will be tracked, and a timeline for completion. Keep your plan short and simple.

Then go out and do it. Review the progress you make toward accomplishing the initiatives, and revise as needed at least once a year. Rotary has a solid template to assist clubs in their planning, which you can find at [my.rotary.org/en/documents/strategic-planning-guide](https://my.rotary.org/en/documents/strategic-planning-guide).

We want to enrich and enliven our clubs with new discussions and ideas. But how do we attract the diverse professionals, from different backgrounds, ages, and experiences, who are all driven by as strong sense of integrity as we are?

Through strategic planning, we explore this question to define the very nature of our club and the value it offers to its members and to the community. Each club is different, and each club's value will be unique. During the planning process, clubs may also find that some of the activities they used to do are no longer relevant or attractive.

Once your club makes a strategic plan, it's time to take action and carry out the necessary changes. When we do that – as we engage members in vibrant and active clubs that not only have fun but also serve their communities with projects that have real and lasting impact – our clubs grow stronger. And when we discover what makes our own clubs unique and build upon those core values in all our efforts, Rotary Open Opportunities to enrich the lives of everyone.

# "Rotary Hymn"



I want to be a Rotarian for the world,  
Make the Rotary flag be a flag of  
peace unfurled;  
I will serve my community,  
Help to seek international unity.  
Through Rotary, I will dedicate my all,  
World understanding shall be my  
cherished goal.

**Refrain:** With the Four Way Test  
I will pursue my quest  
And if I, in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

I'll observe service above self,  
Lend a hand to all who need my help;  
I'll get my spouse to involve in Rotary  
And in Rotary ways I will train my  
family.

**Refrain:** With the Four Way Test  
I will pursue my quest  
And if I, in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

Build a bridge for tomorrow's youth,  
Strengthened by nothing but the truth;  
Let's join our hands, there's no reason  
to divide..

We shall all understand, while the good  
Lord is our guide

Peace be achieved, so we won't have lived in vain



## Laugh Line

### Joke no. 1

Doc: Unsay imong gibait?

Pas: Kung moinom kug beer nya  
libre...ok ra man pero kung pa.amoton  
kug apil, mo sakit man akong tiyan.  
Ngano d I ni doc?

Doc: Delikado ni imong sakit kay nipis  
na kaau imong atay pero baga kaayo ka  
ug nawong!

### Joke no. 2

Teacher: Ok class imagina na  
milyonaryo mo tanan karon. Isulat ang  
storya sa kinabuhing milyonaryo.

(wala mag suwat si Pedro)

Teacher: O Pedro, nganong wala man ka  
nag suwat?

Pedro: Ah, kuwan Ma'am, gahuwat man  
gud ko sa akong sekretarya. Siya ra  
akong pasuwaton.

### Joke no. 3

Teacher: How may liters does a Coke  
litro have?

Pupil: 4! Liter C, Liter O, K ug E.



# ROTARY INFORMATION

## Why you should care about Rotary branding

*By: Liz Thiam, Rotary brand specialist*

As a Rotary brand specialist, I see Rotary signs everywhere. I guess you could say it's an occupational hazard. Even my children spot Rotary signs wherever we go. So when I attended a local Rotary event in my hometown last year, I couldn't help but notice how Rotary's logo was being used.

When a club logo isn't used properly, it can create confusion and mistrust. In 2012, Coca-cola temporarily replaced the iconic red can with White cans that featured polar bears on it for the holidays. But they had to pull them from shelves when retailers and customers reported being confused. The cans looked too much like Diet Coke cans, and that's not what customers wanted.

This is one example of what happens when a logo is altered. By just changing the can color, the public was frustrated. They didn't trust the product anymore. And that impacts the brand.

Now imagine that each Rotary, Rotaract, and Interact Club had its own logo. How would the public know which Rotary club to trust, to join, or to donate money to?

**When a club alters the Rotary logo** – it weakens our global brand. That can impact our ability to attract future members, earn the trust of donors, encourage volunteers to help on our service projects, and even secure partnership opportunities. Old branding tells the public that this club is outdated. Inconsistent branding sends mixed messages of who we are. Studies show that consistent logo use builds organizational trust and awareness. Isn't that something we all want for Rotary – to be a trusted organization in our communities?



## 10<sup>th</sup> Regular Meeting for RY 2020-2021

January 16, 2021

### Minutes of the Meeting

Percentage of Attendance on December 20, 2020 was 59%

Present: Rtns. Venus, Trina, Lita, Baby, Maribel, Ado, Yeng, Delia, Macking, Phoebe, Mannoi, Cristy, and Haydee

Absent: Rtns. Sonia, Nimfa, Michael, Rick, Raymond, Gboy, Franco, and Blanche

On Leave: Rtn. Merna

#### **SALIENT POINTS discussed during the Regular Meeting held last December 20, 2020 at Rtn. Baby's Place.**

- Pres. Haydee gave update on the donation drive re: Typhoon Ulysses; that RC Tubigon partnered with Project Moshi (PhP50K), RC Tuguegarao Rainbow (PhP50K), and RC Virac (PhP50K) for the giving out of the relief packages;
- That RC Tubigon is still looking for a 4<sup>th</sup> partner for the donation drive as there is still a remaining amount of about another PhP50K to PhP70K;
- As for the in-kind donations, IPP Trina is still waiting for the feedback from the person in Tagb who will help in the transport of the boxes;
- Tres. Lita was asked to prepare an amount to pay for the rent of the vehicle in transporting the in-kind donations;
- Sec. Maribel gave update on RC Tubigon's Christmas/Outing in Bluewaters Panglao.

There being no other items to be discussed, the meeting was adjourned at 6:00 PM.

PROJECT ACCOMPLISHMENTS RY 2020-2021			Rotarians/ RCC members
DATE	PROJECT / ACTIVITIES	VENUE	
15-Jan-21			
4-Jul-18	Hand Over of PPEs	Tubigon, Bohol	5.00
8-Aug-20	ACOM	Zoom	2.00
15-Aug-20	TRF and Grant Mgt Seminar	Zoom	2.00
21-Aug-20	Posting of Covid Prevention Tips		
21-Aug-20	Signages	Tubigon, Bohol	11.00
19-Sep-20	Membership Training	Zoom	2.00
20-Sep-20	Blood Letting	Cebu	1.00
21-Sep-20	Blood Letting	Cebu	1.00
10-Oct-20	ACOM	Zoom	2.00
17-Oct-20	Mangroves Planting	Candijay, Bohol	7.00
24-Oct-20	Tree Planting	Tubigon, Bohol	7.00
7-Nov-20	Public Image Seminar	Zoom	2.00
14-Nov-20	Donation Drive		26.00
27-Dec-20	Area 1F Year End Assessment	Hennan Panglao	4.00
9-Jan-21	ACOM	Zoom	2.00

# HEALTH TIPS

## **10 Mental Health Tips to Beat the Holiday Blues**

- 1. Learn to Say No**
- 2. Spend Time With People You Enjoy**
- 3. Act Responsibly**
- 4. Do Everything in Moderation**
- 5. Maintain a Healthy Routine**
- 6. Don't Overspend**
- 7. Don't Isolate Yourself**
- 8. Avoid Drama and Conflict**
- 9. Be Practical**
- 10. Identify Your Triggers**



## FACTS OF THE MATTER

*Why do we close our eyes when we pray, cry, kiss or dream?  
Because the most beautiful things in life are not seen but felt by the heart.*  
*(inspiring-pictures.com)*





## EDITORIAL – The other viral outbreak (The Phil. Star)

Different vaccines against Covid-19 are finally coming out, promising an end to this once-in-a-century global scourge. There is another viral pestilence, however, that continues to call for urgent containment.

Pork prices went up during the holidays, and this wasn't just because of higher demand during the Yuletide season. Prices remain high as the local hog industry continues to battle African swine fever. The ASF infestation in the country is now in its second year. The initial scare abated as people were reassured that the ASF virus does not jump to humans, even if contaminated pork is inadvertently eaten.

The disease, however, is highly lethal to hogs, and highly transmissible. The infection has physical manifestations in the animal, which makes it difficult for hog raisers to sell their infected pigs, whether live or butchered for meat.

So the extraordinary containment measures implemented at the start of the ASF outbreak must remain in place. These include swine depopulation in farms or communities where ASF has been detected.

Hog industry players say 5.8 million of the country's 13 million heads of swine have been lost to ASF, wiping out an estimated P135 billion so far from the livestock industry. Luzon now relies heavily for its pork supply on producers in the Visayas and Mindanao, but what happens if ASF spreads to these areas?

The country's pork supply is 90% sourced locally, so importation may not meet the demand. Importing more meat also raises the risks of bringing in more livestock diseases, as the country does not even have a border inspection facility for frozen meat, fish, plants and other agricultural products.

Unless containment measures are intensified, thousands more hogs will be lost. The ASF containment protocols were laid out at the start of the epidemic. What is needed is strict enforcement, including thorough and efficient monitoring of all hog raisers in every community, from backyard breeders to large-scale operators.

# TREASURER'S REPORT

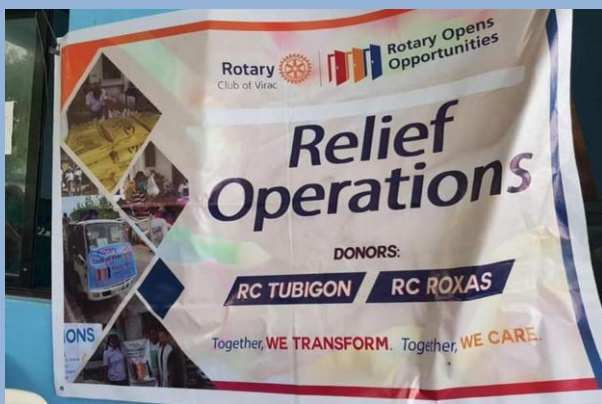
Regular Meeting for RY 2019-2020			
16/01/2021			
Treasurer's Report			
<b>CASH IN BANK-</b>			
Cash General Fund		64.61	
Budjong Funds		16,340.00	
Project Fund		10,332.95	
Scholars' Fund		18,414.04	
		45,151.60	
Typhoon Donation		56,175.15	
		101,326.75	
<b>CASH ON HAND-</b>			
<b>Cash General Fund</b>			
Balance Forwarded-Dec. 20, 2020		22,546.35	
<b>SAR:</b> Manoi Alindao-July-Dec2020	600.00		
Nirfa R. Berdin-July-Dec2020	2,100.00		
Adb Cabasan- Jan-June2021	2,100.00		
Haydee Cabasan- Jan-June2021	2,100.00		
Franco Concepcion-Jan -June2021	2,100.00		
Sonia Concepcion- Jan-June2021	2,100.00		
Michael Estoquia-Jan-June2021	500.00		
Manoi Alindao-Jan-June2021	500.00		
	12,100.00	12,100.00	
		34,646.35	
<b>BUDJONG Funds:</b>			
Cash on Hand		2,640.61	
<b>PROJECT FUND</b>			
Cash on Hand- Forwarded		630.00	
		37,916.96	
		(1,500.00)	3 unpaid T-Shirts (tapal)
<b>Total Cash on Hand</b>		36,416.96	
<b>Cash from Typhoon Donation</b>		2,731.00	
		<b>39,147.96</b>	

# PICTURE PERFECT

In our call for donation drive for the affected families of Typhoon Ulysses, a big **THANK YOU** to all those who extended their help!

## OUR PARTNERS:

Project Moshi, Rotary Club of Tuguegarao-Rainbow, Rotary Club of Virac, Mater Dei College-SSG, and BOHECO-I



# ATTENDANCE

## SUMMARY OF ATTENDANCE FOR RY 2020-2021

As of January 31, 2021

ROTARIANS	No. of Meetings	Meetings Attended	Meeting Missed	SERVICE CREDITS			Attendance
				EARNED	UTILIZED	BALANCE	
<b>TEAM DIAMOND</b>							
Venus Balaga	10	1	9				10%
Chit Wick	10	0	3				0%
Ma. Trina Sumayang	10	7	3	1			70%
Sonia Concepcion	10	0	10				0%
Angelita Rabor	10	10	0	1			100%
Nimfa Berdin	10	9	1				90%
<b>TEAM SAPPHIRE</b>							
Victoria Heyrana	10	10	0	1			100%
Michael Jenniver Estoquia	10	2	8	1			20%
Maribel Sumayang	10	10	0	1			100%
Pedrito Cabasan	10	6	0				60%
Frederick Amarille	10	0	10				0%
Macarmel Ranara	10	8	2	1			80%
<b>TEAM EMERALD</b>							
Raymond Castro	10	0	10				0%
Delia Lasco	10	10	0				100%
Gboy Rabor	10	7	3				70%
Maricris Montuya	10	8	2	1			80%
Hermann Wick	10	0	3				0%
Phoebe Valer	10	10	0	1			100%
Merna Echeverri	10	4	6	1			40%
<b>TEAM PEARL</b>							
Jonas Bangcoy	10	1	3				10%
Tess Manigo	10	1	3				10%
Franco Concepcion	10	0	10				0%
Eliodoro Alindao	10	5	5	1			50%
Cristy Montuya	10	8	2				80%
Haydee Cabasan	10	10	0	1			100%
Blanche Mascariñas	10	3	7				30%



## RC TUBIGON MEMBERS

### TEAM DIAMOND

	<b>ID Number</b>	<b>PHF</b>	<b>Birthdays</b>
Venus C. Balaga	8081500	PHSM + 1	January 13
Chit Wick	8081505	PHF	January 17
Ma. Trina V. Sumayang	8083610		January 19
Sonia C. Concepcion	6966788	PHF	January 30
Angelita B. Rabor	8237009		February 12
Nimfa R. Berdin	9322868		March 8

### TEAM SAPPHIRE

Victoria C. Heyrana	6966796		April 10
Michael Jenniver Estoquia	9194294		April 6
Maribel Sumayang	10652791		April 12
Pedrito Cabasan	8613843		June 6
Frederick Amarille	10652801		July 2
Macarmel Ranara	10652797		July 16

### TEAM EMERALD

Raymond Castro	10652805		July 20
Delia F. Lasco	6966795	PHF	July 24
Glenn Joseph Rabor	10929469		August 13
Maricris Montuya	10929468		August 22
Hermann Wick	8081503	PHF	August 28
Phoebe S. Valer	10652806		Sept 19
Jonas Bangcoy	10652789		Sept 21

### TEAM PEARL

Tess V. Manigo	10652794		Sept 25
Merna Echiverri	10929460		Sept 29
Franco Concepcion	6966789	PHF	October 04
Eliodoro Alindao Jr.	8081496		November 2
Cristy G. Montuya	6966785	PHSM + 2	Nov 06
Haydee C. Cabasan	8399188		Nov 27
Blanche Mascariñas	10929458		Nov 27

### Honorary Members

1. Maria (BicBic) Bangcoy
2. Amy Barreda
3. HerryUy
4. Dave Collins
5. William R. Jao
6. Yolanda Mascarinas
7. Walter Lasaca



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