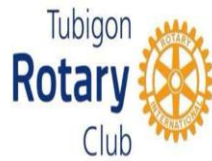
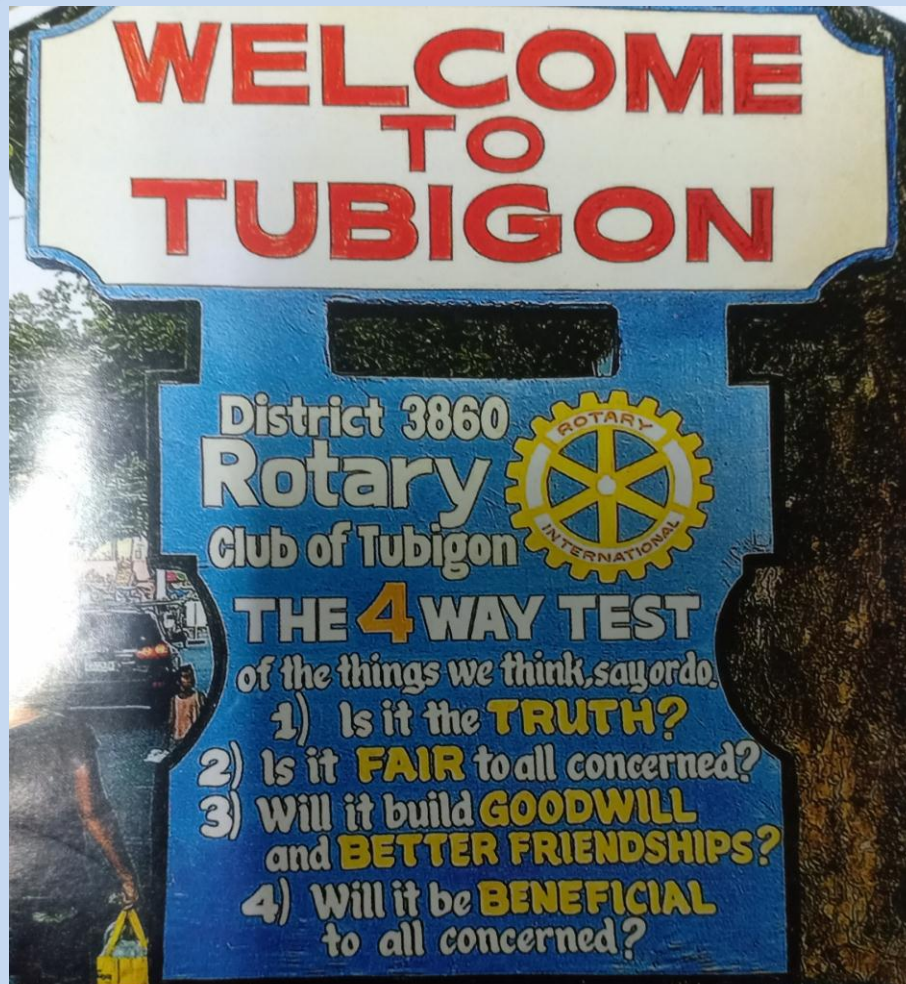


ANG BUDJONG

RY 2020-2021
The Official Bulletin of RC
Tubigon



Heyrana's Farm, Tinangna, Tubigon, Bohol
Charter Date: January 9, 2009
Weekly Meeting: Sunday, 3 PM



Together, we transform lives. Together, we open opportunities.
#ServiceAboveSelf #RotaryOpensOpportunities



Club Officers RY 2020-2021

- President:** Haydee C. Cabasan
- Vice Pres:** Ma. Trina V. Sumayang
- Secretary:** Maribel V. Sumayang
- Asst. Sec:** Michael Estoquia
- Treasurer:** Angelita B. Rabor
- Asst Tres:** Nimfa R. Berdin
- Auditor:** Ma. Cristina Montuya
- TRF Chair:** Victoria Heyrana
- Membership Chair:** Eliodoro Alindao
- Public Relations:** Delia F. Lasco
- Community Services:** Venus Balaga
- Health Services:** Frederick Amarille
- Vocational Services:** Jonas Bangcoy
- Youth Service:** Macarmel Ranara
- Club Service:** Phoebe S. Valer
- Intl Service:** Hermann Wick
- Service Project:** Conchita Wick
- Administration:** Sonia Concepcion
- Sgt at Arms:** Franco Concepcion

Contributing Editors:

- Maribel Sumayang
- Delia Lasco
- Baby Heyrana
- Haydee Cabasan
- Lita Rabor

VISITING ROTARIAN

This is to certify that the _____ above Rotarian attended our club meeting on _____ held at Rtn. Trina's Place.

February 18, 2021

Maribel Sumayang
Club Secretary

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

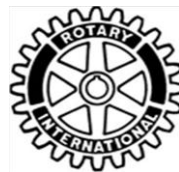
FIRST. The development of acquaintance as an opportunity for service

SECOND. High ethical standard in business and profession; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD. The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR – WAY TEST
of the things we think, say or do:



1. Is it the **TRUTH**?
2. IS it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

**Rotary Club of Tubigon
District 3860
13th Regular Meeting for RY 2020-2021**

6:00 PM Call to Order	Pres. Haydee Cabasan
Invocation & Pambansang Awit	Rtn. Nimfa Berdin
Object of the Rotary & the 4 Way Test	Rtn. Baby Heyrana
Rotary Information	Rtn. Michael Estoquia
Fellowship Singing	Rtn. Ado Cabasan
Laugh Line	Rtn. Yeng Ranara
Finest Moment	Rtn. Raymond Castro
Secretary's Time	Rtn. Maribel Sumayang
Health Tips	Rtn. Delia Lasco
Treasurer's Time	Rtn. Lita Rabor
Editor's Time	Rtn. Gboy Rabor
Facts of the Matter	Rtn. Macking Montuya
President's Time	Pres. Haydee Cabasan
Other Matters	
Adjournment	

Phoebe Valer
Toastmaster of the Day

INVOCATION

Father, As we gather here today, we thank you for the gift of fellowship and family. We ask that you strengthen us, restore us, and inspire us with your love. Let our discussions be charitable and our conclusions fruitful. Help us to strive with all our hearts to know what is pleasing to you. When we know your will, make us determined to do it. May the work that we do and the way we do it bring hope, life and courage to all Amen!



(Host Next Week – Diamond)



Together, we transform lives. Together, we open opportunities.

#ServiceAboveSelf #RotaryOpensOpportunities



President's Message
HOLGER KNAACK
President RI 2020-2021



FEBRUARY 2021 (My Rotary Org)

In Rotary, 23 February is our anniversary, and February is also the month when we focus on promoting peace. There is a reason for this: Contributing to peace and international understanding has been a high priority for us since our earliest days.

We are often asked: How can we get involved in peace now?" There are many paths to peace in Rotary. Our youth programs point us in the direction of Positive Peace, as does the work of intercountry committees and the Rotary Action Group for Peace.

Another path is the Rotarian Peace Projects Incubator (RPPI), an Inspirational collaboration among Rotarians, Rotaractors, and Rotary Peace Fellows and alumni. Led by Rotarians in Switzerland and Liechtenstein, RPPI has designed 48 global projects that any club can support, either directly or through Rotary Foundation global grants. Nino Lotishvili and Matthew Johnsen, alumni of the Rotary Peace Center at Chulalongkorn University in Bangkok, Thailand, are two of the many volunteers.

During my Rotary peace journey, I have learned how personal resilience helps build inner peace and create sustainable outer peace. This was the inspiration behind the Women Peace Ambassadors for the South Caucasus Project, which is based on my field research in Georgia. The RPPI team of Rotarians and peace fellows recognized the incredible potential of women from mixed-ethnicity families who live on borderlands to be role models for peace within and beyond their communities. Through workshops on building inner and outer peace that draw on the power of storytelling, 40 participants will be sharing their stories and reaching around 400 extended family and community members. These inspiring but marginalized women will reclaim their inner strength as peace builders at the grassroots level. In this way, we will take steps toward the sustainable, peaceful society we need so much, not only in our region, but throughout the world. – Nino Lotishvili

I was excited to join the peace incubator project and to further strengthen my ties with Rotary's peace community by working with past and current peace fellows to develop these proposals. My team wrote five proposals – three in Bangladesh, one in Iraq, and one in Poland – that focus on the arts and on education to generate dialogue across religious divisions and avert the radicalization of young people. I was inspired by how, despite the pandemic, we came together via technology with a vision to develop, test, and strengthen ideas and to produce workable solutions that clubs across the world can support to advance peace. I am excited to work with Rotary's peace community to transform these visions into reality. – Matthew Johnsen

Here is further proof that in Rotary, we prefer action to words. This is Rotary at its best. I encourage you to visit rppi.ch to explore projects and support them.

We have last 116 years because of our strong ethics, our passion for Service Above Self, and our unique approach to problem-solving. One of our greatest strengths is how we reach across our communities and across national, ethnic, religious, and political subdivisions to unite people of all backgrounds and to help others. This month, let's celebrate our history and the many ways that Rotary Opens Opportunities to advance world understanding, goodwill, and peace, our ultimate mission.

"Rotary Hymn"



I want to be a Rotarian for the world,
Make the Rotary flag be a flag of
peace unfurled;
I will serve my community,
Help to seek international unity.
Through Rotary, I will dedicate my all,
World understanding shall be my
cherished goal.

Refrain: With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
Then I won't have lived in vain.

I'll observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways I will train my
family.

Refrain: With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
Then I won't have lived in vain.

Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason
to divide..

We shall all understand, while the good
Lord is our guide

Peace be achieved, so we won't have lived in vain



Laugh Line

Joke no. 1

Nanay: Anak hindi ka ba nahihiya?! Linis ako ng linis ditto tapos ikaw laro ng laro lng jan.

Anak: Nay, diba mas nakakahiya kung ako naglilinis jan tapos ikaw naglalaro dito?

Joke no. 2

Anak: Etay, ano po sa English ang Utot?...Etay: Wind of Change. Anak: e yung utot na matunog? Etay: The Sound of Silence..Anak: oh yung utot na may kasama

Ebak? Etay: Dust in the Wind. Anak: eh yung utot hindi sinasadya? Etay: Careless Whisper. Anak: ah...eh yung utot na ipit? Etay: Please Release me! Anak: Eh yung utot na sobrang bantot at nakakahilo? Etay: Killing Me Softly!

Joke no. 3

Teacher: Our topic for today is Science, what is Science?

Juan: Science is our topic for today ma'am!

ROTARY INFORMATION

RI President-elect announces 2021-22 presidential theme

By: Ryan Hyland

Incoming Rotary International President **Shekhar Mehta** urged members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.

Mehta, a member of the Rotary Club of Calcutta-Mahanagar, West Bengal, India, revealed the 2021-22 presidential theme, *Serve to Change Lives*, to incoming district governors on 1 February during the Rotary International Assembly. The assembly, a yearly training event for district governors-elect, was originally set to take place in Orlando, Florida, USA, but was held virtually because of the Covid-19 pandemic.

Mehta spoke about how participating in service projects through Rotary changed him as a person and made him empathize more with the needs of others. Soon after joining his club, he helped carry out his projects that benefited rural communities in India.

Some of the poor conditions he saw in those communities strengthened his commitment to service. "I truly understand the plight of my brethren," he said.

Mehta encouraged district governors-elect to lead by example during their term and inspire Rotary and Rotaract members to participate in projects that have measurable and sustainable impacts. He's asking each club to conduct a Rotary Day of Service.

"At the end of your term as district governor, you should feel that because of your leadership, because of your inspiration to Rotarians and Rotaractors, the world has changed for the better because of the service done by them during the year," he said.

**14th Regular Meeting for RY 2020-2021
March 5, 2021
Minutes of the Meeting**

Percentage of Attendance on February 18, 2021 was 59%

Present: Rtns. Lita, Baby, Maribel, Ado, Yeng, Delia, Phoebe, Manno, Cristy, Haydee, Nimfa, Gboy, and Blanche,
Absent: Rtns. Sonia, Michael, Rick, Raymond, Franco, Venus, Trina, Macking
On Leave: Rtn. Merna

SALIENT POINTS discussed during the Regular Meeting held last February 18, 2021 at Rtn. Delia's Place.

- Pres. Haydee gave update on the recently concluded ACOM for Area 1 which was hosted by Area 1F (Bohol) last Feb 13, 2021.
- Update on the upcoming project in Batasan Island – the donated stuffs intended supposed to be for the typhoon Ulysses will be given instead to the residents in Batasan.
- Tentative date of the handing over of the donations will be on Feb 28, depending on the weather condition.
- On Feb 25, there will be a scheduled repacking of the donated items at BMLC at 8AM.
- As for the Welcome to Tubigon signage, Sec Belle updated to club that someone from LGU-Tubigon engineering dept is willing to fix the signage, labor plus the materials will cost PhP3,000.00.
- Election for RY 2021-22, Rtn Delia as PE and Rtn Baby as SE.

There being no other items to be discussed, the meeting was adjourned at 10:00 PM.

ROTARY CLUB OF TUBIGON			No . Of
PROJECT ACCOMPLISHMENTS RY 2020-2021			Rotarians /
2-Mar-21			RCC members
DATE	PROJECT / ACTIVITIES	VENUE	
4-Jul-18	Hand Over of PPEs	Tubigon, Bohol	5.00
8-Aug-20	ACOM	Zoom	2.00
15-Aug-20	TRF and Grant Mgt Seminar	Zoom	2.00
	Posting of Covid Prevention Tips		
21-Aug-20	Signages	Tubigon, Bohol	11.00
19-Sep-20	Membership Training	Zoom	2.00
20-Sep-20	Blood Letting	Cebu	1.00
21-Sep-20	Blood Letting	Cebu	1.00
10-Oct-20	ACOM	Zoom	2.00
17-Oct-20	Mangroves Planting	Candijay, Bohol	7.00
24-Oct-20	Tree Planting	Tubigon, Bohol	7.00
7-Nov-20	Public Image Seminar	Zoom	2.00
14-Nov-20	Donation Drive		26.00
27-Dec-20	Area 1F Year End Assessment	Hennan Panglao	4.00
9-Jan-21	ACOM	Zoom	2.00
13-Feb-21	ACOM	Zoom	2.00
25-Feb-21	Packing of goods for gift giving	Tubigon, Bohol	10.00
26-Feb-21	Seminar on Peace and Order	Zoom	2.00
28-Feb-21	Gift giving	Batasan, Tubigon	20.00

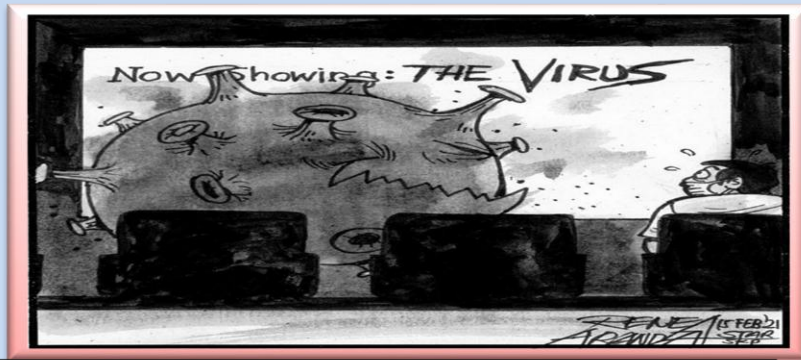
HEALTH TIPS

<p>Clean CLEAN Clean</p>	<p>YOUR YOUR YOUR</p>	<p>HANDS HANDS HANDS</p>
	<p>1 Clean hands often with alcohol-based hand cleaner. Rub hands well until completely dry.</p>	
<p>1 Use antimicrobial soap and warm water when hands are visibly dirty.</p>	<p>OR 2 Lather over hands, fingers, and nails.</p>	<p>3 Rinse hands completely.</p>
<p>4 Dry hands with paper towel or air dryer.</p>		<p>5 Turn off water with a paper towel, not bare hands.</p>
		<p>cosmoshospital.co.in</p>

10 TIPS TO STRESS LESS

- Get enough sleep 
- Listen to music 
- Go out with friends and socialise 
- Take a break & change your environment 
- Get moving be active! 
- Make time for yourself 
- Nourish your body 
- Speak to someone you trust 
- Practise Mindfulness 
- Spend time with family & loved ones 

WayAhead | stresslesstips.org.au



EDITORIAL – Balancing Act (The Phil. Star – 02.15.2021)

In the continuing dance with Covid-19, the government has decided to allow the reopening of cinemas and gaming arcades beginning this week in Metro Manila and other areas under general community quarantine, with physical distancing and other health protocols to be enforced.

Also allowed to reopen are driving schools, museums and public parks, while places of worship have been allowed to increase their indoor crowd capacity to 50 percent. So far these moves have been welcomed. But the reopening of cinemas as well as gaming arcades, even at limited capacity, is being opposed by mayors in Metro Manila, who fear that the move could turn these establishments into super spreaders of the coronavirus and, worse, of its more infectious variants, one of which has been reported in the country.

The OCTA Research Group has raised similar concerns and warned that the current flat COVID transmission in Metro Manila could quickly change due to such super spreaders.

Unlike places of worship, where distancing is enforced and the buildings are mostly not air-conditioned so outdoor air can freely circulate, cinemas must not only have air conditioning but must also be sealed against unwanted noises. Movie houses are nearly as enclosed as airplanes. But unlike, aircraft, cinemas don't have the special air filtration system that airlines stress can zap viruses and other pathogens as air is recirculated within a plane. And unlike passengers before their flight, moviegoers are not required to undergo reverse transmission polymerase chain reaction swab test for COVID before entering a cinema. As for gaming arcades, there are concerns that distancing might not be observed.

The government defended the decision, saying people need to return to their jobs. Additional guidelines will be issued, officials said, to ensure that health protocols are strictly enforced.

TREASURER'S REPORT

Regular Meeting for RY 2019-2020			
2/16/2021			
Treasurer's Report			
CASH IN BANK-			
Cash General Fund		64.61	
Budjong Funds		16,340.00	
Project Fund		10,332.95	
Scholars' Fund		18,414.04	
		45,151.60	
Typhoon Donation		56,175.15	
		101,326.75	
CASH ON HAND-			
Cash General Fund			
Balance Forwarded-Dec. 20, 2020		22,546.35	
SAR: Manci Alindao-July-Dec2020	600.00		
Nimfa R. Berdin-July-Dec2020	2,100.00		
Ado Cabasan- Jan-June2021	2,100.00		
Haydee Cabasan- Jan-June2021	2,100.00		
Franco Concepcion-Jan -June2021	2,100.00		
Sonia Concepcion- Jan-June2021	2,100.00		
Michael Estoquia-Jan-June2021	500.00		
Manci Alindao-Jan-June2021	500.00		
	12,100.00	12,100.00	
		34,646.35	
BUDJONG Funds:			
Cash on Hand		2,640.61	
PROJECT FUND			
Cash on Hand- Forwarded		630.00	
		37,916.96	
		(1,500.00)	3 unpaid T-Shirts (tapal)
Total Cash on Hand		36,416.96	
Cash from Typhoon Donation		2,731.00	
		39,147.96	

PICTURE PERFECT

RC Tubigon joins Rotary in celebrating its 116 years through a gift giving in Batasan, Tubgion



ATTENDANCE

SUMMARY OF ATTENDANCE FOR RY 2020-2021							
As of March 2, 2021							
ROTARIANS	No. of Meetings	Meetings Attended	Meeting Missed	SERVICE CREDITS			Attendance
				EARNED	UTILIZED	BALANCE	
TEAM DIAMOND							
1 Venus Balaga	13	2	10	1			15%
2 Chit Wick	13	0	3				0%
3 Ma. Trina Sumayang	13	7	6	2			54%
4 Sonia Concepcion	13	0	12	1			0%
5 Angelita Rabor	13	13	0	2			100%
6 Nimfa Berdin	13	11	2	1			85%
TEAM SAPPHIRE							
1 Victoria Heyrana	13	13	0	2			100%
2 Michael Jenniver Estoquia	13	4	9	2			31%
3 Maribel Sumayang	13	12	1	2			92%
4 Pedrito Cabasan	13	9	0	2			69%
5 Frederick Amarille	13	0	13				0%
6 Macarmel Ranara	13	10	3	2			77%
TEAM EMERALD							
1 Raymond Castro	13	1	12				8%
2 Delia Lasco	13	11	1	1			85%
3 Gboy Rabor	13	8	5	1			62%
4 Maricris Montuya	13	9	4	1			69%
5 Hermann Wick	13	0	3				0%
6 Phoebe Valer	13	12	1	2			92%
7 Merna Echeverri	13	4	9	1			31%
TEAM PEARL							
1 Jonas Bangcoy	13	1	3				8%
2 Tess Manigo	13	1	3				8%
3 Franco Concepcion	13	0	13	1			0%
4 Eliodoro Alindao	13	7	6	2			54%
5 Cristy Montuya	13	11	2	1			85%
6 Haydee Cabasan	13	13	0	2			100%
7 Blanche Mascariñas	13	4	9	1			31%

RC TUBIGON MEMBERS

TEAM DIAMOND	ID Number	PHF	Birthdays
Venus C. Balaga	8081500	PHSM + 1	January 13
Chit Wick	8081505	PHF	January 17
Ma. Trina V. Sumayang	8083610		January 19
Sonia C. Concepcion	6966788	PHF	January 30
Angelita B. Rabor	8237009		February 12
Nimfa R. Berdin	9322868		March 8

TEAM SAPPHIRE

Victoria C. Heyrana	6966796		April 10
Michael Jenniver Estoquia	9194294		April 6
Maribel Sumayang	10652791		April 12
Pedrito Cabasan	8613843		June 6
Frederick Amarille	10652801		July 2
Macarmel Ranara	10652797		July 16

TEAM EMERALD

Raymond Castro	10652805		July 20
Delia F. Lasco	6966795	PHF	July 24
Glenn Joseph Rabor	10929469		August 13
Maricris Montuya	10929468		August 22
Hermann Wick	8081503	PHF	August 28
Phoebe S. Valer	10652806		Sept 19
Jonas Bangcoy	10652789		Sept 21

TEAM PEARL

Tess V. Manigo	10652794		Sept 25
Merna Echiverri	10929460		Sept 29
Franco Concepcion	6966789	PHF	October 04
Eliodoro Alindao Jr.	8081496		November 2
Cristy G. Montuya	6966785	PHSM + 2	Nov 06
Haydee C. Cabasan	8399188		Nov 27
Blanche Mascariñas	10929458		Nov 27

Honorary Members

1. Maria (BicBic) Bangcoy
2. Amy Barreda
3. HerryUy
4. Dave Collins
5. William R. Jao
6. Yolanda Mascarinas
7. Walter Lasaca



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