

Rotary
Club of Tubigon



**IMAGINE
ROTARY**

Ang Budjong

2ND EDITION | AUGUST 2022

Facebook page: Rotary Club of Tubigon



**END
POLIO
NOW**

Meeting Details:

Rtn. Delia's residence, Poooc
Occidental, Tubigon, Bohol

Weekly meeting: Friday, 6PM

Charter Date: January 9, 2009

OUR HISTORY



Charter date

The Rotary Club of Tubigon was chartered on January 9, 2009 initially with 20 members. Though relatively young, it takes pride in bringing public awareness of what Rotary is through its various projects benefiting the marginalized sector of the society particularly Tubigon.



Service Above
Self

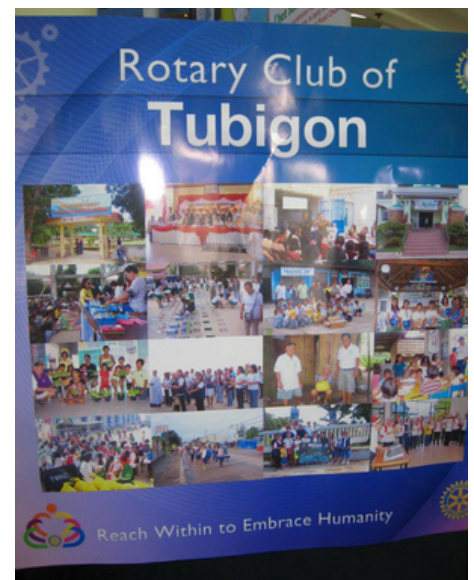
RC Tubigon revolves on the seven areas of focus of Rotary. By doing so, the club makes itself relevant to the community it serves, with the end view of transforming lives. Truly, through the small steps taken, the club members embrace every opportunity serve.



Projects

Since then, the club has undergone the following projects: feeding at child care centers, book distribution at 13 barangay elementary schools, mangrove planting, tree planting, medical mission/dental mission, caroling and gift distribution at the Tubigon Community Hospital,

Elderly Indigent Supplemental Feeding, food distribution to earthquake 2013 victims to 9 barangays in Tubigon, built 7 homes to replace the 7 homes totally destroyed during earthquake 2013, with the joint support of the Filipino Community in Guam, and more.





THE OFFICERS AND BOARD OF DIRECTORS



ASSISTANT GOVERNOR (1F) - HAYDEE C. CABASAN



IMMEDIATE PAST PRESIDENT - DELIA F. LASCO



VICE PRESIDENT - ANGELITA RABOR



SECRETARY - DE MARVY D. BONGATO



TREASURER - KAREN D. ITABLE-ROSCO



TRF CHAIR - MA. TRINA V. SUMAYANG



MEMBERSHIP CHAIR - ELIODORO ALINDAO



PUBLIC IMAGE CHAIR - MICHAEL ESTOQUIA



ASST. TREASURER - PHOEBE S. VALER



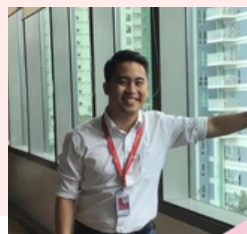
CLUB ADMIN CHAIR - BLANCH LABORTE



VOCATIONAL SERVICE CHAIR - VENUS BALAGA



BOD - VICTORIA C. HEYRANA



YOUTH SERVICES CHAIR - GLENN RABOR



PRESIDENT - MARIBEL V. SUMAYANG



JENNIFER JONES

PRESIDENT 2022-2023

We've all taken our own path to become a member of Rotary. Some of you joined because your father was a Rotarian. Some of us signed up because an employer tapped us on the shoulder and asked us to attend a meeting. Others became members only after a U.S. Supreme Court ruling made it possible. Yet each of us entered through one

mechanism - an invitation.

An invitation that unlocks our imaginations and allow us to know that everything and anything is possible. Each one of us has that same opportunity - the honor to extend an invitation.

It is awe inspiring to imagine how we can look out across our communities and

identify our future leaders. It's often tempting to attract people who are exactly like us. It's special form of ingenuity to consider how people who are seemingly very different can, in fact, share our values and have some of those same talents, just waiting to be unleashed.

It's time for Rotary to take

PRESIDENTIAL MESSAGE

our next step in advancing Diversity, Equity, and inclusion (DEI) across our organization.

Embracing an experience where people feel included is more than just making our membership numbers more diverse. It's about making our meetings and events places where we can speak openly and honestly with each other, where our members feel welcome and safe. This means removing barriers for entry and



opening doors for inclusion. Our values remain our strength – and our commitment to excellence requires us to maintain high standards for our members as well.

I believe we are all committed and determined to advancing DEI across Rotary. This is rooted in the deepest traditions of our organization, and it will ensure that we remain vibrant and relevant for decades to come.

A few years ago, our Rotary Board set the ambitious goal of increasing the share of female members to 30 percent by 2023. We have less than a year to go, but I believe we can meet and exceed this target.

We need Rotary leaders to rise from every continent, culture, and creed. We need young members and young thinkers to take on larger roles and responsibilities. We need to listen to new Rotary members just as keenly, and with as much respect, as those with many years of membership.

During our recent convention in Houston, we heard from astronauts about their journeys into space. We reflected upon a time in the 1960s when

US President John F. Kennedy urged the world to dream, with his declaration that we would "go to the moon and do other things, not because they are easy, but because they are hard".

Fully committing Rotary to DEI and meeting our ambitious targets may seem as unlikely as a moon shot. But I know that when people of action are committed to a big goal, we make it worth every ounce of our energy.

THE MEMBERS OF THE ROTARY CLUB OF TUBIGON

Nimfa Berdin
Pedrito Cabasan
Rodesita Careras
Jocelyn Cosare
Merna Echiverri
Erma Jeske
Ria Lamanilao
Maricris Montuya
Ceferina Mulhall
Analili Nacorda
Macarmel Ranara
Norma Suacillo
Luv Uy
Rosenda Vicentino
Franco Concepcion



Rotary Year 2022-2023

Sixth Regular Meeting

Venue: Rtn. Delia Lasco's Residence

Pooc Occ., Tubigon, Bohol

Date: August 21, 2022

Time: 6 PM



Toastmaster

Prayer:

Almighty and ever-loving God, we adore your Holy Name.

We thank You for the blessings you have showered us each day. Thank You for the success of our Membership Orientation Seminar. Now, we are gathered here to plan on how we can better serve the communities.

We pray that You bless this assembly with good acquaintance and fellowship. Guide each one of us to dignify our occupation as an opportunity to serve society. Help us to prove useful to the community and country in which we live and advance national and international understanding through the rotary ideal "service above self".

Host: Team Emerald

Macarmel Ranara
Maricris Montuya
Joseph Glenn Rabor
Christy Montuya
Phoebe Valer
Delia Lasco
Norma Suacillo
Luv Uy

Thank you!

BUSINESS OF THE DAY

Call to Order	-	Pres. Maribel Sumayang
Invocation	-	Rtn. Delia Lasco
Singing of Hymns	-	Rtn. Lita Rabor
Object of Rotary & the 4-Way Test	-	Rtn. Macarmel Ranara
Rotary Information	-	Rtn. Luv Uy
Fellowship Singing	-	Rtn. Norma Suacillo
Laugh Line	-	Rtn. Phoebe Valer
Finest Moment	-	Rtn. Luv Uy
Secretary's Time	-	Rtn. De Marvy Bongato
Health Tips	-	Rtn. Norma Suacillo
Treasurer's Time	-	Rtn. Karen Rosco
Editor's Time	-	Rtn. Glenn Joseph Rabor
Facts of the Matter	-	Rtn. Delia Lasco
President's Time	-	Rtn. Maribel Sumayang
AG's Time	-	Rtn. Haydee Cabasan
Other Matters		

ADJOURNMENT

Rotary 

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST:

The development of acquaintance as an opportunity for service;

SECOND:

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD:

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH:

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary 

THE FOUR-WAY TEST

of the things we think, say or do

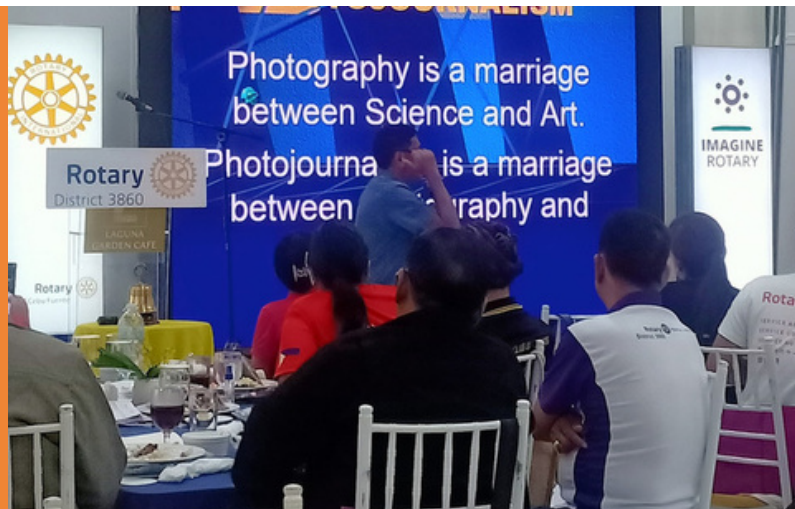
- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 Will it be **BENEFICIAL** to all concerned?

Russell Hampton Co. Item #R88805M

PUBLIC IMAGE SEMINAR



The public image seminar supports Rotary’s strategic goal of enhancing the public’s image of Rotary and its awareness of our service and activities.



MEMBERSHIP ORIENTATION

The Rotary Club of Tubigon successfully held its Membership Orientation Seminar with Past Assistant Governor Louela G. Bantol as the Resource Speaker. Seventeen Rotarians and three Rotaractors participated in the seminar. The lofty thoughts of the speaker ignited the spirit of service among the Rotarians. The talk echoed the role of Rotary in the world of which vision is embodied by Rotarians. The burden of fulfilling the mission is borne on their shoulders . As the wheel continues to roll, the Rotarians of the RC Tubigon, together with the Rotarians around the world, are ready to take on the challenge laid upon them.



CEREMONIAL TURNOVER FOR BOOK DONATION

To champion quality education in the countryside, the Rotary Club of Tubigon, through the generosity of RC Cebu, specifically PP Ricky Dakay, has launched the Book Donation Program for this Rotary Year. The turnover ceremony of the over 2000 books shipped from United States of America under the care of RC Cebu to RC Tubigon was held today at 10:30 in the morning at Cebu Grand Hotel.



The event was attended by Assistant Governor Haydee Cabasan of Area 1F, Assistant Governor Angel Ruben Martinez of Area 1B, Pres. Hector Almario, Sec. Edward Tanting and Project Chair Jose Francis Cañizares from RC Cebu and Rtn. Analili Nacorda from RC Tubigon, together with the representatives from the schools to which the books will be donated. This was also witnessed by DepEd 7 Regional Director Dr. Salustiano Jimenez.

Four high schools and one elementary school from the municipality of Tubigon will receive the books come September. It is RC Tubigon's thrust to bank on and sustain the Book Donation Program in the whole province of Bohol.



UPCOMING SEPTEMBER ACTIVITIES

Tubigon
Rotary
Club



SEPTEMBER 17 - ONE
DISTRICT, ONE TREE
PLANTING

SEPTEMBER 21 - 1ST BATCH
OF BOOK DONATION

SEPTEMBER 24 - TRF AND
MEMBERSHIP SEMINAR

SEPTEMBER 28 - 2ND
BATCH OF BOOK
DONATION



IMAGINE ROTARY

Rotary
District 3860



IMAGINE
ROTARY

THE ROTARY FOUNDATION & MEMBERSHIP SEMINAR 2022

Building Membership: A Key to Strengthening the Rotary Foundation

VISAYAS (Host Club: Rotary Club of Cebu Port Centre)

September 24, 2022 | 8 AM to 5 PM | Golden Prince Hotel and Suites, Acacia St, Cebu City

MINDANAO (Host Club: Rotary Club of Waling-Waling Davao)

October 8, 2022 | 8 AM to 5 PM | Sotogrande Hotel Davao,
Davao Riverfront Corporate City, Ma-a, Davao City

END
POLIO
NOW

August and September Birthday Celebrants



Maricris Montuya

August 22

Glenn Joseph Rabor

August 13



Phoebe Valer

September 19

Health Tips

TOP 5 SILENT KILLER FOODS



FRIED CHICKEN

- steroids; arsenic can increase risk of cancer; safer roasted chicken.



INSTANT NOODLES

- content same as plaster of paris; 3-5yrs of eating may lead to kidney problems.



SOFTDRINKS

- Obesity, osteoporosis, tooth decay, diabetes

Healthy Info



PROCESS MEATS

- processed meat; can cause leukemia & panlalabo ng mata sa bata.



FRENCH FRIES

- Hindi umiitim at hindi nilalanggam even after 30 days due to high preservatives (acrylamide - derivatives of formalin)