BloomScoop

Official weekly publication of the Rotary Club of Waling-Waling Davao
RI District 3860 • Club No. 28480
Chartered 20 January 1992









CLUB OFFICERS & BOARD

RY 2020-2021

President: Armi Geralyn G. Espiritu
Vice-President: Maria Victoria C. Jimenez
Secretary: Estela Maribel T. Vilela
Treasurer: Lorna A. Llamas
Immediate Past President: Teresita P. Yñiguez
Club Administration: Evelyn U. Ong
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Public Service: Emmanouelle C. Zhang
The Rotary Foundation: Luna E. Gaviola
Vocational Service: Maria Luisa L. Aportadera
Youth Service: Bai Johanna T. Zainal
International Service: Teresita M. Fitzback

MEMBERS



Ma. Queenlyn Amora Travel & Tours Specialist ID# 10808602



Maria Luisa L. Aportadera
Physical Medicine & Rehab
ID# 1932406



Sylvia Austria
Events Coordinator



Marilou Baarde Management Consultant ID# 8393317



Divina Fe C. Boiser

Family Medicine

ID# 3202663



Remedios M. Calaguas
Real Estate: Brokering
ID# 1932424



Maribel L. Chua Motor Vehicle Dealership ID# 5411013



Corazon E. Cuison Nurse ID# 1932428



Auto Preservation ID# 5872949



Mae Concepcion J. Dolendo
Pediatric Oncology
ID# 6199043



Gina Marie M. Espejo Pharmacy ID# 6567407



Armi Geralyn G. Espiritu DMD: Orthodontics ID# 5321381



Belinda M. Fernandez Activated Carbon Mfg ID# 5660753



Teresita M. Fitzback Retailer of Fishing Equipment ID# 6132312



Luna E. Gaviola Gen. Bldg., Construction ID# 5134392



Cheryl Leilani M. Gomez

Nurse

ID# 6567414



Maria Luisa L. Jacinto Geology ID# 3315734



Maria Victoria C. Jimenez Landscaping



Chona O. Lamparas
Party Needs Supplier
ID# 10808598



Elisa E. Lapiña Legal: Family Relations Law ID# 8729989



Josephine V. Liamzon Gov. Svc. Prof'l Regulation ID# 5615875



Lorna A. Liamas Real Estate: Managing ID# 1932452



Vanessa G. Madayag Life/Financial Underwriter ID# 8729988



Vegloure Maguinsay Internal Medicine ID# 2188823



Felicidad K. Mahani Printing Materials Distributor ID# 8489018



Evelyn U. Ong Legal: Private Practice ID# 9215341



Odessa O. Palma Gil Pawnshop & Jewelry Management ID# 10821126



Maria Lisa F. Ponce Enrile Restaurateur



Ma. Corazon B. Reyes

Nursing Education
ID# 1932470



Mary Dict Rosales
Real Estate Developer
ID# 10139535



Leonida D. Santos

Architecture
ID# 2188840



Evangeline C. Schwendener

Education: Foreign Language

ID# 5660754



Crains Wholesaler



Myriam Tan Garments Manufacturing ID# 3269847



Jannette M. Valderosa Agricultural Farming ID# 6740932



Estela Maribel T. Vilela Veterinary Medicine ID# 5729591



Elsa G. Villagomeza

Anaesthesiology
ID# 5872956



Teresita P. Yñiguez Lawyer ID# 5164777



Bai Johanna T. Zainal Pediatrician ID# 10380789



Emmanouelle C. Zhang
Optometrist
ID# 9812443

WHAT MAKES YOU PROUD TO BE A ROTARIAN?

Rotary is dedicated to six areas of focus to build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.



Promoting Peace



Growing local economies



Fighting Disease



Supporting education



Providing clean water, sanitation, and hygiene



Saving Mothers & Children

contact us:

rcwwd@yahoogroup.com RC Waling-Waling Davao



Jn times of fear and panic, Let us, Rotarians be a force of calm. At this difficult season

May we be the voice of reason
May we not divide but warmly abide
May we comfort the oppressed.
May we show our compassion within a strong
fellowship built on relationships of respectful
courtesy as we serve our community.
to the service of Rotary.

AMEN

Prayer credit: Rtn Shawn Bird Shuswap Rotary (5060 BC Canada)

> VOLUME °29 / ISSUE 05 30 JULY 2020

Fifth Regular Meeting Administrative & Financial Updates PROGRAMME

Call to Order Pres Gigi Espiritu

Turnover of proceedings to the Programme Moderator PP Malou Jacinto

Invocation & Dir Letty Tai

National Anthem A V P

Rotary Information Dir Maem Zhang

Financial Report for RY 2019-2020 PP Remie Calaguas

Open Forum

Announcements from Directors

Secretary's Time PP Baby Vilela
President's Time Pres Gigi Espiritu

and Adjournment

Editors' Note

July 2020: Rotary Opens Opportunities ...

A very eye-catching theme for RY 2020-2021! Then LOCKDOWN happened .. quite a paradox really.

But this did not deter RCWWD to do what they do best. SERVICE TO THE COMMUNITY.

PP Remie began to mobilize teams to help make PPEs knowing these are badly needed by our hero frontliners.

Then they (PP Remie with the help of PP Zony) began to have this idea of making ear savers a kind of thingy you put in the mask where the thin thread hangs on the ears to hold it.

It was a hit because not only it protects the ears from hurting, you can wear the mask the whole day comfortably.

(I really do not know how to explain if further)

I hope you ladies already applied a patent for it.

Despite only having virtual meetings, PP/Sec Baby is so happy for our record high attendance.

Turquoise Group really delivered. Ideas one after the other always crop up and they say we are SENIORS?? No way!!

August is Membership Month and with the kind of calibre the the TEAL Group has as members, I know it would be again a very interesting month.

Ready TEALERS ??

Looking forward to it... all of us are.

Blessed be !!







THE DIFFERENCE BETWEEN BOSS **LEADER** Coaches **Demands** Relies on Authority Relies on Goodwill Generates Enthusiasm **Issues Ultimatums** Says "I" Says "We" Develops People **Uses People Takes Credit Gives Credit** Places the Blame **Accepts Blame** Says "Let's Go" Says "Go" Strength in Unity My way is the only way IB/DavidAvocadoWolfe

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RCWWD photo documentation of
the club's activities

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RCWWD members' TRF Contributors List (CRS)

Monthly Host Group / Rotary Club Meetings Schedule Davao Clubs)









Club President gigiespiritu@gmail.com

Pres Impression

Last Thursday July 23, was our first joint meeting with RC Pagasa.

We had a special guest speaker, Hon Antoinette "Petite" Principe Castrodes.

She was the on who sponsored the ordinance to put up a center here in Davao City, The Davao City Special Needs Intervention Center for children.

It was proposed to the City Council last Sept 24, 2019 and was passed last Feb 18 and 19 of this year.

Our City Mayor Sara Duterte signed it last April 16, 2020.

The City government has been very supportive of this ordinance, a budget has been placed already at 40 million Php.

All residents of Davao City with children with special needs can avail of the center for free.

We are grateful that Councilor Petite accepted our invitation to be our guest

She enlightened us with this project.

We the RotaryClub of Waling Waling can now prepare a project with them in the

I am glad that our attendance rating is high even if we do meet virtually.

I was grateful too that some district officers, Chair Chi Uy and Chair Art Uy joined us last Thursday.

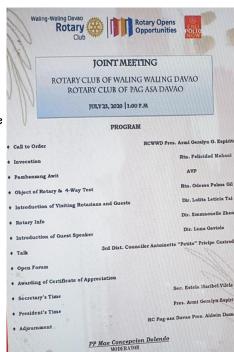
President Alwyn Dumago of the Rotary Club of Pagasa was really happy that we invited them for a joint meeting last Thursday.

He reiterated that he hopes we do another joint meeting in the future.

Have a long weekend ladies.

Stay safe and boost your immune system.

Pres Gigi



Screen Capture

RCWWD's ongoing Pamalengke Project for House of Hope July 21, 2020

One sack sweet corn for soups, one sack of sayote, kilos of garlic and red onion to complement our dressed chicken and eggs.

1 sack kalabasa and 3 kls ground pork.

1 sack sweet corn.id donated by Tintin Calaguas Alabastro

26 pcs whole dressed chicken, 5 trays antibiotic free eggs.

20 kls mangoes and 20 pcs grated coconut donated by HM Dave Vilela

20 pcs na grated coconut



















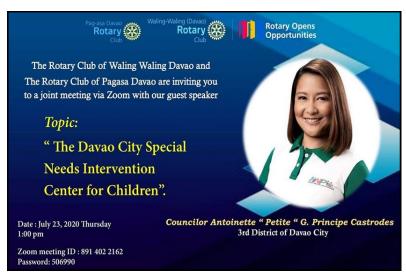




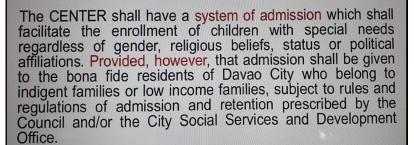












The state-of-the-art CENTER also offers the following programs and services to prepare the children and youth with special needs for success and high quality of life in a mainstream society:

A. Allied Medical Services:

- a. Occupational Therapy (OT);
- b. Physical Therapy (PT);
- c. Speech Therapy; and
- d. Aqua Therapy



SECTION 5 DEFINITION OF TERMS A. CHILDREN WITH SPECIAL NEEDS

-are gifted and fast learners and those who are disabled, impaired and handicapped children in need of special education as well as services and rehabilitation. He/she differs from the average child in:

- a. Mental characteristics;
- b. Sensory abilities;
- c. Neuromuscular or physical characteristics;
- d. Multiple handicaps;
- e. Neuro developmental disorder and/or







5 questions about Environmental projects

Karen Kendrick-Hands

Communications director, Environmental Sustainability Rotary Action Group (ESRAG)

How does the environment fit into Rotary's areas of focus?

Any project in any area of focus will benefit from having environmental sustainability as one of its watchwords. It's a lot harder to supply clean water to people if your watershed is compromised— if your river is full of industrial, human, and animal waste. Basic education and literacy is a challenge when kids are sick because the school well is contaminated.

Health is affected when insects carrying diseases expand their geographic range due to changing climate patterns. Water wars and climate refugees will make achieving peace and conflict resolution more complicated. Economic development is slowed when there's not adequate energy.

Rotary would do a huge service to the world if it moved every water project from a diesel pump to wind or solar. That's a project that's scalable.

2. Why did ESRAG publish a handbook with environmental project ideas?

A lot of people say they'd like to do an environmental project, but they don't know where to start. Or they may already be doing something in their community that they didn't even realize was an environmental project — like adopting a highway or organizing an electronic waste recycling drive — and the handbook, which we worked with the United Nations Environment Programme (UNEP) to create in 2019, helps educate them about the broad range of projects that help the environment. Other people say they need an idea that will inspire their clubs. I was astonished at the wide variety of project ideas we were able to gather and present in the handbook.

3. Can you describe some of the project suggestions?

We looked to address topics that we thought were important, topics that fit well with existing areas of focus, and topics that expanded Rotary clubs' reach into the UN Sustainable Development Goals.

Six of the 17 goals don't currently fit under one of Rotary's areas of focus — things like affordable and clean energy, sustainable cities and communities, and responsible consumption and production.

The back cover is a sample press release. It's a reminder that sharing our story builds the brand and creates momentum for more service.

4. What inspired ESRAG's collaboration with UNEP?

In 2018, Rotary Day at the United Nations was celebrated in Nairobi, Kenya, and UNEP, which is based there, helped host the event. Rotary and UNEP decided to work together to create a handbook for Rotary clubs that want to participate in World Environment Day, which is 5 June. ESRAG worked with UNEP on the handbook. It starts with a joint statement from former RI Presidents Barry Rassin and Mark Daniel Maloney. We were thrilled to have that endorsement and hope this can be the start of more collaboration between Rotary and UNEP.

5. Are Rotarians getting more involved in environmental projects?

I was invited by Rotary staff earlier this year to help put together a survey to gauge interest in environmental projects throughout the Rotary world. We had some input from the Climate Solutions Coalition, which is a youth movement within ESRAG. We sent out the survey link in a newsletter on 23 January.

We had to get all the results in by 31 January. In that brief time, we got over 5,000 completed surveys back. I think that shows there is a lot of pent-up demand. People interested in environmental solutions could go out and work with other groups, and many Rotarians do. But what we're seeing is a real desire to do their environmental work within the Rotary framework.

That's a valuable future asset for Rotary.

We have no idea of the members it will attract, the purse strings that will be loosened.

With the people who will be the next generation of Rotary, the future is clear.







By Bernard Vonn Sia, past president of the Rotary Club of Cebu, Philippines, as told to Arnold R. Grahl (posted April 2020 www.rotary.org)

In early 2019, the Rotary Club of Cebu in the Philippines gathered to figure out what we could do to raise immunization rates on our island. We were troubled that in 2018 only 66 percent of children received doses of the oral polio vaccine.

Rotary's campaign to eradicate polio began in our country four decades ago when Rotary International teamed up with the World Health Organization and the Philippine Ministry of Health to vaccinate 6 million Filipino children. We decided we needed to do something to persuade parents to vaccinate their children and get rates back to the 95 percent level that is necessary to prevent outbreaks of vaccine-preventable diseases like polio.

n 2015, I took part in El Tour de Tucson, raising \$60,000 in pledges for PolioPlus. I had the privilege of joining Rotary cyclists from all over the United States and other countries in the Ride to End Polio, which was organized by District 5500. Those memories were fresh in my mind as we planned our own ride, the Cebu Perimeter Ride to End Polio, for 22-24 November 2019.

We recruited 20 riders to circle the island, a distance of 576 kilometers (or roughly 360 miles), in three days. Completing a perimeter ride symbolized our desire to protect our island from this dreaded disease. Our goal was to raise awareness and money for Polio-Plus, but also to vaccinate children against polio. We collaborated with the Ministry of Health and local officials to hold mass immunization events in several communities along the way.

I can't emphasize enough how critical it is to coordinate with local and government officials. We worked with the Ministry of Health, the same organization Rotary International partnered with 40 years ago. I met with ministry officials and municipal mayors, and because I'm a Rotarian, I was able to communicate Rotary's commitment to ending polio and demonstrate our desire to work with our partners to end this disease. It wasn't hard to persuade them to join our efforts.

We rode about seven hours each day. The second day was the hardest because the adrenaline we experienced the first day had worn off and we were riding into the wind. But by day three, our energy was restored, helping us to maneuver through an unexpected patch of off-road riding. Every time we arrived in a town to vaccinate children, while the rest

of the riders rested, I met with the mayor and handled publicity.

It was personally exhausting, but also deeply satisfying.

We raised \$20,000 for PolioPlus and were greeted by hundreds of children and their par-



ents in every town we visited. When you're exhausted from riding, this kind of response is just what you need to carry on.

We continue to organize other efforts to raise awareness for polio eradication and the need to vaccinate against preventable diseases



Some Weird Things Humans Do Every Day, and Why By Natalie Wolchover /

LIVE SCIENCE



Cry

How odd that sadness causes water to spill from our eyes! Among all animals, we alone cry tears of emotion. Not only do they serve the purpose of communicating feelings of distress, scientists believe tears also carry certain undesirable hormones and other proteins that are produced during periods of stress out of the body, which may explain the cathartic effect of "a good cry."

It's weird, when you think about it, that swapping spit seems romantic. Turns out it's a biological instinct.

Kissing allows people to use smell and taste to assess each other as potential mates. People's breath and saliva carry chemical signals as to whether they are healthy or sick, and in the case of females, whether they're ovulating all important messages for potential partners in reproduction.





The punchline of a joke hits you, and with it comes a funny feeling: You're suddenly overcome by the urge to yell out spastically, over and over. Laughing is weird. Why do we do it?

Psychologists think this behavioral response serves as a signal to others by spreading positive emotions, decreasing stress and contributing to group cohesion. For those same reasons, chimps and orangutans smile and laugh during social play too.

In fact, many hypothesize that laughing evolved from panting. When our prehuman ancestors wrestled playfully with each other, they got all panty... and that eventually turned into getting laughy.

Hiccup

Hiccups are involuntary spasms of the diaphragm the muscular membrane in your chest that figures importantly in breathing.

A spell of them ensues when that muscle gets irritated, often by the presence of too much food in the stomach, or too little.

Weirdly, though, hiccups are as useless as they are annoying; they serve no apparent purpose. One hypothesis suggests they may be a remnant of a primitive sucking reflex. Whatever the ancient function, they are little more than a nuisance now something to be gotten rid of via a variety of creative folk remedies.



THE ROTARY FOUNDATION

RCWWD CLUB RECOGNITION SUMMARY (CRS)

AS OF JUNE 2020

TOTAL ALL TIME GIVING: USD 124,417.-



ACTIVE MEMBERS

Mario Luis Jacinto

ACTIVE IIIEIIIDEITO			
MULTIPLE PAUL HARRIS FE	LLOWS	FRP *	
Lorna Llamas	USD 8,091.38	900	
Remie Calaguas	USD 7,095.38	1100	
Estela Maribel Vilela	USD 6,563.51	3000	
Divina Fe Boiser	USD 6,459.33	100	
Teresita Yñiguez	USD 4,894.42	1500	
Ma. Luisa Jacinto	USD 4,197.65	700	
Vangi Schwendener	USD 3,795.38	100	
Leonida Santos	USD 3,592.15	400	
Luna Gaviola	USD 3,589.88	400	
Armi Geralyn Espiritu	USD 3,495.38	100	
Marivic Jimenez	USD 3,468.88	200	
Mae Dolendo	USD 3,247.88	500	
Ma. Luisa Aportadera	USD 3,239.88	500	
Ma. Corazon Reyes	USD 3,184.88	200	
Gina Marie Espejo	USD 3,089.88	300	
Elisa Lapiña	USD 2,914.88	1400	
Vegloure Maguinsay	USD 2,789.88	200	
Marilou Baarde	USD 2,489.88	1000	
Lisa Ponce Enrile	USD 2,400.38	200	
MYRIAM TAN	USD 2,346.82	80	
Belinda Fernandez	USD 2,320.38	600	
Corazon Cuison	USD 2.314.88	400	
Maribel Chua	USD 2,195.42	600	
Jannette Valderosa	USD 2,189.88	400	
Elsa Villagomeza	USD 2,089.88	300	
Paul Harris Fellows			
Evelyn Ong	USD 2,095.38	100	
Letty Tai	USD 1,843.46	700	
Teresita Fitzback	USD 1,789.88	500	
Josephine Liamzon	USD 1,759.88	100	
Cecille Diaz	USD 1,739.00 USD 1,518.96	500	
Sylvia Austria	USD 1,389.88	600	
Vanessa Madayag	USD 1,320.38	300	
Fely Mahani	USD 1,314.92	300	
Cheryl Gomez	USD 1,266.92	200	
Oneryr Comez	OOD 1,200.02	200	
SUSTAINING MEMBERS:			
EMMANNOELLE ZHANG	USD 714.88		
Bai Johanna Zainal	USD 295.38		
MARYDICT T. ROSALES	USD 289.88		
HONORARY MEMBERS			
PP Nonoy Aguino	Major Donor +	250	
Efren Abratique	USD 2600	1200	
Atty Antonio Llamas	USD 2000	100	
Dr. Francisco Vilela	USD 1000	100	
Mania Luia Janiata	UCD 000 07		

USD 602.27

Miggy Yap Aquino	USD 1200	
Bernadeth Abratique	USD 1100	100
Jorge Calaguas	USD 1000	
Bonifacio Fernandez	USD 500	
Guilbert Amaguin	USD 300	
Raul Yñiguez	USD 300	
Evelio Boiser	USD 200	
Espiridion Reyes	USD 200	
Edgardo Espiritu	USD 100	

*FRP - Foundation Recognition Points available for transfer ... Transfer of FRP can only be done by the donor concerned as it requires his/her signature. Forms can be downloaded at Rotary.org (pls be guided accordingly)

Rotary Club of Waling-Waling Davao Club No. 28480 / District 3860

This is to certify that Rtn

attended the meeting on

Thursday, 12:30PM at the Grand Men Seng Hotel

MONTHLY SPECIAL OBSERVANCES IN ROTARY

August September	Membership & Extension Month Basic Education & Literacy Month	February	Peace & Conflict Prevention/ Resolution
October	Economic & Community Development	March	Water & Sanitation Month Maternal & Child Care Month
November December	The Rotary Foundation Month Disease Prevention & Treatment	April May	Youth Service Month
January	Vocational Service Month	June	Rotary Fellowships Month

Monthly Host Colors

TURQUOISE (July, October, January, Apri)

WHEN & WHERE TO DO MAKE-UP

Malou Jacinto TL

Mae Dolendo Marivic Jimenez
Veg Maguinsay Nen Santos
Vangi Schwendener Luna Gaviola
Letty Tai Myriam Tan
Feli Mahani Maem Zhang
Sylvia Austria Odessa Palma Gil

Evelyn Ong

TEAL (August, Nov. February May)

Ja Valderosa TL

Remie Calaguas Fe Boiser
Tess Yñiguez Zony Reyes
Melot Baarde Gigi Espiritu
Ces Diaz Elsa Villagomeza

Belinda Fernandez Bai Zainal

Jo Liamzon Chona Lamparas

AQUAMARINE (Sept. October, March, June)

Lorna Llamas TL

Baby Vilela Elisa Lapiña
Che Gomez Lisa Ponce Enrile
Teri Fitzback Luchie Aportadera
Vanessa Madayag Maribel Chua
Queen Amora Happy Rosales
Gina Espejo Corrie Cuison

*TL: Team Leader

please be guided accordingly

DAY	TIME	CLUB / VENUE	
Monday	18.30	RC Central Davao, Grand Men Seng Hotel	
Tuesday	12.15	RC East Davao, The Marco Polo Hotel	
Wednes- day	12.15 12.15 18.30 18.30 19.00 19.00	RC Downtown Davao, Grand Men Seng Hotel RC South Davao, The Marco Polo Hotel RC Matina Davao, Apo Golf Club RC Davao 2000, Roadway Inn RC Sta. Ana Davao, Grand Men Seng Hotel RC Pag-Asa Davao, Lispher Inn (every 1st & 3rd Wednesday of the month) RC Calinan JM Bargamento Hitoan RC Digos A & B Hotel	
Thursday	12.15 12.30 18.30	3	
Friday	18.30	RC North Davao, RCND Clubhouse	
Saturday	19.00 19.30	RC Digos South Pearl Convention Center RC Toril Davao, RCTD Club House	
Sunday	12.00	RC Bansalan, Gem's Place	

BLOOM SCOOP

Editor: PP Vangi Schwendener

Weekly Column; Pres Gigi Espiritu / PP BabyVilela,

Members are requested to send articles, stories, digital photographs by email no later than 12NN of TUESDAY each week. Articles should cite the source of information (print and electronic), and credit the author.

Please observe copyright laws. Digital photographs must include captions and not exceed 300x300 pixels.

This newsletter is published weekly by the Rotary Club of Waling-Waling Davao (RCWWD) and may be distributed in its entirety to any and all Rotary Clubs.

Club Profile

Organized and sponsored in 1991 by RC East Davao and chartered on 20 January 1992 with Sylvia Marfori as Charter President, RC Waling-Waling Davao is the 11th Rotary club in Davao City and holds the distinction of being the first all-women Rotary Club in District 3860.

- -Club Foundation: Light A Heart Foundation, Inc. (LAHFI)
- -Club Bulletin: Bloomscoop
- -Club Social Media Page: http://
 www.facebook.com/groups/
 rcwwd/
- -Club E-mail Address: RCWWD@yahoo.com.ph
- -Club Mailing List (internal): RCWWD@yahoogroups.com

In the last 29 years, RC Waling-Waling Davao has:

- -accomplished 10 TRF Grants and 12 combined WCS/RC Narashino projects / 4 District Grants
- -sponsored nine and hosted 11 GSE members
- -sponsored one and hosted two RYE students
- -hosted five Rotarians on an Individual Friendship Exchange (USA & Canada)
- -forged 12 sisterhood ties with Rotary clubs in Australia, USA, India, and within the Philippines
- -organized several Rotary Clubs, Interact and Rotaract Clubs, and RCCs
- -spearheaded Zone and District level activities

The Light a Heart Foundation, Inc. (LAHFI) is a non-stock, non-profit, SEC registered charitable corporation organized by the Rotary Club of Waling Waling Davao (RCWWD). The Foundation serves as



the administrator of all the monies and donated goods entrusted to the club-either through donations, World Community Service, Matching Grants, or specific fund-raising projects - to undertake the various humanitarian programs of the club. RCWWD managers the implementation of the programs/projects.

2020-2021 OFFICERS

Chairman- Mae Concepcion J. Dolendo Vice-Chairman - Ma. Luisa L. Jacinto Secretary - Remedios M. Calaguas Treasurer- Lorna A. Llamas

TRUSTEES

Cecile E. Diaz Armi Geralyn G. Espiritu Evangeline C. Schwendener Estela Maribel T. Vilela Teresita P. Yñiguez

Rotary International & District Leaders



HOLGER KNAACK RI President



Rodel Riezl Reyes
District Governor



Mark Arquisa Assistant Governor Area 2B

Honorary Members



PP Abdulah C. Aquino



Antonio VA Llamas



Efren Abratique



PP Yoshinori Ishii RC Narashino District 2790 / Chiba, Japan



Mario Luis Jacinto



Dave Vilela



CORE VALUES: SERVICE • FELLOWSHIP DIVERSITY • INTEGRITY • LEADERSHIP ROTARIAN CODE OF CONDUCT

As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- Avoid behavior that reflect adversely on Rotary or other Rotarians.

THE FOUR-WAY TEST

of the things we think, say or do

- Is it the **TRUTH?**
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS?**
- Will it be **BENEFICIAL** to all concerned

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, and community life:

FOURTH. The advancement of international understanding. goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARY'S SIX AREAS OF FOCUS

For more than 100 years, Rotarians have joined together from all continents, cultures and industries to take action in our communities and around the world. With a commitment to achieving lasting change, we work together to empower youth, enhance health, promote peace, and most important, advance the community.

While Rotarians can serve in countless ways, Rotary has focused its efforts in six areas, which reflect some of the most critical and widespread humanitarian needs:

- Peace and conflict prevention/resolution
- Disease prevention and treatment
- Water and sanitation
- Maternal and child health
- Basic education and literacy
- Economic and community development











